

**Maharshi Karve Stree Shikshan Samstha**  
**Smt Bakul Tambat Institute of Nursing Education**  
**Karvenagar Pune 52**

**MSc Dissertations**

SN.	Topics	Name	Specialty	Guide Name
	<b>2020-21</b>			
1	A study to assess the effect of nurse companion labor support on Maternal satisfaction about delivery services in second Para postnatal mothers at selected hospital in the city.	Ms Jondhale Disha	Obstetrics and Gynecological Nursing	Dr Shubhada Ponkshe
2	An experimental study to assess the effectiveness of sleep hygiene strategies on sleep quality and level of stress among adolescents in selected educational institutes of the city.	Ms Pethkar Shital	Mental Health Nursing	Ms Bijayalakshmi Devi
	<b>2019-20</b>			
3	A quasi experimental study to assess the effect of passive relaxation on postpartum blues in early puerperium among primipara postnatal mothers in selected hospitals of city	Ms Taide Avita	Obstetrics and Gynecological Nursing	Dr Shubhada Ponkshe
4	Experimental study to assess effectiveness of anti-stigma sensitization programme on attitude and perception towards mental Health and mental illness among college students in selected institutions of the city	Ms Tendulkar Akshata	Mental Health Nursing	Ms Bijayalakshmi Devi
5	Experimental study to assess effectiveness of health body image programme on body image perception self-esteem and self-compassion among adolescents in selected institute of the city	Ms Tanpure Reshma	Mental Health Nursing	Ms Bijayalakshmi Devi

6	Experimental study to assess the effect of music therapy on pain physiological and psychological responses among patients had undergone coronary artery bypass graft surgery in selected hospitals of the city	Ms Joshi Prajakta	Medical Surgical Nursing (CVTS)	Ms Nupoor Bhambid
7	Experimental study to assess the effect of stretching exercises on work related musculoskeletal disorders (WMSDS) among nurses working in intensive care unit (ICU) in selected hospitals of the city	Ms Chinchalkar Pallavi	Medical Surgical Nursing (CCN)	Ms Nupoor Bhambid
8	Experimental study to assess the effect of intradialytic stretching exercises on muscle cramps among patients undergoing hemodialysis in selected hospital of the city	Ms Watari Sushma	Medical Surgical Nursing (CCN)	Ms Nupoor Bhambid
9	Experimental study to assess the effect of mindfulness meditation on anxiety depression and spirituality among terminally ill cancer patients in selected hospitals of the city	Ms Waghmare Sanchi	Medical Surgical Nursing (Oncology)	Ms Nupoor Bhambid
	<b>2018-19</b>			
10	Effect of emotional intelligence training module on level of emotional intelligence among mental health nurses in selected mental health hospitals of the city	Ms Mahakal Nishigandha	Mental Health Nursing	Ms Bijayalakshmi Devi
11	A quasi experimental study to assess the effect of active exercises on dysmenorrhea among college girls of selected city	Ms Arsul Shital	Obstetrics and Gynecological nursing	Dr Shubhada Ponkshe
12	A quasi experimental study to assess the effect of abdominal gentle touch on labor pain perception among primipara parturient women in selected hospital of city	Ms Sawant Manali	Obstetrics and Gynecological nursing	Dr Shubhada Ponkshe

13	A quasi experimental study to assess the effect of coma arousal therapy on level of consciousness in traumatic brain injury patients in selected hospitals of Pune city	Ms Dsouza Jonita	Medical Surgical Nursing (CCN)	Ms Nupoor Bhambid
14	A descriptive study to assess the prevalence of risk factors for cardiovascular disease among employees in selected educational institutes	Ms Bhaldare Pooja	Medical Surgical Nursing (CVTS)	Ms Nupoor Bhambid
<b>2017-18</b>				
15	A comparative study to assess psychosocial issues among old age person and their coping strategy at home and old age home in the city to develop self-instructional module on management of psychosocial issues in old age	Ms Parekar Pradnya	Mental Health Nursing	Ms Bijayalakshmi Devi
16	A Quasi experimental study to assess the effectiveness of lower limb rehabilitation gymnastics for post-operative trauma patients in the prevention of deep vein thrombosis in the selected hospitals of the city	Ms Deshmukh Anjali	Medical Surgical Nursing (CVTS)	Ms Nupoor Bhambid
17	A study to explore prenatal attachment in primigravida women with her unborn child in the selected hospitals of city	Ms Londhe Snehal	Obstetrics and Gynecological nursing	Dr Shubhada Ponkshe
18	A study to access the effect of facilitated tucking position on injection vitamin K induced physiological and behavioral response of new born in selected hospitals of city	Ms Kamble Yogita	Obstetrics and Gynecological nursing	Dr Shubhada Ponkshe
<b>2016-17</b>				
19	Effect of graphics sequence memory method versus traditional teaching method on knowledge and skill regarding electrocardiogram ECG interpretation among the final year B.B.Sc nursing students in selected educational institutes of the city	Ms D' Souza Avelin	Medical surgical Nursing (CVTS)	Ms Nupoor Bhambid

20	Effect of fenugreek seed powder in control of blood glucose level among type II diabetes mellitus people in selected urban community	Ms Awate Dipali	Medical surgical Nursing (CVTS)	Ms Nupoor Bhambid
21	Study to assess effect of baby crawl on breast feeding initiation among postnatal mothers at selected hospitals of city	Ms Sanas Asha	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
	<b>2015-16</b>			
22	Effect of traditional method Vs. video assisted programme on Basic Life Support on knowledge and practice among internship students in selected educational institute of the city.	Ms.Patkar Rashmi	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
23	Assessment of factors influencing and the coping strategies adopted by cancer patients with sexual dysfunction in selected hospitals of the city.	Mrs.Mulani Samina	Medical surgical Nursing (Oncology)	Dr Meena Ganapathy
24	A study to assess the effect of sleep hygiene on quality sleeps of premenopausal women in educational institute of the city.	Ms. Gaikawad Priyadarshini	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
25	A study to assess the association between maternal nutritional status and newborn anthropometric measurements.	Ms. Singh Sangeeta	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
26	Assessment of discharge planning strategies adopted by mental health team regarding prevention of mentally ill patient's readmissions in order to construct discharge protocol module.	Ms. Hatagle Monica	Mental Health Nursing	Ms Bijayalakshmi Devi
	<b>2013-14</b>			
27	Effect of structured teaching programme on bundle protocol regarding prevention of ventilator associated pneumonia on knowledge attitude and practices of nurses working in critical care unit in selected hospitals.	Ms.Thokchom Niroda	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy

28	Effect of information education communication package on Knowledge attitude and practice regarding DOTS on adult patients receiving DOTS in selected health care centers.	Ms.Neethu John Bosco	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
29	Effect of self-instructional module on knowledge attitude and practice regarding prevention of stroke among hypertensive patients in selected hospitals.	Ms.Sane Priyanka	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
30	Study to identify the factors associated with anemia among rural and urban antenatal women.	Ms.Dethe Avnee	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
31	Effect of audio teaching tool on knowledge of menstrual health among visually impaired adolescent girls in selected blind schools of city.	Ms.Naik Vaishnavi	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
32	Effect of information education communication package on knowledge and attitude regarding oppositional defiant disorder among school teachers in selected educational institutes of the city.	Ms.Toppo Esther	Mental Health Nursing	Ms Bijayalakshmi Devi
33	Assessment of level of stress and coping abilities adopted among BPO employees in selected BPO institutions of the city to develop self-instructional module.	Ms.Jinu Babu V Thomas	Mental Health Nursing	Ms Bijayalakshmi Devi
34	Effectiveness of structured play therapy on social skills among the mentally challenged children residing in selected institutions of city.	Ms.Needhu Cherian	Mental Health Nursing	Ms Bijayalakshmi Devi

	<b>2012-13</b>			
35	Effect of foot and hand massage on post-operative pain of patients with chest surgery in selected hospital of Pune city.	Ms.Kale Vaishali	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
36	Effect of decontamination of the nasopharynx and oropharynx by chlorhexidine gluconate on prevention of nosocomial infection in cardiac surgery patients in selected hospital of the city.	Ms.Nerurkar Vinaya	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
37	Effect of castor oil application on patients with intravenous infiltration in selected hospital of Pune city.	Ms.Patil Jayashree	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
38	Effect of honey dressing on non-surgical wound healing in selected hospital of Pune city.	Ms Junghare Reman	Medical surgical Nursing (CCN)	Ms Mini Shibu
39	Effect of camphor oil massage in reduction of joint pain cancer patients in selected hospital of the city.	Ms.Pillay Diana	Medical surgical Nursing (Oncology)	Dr Meena Ganapathy
40	Effect of rocking movement son labour pain perception and duration of labour amongst primipara in selected hospitals of Pune city.	Ms Chopade Mrunalini	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
41	Assessment of the factors related to job stress and coping ability among the staff nurses in the selected hospitals of selected hospitals of selected city to develop a self-instructional module.	Ms.Kakade Sneha	Mental Health Nursing	Ms Bijayalakshmi Devi

42	Assessment of impact of social networking sites usage on psychosocial aspects of adolescents in selected institution of the city.	Ms.Rukadikar Neha	Mental Health Nursing	Ms Bijayalakshmi Devi
43	Assessment of knowledge attitude and practice related to mental illness among selected population in order to develop a self-instructional module.	Mrs.Sagvekar Shraddha	Mental Health Nursing	Ms Bijayalakshmi Devi
	<b>2011-12</b>			
44	Effect of Slow Deep Breathing Relaxation Exercise on Pain and Anxiety during Chest Tube Removal among Patients Admitted in Selected Hospitals of City.	Ms.Dhanu Gayatri	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
45	Effect of Back Massage on Night Sleep among Post-Operative CABG Patients in Selected Hospitals of the City.	Ms.Varghese Jyothi	Medical surgical Nursing (CVTS)	Ms Mini Sabu
46	Effect of Behavioral Training in Reducing Anxiety and Discomfort among Patients Undergoing Upper Gastro Intestinal Endoscopy in Selected Hospitals of Pune.	Ms.Sebastian Shithu	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
47	Effect of Warm Humidified Oxygen on Thermoregulation of Post-Operative Patients with Abdominal Surgery in Selected Hospitals of Pune.	Ms.Karande Jyoti	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
48	Effect of Turmeric Mouth Wash on Healing of Oral Ulcers among Patients Undergoing Radiotherapy in the Selected Hospitals of the City	Ms Betsy Joy	Medical surgical Nursing (Oncology)	Dr Meena Ganapathy
49	Effect of head cap on the newborn body temperature after birth in selected hospitals of the city	Ms.Badekar Varsha	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe

50	Effect of selected maternal positions on non-stress test parameters among antenatal mothers in selected hospitals of the city	Ms Mathews Shailaja	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
51	Assessment of Knowledge Attitude and Practices Regarding Psychiatric Emergencies among Relatives of Schizophrenic Patients in Selected Hospitals to Develop a Self-Instructional Module	Ms Gorinta Aksa	Mental Health Nursing	Ms Bijayalakshmi Devi
52	Effect of Guided Imagery on Stress among Hemodialysis Patients attending Dialysis Unit in the Selected Hospitals of City.	Ms.Lincy Samuel	Mental Health Nursing	Ms Bijayalakshmi Devi
53	Assessment of Awareness of Child Abuse amongst Health Team Members Working in Selected Hospitals of the City to Prepare a Self-Instructional Module.	Ms Mary Jose	Mental Health Nursing	Ms Bijayalakshmi Devi
<b>2010-11</b>				
54	Effect of Reiki Therapy on Pain Reduction in Terminally Ill Cancer Patients of Selected Health Care Setups in Pune City.	Ms.Akut Priyanka	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
55	Effect of Basic Life Support Training on Knowledge Skills and Perceived Control of Immediate Relatives of Patients Diagnosed with Ischemic Heart Disease Admitted in Selected Hospitals of Pune City.	Ms.Kadam Rajashree	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
56	Assessment of Risk Factors for Coronary Artery Disease in Employees of Selected Educational Institutes of Pune City in View to Prepare and Validate a SIM	Ms.Gaikwad Manisha	Medical surgical Nursing (CVTS)	Mr Sreenath Kulkarni



57	Effect of Music Therapy on Pre-Operative Anxiety of Cataract Patients Undergoing Cataract Surgery in Selected Hospitals of Pune City.	Ms.Tembhurne Vishakha	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
58	Assessment of Knowledge and Skills of Critical Care Registered Nurses on Inotropic Drug Calculation in Order to Prepare and Validate a SIM.	Mrs.Sreelatha M R	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
59	Effectiveness of Progressive Muscle Relaxation Versus Oral Intake of Ginger Powder on the Selected Symptoms of Dysmenorrhea amongst the Nursing Students at Selected Educational Institutes in Pune.	Ms.Halder Annesa	Obstetrics & Gynecological Nursing	Dr Shubhad Ponkshe
60	Study to Assess Premenopausal Symptoms and Coping Strategies Adopted by Registered Nurses of Selected Hospitals of Pune City.	Ms.Tathavadekar Bharati	Obstetrics & Gynecological Nursing	Dr Shubhad Ponkshe
61	Effectiveness of Progressive Muscle Relaxation Technique on Generalized Anxiety of Elderly Orthopedics Patients in Selected Hospitals of Pune City	Ms.Barde Sheetal	Mental Health Nursing	Ms Bijayalakshmi Devi
62	Assessment of Anxiety Level and Coping Strategies amongst Students from Selected Undergraduate Professional Colleges of Pune to Develop a Self-Instructional Module	Ms.Mahajan M. S.	Mental Health Nursing	Ms Bijayalakshmi Devi
63	Assessment on Factors Influencing Suicidal Ideation and its Coping Strategies among Adolescents of 15-17 years from Selected Educational Institutes at Pune City	Ms.Apte Sundari	Mental Health Nursing	Ms Bijayalakshmi Devi

	<b>2009-10</b>			
64	Effect of Pre-Operative Orientation Programme on Pre and Post-Operative Anxiety of CABG Patients in Selected Hospitals of Pune.	Ms. Roy Bhowmik Suchana	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
65	Effect of Cold Application on Selected Side Effects of Injectable Anticoagulants in Hospitalized Adult Patients in Selected Hospitals of Pune.	Ms.Bhambid Nupoor	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
66	Effect of Communication Board on Selected Parameters of Comfort in Mechanically Ventilated Patients in Selected Hospitals of Pune.	Ms.Chavan Sharada	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
67	Effect of Foot Massage on Selected Side Effects of Cancer Chemotherapy in Hospitalized Adult Patients of Selected Hospitals of Pune.	Ms.Anchom Anupama	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
68	Knowledge Attitude and Practice of Registered Staff Nurses on Intramuscular Injection with a View to Prepare a Self-Instruction Module in a Selected Hospital of Pune City.	Ms.Lendhe Mousamee	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
69	Knowledge Attitude and Practices of Family Planning Methods Amongst the Eligible Couples in Selected Area of Pune.	Ms.Thokchom Nivedita	Obstetrics & Gynecological Nursing	Dr Shubhad Ponkshe
70	Effectiveness of Patterned Breathing on Progress of Labor During First Stage of Labor in Primiparas in Selected Hospitals of Pune.	Ms.Jadhav Ujwala	Obstetrics & Gynecological Nursing	Dr Shubhad Ponkshe
71	Assessment of Psychosomatic Symptoms of Menstruation Among Adolescent Girls Studying in Selected Educational Institutes of Pune.	Ms.Barbatkar Siddheshwari Suryabhan	Mental Health Nursing	Mr Sreenath Kulkarni

72	Assessment of the Causes of Psychiatric Readmissions Selected Inpatient Mental Health Setups of Pune in View to Prepare Psycho Educational Module.	Ms.Garud Minakshi	Mental Health Nursing	Mr Sreenath Kulkarni
73	Role of Media and Telecommunication on Behavioral Patterns among School Going Children of Selected Educational Institutes of Pune.	Ms.Tambatkar Poonam	Mental Health Nursing	Mr Sreenath Kulkarni

Sign of Principal

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