

Maharshi Karve Stree Shikshan Samstha's
Smt Bakul Tambat Institute of Nursing Education
Karvenagar Pune 52

MSc Nursing Dissertations

SN.	Topics	Name	Specialty	Guide Name
	2023-2024			
1	An Experimental Study to Assess the Effect of Anti-Stress Tool Kit on the Level of Stress Among Nursing Students in the Selected Nursing Institutes of the City	Ms Vaishali Patil	Mental Health Nursing	Mrs Laishangbam B D.
	2022-2023			
2	Effect of the Restraint Management Modul on Nurses Knowledge, Attitude and Practice on the Uses of Restraints Among the Nurses in the Selected Hospital of the City	Ms Dipali Devkar	Medical Surgical Nursing	Mrs Nupoor Bhambid
	2021-2022			
3	Assess the Effect of Simulation Regarding Port-Cath on Knowledge and Skill Among the Students of Fourth Year Basic B.Sc. Nursing in Selected Nursing College in the City	Ms Komal Awasare	Medical Surgical Nursing	Mrs Nupoor Bhambid
4	A Study to Assess the Effect of Acupressure on the Low Back Pain Among the Staff Nurses Working in the Intensive Care Unit in a Selected Hospital of the City	Ms Monika Thatte	Medical Surgical Nursing	Mrs Nupoor Bhambid
5	To Assess the Effect of Buerger-Allen Exercise on Lower Extremities Perfusion Among Patients with Type 2 Diabetes Mellitus at Selected Hospital in the City	Ms Vaibhavi Kothalkar	Medical Surgical Nursing	Mrs Nupoor Bhambid

6	A Study to Access the Effect of Combined Marmet and Oxytocin Massage on Breastfeeding Adequacy Among Post Cesarean Mother-baby Dyad in Selected hospitals in the city	Ms Anjali Devlatkar	Obstetric and Gynaecological Nursing	Dr Shubhada Ponkshe
7	A Cross-Sectional Study to Assess the Prevalence of Post-Covid Conditions in COVID Patients Within 4-6 Months in Selected Hospital of the City	Ms Pooja Bhosale	Medical Surgical Nursing Cardiovascular and Thoracic Nursing	Mrs Nupoor Bhambid
8	A Descriptive Study to Assess the Prevalence of Work-Related Musculoskeletal Disorders (WMSDS) in Nurses Working in Selected Hospital of the City	Ms Trupti Sase	Medical Surgical Nursing Cardiovascular and Thoracic Nursing	Mrs Nupoor Bhambid
2020-2021				
9	A study to assess the effect of nurse companion labor support on Maternal satisfaction about delivery services in second Para postnatal mothers at selected hospital in the city.	Ms Jondhale Disha	Obstetrics and Gynecological Nursing	Dr Shubhada Ponkshe
10	An experimental study to assess the effectiveness of sleep hygiene strategies on sleep quality and level of stress among adolescents in selected educational institutes of the city.	Ms Pethkar Shital	Mental Health Nursing	Mrs Bijayalakshmi Devi
2019-2020				
11	A quasi experimental study to assess the effect of passive relaxation on postpartum blues in early puerperium among primipara postnatal mothers in selected hospitals of city	Ms Taide Avita	Obstetrics and Gynecological Nursing	Dr Shubhada Ponkshe
12	Experimental study to assess effectiveness of anti- stigma sensitization programme on attitude and perception towards mental Health and mental illness among college students in selected institutions of the city	Ms Tendulkar Akshata	Mental Health Nursing	Mrs Bijayalakshmi Devi

13	Experimental study to assess effectiveness of health body image programme on body image perception self-esteem and self-compassion among adolescents in selected institute of the city	Ms Tanpure Reshma	Mental Health Nursing	Mrs Bijayalakshmi Devi
14	Experimental study to assess the effect of music therapy on pain physiological and psychological responses among patients had undergone coronary artery bypass graft surgery in selected hospitals of the city	Ms Joshi Prajakta	Medical Surgical Nursing (CVTS)	Mrs Nupoor Bhambid
15	Experimental study to assess the effect of stretching exercises on work related musculoskeletal disorders (WMSDs) among nurses working in intensive care unit (ICU) in selected hospitals of the city	Ms Chinchalkar Pallavi	Medical Surgical Nursing (CCN)	Mrs Nupoor Bhambid
16	Experimental study to assess the effect of intradialytic stretching exercises on muscle cramps among patients undergoing hemodialysis in selected hospital of the city	Ms Watari Sushma	Medical Surgical Nursing (CCN)	Mrs Nupoor Bhambid
17	Experimental study to assess the effect of mindfulness meditation on anxiety depression and spirituality among terminally ill cancer patients in selected hospitals of the city	Ms Waghmare Sanchi	Medical Surgical Nursing (Oncology)	Mrs Nupoor Bhambid
	2018-2019			
18	Effect of emotional intelligence training module on level of emotional intelligence among mental health nurses in selected mental health hospitals of the city	Ms Mahakal Nishigandha	Mental Health Nursing	Mrs Bijayalakshmi Devi
19	A quasi experimental study to assess the effect of active exercises on dysmenorrhea among college girls of selected city	Ms Arsul Shital	Obstetrics and Gynecological nursing	Dr Shubhada Ponkshe

20	A quasi experimental study to assess the effect of abdominal gentle touch on labor pain perception among primipara parturient women in selected hospital of city	Ms Sawant Manali	Obstetrics and Gynecological nursing	Dr Shubhada Ponkshe
21	A quasi experimental study to assess the effect of coma arousal therapy on level of consciousness in traumatic brain injury patients in selected hospitals of Pune city	Ms Dsouza Jonita	Medical Surgical Nursing (CCN)	Mrs Nupoor Bhambid
22	A descriptive study to assess the prevalence of risk factors for cardiovascular disease among employees in selected educational institutes	Ms Bhaldare Pooja	Medical Surgical Nursing (CVTS)	Mrs Nupoor Bhambid
2017-2018				
23	A comparative study to assess psychosocial issues among old age person and their coping strategy at home and old age home in the city to develop self-instructional module on management of psychosocial issues in old age	Ms Parekar Pradnya	Mental Health Nursing	Mrs Bijayalakshmi Devi
24	A Quasi experimental study to assess the effectiveness of lower limb rehabilitation gymnastics for post-operative trauma patients in the prevention of deep vein thrombosis in the selected hospitals of the city	Ms Deshmukh Anjali	Medical Surgical Nursing (CVTS)	Ms Nupoor Bhambid
25	A study to explore prenatal attachment in primigravida women with her unborn child in the selected hospitals of city	Ms Londhe Snehal	Obstetrics and Gynecological nursing	Dr Shubhada Ponkshe
26	A study to access the effect of facilitated tucking position on injection vitamin K induced physiological and behavioral response of new born in selected hospitals of city	Ms Kamble Yogita	Obstetrics and Gynecological nursing	Dr Shubhada Ponkshe

	2016-2017			
27	Effect of graphics sequence memory method versus traditional teaching method on knowledge and skill regarding electrocardiogram ECG interpretation among the final year B.B.Sc nursing students in selected educational institutes of the city	Ms D' Souza Avelin	Medical surgical Nursing (CVTS)	Ms Nupoor Bhambid
28	Effect of fenugreek seed powder in control of blood glucose level among type II diabetes mellitus people in selected urban community	Ms Awate Dipali	Medical surgical Nursing (CVTS)	Ms Nupoor Bhambid
29	Study to assess effect of baby crawl on breast feeding initiation among postnatal mothers at selected hospitals of city	Ms Sanas Asha	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
	2015-2016			
30	Effect of traditional method Vs. video assisted programme on Basic Life Support on knowledge and practice among internship students in selected educational institute of the city.	Ms.Patkar Rashmi	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
31	Assessment of factors influencing and the coping strategies adopted by cancer patients with sexual dysfunction in selected hospitals of the city.	Mrs.Mulani Samina	Medical surgical Nursing (Oncology)	Dr Meena Ganapathy
32	A study to assess the effect of sleep hygiene on quality sleeps of premenopausal women in educational institute of the city.	Ms. Gaikawad Priyadarshi	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
33	A study to assess the association between maternal nutritional status and newborn anthropometric measurements.	Ms. Singh Sangeeta	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe

34	Assessment of discharge planning strategies adopted by mental health team regarding prevention of mentally ill patient's readmissions in order to construct discharge protocol module.	Ms. Hatagle Monica	Mental Health Nursing	Ms Bijayalakshmi Devi
2013-2014				
35	Effect of structured teaching programme on bundle protocol regarding prevention of ventilator associated pneumonia on knowledge attitude and practices of nurses working in critical care unit in selected hospitals.	Ms.Thokchom Niroda	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
36	Effect of information education communication package on Knowledge attitude and practice regarding DOTS on adult patients receiving DOTS in selected health care centers.	Ms.Neethu John Bosco	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
37	Effect of self-instructional module on knowledge attitude and practice regarding prevention of stroke among hypertensive patients in selected hospitals.	Ms.Sane Priyanka	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
38	Study to identify the factors associated with anemia among rural and urban antenatal women.	Ms.Dethe Avnee	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
39	Effect of audio teaching tool on knowledge of menstrual health among visually impaired adolescent girls in selected blind schools of city.	Ms.Naik Vaishnavi	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
40	Effect of information education communication package on knowledge and attitude regarding oppositional defiant disorder among school teachers in selected educational institutes of the city.	Ms.Toppo Esther	Mental Health Nursing	Ms Bijayalakshmi Devi

41	Assessment of level of stress and coping abilities adopted among BPO employees in selected BPO institutions of the city to develop self-instructional module.	Ms.Jinu Babu V Thomas	Mental Health Nursing	Ms Bijayalakshmi Devi
42	Effectiveness of structured play therapy on social skills among the mentally challenged children residing in selected institutions of city.	Ms.Needhu Cherian	Mental Health Nursing	Ms Bijayalakshmi Devi
2012-2013				
43	Effect of foot and hand massage on post-operative pain of patients with chest surgery in selected hospital of Pune city.	Ms.Kale Vaishali	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
44	Effect of decontamination of the nasopharynx and oropharynx by chlorhexidine gluconate on prevention of nosocomial infection in cardiac surgery patients in selected hospital of the city.	Ms.Nerurkar Vinaya	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
45	Effect of castor oil application on patients with intravenous infiltration in selected hospital of Pune city.	Ms.Patil Jayashree	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
46	Effect of honey dressing on non-surgical wound healing in selected hospital of Pune city.	Ms Junghare Reman	Medical surgical Nursing (CCN)	Ms Mini Shibu
47	Effect of camphor oil massage in reduction of joint pain cancer patients in selected hospital of the city.	Ms.Pillay Diana	Medical surgical Nursing (Oncology)	Dr Meena Ganapathy
48	Effect of rocking movement on labour pain perception and duration of labour amongst primipara in selected hospitals of Pune city.	Ms Chopade Mrunalini	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe

49	Assessment of the factors related to job stress and coping ability among the staff nurses in the selected hospitals of selected hospitals of selected city to develop a self-instructional module.	Ms.Kakade Sneha	Mental Health Nursing	Ms Bijayalakshmi Devi
50	Assessment of impact of social networking sites usage on psychosocial aspects of adolescents in selected institution of the city.	Ms.Rukadikar Neha	Mental Health Nursing	Ms Bijayalakshmi Devi
51	Assessment of knowledge attitude and practice related to mental illness among selected population in order to develop a self-instructional module.	Mrs.Sagvekar Shraddha	Mental Health Nursing	Ms Bijayalakshmi Devi
	2011-2012			
52	Effect of Slow Deep Breathing Relaxation Exercise on Pain and Anxiety during Chest Tube Removal among Patients Admitted in Selected Hospitals of City.	Ms.Dhanu Gayatri	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
53	Effect of Back Massage on Night Sleep among Post-Operative CABG Patients in Selected Hospitals of the City.	Ms.Varghese Jyothi	Medical surgical Nursing (CVTS)	Ms Mini Sabu
54	Effect of Behavioral Training in Reducing Anxiety and Discomfort among Patients Undergoing Upper Gastro Intestinal Endoscopy in Selected Hospitals of Pune.	Ms.Sebastian Shithu	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
55	Effect of Warm Humidified Oxygen on Thermoregulation of Post-Operative Patients with Abdominal Surgery in Selected Hospitals of Pune.	Ms.Karande Jyoti	Medical surgical Nursing (CCN)	Dr Meena Ganapathy
56	Effect of Turmeric Mouth Wash on Healing of Oral Ulcers among Patients Undergoing Radiotherapy in the Selected Hospitals of the City	Ms Betsy Joy	Medical surgical Nursing (Oncology)	Dr Meena Ganapathy

57	Effect of head cap on the newborn body temperature after birth in selected hospitals of the city	Ms.Badekar Varsha	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
58	Effect of selected maternal positions on non-stress test parameters among antenatal mothers in selected hospitals of the city	Ms Mathews Shailaja	Obstetrics & Gynecological Nursing	Dr Shubhada Ponkshe
59	Assessment of Knowledge Attitude and Practices Regarding Psychiatric Emergencies among Relatives of Schizophrenic Patients in Selected Hospitals to Develop a Self-Instructional Module	Ms Gorinta Aksa	Mental Health Nursing	Mrs Bijayalakshmi Devi
60	Effect of Guided Imagery on Stress among Hemodialysis Patients attending Dialysis Unit in the Selected Hospitals of City.	Ms.Lincy Samuel	Mental Health Nursing	Mrs Bijayalakshmi Devi
61	Assessment of Awareness of Child Abuse amongst Health Team Members Working in Selected Hospitals of the City to Prepare a Self- Instructional Module.	Ms Mary Jose	Mental Health Nursing	Mrs Bijayalakshmi Devi
	2010-2011			
62	Effect of Reiki Therapy on Pain Reduction in Terminally Ill Cancer Patients of Selected Health Care Setups in Pune City.	Ms.Akut Priyanka	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
63	Effect of Basic Life Support Training on Knowledge Skills and Perceived Control of Immediate Relatives of Patients Diagnosed with Ischemic Heart Disease Admitted in Selected Hospitals of Pune City.	Ms.Kadam Rajashree	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy

64	Assessment of Risk Factors for Coronary Artery Disease in Employees of Selected Educational Institutes of Pune City in View to Prepare and Validate a SIM	Ms.Gaikwad Manisha	Medical surgical Nursing (CVTS)	Mr Sreenath Kulkarni
65	Effect of Music Therapy on Pre-Operative Anxiety of Cataract Patients Undergoing Cataract Surgery in Selected Hospitals of Pune City.	Ms.Tembhurne Vishakha	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
66	Assessment of Knowledge and Skills of Critical Care Registered Nurses on Inotropic Drug Calculation in Order to Prepare and Validate a SIM.	Mrs. Sreelatha M R	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
67	Effectiveness of Progressive Muscle Relaxation Versus Oral Intake of Ginger Powder on the Selected Symptoms of Dysmenorrhea amongst the Nursing Students at Selected Educational Institutes in Pune.	Ms.Halder Annesa	Obstetrics & Gynecological Nursing	Dr Shubhad Ponkshe
68	Study to Assess Premenopausal Symptoms and Coping Strategies Adopted by Registered Nurses of Selected Hospitals of Pune City.	Ms.Tathavadekar Bharati	Obstetrics & Gynecological Nursing	Dr Shubhad Ponkshe
69	Effectiveness of Progressive Muscle Relaxation Technique on Generalized Anxiety of Elderly Orthopedics Patients in Selected Hospitals of Pune City	Ms.Barde Sheetal	Mental Health Nursing	Mrs Bijayalakshmi Devi
70	Assessment of Anxiety Level and Coping Strategies amongst Students from Selected Undergraduate Professional Colleges of Pune to Develop a Self-Instructional Module	Ms.Mahajan M. S.	Mental Health Nursing	Mrs Bijayalakshmi Devi

71	Assessment on Factors Influencing Suicidal Ideation and its Coping Strategies among Adolescents of 15-17 years from Selected Educational Institutes at Pune City	Ms.Apte Sundari	Mental Health Nursing	Mrs Bijayalakshmi Devi
	2009-2010			
72	Effect of Pre-Operative Orientation Programme on Pre and Post-Operative Anxiety of CABG Patients in Selected Hospitals of Pune.	Ms. Roy Bhowmik Suchana	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
73	Effect of Cold Application on Selected Side Effects of Injectable Anticoagulants in Hospitalized Adult Patients in Selected Hospitals of Pune.	Ms.Bhambid Nupoor	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
74	Effect of Communication Board on Selected Parameters of Comfort in Mechanically Ventilated Patients in Selected Hospitals of Pune.	Ms.Chavan Sharada	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
75	Effect of Foot Massage on Selected Side Effects of Cancer Chemotherapy in Hospitalized Adult Patients of Selected Hospitals of Pune.	Ms.Anchom Anupama	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
76	Knowledge Attitude and Practice of Registered Staff Nurses on Intramuscular Injection with a View to Prepare a Self-Instruction Module in a Selected Hospital of Pune City.	Ms.Lendhe Mousamee	Medical surgical Nursing (CVTS)	Dr Meena Ganapathy
77	Knowledge Attitude and Practices of Family Planning Methods Amongst the Eligible Couples in Selected Area of Pune.	Ms.Thokchom Nivedita	Obstetrics & Gynecological Nursing	Dr Shubhad Ponkshe
78	Effectiveness of Patterned Breathing on Progress of Labor During First Stage of Labor in Primiparas in Selected Hospitals of Pune.	Ms.Jadhav Ujwala	Obstetrics & Gynecological Nursing	Dr Shubhad Ponkshe

79	Assessment of Psychosomatic Symptoms of Menstruation Among Adolescent Girls Studying in Selected Educational Institutes of Pune.	Ms.Barbatkar Siddheshwari Suryabhan	Mental Health Nursing	Mr Shreenath Kulkarni
80	Assessment of the Causes of Psychiatric Readmissions Selected Inpatient Mental Health Setups of Pune in View to Prepare Psycho Educational Module.	Ms.Garud Minakshi	Mental Health Nursing	Mr Shreenath Kulkarni
81	Role of Media and Telecommunication on Behavioral Patterns among School Going Children of Selected Educational Institutes of Pune.	Ms.Tambatkar Poonam	Mental Health Nursing	Mr Shreenath Kulkarni




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