## Maharshi Karve Stree Shikshan Samstha's Smt. Bakul Tambat Institute of Nursing Education Karvenagar, Pune

# **2.3.1 Student Centric methods used for enhancing learning experiences**

# Maharshi Karve Stree Shikshan Samstha's Smt. Bakul Tambat Institute of Nursing Education, Karvenagar, Pune-52

### STUDENT CENTRIC METHODS FOR TEACHING

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#### **1. EXPERIENTIAL LEARNING**

Experiential learning is an educational orientation aimed at integrating theoretical and practical elements of learning that emphasizes the importance of experience for learning. In nursing education, learning through experience is called "hands-on" learning, or learning by doing.

#### **FIELD VISIT:**

Every program of UG and PG as per their course objectives we are providing them experiential learning in the form of field visit/educational visits. The main objective of educational visit to provide first-hand information through direct observation about place, object, activities, process in their natural settings to the students for learning.

#### **FIELD VISIT LIST:**

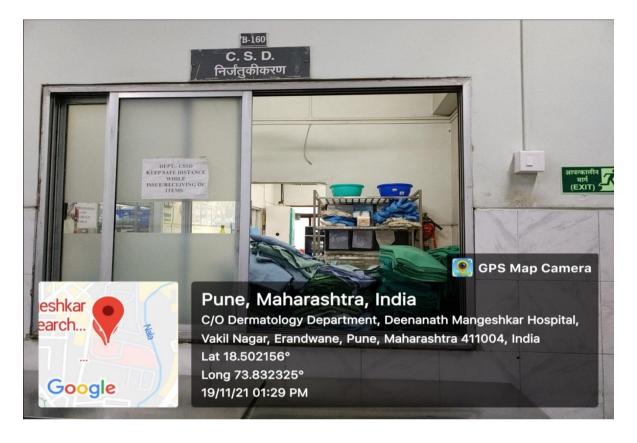
Sr.	Name of	Place Of Visit	Beneficiary Classes
No.	Subject		
1.	Fundamental of Nursing	1. Indian Red Cross Society, Rasta Peth, Pune	<ol> <li>1.First year B.B.Sc Nsg</li> <li>2. First year P.B.B.Sc Nsg</li> </ol>
		2. Urban Health Centre Kothrud, Pune	<ol> <li>First year B.B.Sc Nsg</li> <li>First year P.B.B.Sc Nsg</li> </ol>
		3. Blind School, MKSSS, Pune	<ol> <li>1.First year B.B.Sc Nsg</li> <li>2. First year P.B.B.Sc Nsg</li> </ol>
2.	Mental Health	1. Kamayani Vidya Mandir,	1.First year B.B.Sc Nsg
	Nursing	Pune	2.First year P.B.B.Sc Nsg
		2. Deaddiction Centre, Muktangan Rehabilitation Center, Mahanwadi, Alandi road, Pune	<ol> <li>1.First year B.B.Sc Nsg</li> <li>2.First year MSc Nsg</li> <li>3. First year P.B.B.Sc Nsg</li> </ol>
3.		1. Bio medical waste management	<ol> <li>1.First year B.B.Sc Nsg</li> <li>2.First year MSc Nsg</li> <li>3. First year P.B.B.Sc Nsg</li> <li>1.First year B.B.Sc Nsg</li> </ol>
		2. CSSD, Deenanath Mangeshkar Hospital	<ul><li>2.First year MSc Nsg</li><li>3. First year P.B.B.Sc Nsg</li></ul>

4.	Sociology	1. Old Age Home	1.First year B.B.Sc Nsg		
			2.First year MSc Nsg		
			3. First year P.B.B.Sc Nsg		
		2. Kitchen DMH Pune	1.First year B.B.Sc Nsg		
			2.First year MSc Nsg		
			3. First year P.B.B.Sc Nsg		
5.	Community	1. Milk Dairy, Katraj, Pune	1.Second year B.B.Sc Nsg		
	Health		2. First year MSc Nsg		
	Nursing		3. First year P.B.B.Sc Nsg		
		2. Rural community posting,	1. Second year B.B.Sc Nsg		
		Poud and Kamshet	2. Fourth year B.B.Sc Nsg		
			3. First year MSc Nsg		
			4. Second year P.B.B.Sc Nsg		
		3. Urban community posting,	1. Second year B.B.Sc Nsg		
		Gosavi Vasti and Vadar	2. Fourth year B.B.Sc Nsg		
		Vasti Karvenagar	3. Second year P.B.B.Sc Nsg		
			4. First year MSc Nsg		
4.	Medical	1. Visit to Eye Bank DMH,	2. Second year B.B.Sc Nsg		
	Surgical	Pune	3. Second year P.B.B.Sc Nsg		
	Nursing		4. First year MSc Nsg		
		2. Burn Care Centre, Sassoon	1. Third year B.B.Sc Nsg		
		Hospital, Sangamvadi, Pune	2. First year P.B.B.Sc Nsg		
			3. First year MSc Nsg		
		3. Cipla Palliative Cancer Care	1. Second year B.B.Sc Nsg		
		Centre, Warje, Pune	2. Second year P.B.B.Sc Nsg		
			3. First year MSc Nsg		
5.	Child Health	1. Child Guidance Clinic,	2. Third year B.B.Sc Nsg		
	Nursing	KEM Hospital, Rasta Peth,	3. Second year P.B.B.Sc Nsg		
		Pune	4. First year MSc Nsg		
		2. Family welfare training	1.Fourth year B.B.Sc Nsg		
		center Aundh, Pune	2. First year P.B.B.Sc Nsg		

#### FIELD VISIT

#### **CENTRAL STERILIZATION SUPPLY DEPARTMENT**

#### DEENANATH MANGESHKAR HOSPITAL, PUNE





**INTERNSHIP** 

Fourth year Basic B.Sc. (N) program of second half students are posted in our parent hospital ie Deenanath Mangeshkar Hospital for internship for six months. During this internship students are providing hands on training by doing independent patient care, ward management, critical thinking and collaborative care.



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#### **COMMUNITY SURVEY:**

Community survey is important part of nursing practice. It is to be applicable under community health nursing. In our nursing program we use to give Rural Health Nursing posting in Poud and Kamshet areas and Urban Community Posting in Sutar Dawakhana, Kotharud, Pune. Students conduct health surveys in the community area for the identification of specific community health problems. Students demonstrate role-plays to make the community aware of health problems and to maintain a healthy life..



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#### WORKSHOP/GUEST LECTURE:

We the faculty of MKSSS.BTINE organizing guest lectures for each program to provide expert content delivery on the specific non nursing courses for the clarification of the concept of the respective courses.

Add list of external lecture



Quality Assurance Workshop MUHS,



Nashik







#### NATIONAL CONFERENCE ON REDEFINING NURSING

#### SHORT FILM MAKING /DOCUMENTRIES /OUTDOOR SHOOTING:

By arranging the video making and documentaries making competitions for students it helps the students to put their ideas in front of people. Explore their ideas and create interest toward experimental learning. A short documentary story can increase students' literacy with connections to a source, to self, and to the world.





#### LECTURE SERIES AT MKSSS



#### **EXHIBITION:**

We arrange exhibitions for student by taking a theme like HIV/AIDS Day, Heart Day, Tuberculosis Day, etc. Which help the student to apply their knowledge in systematic manner .Educational exhibitions are conducted in are institutions to educate the learners by learn by doing. Exhibition is one of the best methods to test the application of whatever has been taught or learned. The students learn to apply the knowledge and information collected through various sources and the teacher has the opportunity to test the students what and how much they have learned.



#### PRACTICALS AND DEMONSTRATION:

Practical's and demonstration is an essential component of the nursing practice that paves way for student nurses to gain knowledge of the nursing procedures. It enables them to grasp ideas of what nurses do in the hospitals or communities when they take care of patients and of how they do these procedures to them. All UG and PG. students are posted in clinical area for developing skill in specific course like fundamental of nursing, medical surgical nursing, community health nursing, mental health nursing and obstetrics and gynaecological nursing.







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#### **MINI Research PROJECT:**

#### Mini research projects are given to PG. students

In nursing profession mini-project groups can bring about significant and immediate impacts on the quality of care because they examine and work to resolve "real" problems in specific settings. It acted as a role model and a facilitator to energize the nurses' potential individually and as a group.



### 2. PARTICIPATORY LEARNING

#### **SEMINAR:**

Seminars to provide information and teach skills that help nurses grow in their careers. ... Educational seminars are a great way for all nurses to strengthen their practical knowledge and bolster their qualifications for more challenging nursing positions. Users gain more expertise than is possible from a single seminar.

Seminars are important in nursing as because it helps the students to learn, being a confident, challenging, leading and knowledgeable as well.





#### **MICRO TEACHING:**

Micro-teaching method enables nursing students to listen, observe and practice as much as possible while learning skills. It focuses on sharpening and developing specific teaching skills and eliminating errors. It enables understanding of behaviors important in classroom teaching. It increases the confidence of the learner. Microteaching is a training technique which requires student teacher to teach a single concept using specified teaching skill to a number of pupils in a short duration of time.





### **GROUP PROJECT:**

Completing tasks in groups helps students to develop important skills like critical thinking and debating. In addition, teamwork may reduce the number of issues related to burnout in nurses. Improve clinical performance. Good teamwork requires effective communication, leadership, situational awareness and mutual support. Simple tools and techniques can help improve communication and teamwork, which can help the student to perform their task in positive way and outcome, will be helpful for all.



#### **PRESENTATIONS:**

Presentations are a necessary and important part of nursing. They allow nurses to impart and disseminate knowledge to educate and persuade colleagues to adopt new ways of working, and engage patients and colleagues in clinical projects. Presentations skills help create innovative ideas when students come up with creative and interesting slides to illustrate their talk. The use of presentation aids makes for a much more interesting talk, and the creation of such aids can help develop students' confidence.





#### SCHOOL HEALTH PROGRAMME:

School Health Programme will provide benefits to the Reduction in dropout rate Enhancement of quality of education and learning outcomes Improvement in health conditions of young population Disease control and an overall improvement in health conditions in the society at large. School nurses receive no other medical care. The goal of the School Nurse is to promote a safe and healthy community in which the students will be encouraged to become life-long learners, self-managers and self-advocates for health, education and other issues.





#### **POWER POINT PRESENTATION:**

Improve the effectiveness of classroom instruction in various ways and in every subject area in nursing. The greatest benefit of using PowerPoint in teaching nursing students is that tutors can improve their lessons with them in their future lessons.



#### **MODEL MAKING:**

In nursing models making are important elements of accumulating nursing knowledge and have a chance to guarantee the ethical professional practice. With development of these concepts, individuals' satisfaction with increase creativity and self experience towards practical.





#### **AUDIOVISUAL AIDS:**

Audiovisual aids, as a teaching strategy, promote a change from the traditional educational system to an improved way of learning that integrates technological advances and resources to enhance education; this is why it is important to gather all the existent information about the topic, because we need .advance learning method.

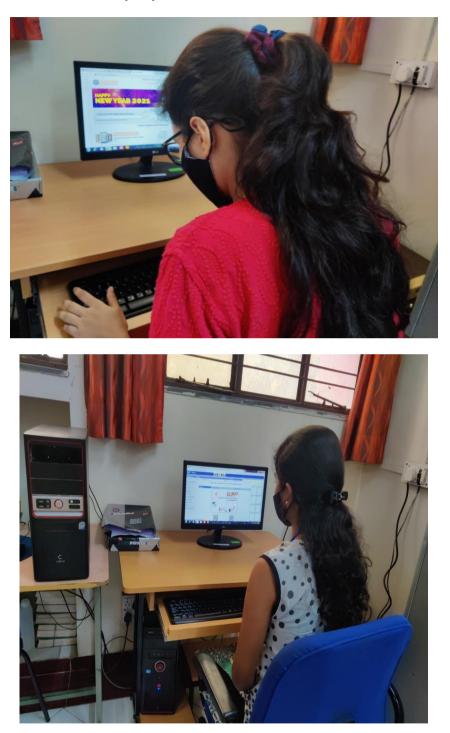






#### **ONLINE LIBRARY ACCESSES:**

We make are library online to accesses by goggle drive which can help the all members of institution to accesses the library any time and utilize the information whichever is needed.

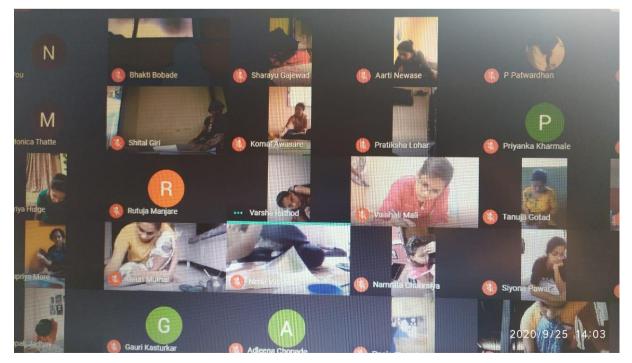


STUDENT ACCESSING ONLINE BOOKS BY DELL NET AND GOGGLE DRIVE

#### VIDEO CONFERENCING (ONLINE MEETINGS):

By using zoom or goggle meeting app we use to maintain communication and make easy to work during in a pandemic period as well. Which was prove useful during lockdown period to take a lecture and help the student in learning and their dought solving.





#### **3. PROBLEM SOLVING:**

Student learns to look at challenges from a fresh perspective. Therefore, they take more calculated risks. If students practice problem solving consistently, they can develop greater situational and social awareness. Additionally, they learn to manage time and develop patience.

#### **CASE STUDIES**

Case studies are a problem-based learning which engaging students and presenting them with learning-related and cognitive challenges. The purpose of the study was to elucidate nursing students through experiences and case studies as an educational tool in order to find out it supports their learning.

#### NURSING CARE PLAN

Nursing care plans are a vital part of the nursing process. They provide a centralized document of the patient's condition, diagnosis, and goals for that patient, and measure of the patient's progress. Care plans make it possible for interventions to be recorded and their effectiveness assessed. Nursing care plans provide continuity of care, safety, quality nursing care.

#### DISCUSSION

It was concluded that group discussion is a favorable methodology to be used during health education in nursing appointments, because it allows the sharing of doubts and experiences among the participants.



#### **QUIZ:**

Quiz are helps the student to explore and apply their knowledge in the systematic and standardize manner in front of others which helps them to being a confident and knowledgeable.





#### 4. PATIENT CENTRIC METHEDOLOGY FOR STUDFENTS LEARNUING:

#### **SIMULATIONS:**

Simulation training provides an opportunity to apply theory and gain experience in skills or procedures that would otherwise be difficult without potentially putting patients at risk, such as managing emergency situations and resuscitation. Simulations are an educational process that can replicate clinical practices in a safe environment. Nursing students who take part in education programs involving simulations perform less medical mistakes in clinical settings, and are able to better develop their critical thinking and clinical decision-making skills.





#### **5. LEARNING IN HUMANITIES**

#### **HEALTH EDUCATION**

To be effective health educators, nurses need skills in planning and implementing attractive and effective programs to students. ... Health education provides many opportunities for school nurses to reach out in new and creative ways to students in their quest to promote health and success in the school environment.



### STUDENTS GIVING HEALTH EDUCATION TO COMMUNITY



#### SOCIETAL RESPONSIBILITIES- BHAUBIJ NIDHI



## BHAUBEEJ NIDHI : CELEBRATING THE CENTURY OF GRATITUDE

Maharshi Karve Stree Shikshan Samstha was established at Pune by Bharatratna Maharshi Dhondo Keshav Karve in 1896 for empowerment of women. Since last 123 years, Samstha is working in the field of women's education and also has progressed in to the cities of Wai, Satara, Ratnagiri, Nagpur, Kamshet and Wasai. Today, through its 62

units Samstha is successfully imparting quality education to 35000 girls to make them self-sufficient. Brief History : In1919, late Mr. G. M. Chipalunkar started this innovative scheme of BhaubeejNidhi, in which many donors from the society give help to educate girls from economically backward families, from rural and far-flung regions where education is not available easily. Some of them are orphaned, having single parents or whose families are unable to take care of them. BhaubeejNidhi helps them by facilitating their admission in our schools and hostels. Lakhs (hundred thousands) of needy girls have obtained education because of the help obtained through this scheme. Many of them are working at high positions in the reputed organizations. Every year, because of this scheme more than 3800 girls are benefitted and get help to complete their education.

#### Objective and Expenditure:

- For helping the needy and deservingdaughters of unsupported, single working mothers who become vulnerable in today's unsecured social environment.
- The needy and deserving girls aspiring for school and college education, but are facing problems
  in paying the high costs of education owing to the financial difficulties of the family.

Since last 99 years, the donation scheme of BhaubeejNidhi is running successfully because of the social appeal of the scheme, the trust shown by the society on the Samstha, generosity of the society and the unselfish work of the Bhaubeej volunteers. Today, around 60 volunteers are working in the areasof Pune and Mumbai. To be able to reach out to more number of girls, the number of volunteers also should increase.

Humble Appeal : Please join us as a Bhaubeej volunteer, the noble work of Girls Education by collecting donationspersonally from the society. You can also give generous Bhaubeej to this cause of humanity.

The donations above Rs. 500/- are exempted under 80G section of the IT act.

According to the directives received from Department of Income Tax & Govt. of India, the donaions amounting to Rs.2000/- and above will be accepted only cheque / Demand Draft / RTGS / Online Transfer only.

You can also give donation by cheque drawn in favour of 'Maharshi Karve Stree Shikshan Samstha', or you can also transfer the donations online through NEFT or RTGS. The bank account details required for the same are given below.

<ul> <li>NAME OF ACOUNT</li> <li>NAME OF BANK</li> <li>BANK BRANCH</li> </ul>	Maharshi Karve Stree Shikshan Samstha     SYNDICATE BANK     KARVENAGAR PUNE	ACCOUNT NO.     ACCOUNT TYPE     IFSC	: 53392010017120 : SAVINGS BANK A/C : SYNB0005339
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(In case if donation is made through RTGS/NEFT, kindly mail us at accounts@maharshikarve.org stating UTR No. Name,

#### "Sankalp 365"

Comini Karve Stree Shiftshan Samatha has a legendary organized of Maharahi Karve's vision and history of 120 years as a portaaring isotauton in the field of women's education. It aims at Impovement of Wenen through Education." since Maharahi Karve believed that "Women's Education & National Development go hand in hand

In addition to the school level education, we are in the field of higher In addition to the school level education, we are in the field of higher education for more than 25 years. Along with this process of expansion and keeping pace with the latest technology, we also give equal importance to our social responsibility by providing services to service atteams through Old Age. Homes and shelter to the court committed girls. The shelter to the ocurt committed girls is provided along with other girls in a hostel building. Over the period of last 120 years, the institution has grown like a baryan tree and at present, it runs total 62 educational as well as other units. These units are located at Pune, Satara, Wei, Ratnagiri, Nagpur & Kamshet. All these units are meant only for girls or women.

Growth and Development of our students is our highest priority, irrespective of all constraints, we are proud to state that we have lived up to our commitments and have maintained our goodwill. The blind of the great vision of Maharshi Karve and the hard work, dedication, determination and strategic approach of our staff members right from school level to professional college level has enabled us to carve a niche in the competitive scenario

#### Mabilashram Hostel

Mahitashnam Hootel has been catering the needs of the girls from all over Maharashte for more than 110 years. Mahitashnam Hostel has othermédikisteni according to the girls. The divisions include Vienubai Hostel and two buildings of Rama Sadan.

The girls in the Mahlashnam Hostel are provided with healthy food. Samsthal ensures their overall development through Yoga and outdoor games under the supervision of trained teachers. All featurals are debrated to as to maintain homely atmosphere in the hostel. The Samstha has a separate Medical Department with full time Medical Officer available for all the hostels.

The Mahilashram Hostel as of now has around 1500 girls in the hostel who are from Std.5" to Std.12". Out of these girls around 500 girls are under total or partial parenthood of Samstha.

#### Our Appeal -

Our Appeal – Sanship has introduced a scheme, "Sankaip 365" for the students of Mahilashnam Hostel which would not succeed without the whole hearted support of philanthropist in you. The expenditure on the food of these students collectively is approximately Rs. 15000- per day based on the present day costing. A sincere appeal is made to the philanthropists and well-wishers of the Samstha to donate in the following way under this scheme. Denate even time amount of Rs.2.00 Laktis or in multiple of it. The interest earned on this amount will be utilized to provide food to the students of Mahilashnam Hostel for one day per year for next 10 years.

10 years.

The donation can be made by cheque in favour of "Maharahi Karve Stree Shikshan Samstha". Any donations made are eligible for income tax exemption u/s 80(G) of the income TaxAct.





# Kalp 365"





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Maharshi Karve Stree Shikshan Samstha

#### 6. ROLE PLAY:

By improving students' knowledge about different situations and also decreasing their stresses, role-playing can improve students' performance in clinical environment. This method improves self-confidence and motivation for learning in students and consequently leads to better outcomes for patients.



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#### **HEALTH RALLIES:**

By arranging health rallies student can explore their ideas and they care share their knowledge with the peoples through rallies. Telling slogans students can increase awareness in people regarding health.





#### 7. RESEARCH PROJECT:

Practice that has shown to be effective through research allows nurses to better advocate for patients and provides the best possible care. Nursing research is an emerging and growing field in which individuals can apply their nursing education to discover new advancements that promote evidence-based care. Research helps nurses determine effective best practices and improve patient care. ... The findings from peer-reviewed studies can correct old misunderstandings, pave the way for new treatment protocols and create new methodology all of which improve patient outcomes.





#### 8. LESSON PLAN:

Lesson plans are important because they provide a clear understanding of what will be taught, how it will be taught and evaluated, and how much time can be dedicated to each objective. It provides an in-depth look into the lesson to ensure the content is approached in a logical and organized manner. Lesson planning helps you differentiate and plan for the many different ability levels and needs of students in your classrooms. Lesson plans also help serve as documentation that we're doing the best things with our young children.



