

Maharashtra University of Health Sciences, Nashik

Inspection Committee Report for Academic Year 2026-2027

Webinar/Workshop/CME/Activities/ Performed in Last One Year.

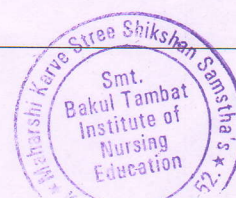
All report must be available on web site

Name of the College /Institute:- Maharshi Karve Stree Shikshan Samstha's Smt. Bakul Tambat Institute of Nursing Education, Pune

Faculty:- Nursing

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on College website)

Sr No	Details of Webinar/ Workshop/CME/ Activities/ Perform Supportive document to be uploaded on web site
1	International FDP on collaborative innovation in nursing education MoU with Lone Star College USA,
2	5 B.Sc.(N) students participated at Avishkar, MUHS State level research competition
3	Workshop on financial literacy by Pournima Jog foundation
4	AMUNC general body meeting
5	International Student Exchange Program on Simulation with Lone Star college USA
6	Vaishnavi Kamble received Damini sports scholarship for Badminton
7	CNE on Quality management in Healthcare by FON department
8	International Research Development Conference on Advancing Research Excellence: Strategies for high quality publications with mid Sweden university
9	4 th Semester B.Sc.(N) students participated at Reel making competition at MUHS and won prize
10	Japanese Encephalitis Vaccination drive for campaign
11	P.G. Bhakti Kulkarni received STRG grant from MUHS
12	Inauguration of Nursing education journal and institutional website 2.0
13	Poshan pandharwada celebration at Anganwadi with Health education
14	FDP on constructive leadership for inclusive environment by MHN department
15	Students participated at debate competition, MUHS Spandan and won prize
16	TNAI award to Prof. Nupoor Bhambid for Best nursing administrator and ANM students Ms. Diksha Bansode received Best ANM student award
17	Ms. Sakshi Jadhav 1 st P.B.B. Sc.(N) and MS. Mrudula Bhuvad 3 rd Sem B.Sc. (N) student received MUHS rank
18	FDP on Neurolinguistic program by Baya Karve Abhyas Kendra
19	Cyber Security awareness Program under online student exchange with MIT college of Nursing by FON department
20	Breast feeding week celebration



21	Value added course on gender sensitivity
22	Youth convention at Ramkrishna Math
23	Counsellor and Youth Training at Indian red Cross Society
24	School Health program for M.N. Adwant school students
25	Workshop on Psychiatric emergency with simulation
26	International student exchange program on simulation with Lone Star college, USA
27	Visit to simulation Lab at DMH in healthcare simulation week
28	Disaster management mock drill in campus
29	MUHS Krida mahotsav
30	Palliative day at Cipla foundation
31	World Mental Health Day celebration
32	Pulse Polio campaign
33	State level SNA TNAI competition
34	Faculty induction and orientation
35	ONOS awareness to access E-resources
36	Principal Dr. Meena Ganapathy was resource person for Smart OR workshop
37	Vande Mataram campaign
38	Prof. Nupoor Bhambid was resource person for Research methodology workshop at DES
39	Constitutional Day
40	NSS camp
41	AIDS day celebration
42	AV AIDS exhibition by 5 th Semester students
43	Visit to Pune book festival at F.C.
44	MoU signed with Jankalyan blood bank
45	eISSN registration for NIJ



46	MoU with Sri Sri university college of nursing Faculty participated at Horizon International conference at Odisha
47	Sayali Vethekar GNM alumini selected as Aviation nurse in Indigo Flight safety department
48	LTRG grant Prof. Bijayalakshmi Devi Laishangbam and Asso. Prof. Smita Lisham

Here by I declare all relevant document uploaded are clear and visible on web site & are true as per my knowledge & Belief

Any Other, Please Specify: -

Date:- 08/01/2026



Dean/ Principal Stamp & Signature
PRINCIPAL

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.**

**REPORT ON
INTERNATIONAL
NURSING FACULTY DEVELOPMENT
AND EXCHANGE PROGRAM**

(Date- 2nd to 7th January 2025)

Theme of International Nursing Faculty Development and Exchange Program:

Objectives of FDP:

- 1) To endeavour on practical session of innovation teaching learning tools i.e. Gamification, Case Discussion, Jigsaw and Think Pair Share for its design, implementation, and evaluation in the classroom setting.
- 2) To gain insight through group discussion on application of student learning engagement tool scenario in US and India.
- 3) To conduct a practical session on BLS simulation by American Heart Association Trainer for the faculty.
- 4) To compare and understand the scope and impact of Nursing Practitioner in USA and India.
- 5) To analyze the implication of AI (artificial intelligence) in present and future for nursing education.
- 6) To deliberate on legal safeguards in nursing practice, standard of practice and its professional code in USA and its adoption in India.
- 7) To conduct OSCE practical sessions related to specifics subjects.

Organizing Committee



Organizing Chairman
Dr. Meena Ganapathy,
Principal,
MKSSS Smt. Bakul Tambat
Institute of Nursing
Education, Pune.



Organizing Secretary
Mrs. L. Bijayalakshmi
Asso. Professor, Ph.D. scholar
MKSSS Smt. Bakul Tambat
Institute of Nursing
Education, Pune.

Resource Persons



Dr. Rajrani Sharma, Professor,
Lonestar School of Nursing, Tx, USA



Dr. Janice Hampton
NP Expert, USA



Dr. Seethalakshmi Natrajan
AI expert, USA

Schedule of FDP:

Day 1: 02/01/2025

Time: 08:00 to 09:00am

1st Session topic title: Introduction to the theme

Resource Person: Dr. Meena Ganapathy, Principal, MKSSSBTNE, Pune

Time: 09:30 to 01:00am

2nd Session topic title: Gamification as a teaching tool (practical session on designing, implementing and its evaluation)

Resource Person: Dr. Rajrani Sharma Professor, Lonestar School of Nursing, Tx, USA

Day 2: 03/01/2025

Time: 08:00 to 09:30am

1st Session topic title: Flipped classroom as a teaching tool (practical session on designing, implementing and its evaluation)

Resource Person: Mrs. Ujwala Jadhav & Team Faculty, MKSSSBTNE

Time: 09:35 to 11:30am

2nd Session topic title: Case discussion as a teaching tool (practical session on designing, implementing and its evaluation)

Resource Person: Mrs. Jyoti Karande & Team Faculty, MKSSSBTNE

Time: 11:35 to 01:00pm

3rd Session topic title: Jigsaw strategy as a teaching tool (practical session on designing, implementing and its evaluation)

Resource Person: Mrs. Nupoor Bhambid, & Team Faculty, MKSSSBTNE

Day 3: 04/01/2025

Time: 08:00 to 09:30am

1st Session topic title: Think-Pair-Share (TPS) as a teaching tool (practical session on designing, implementing and its evaluation)

Resource Person: Mrs. Dipali Awate, & Team Faculty, MKSSSBTNE

Time: 09:30 to 11:00am

2nd Session topic title: AHA trainer led-practical session of BLS through simulation

Resource Person: Dr. Rajrani Sharma. Professor, Lonestar School of Nursing, Tx, USA

Time: 11:10 to 01:00pm

3rd Session topic title: Group discussion Application of Student Engagement Tools in the U.S. and exploring their adaptability to Indian scenarios

Resource Person: Dr. Rajrani Sharma. Dr. Meena Ganapathy

Day 4: 06/01/2025

Time: 08:00 to 09:30am

1st Session topic title: Scope & impact of Nurse Practitioner: USA and India: a comparison

Resource Person: Dr. Janice Hampton NP Expert, USA

Time: 09:40 to 11:30am

2nd Session topic title: Implication of AI in Nursing Education: Present and Future

Resource Person: Dr. Seethalakshmi N AI expert, USA

Time: 11:40 to 01:00pm

3rd Session topic title: Open Discussion and conclusion of day sessions

Day 5: 07/01/2025

Time: 08:00 to 11:30am

1st Session topic title: Legal safeguards in Nursing Practice: Nursing Practice Act, Standard Of Practice in USA and its application in India.

Resource Person: Dr. Rajrani Sharma. Professor, Lonestar School of Nursing, Tx, USA

Time: 11:40 to 01:00pm

2nd Session topic title: OSCE Session (Practical Session on subjects 1. FON, and 2. Adult Health Nursing with 5 stations each.

Conclusion of session.

Resource Person: Dr. Rajrani Sharma Dr. Shubhada Ponkshe, Ms. Lisham Smita, Mrs. Dipali Awate and Faculty, MKSSSBTNE



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT.BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-411052**

International Nursing Faculty Development and Exchange Program

on

Collaborative Innovation in Nursing Education

DAY 1: Program started at 08:10 am

Ms. Pratiksha Sonawane given introduction of the International Nursing FDP program, Dr. Meena Ganapathy, Principal of MKSSS BTINE, Pune, gave a brief introduction to the FDP theme. Then, respected Dr. Rajrani Sharma, Professor at Lonestar School of Nursing, Tx, USA, gave a brief idea of 'Gamification as a teaching tool'. A practical session on designing, implementing, and evaluating this method as a teaching tool was also conducted under guidance of Dr. Seethalakshmi Natrajan, AI expert Lonestar School of Nursing, Tx, USA.

1st session started at 08:40 am

Mrs. Ujwala Jadhav and team, Mrs. Rupali Dhume, Mrs. Akshata Tendulkar, and Ms. Salva Duste, faculty of MKSSS BTINE, took a session on 'Flipped classroom' as a teaching tool. (The topic of the 'Support of Uterus'). A flipped classroom approach for supporting uterus-related education, whether for medical students, healthcare professionals, or patients focuses on providing foundational knowledge outside of the classroom, followed by interactive, hands-on learning during an in-person session and provides a platform for continued discussion or, so the benefits of the flip classroom are active learning, deeper understanding, self-placed learning, develop problem-solving skills, collaboration, higher thinking, medical training, and interactive session, ownership of learning and language learning.

2nd session started at 09:00 am

With the team of Mrs. Jyoti Karande, Mrs. Deepali Shinde, Mrs. Shital Patil and Ms. Vaishali Patil, faculty of MKSSS BTINE, took a session on 'Unfolding case discussion' as a teaching tool. The medical complaints of shortness of breath and dyspnea and SPO₂ are below 85%. Discussion is taken on the primary intervention of the case, in the history of the patient, after that according to symptoms what is the diagnostic evaluation of the case, after evaluation what medical and nursing care given and last one is a preventive measure of the disease condition. Those points were discussed with that unfold medical case, so the case was allergic Asthma.

3rd session started at 0:20 am

With team of Mrs. Nupoor Bhambid, Mrs. Ashwini Sutar, Ms. Ashwini Lande and Mrs. Amruta Phale faculty of MKSSS BTINE. The team took a session on 'Jigsaw strategy' as a teaching tool, the topic of 'Congestive Cardiac Failure'. The jigsaw method is a cooperative learning technique designed to promote student collaboration and engagement while fostering a deeper understanding of the material. In that, 5 home groups were prepared and assigned a subtopic to every 5-group member, and form an expert group, member from the different home groups who share the same subtopic gathered to form an expert group. In the expert group, they discuss their subtopic in depth, becoming 'Experts'. After that, they return to home groups, and taught/discussed their subtopic with the group members, every member shared what they learned, ensuring the entire group understood the complete topic.

Tea break taken at 09:40 am

4th session started at 09:55 am

With team of Mrs. Dipali Awate, Mrs. Shital Padalkar, Mrs. Ashwini Bhosale and Mrs. Rau S. Team took a session on 'Think-Pair-Share' (TPS) as a teaching tool, the topic of "Impact of climate change on health care delivery system and strategies to overcome: Nursing preparedness and adoption", for 'Think' 5 min for individual thinking, participants are given a prompt, question, or problem to consider. They take a few moments to think about their response independently, reflecting on their ideas or solutions. for 'Pair' 5 min to discuss with pair, participants are paired up with a partner. They discuss their thoughts, share ideas, and listen to each other's perspectives. for 'Share' 10 min to 'share' in a large group. The pairs share their conclusions, ideas, or solutions with the large group. This step encourages public speaking, synthesizing diverse viewpoints, and collective decision-making.

5th session started at 10:15 am

In this session group discussion was done on 'Application of Student Engagement Tools in U.S. and exploring their adaptability to Indian Scenarios. This session was taken by Dr. Seethalakshmi Natrajan, AI expert Lonestar School of Nursing, Tx, USA on an online meeting from USA to discuss about the student engagement tools. She given a brief about Socrative.com, Jeopardy labs, Puzzlemaker, Bingo, and Mentimeter.

1. Socrative.com is a cloud-based student response system designed to facilitate interaction learning and real-time assessment. Teachers can create quizzes, polls, and analytics and reports. exit tickets to engage students during lessons. It supports multiple question types like multiple

question types like multiple-choice, true/false, and short answer, and provides instant feedback to both teachers and students. Features includes real-time feedback, easy-to-use interface, variety of activities and reports.

2. Jeopardy labs is an online tool that allows users to create and play custom Jeopardy-style trivia games. It's a great resource for educators, students and anyone looking to make learning or events more interactive and fun. Unlike traditional PowerPoint-based templates, Jeopardy labs is entirely web-based, making it simple to use and share. Features include Game creation, Pre-made game, No signup required, Interactive interface and Collaborative play.

3. Puzzlemaker is a free online tool by Discovery Education that allows users to create custom puzzles for educational or entertainment purposes. It's widely used by teachers, students, and puzzle enthusiasts to design engaging activities tailored to specific topics or themes. Features includes Puzzle Types: Word Search, Crossword, Criss-Cross, Double Puzzles, Cryptograms, Number Blocks, Word Scrambles, Customization, Printable Output, Ease of Use.

4. Bingo is a popular and versatile game that can be customized for educational, entertainment, or social purposes. It involves players marking items on a grid as they are called out, aiming to complete a specific pattern (e.g., a row, column, or diagonal) to win.

Types of Bingo: Traditional Bingo: Played with numbers (usually 1-75) on a 5x5 grid. 2. Custom Bingo: Grids can be filled with words, phrases, images, or other themes (e.g., vocabulary, math problems, or pop culture references). 3. Virtual Bingo: Played online using tools like Google Slides, Canva, or specialized platforms like My Free Bingo Cards.

How to Create Custom Bingo Cards: 1. Online Tools: My Free Bingo Cards: Easy to create and print customized Bingo cards. Bingo Baker: Offers customization and virtual game links. 2. Manual Creation: Use Excel, Word, or Google Docs to create a grid and input your items manually. 3. Themes: Educational: Vocabulary words, math equations, or history terms• Party: Pop culture references, movie trivia, or personal facts for icebreakers.

5. Mentimeter is an interactive presentation platform that allows users to create engaging, real-time polls, quizzes, word clouds, Q&A sessions, and more. It's widely used in classrooms, business meetings, and events to increase audience participation and make presentations more dynamic. Features includes 1. Interactive Polls: Create multiple-choice, open-ended, ranking, or rating questions to gather feedback. 2. Word Clouds: Collect audience responses and display them as a word cloud in real time. 3. Quizzes: Design fun, competitive quizzes to test knowledge or engage participants. 4. Live Q&A: Enable participants to ask questions anonymously or

publicly during a session.5. Templates: Offers pre-made templates for brainstorming, decision-making, and team-building activities.6. Custom Branding: Add logos, colors, and themes to align with your brand (available in premium plans).

6th session started at 10:45 am

Dr. Rajrani Sharma, Mrs. Bijayalakshmi and Ms. Manisha G. faculty of MKSSS BTINE, Pune. Group discussion topic on AHA (American Health Association) trainer led- practical session of BSL and ACLS and its updates. According to AHA updating develop hands-on skills for BLS and ACLS protocols, improve team dynamics and communication during resuscitation and gain confidence in handling real-life emergencies. Add skill stations, full resuscitation scenarios, debrief and stay updated on evidence-based practices.

7th session started at 11:35 am

Last session done on open discussion and conclusion of all session which those are taken by respected faculty of MKSSS BTINE.

DAY 2

1st session started at 9:00 am

The session on 'scope and impact of nurse practitioner: USA and cute care India: a compassion, taken with by Dr. Janise Hampton, NP expert discussed scope of practice in nurse practitioners have a broad scope of practice and can diagnose, treat, prescribe medication, and manage patient care independently in many states. In other states, they work under a physician's supervision, specializing in family health, pediatrics, mental health, geriatrics and acute care. Required advanced degrees and national certification in their area of specialization, work settings of hospitals, clinics, private practices, community health centers, telemedicine platforms and academia. Impact of NPs fill gaps, especially in rural and underserved areas, cost-effectiveness, patient outcomes- study show that NP led results comparable or better patient outcomes, health care innovation.

In India scope of nurse practitioners – regulation is centralized and restrictive, education is limited NP programs e.g. NPCC, scope of practice is narrow, often under supervision, impact on access is emerging, mainly in critical care, and challenges are lack of awareness, limited program.

2nd session started at 9:45 am

This session is based on the 'Implication of AI in nursing education: present and future' conducted by Dr. Seethalakshmi Natrajan, AI expert Lonestar School of Nursing, Tx, USA. The integration of AI in nursing education is transforming how nurses are trained and prepared for their roles. Present implications of Simulation training, personalized learning, e-learning platforms, language translation, automated grading, student program tracking, future implication of AI-Powered tutors, wearable technology, life learning and professional development, interdisciplinary training, ethical and cultural competency training, global collaboration and challenges and ethical considerations. The tools of AI i.e. Hyper writer and chat GPT.

1. Hyper writer is an AI- powered writing assistant designed to help users create content faster and more effectively. It uses advanced natural language processing to assist with drafting, editing, and brainstorming, making it ideal for professionals, students, and anyone who writes frequently. Features includes smart suggestions, content generation, personalization, multiplatform accessibility and templates.

2. Chat GPT is an AI-powered conversational tool developed by OpenAI. It's designed to simulate human-like interactions and assist with a wide range of tasks, from answering question and providing explanations to brainstorming ideas and creating content. It's powered by advanced natural language processing and machine learning models. Features includes natural conversations, versatility, customizability and ease of access.

10:30 am to 10:45 id tea break

3rd session started at 10:45 am

This session taken by Dr. Rajrani Sharma, Professor, Lonestar School of Nursing, Tx, USA, on the topic of 'legal safe guards in Nursing Practice: Nursing Practice Act, Standard of practice in USA and its application in India

4th session started at 11:30 am

This session is based on OSCE (practical session on subjects I. FON, and Adult Health Nursing with 5 stations each) conclusion of session. The team of this session is DR. Rajrani Sharma, Dr. Shubhada Ponkshe, Ms. Lisham Smita, Mrs. Dipali Awate, Ms. Manisha G. and faculty of MKSSS BTINE.

Lunch break at 2:30 pm.


PRINCIPAL

**Maharshi Karve Stree Shikshan Samstha
Smt. Bakul Tambat Institute of
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Karvenagar, Pune-411005**

PHOTOS OF INTERNATIONAL NURSING FACULTY DEVELOPMENT AND EXCHANGE PROGRAM

Theme talk and welcome



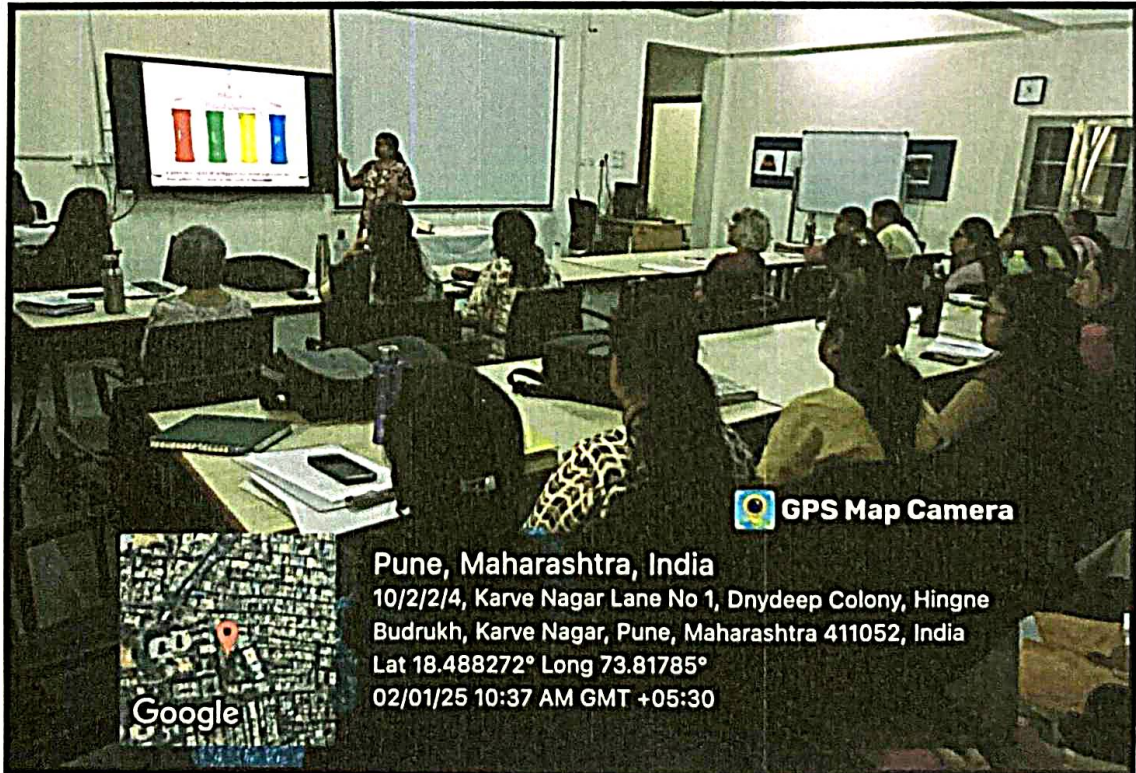
Theme talks

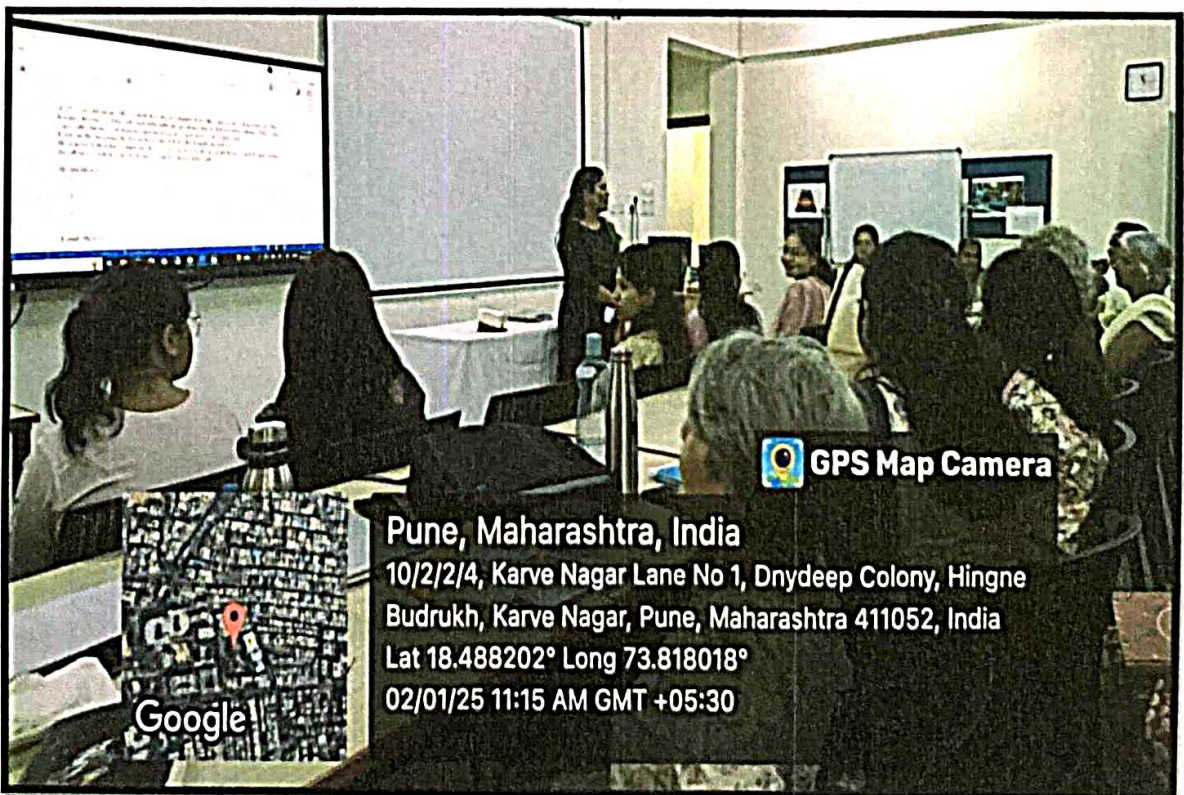


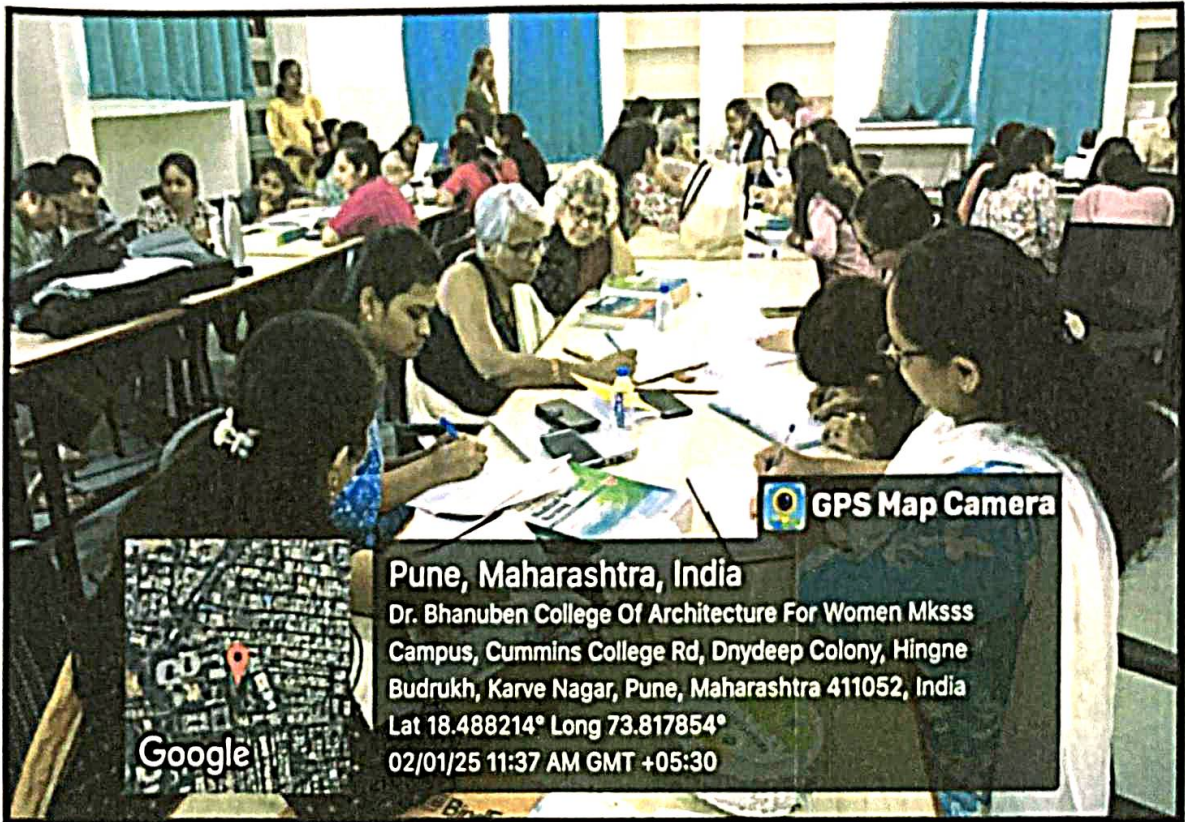
Innovative teaching methodology: Gamification, Flipped classroom



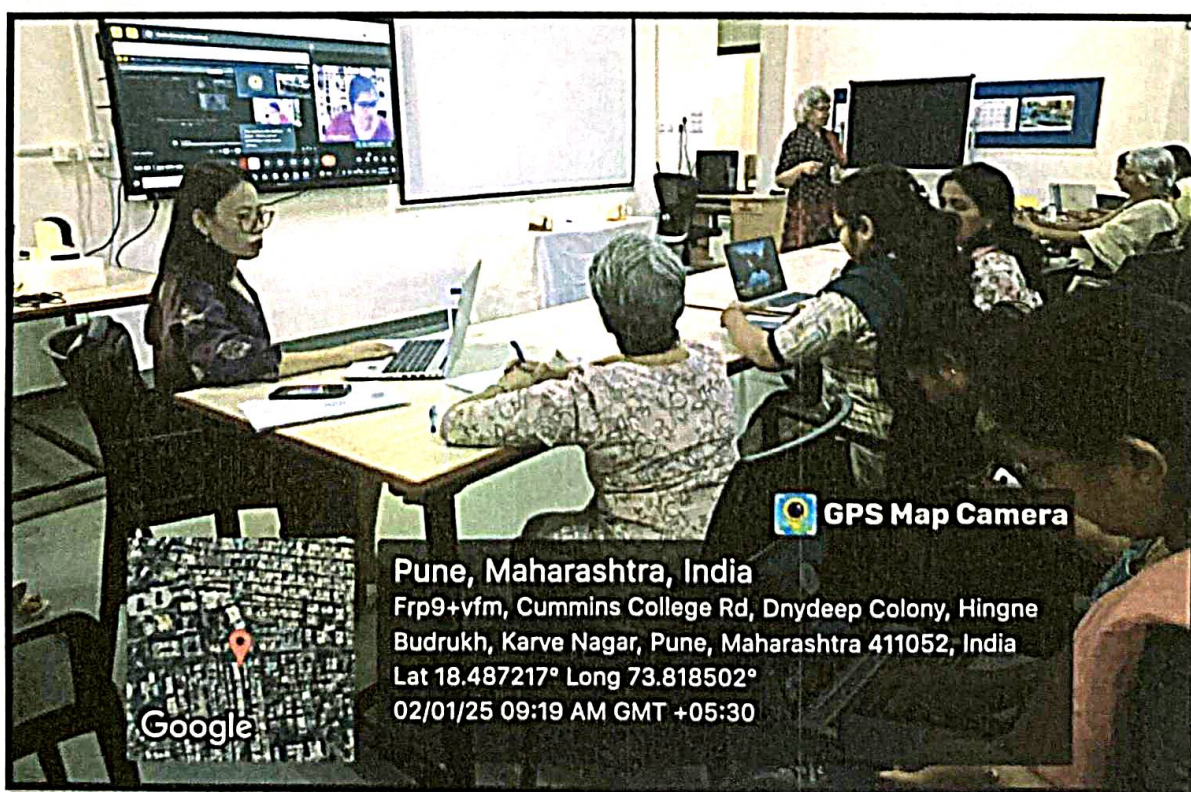
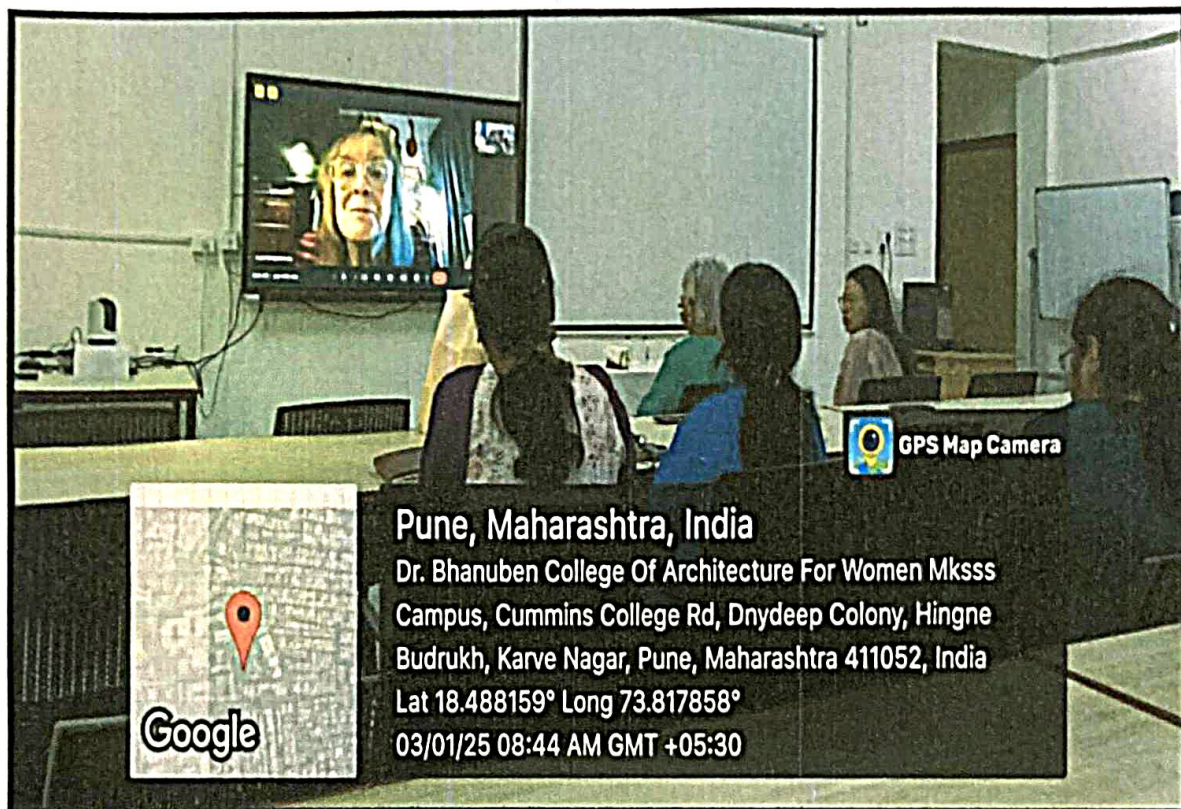
Sessions on Innovative Teaching Learning Methods



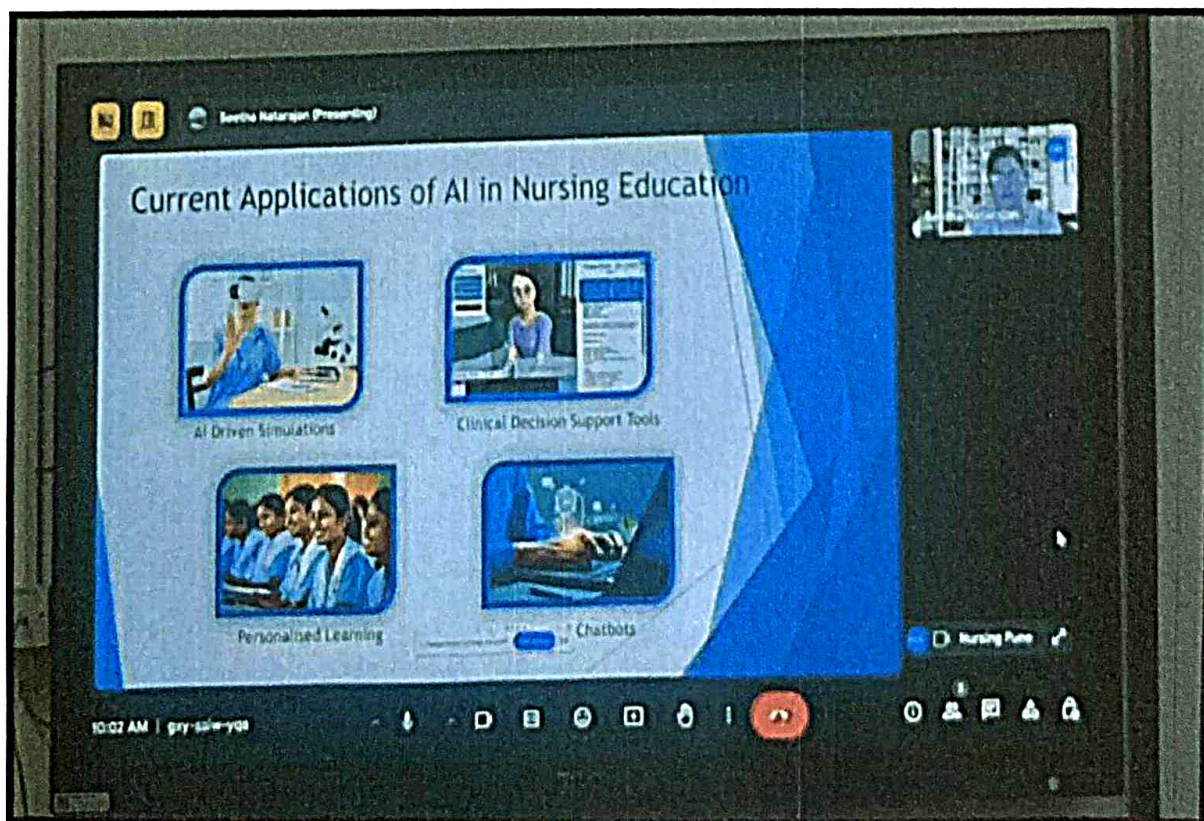
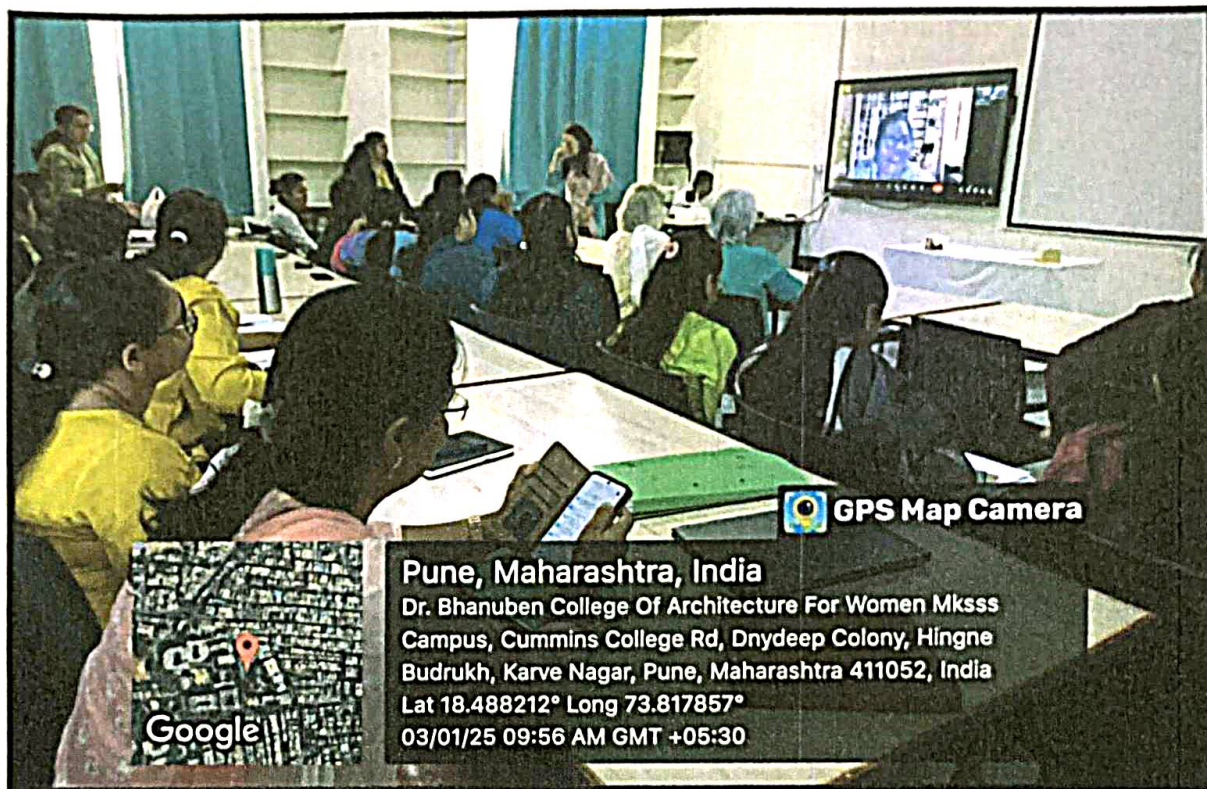




Session on Implication of AI in nursing education

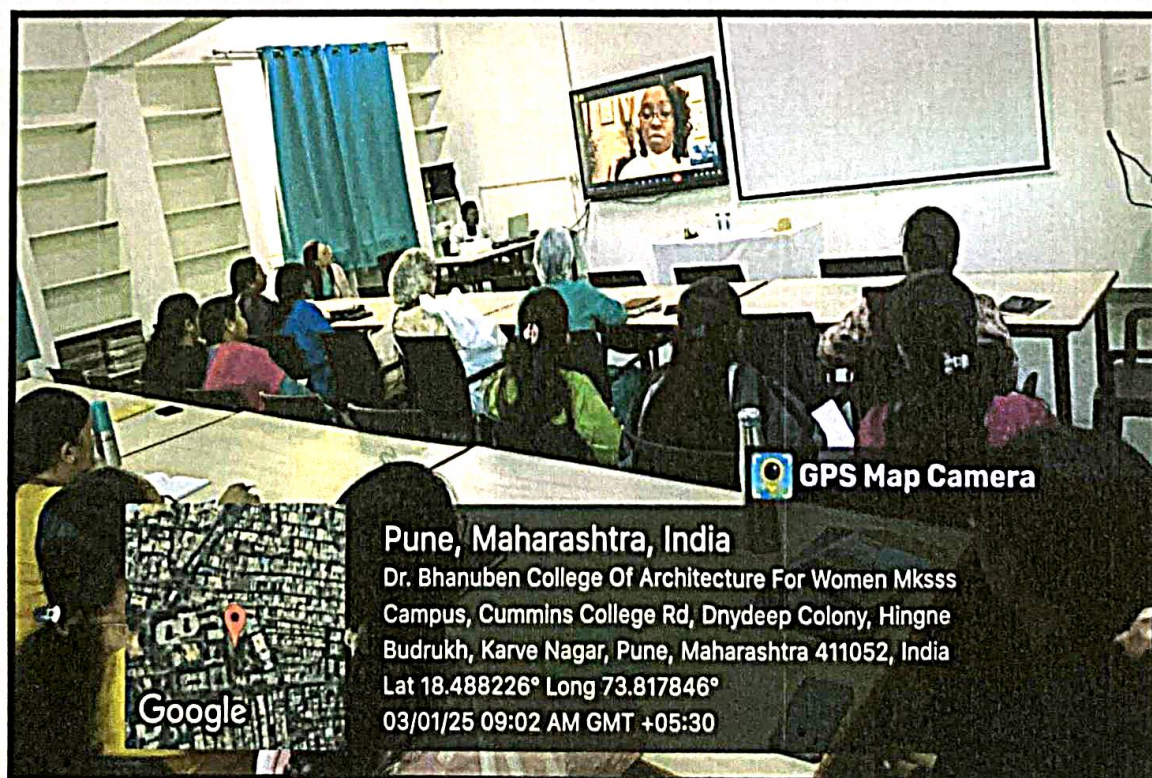


Session on Implication of AI in nursing education

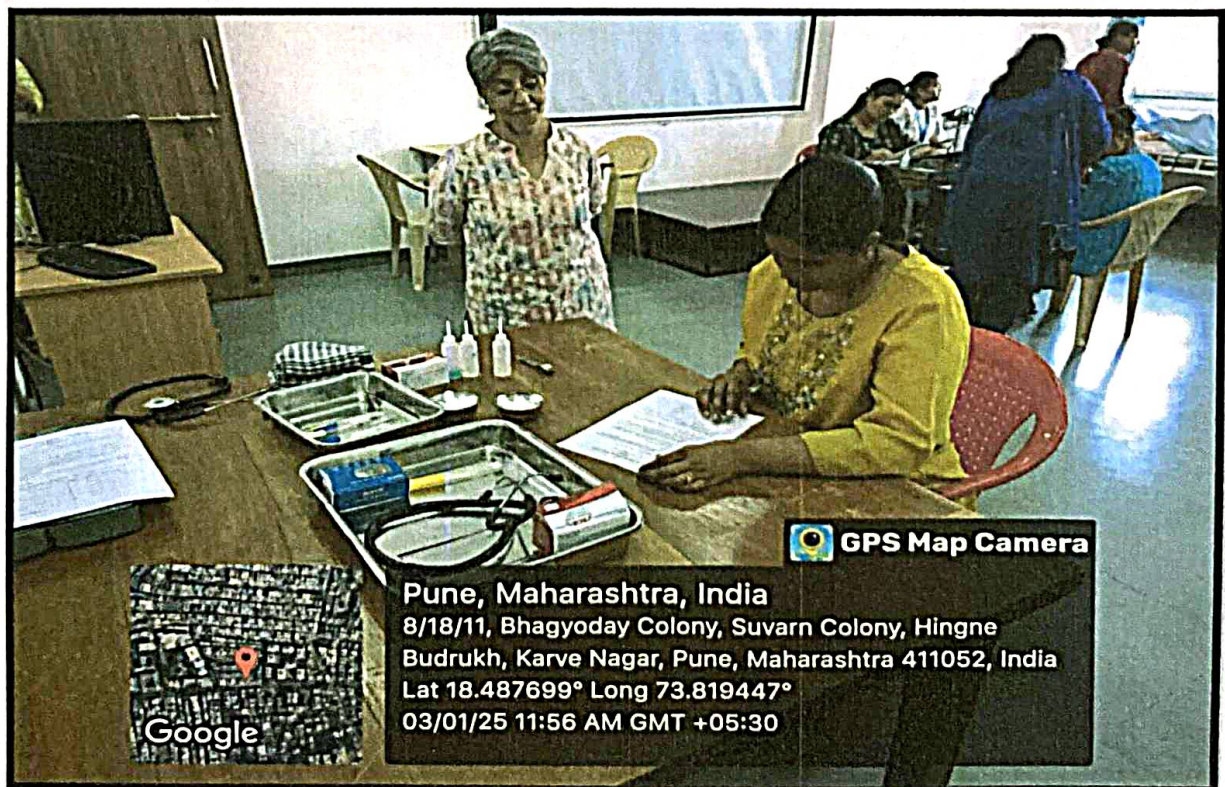
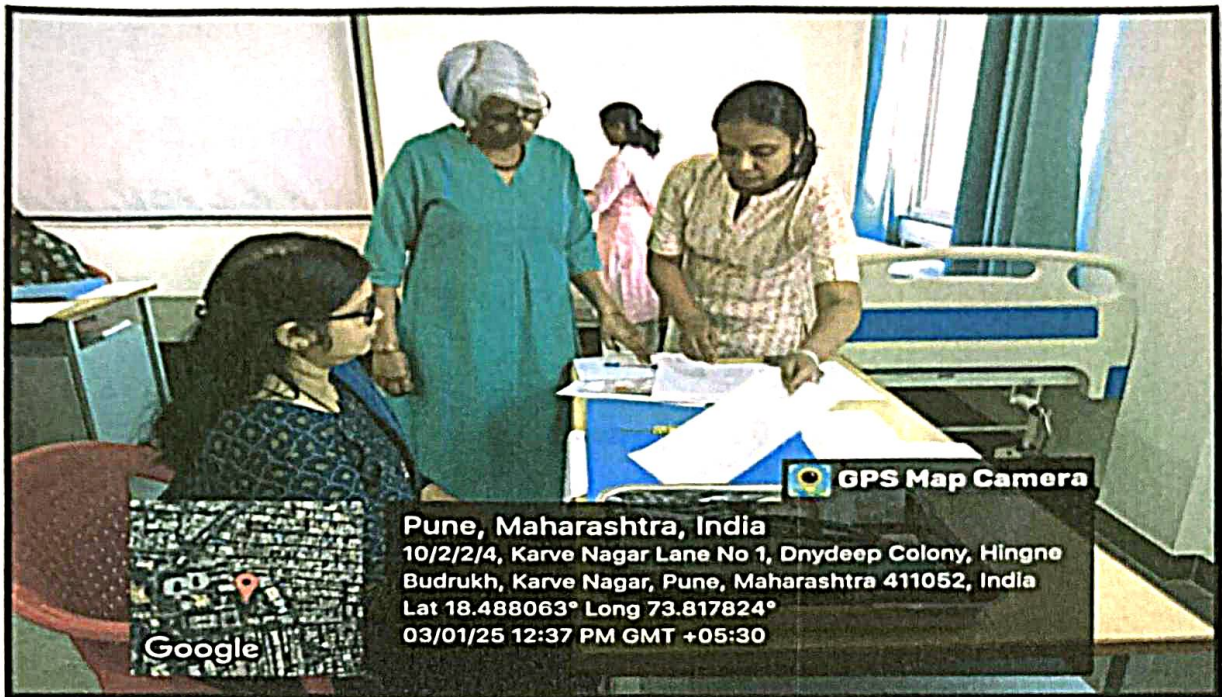


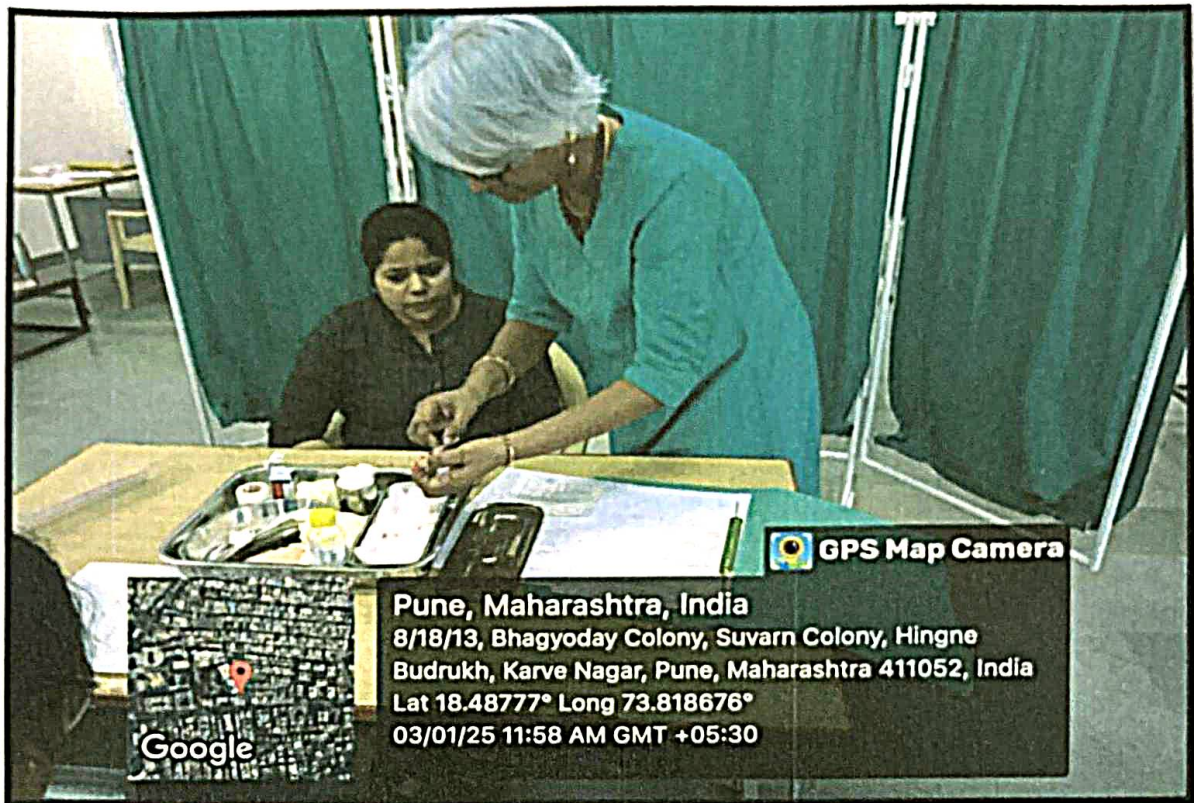


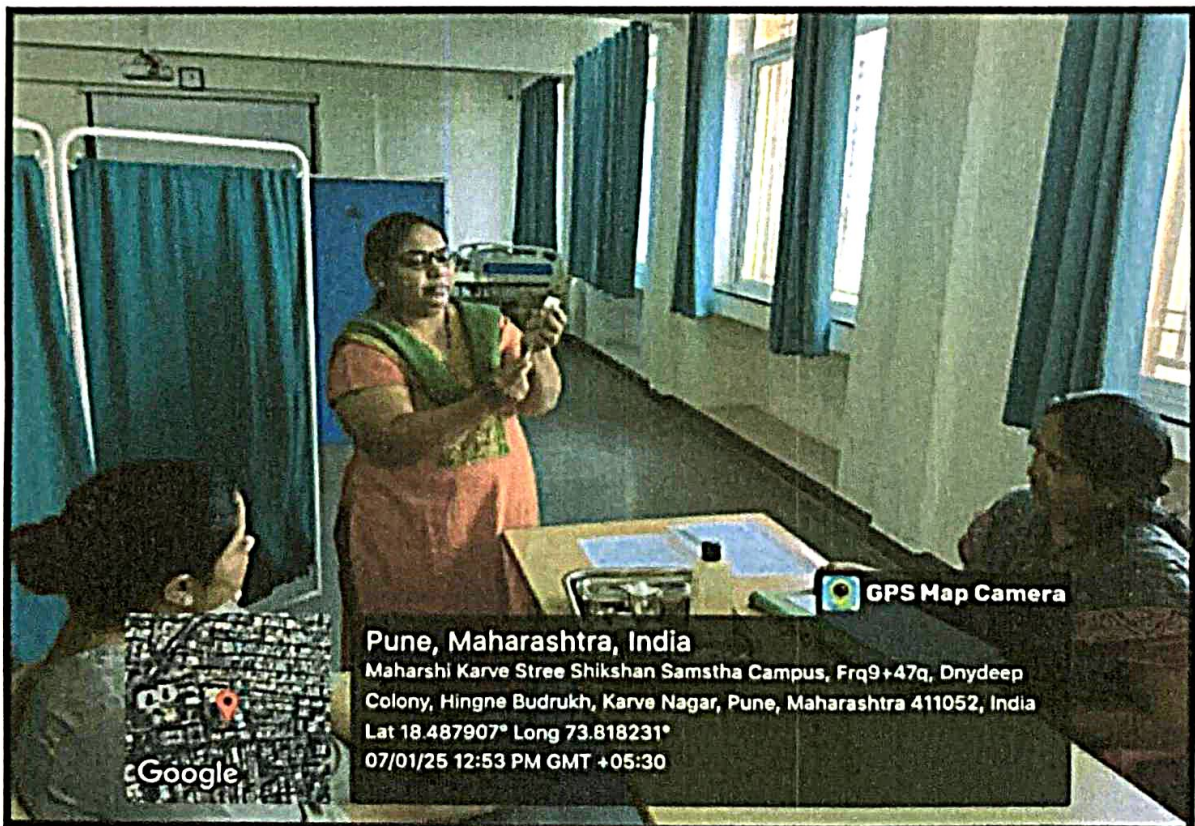
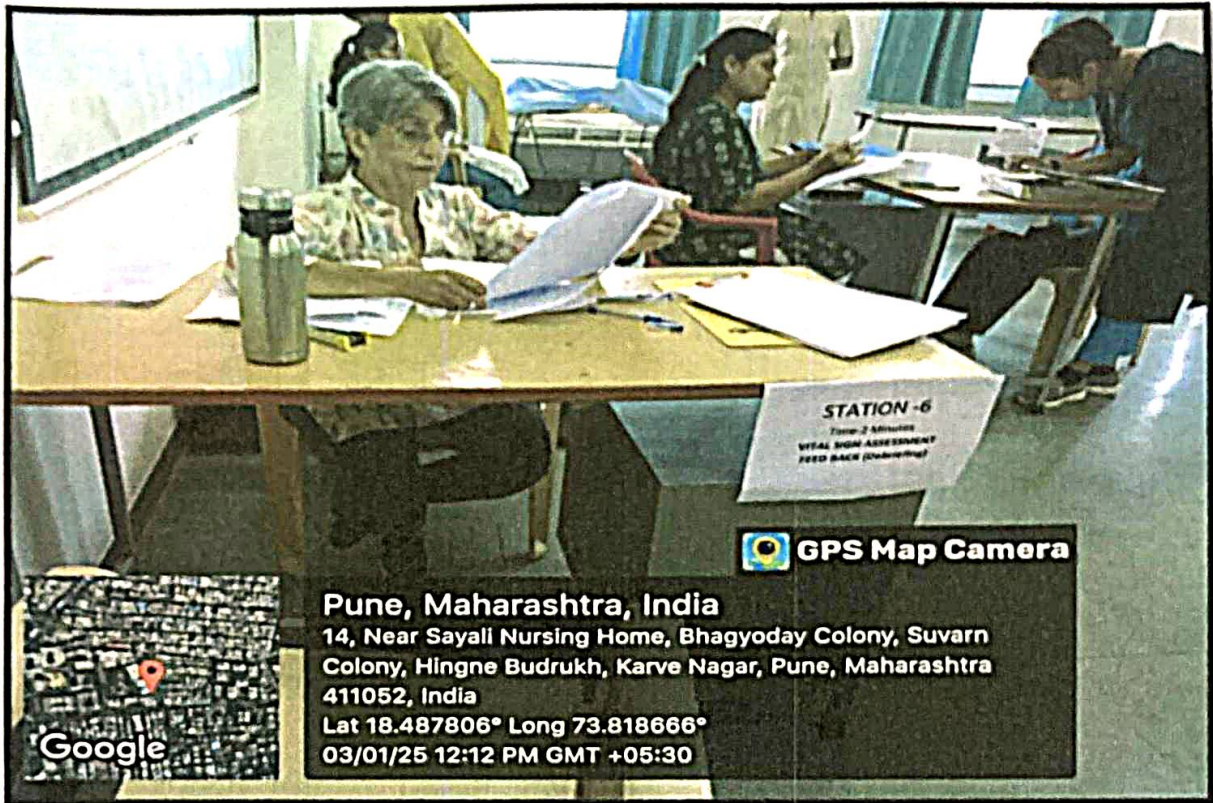
Session on Scope and impact of Nurse practitioner



OSCE stations on Foundation of Nursing and Adult Health Nursing

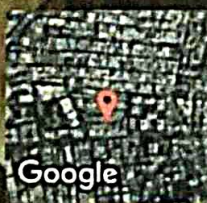








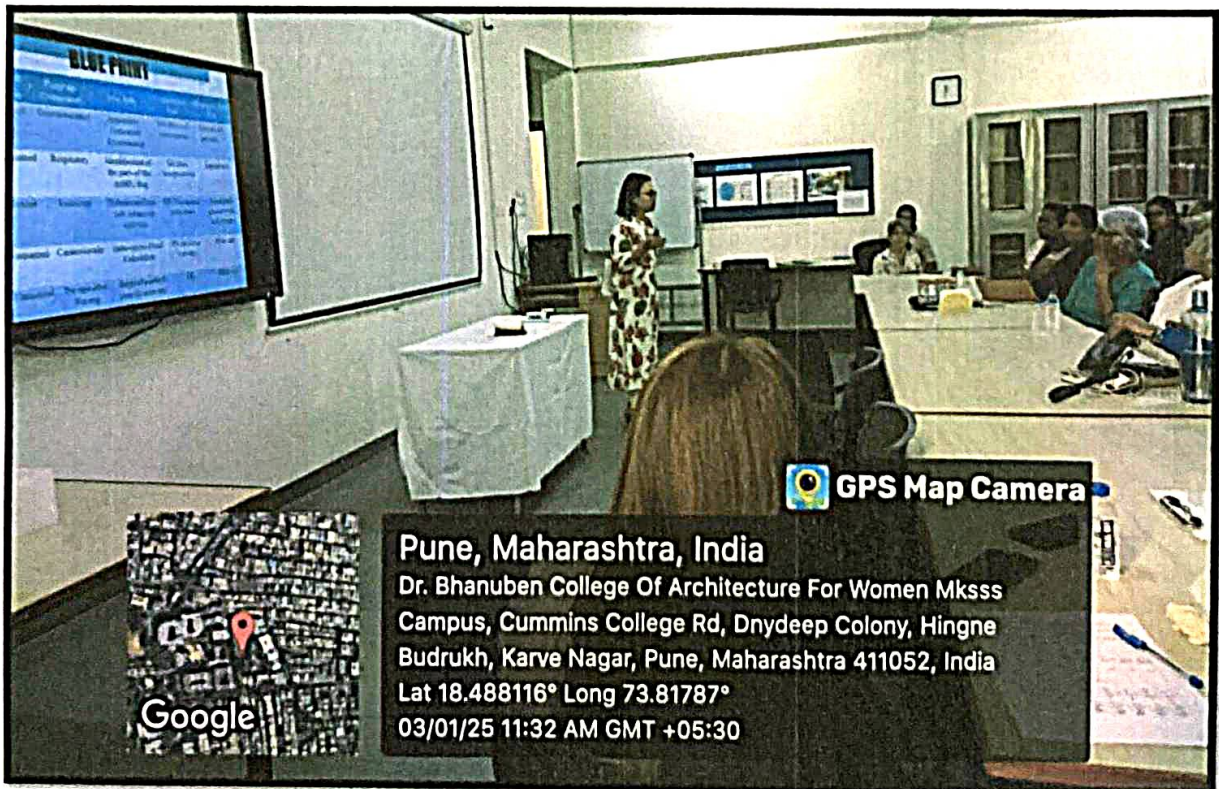
GPS Map Camera



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Feedback on OSCE session

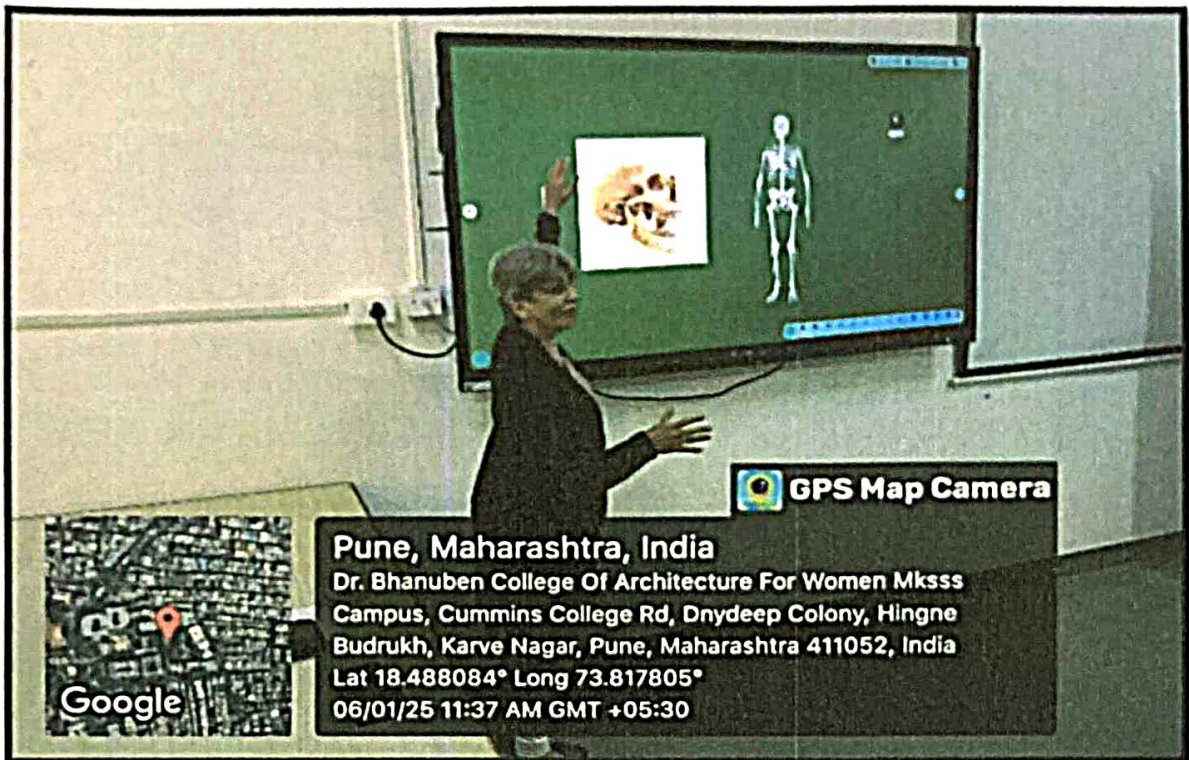




GPS Map Camera

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Karve Nagar, Pune, Maharashtra 411052, India
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04/01/25 01:14 PM GMT +05:30

Google



Pune, Maharashtra, India

Dr. Bhanuben College Of Architecture For Women Mksss

Campus, Cummins College Rd, Dnydeep Colony, Hingne

Budruk, Karve Nagar, Pune, Maharashtra 411052, India

Lat 18.488084° Long 73.817805°

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Pune, Maharashtra, India

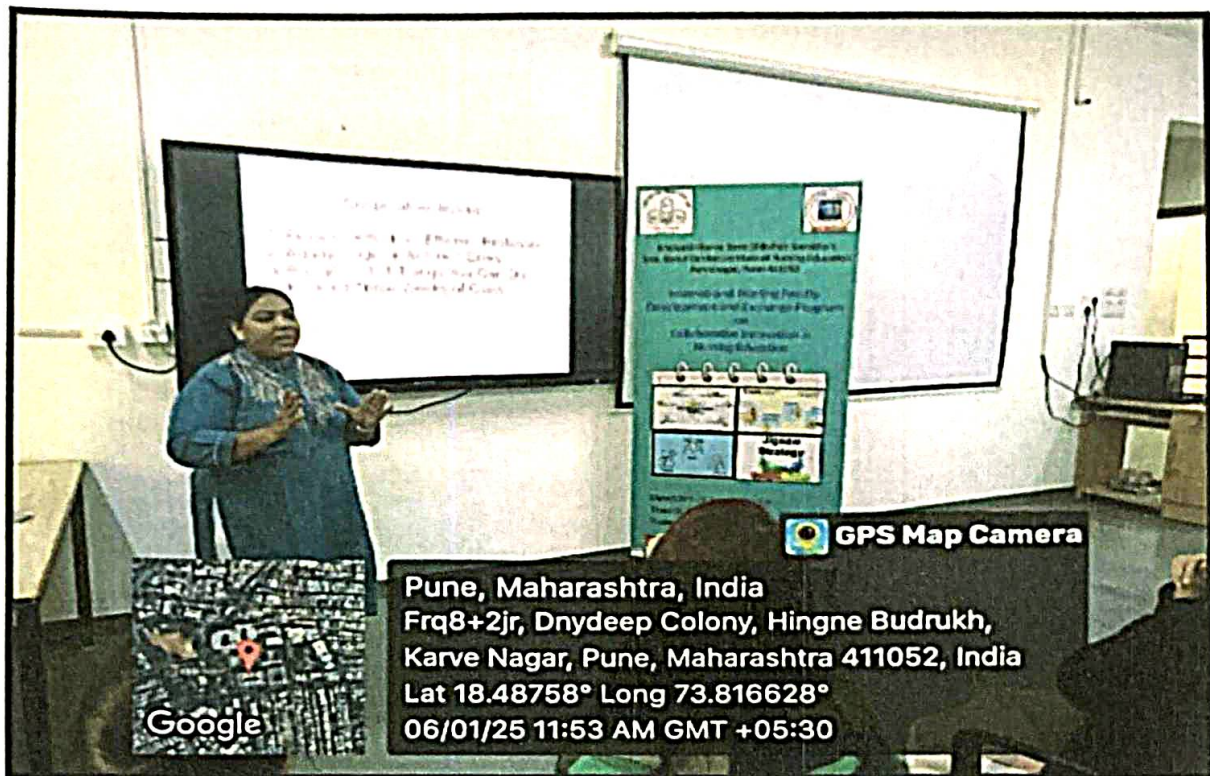
Dr. Bhanuben College Of Architecture For Women Mksss

Campus, Cummins College Rd, Dnydeep Colony, Hingne

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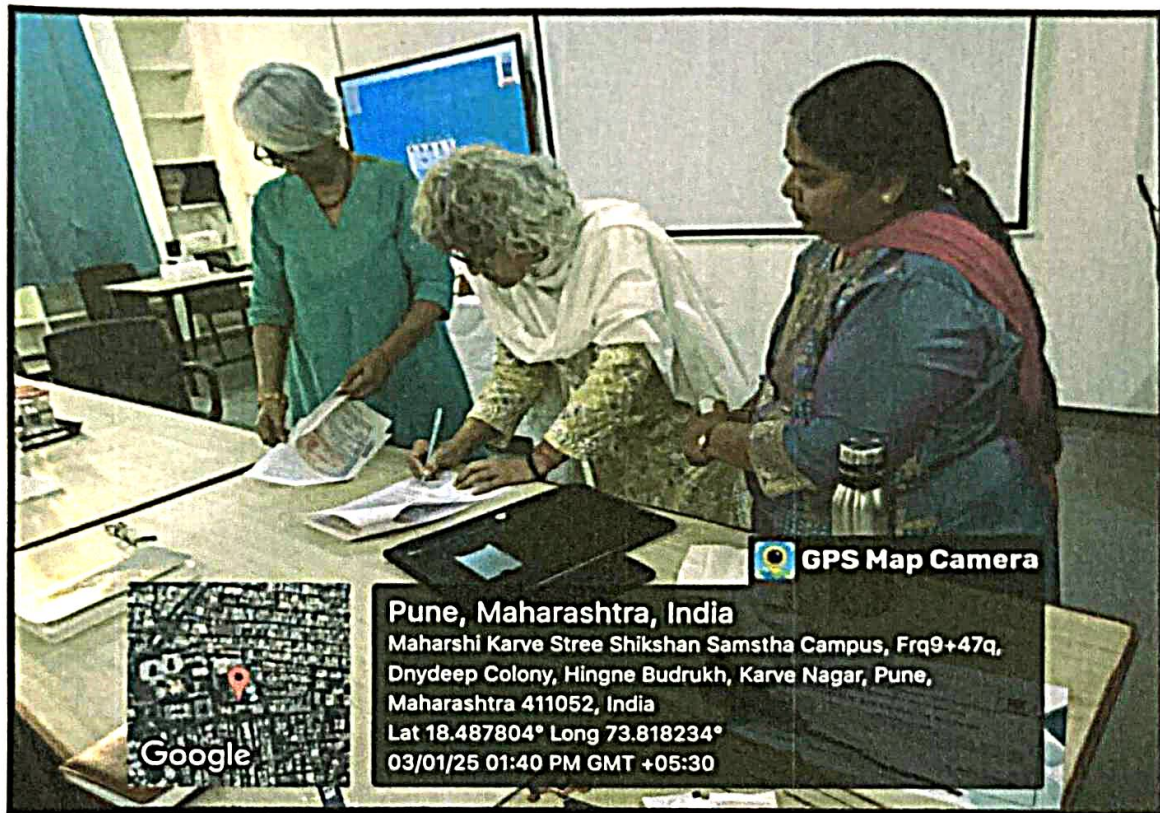


Valedictory session

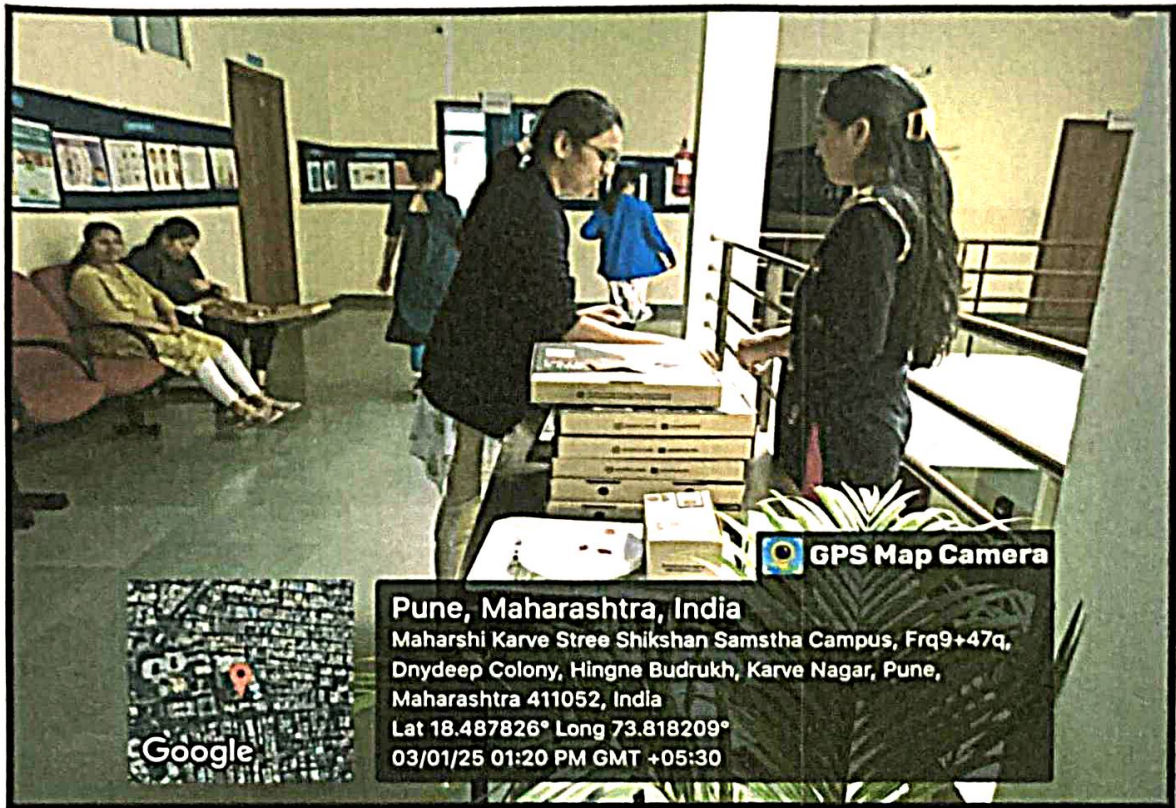




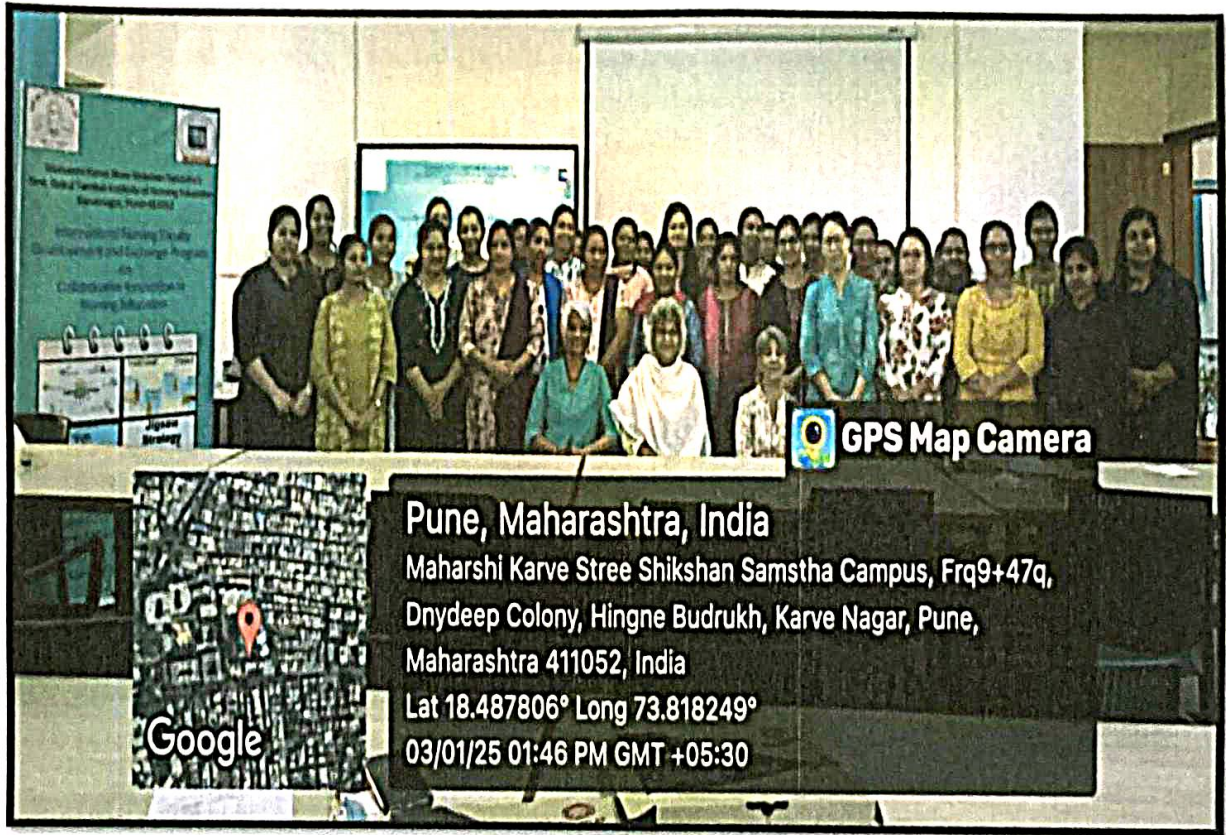
MoU signed between MKSSS BTINE and Lone Star School of Nursing, USA



Refreshment



MKSSSBTINE Faculty with resource person

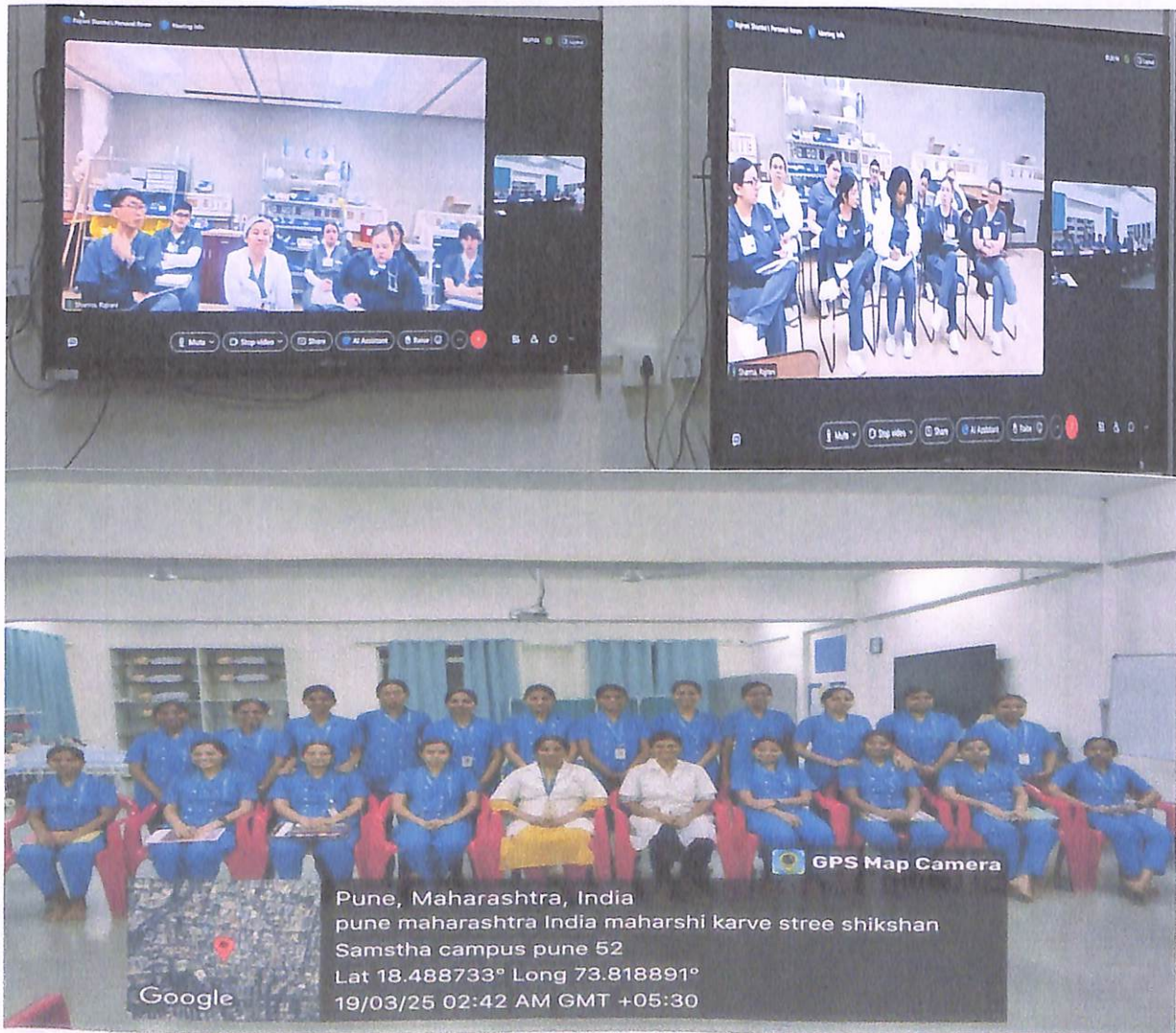


M. S. Mune
PRINCIPAL
Maharshi Karve Stree Shikshan Samstha's
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Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune-411052
Fourth Semester B.Sc. Nursing

REPORT ON

International Collaboration for Student Information Exchange Programme Night Simulation 2025



Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education, Karvenagar, Pune-52
International Student Exchange Programme
Night Duty Scheduled for Simulation
Fourth Semester B.Sc. Nursing

Date: 25/02/2025

Time: 7:30 pm To 7:30am

Venue: 3rd Floor, Advance lab & Reading room, MKSSS BTINE.

Sr. No.	Time	Activity	Facilitator
1.	7.30 pm. To 8.00 pm.	Orientation of simulation	Dr. Rajrani Sharma/ Mrs. Nupoor Bhambid
2.	8.00 pm. To 8.30 pm.	Scenario I (A group)/ Observation for simulation (B group)	Dr. Rajrani Sharma / Mrs. Dipali Awate
3.	8.30 pm. To 9.30 pm.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
4.	9.30 pm. To 10.00 pm.	Scenario II (A group)/ Observation for simulation (B group)	Dr. Rajrani Sharma/ Mrs. Dipali Awate
5.	10.00 pm. To 11.00 pm.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
6.	11.00 pm. To 12:00 am	Dinner Break	
7.	12:00 am. To 12.30 am.	Scenario I (B group)/ Observation for simulation (A group)	Dr. Rajrani Sharma/ Ms.Vrushali Kalkutagi
8.	12.30 am. To 1.30 am.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
9.	1.30 am. To 2.00 am.	Scenario II (B group)/ Observation for simulation (A group)	Dr. Rajrani Sharma/ Ms.Vrushali Kalkutagi
10.	2.00 am. To 3.00 am.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate




Signature of Principal
PRINCIPAL

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education, Karvenagar, Pune-52
International Student Exchange Programme
Night Duty Scheduled for Simulation
Fourth Semester B.Sc. Nursing**


Date: 04/03/2025

Time: 7:30 pm To 7:30am

Venue: 3rd Floor, Advance lab and Reading room, MKSSS BTINE.

Sr. No.	Time	Activity	Facilitator
1.	7.30 pm. To 8.00 pm.	Orientation of simulation	Dr. Rajrani Sharama/ Mrs. Dipali Awate
2.	8.00 pm. To 8.30 pm.	Scenario I (A group)/ Observation for simulation (B group)	Dr. Rajrani Sharma/ Mrs. Dipali Awate
3.	8.30 pm. To 9.30 pm.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
4.	9.30 pm. To 10.00 pm.	Scenario II (A group)/ Observation for simulation (B group)	Dr. Rajrani Sharma/ Mrs. Dipali Awate
5.	10.00 pm. To 11.00 pm.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
6.	11.00 pm. To 12:00am	Dinner Break	
7.	12:00 am. To 12.30 am.	Scenario I (B group)/ Observation for simulation (A group)	Dr. Rajrani Sharma/ Ms.Vrushali Kalkutagi
8.	12.30 am. To 1.30 am.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
9.	1.30 am. To 2.00 am.	Scenario II (B group)/ Observation for simulation (A group)	Dr. Rajrani Sharma/ Ms.Vrushali Kalkutagi
10.	2.00 am. To 3.00 am.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate




Signature of Principal

PRINCIPAL

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.**

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education, Karvenagar, Pune-52
International Student Exchange Programme
Night Duty Scheduled for Simulation
Fourth Semester B.Sc. Nursing**

Date: 18/03/2025

Time: 7:30 pm To 7:30am

Venue: 3rd Floor, Advance lab and Reading room, MKSSS BTINE.

Sr. No.	Time	Activity	Facilitator
1.	7.30 pm. To 8.00 pm.	Orientation of simulation	Dr. Rajrani Sharma/ Mrs. Dipali Awate
2.	8.00 pm. To 8.30 pm.	Scenario I (A group)/ Observation for simulation (B group)	Dr. Rajrani Sharma/ Mrs. Dipali Awate
3.	8.30 pm. To 9.30 pm.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
4.	9.30 pm. To 10.00 pm.	Scenario II (A group)/ Observation for simulation (B group)	Dr. Rajrani Sharma/ Mrs. Dipali Awate
5.	10.00 pm. To 11.00 pm.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
6.	11.00 pm. To 12:00am	Dinner Break	
7.	12:00 am. To 12.30 am.	Scenario I (B group)/ Observation for simulation (A group)	Dr. Rajrani Sharma/ Ms.Vrushali Kalkutagi
8.	12.30 am. To 1.30 am.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
9.	1.30 am. To 2.00 am.	Scenario II (B group)/ Observation for simulation (A group)	Dr. Rajrani Sharma/ Ms.Vrushali Kalkutagi
10.	2.00 am. To 3.00 am.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate



Signature of Principal

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**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.**

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education, Karvenagar, Pune-52
International Student Exchange Programme
Night Duty Scheduled for Simulation
Fourth Semester B.Sc. Nursing

Date: 01/04/2025

Time: 7:30 pm To 7:30am

Venue: 3rd Floor, Advance lab & Reading room, MKSSS BTINE.

Sr. No.	Time	Activity	Facilitator
1.	7.30 pm. To 8.00 pm.	Orientation of simulation	Dr. Rajrani Sharma/ Mrs. Dipali Awate
2.	8.00 pm. To 8.30 pm.	Scenario I (A group)/ Observation for simulation (B group)	Dr. Rajrani Sharma/ Mrs. Dipali Awate
3.	8.30 pm. To 9.30 pm.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
4.	9.30 pm. To 10.00 pm.	Scenario II (A group)/ Observation for simulation (B group)	Dr. Rajrani Sharma/ Mrs. Dipali Awate
5.	10.00 pm. To 11.00 pm.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
6.	11.00 pm. To 12:00 am	Dinner Break	
7.	12:00 am. To 12.30 am.	Scenario I (B group)/ Observation for simulation (A group)	Dr. Rajrani Sharma/ Ms.Vrushali Kalkutagi
8.	12.30 am. To 1.30 am.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate
9.	1.30 am. To 2.00 am.	Scenario II (B group)/ Observation for simulation (A group)	Dr. Rajrani Sharma/ Ms.Vrushali Kalkutagi
10.	2.00 am. To 3.00 am.	Debriefing	Dr. Rajrani Sharma/ Mrs. Dipali Awate




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Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune-411052

Fourth Semester B.Sc. Nursing

Night Simulation for Students

- **Resource person:** Mrs. Rajrani Sharma and Mrs. Dipali Awate
- **Date :** 25th February ,4th March,18th March & 1st April 2025
- **Venue:** Reading room & Simulation Advance lab, MKSSS BTINE, Karvenagar, Pune.
- **Group:** Semester IV B.Sc. Nursing

Day 1 – 25th March 2025

On the 1st day of night simulation ,the orientation of colleges of both countries along with teachers and all students is done. Students were discussed about some of their college rules and regulations, clinical hours and shifts as well as protocols in hospital, also hobbies of each student, the occasions followed in India. Then afterwards in simulation lab one group and in reading room one group as observer were present. Simulation in 2 groups , group A and group B were made, scenarios were performed by students and guided by teachers by giving some on spots scenarios for studying the different cases related to their syllabus.

Observation and debriefing are given by both teachers. On the first day Mrs. Nupoor Bhambid, Mrs. Dipali Awate, Ms. Vrushali Kalkutagi, Ms. Varsha Kunjir accompanied the students.

Day 2nd – 4th March 2025

On the second day of night simulation i.e., in next week. Students were discussed about some of their college rules and regulations, clinical hours and shifts as well as protocols in hospital, also hobbies of each student, the occasions followed in India. Then afterwards in simulation lab one group and in reading room one group as observer were present. Simulation in 2 groups , group A and group B were made, scenarios were performed by students and guided by teachers by giving some on spots scenarios for studying the different cases related to their syllabus. On the second day Mrs. Nupoor Bhambid, Mrs. Dipali Awate, Ms. Vrushali Kalkutagi, Ms. Nikita Kardile accompanied the students.

Day 3rd – 18th March 2025

On the third day of night simulation i.e., in next week another group of total 22 students were present for their first night. Then introduction of colleges of both countries along with teachers and all students is done. Students were discussed about some of their college rules and regulations, clinical hours and shifts as well as protocols in hospital, also hobbies of each student, the occasions followed in India. Then afterwards in simulation lab one group and in reading room one group as observer were present. Simulation in 2 groups , group A and group B were made, scenarios were performed by students and guided by teachers by giving some on spots scenarios for studying the different cases related to their syllabus. On the third day, Mrs.Dipali Awate, Ms. Vrushali Kalkutagi, Ms. Varsha Kunjir accompanied the students.

Day 4th – 1st April 2025

On the fourth day of night simulation i.e., in next week ,the introduction of colleges of both countries along with teachers and all students is done. Students were discussed about some of their college rules and regulations, clinical hours and shifts as well as protocols in hospital, also hobbies of each student, the occasions followed in India. Then afterwards in simulation lab one group and in reading room one group as observer were present. Simulation in 2 groups , group A and group B were made, scenarios were performed by students and guided by teachers by giving some on spots scenarios for studying the different cases related to their syllabus. On the second and last day Mrs.Dipali Awate, Ms.Vrushali Kalkutagi accompanied the students.

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION,
KARVENAGAR PUNE – 411052**

Semester IV B.Sc. Nursing

NIGHT SIMULATION REPORT

Venue: Simulation lab, MKSSS BTINE, Karvenagar Pune- 411052

Total Number of Students: 44 students


We MKSSS BTINE had arranged International Student Exchange Programme as simulation for the Semester IV B.Sc. Nursing students as a part of learning. The scenarios were arranged for the Semester IV B.Sc. Nursing students from 25/02/2025 to 01/04/2025. There was total 44 students who participated in these sessions. The class was divided into two groups of 22 students for two nights and for total 44 students total four nights were included. This session was carried out in the advance lab and reading room of the institute. There were two groups :

1. Group A – Observer
2. Group B – Performer

The students were told to perform certain scenarios with appropriate checklist for each student according to their role. They were evaluated based on their skills and knowledge, need for improvement as well as their experiences while performing procedures in that role.


Mrs. Nupoor Bhambid, Mrs.Dipali Awate, Ms.Vrushali Kalkutagi ,Ms.Varsha Kunjir and Ms.Nikita Kardile were the evaluators for their performance.

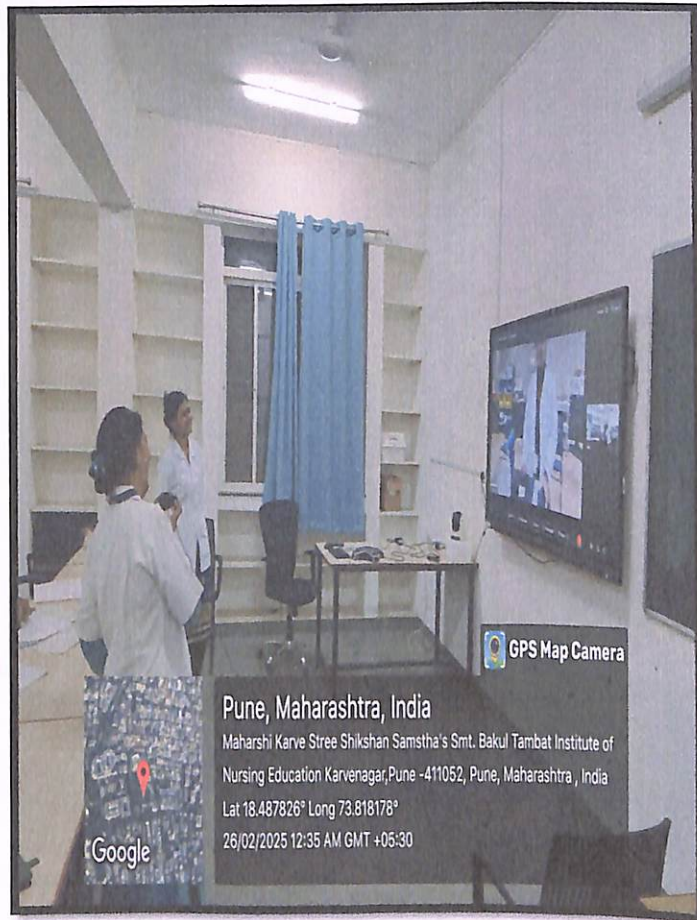
Report recorded by – Ms. Vrushali Kalkutagi (Clinical Instructor)

Signature : 


Sign of Class Coordinator

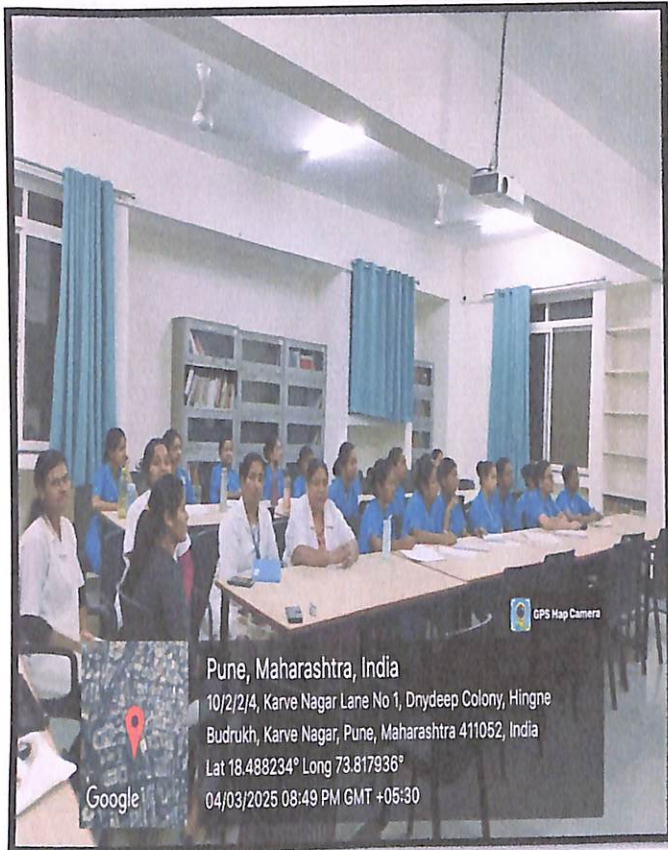



**Sign of Principal
PRINCIPAL**
Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.



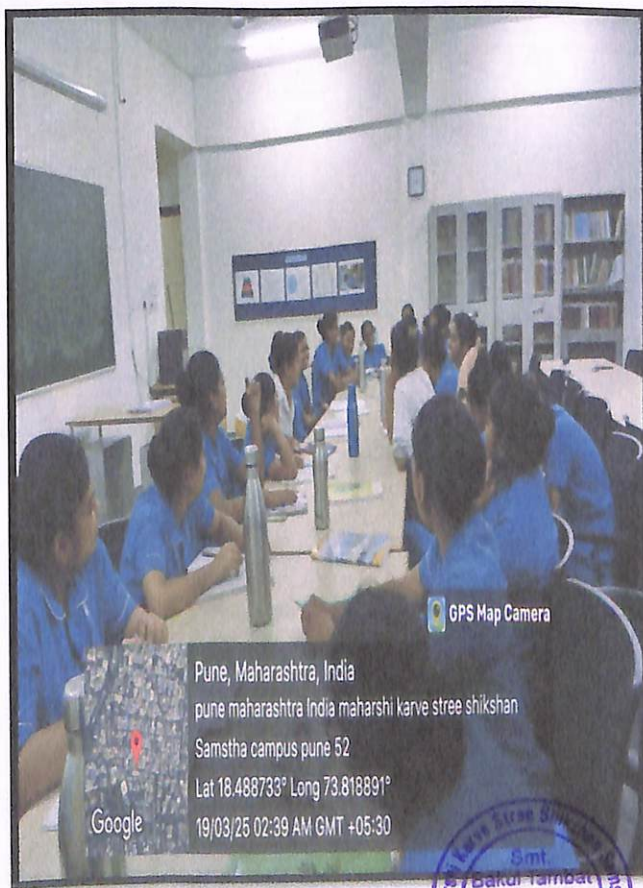
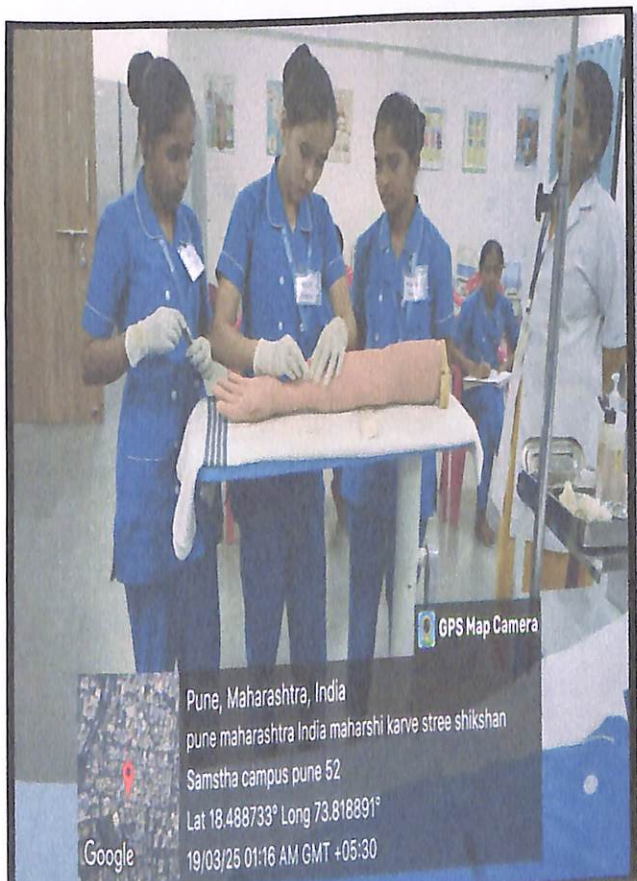
25th February 2025





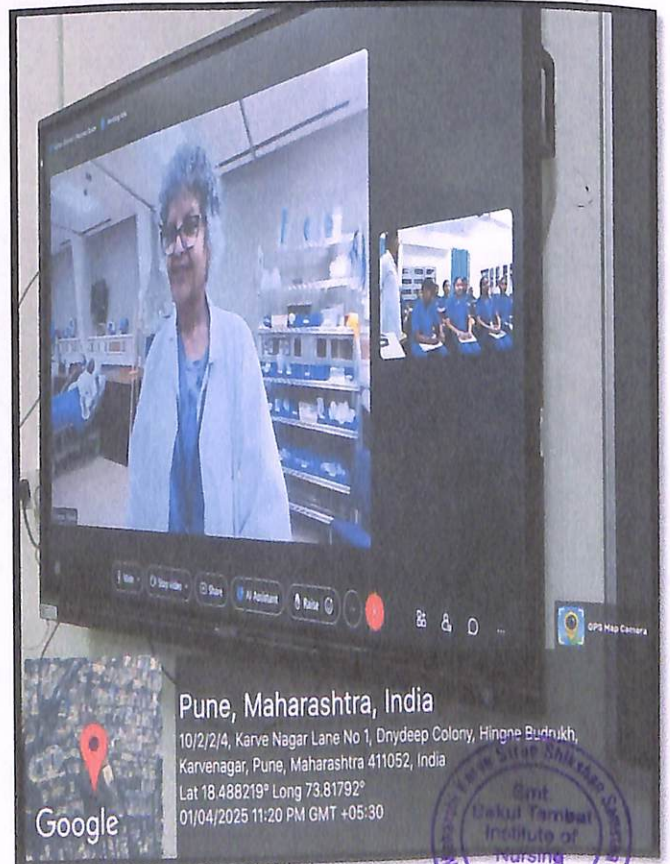
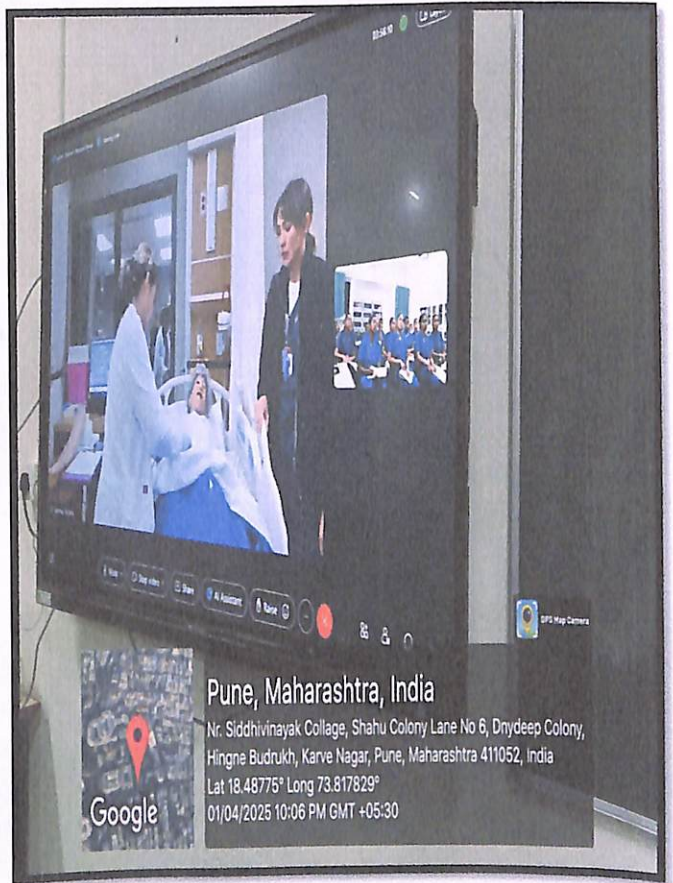
4th March 2025





18th March 2025





1ST April 2025





GROUP PHOTOS OF STUDENTS ALONG WITH TEACHERS

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.

**REPORT
ON
INTERNATIONAL
RESEARCH DEVELOPMENT
CONFERENCE**

(Date- 3rd & 4th March 2025)





**International Research Development
Conference on
Advancing Research Excellence:
Strategies for High-Quality Publications
3rd and 4th March 2025**

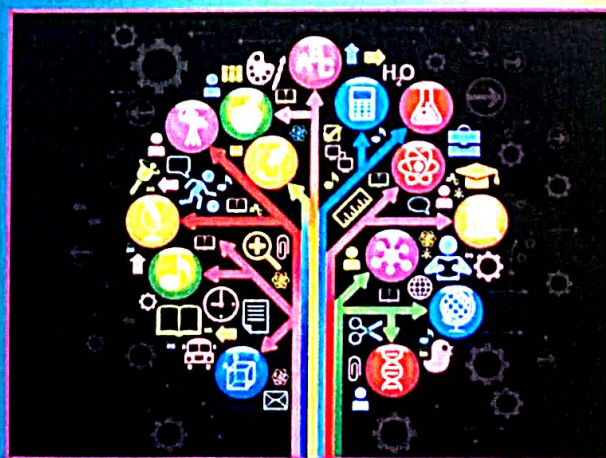
**Organized by
MKSSS Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune-52**

NAAC 'A' Grade Accredited

Email:- confbtne@gmail.com, btne@maharshikarve.org

Phone: +918847788190, +917499332095

Website: www.mksssbttne.ac.in



Venue

**KB Joshi IT Hall,
MKSSS's Cummins Engineering College
Campus, Gate No. 5, Karvenagar,
Pune- 411052**

"Women's empowerment through education"



MKSSS:

Maharshi Karve Stree Shikshan Samstha, our parent body has been committed to "Empowerment of Women through Education" for over a century. Maharshi Karve Stree Shikshan Samstha was founded by the great visionary and social worker Bharat Ratna Maharshi Dhondo Keshav Karve in 1896. The Samstha runs 75 branches with 14 higher education institutes giving education to 32000+ girl students in various branches. It has maintained the standard of quality of education with a transparent administration.

Memorandum of Understanding:

MKSSS Pune India and Mid Sweden University, Sweden has a MoU for the purpose of scholarly interaction, cultural interchange, co-operative research and other forms of academic collaboration. This conference is a part of the MoU activity.

MKSSS BTINE:

The Maharshi Karve Stree Shikshan Samstha's Smt. Bakul Tambat Institute of Nursing Education started on the campus of the Samstha in Pune in August 2000. The institute is committed to "Developing Conscientious, Confident, and Caring Quality Professionals of International Repute". The Institute is approved by the Indian Nursing Council, Delhi, Maharashtra Nursing Council, Mumbai, Government of Maharashtra, and Maharashtra University of Health Sciences, Nashik. The Institute is accredited with NAAC 'A' Grade. The Institute runs ANM, GNM, B.Sc. Nursing, P.B.B.Sc Nursing, M.Sc. Nursing and Ph.D. in Nursing. Clinical learning is conducted in the parent hospital i.e. Deenanath Mangeshkar Hospital Pune. The institute is celebrating Silver Jubilee year for its 25 years of excellence.



The objectives of the conference:

1. To emphasize the significance of publishing a research article and its impact on professional growth.
2. To guide the researchers in the effective drafting of research articles.
3. To educate the researchers on citation metrics, impact factors, h-index, ethical publishing practices, and identification of predatory journals.
4. To understand the need for open-access publication.
5. To guide researchers in crafting compelling abstracts and titles for publications.
6. To equip the researchers with strategies to handle peer review feedback and craft suitable responses to reviewer comments effectively.
7. Dwell in the steps of publishing research articles in high-impact journals.

MKSSS Patrons



Shri. Ravindra Gajanan Deo
Chairman,
MKSSS, Pune.



Smt. Vidya Sanjay Kulkarni
Vice Chairman,
MKSSS, Pune.



Dr. P.V. S. Shastry
Secretary,
MKSSS, Pune.



Dr. Manju Hundekar
Director Development Cell,
MKSSS, Pune.

Organizing Committee



Organizing Chairman
Dr. Meena Ganapathy, Principal,
MKSSS BTINE, Pune.



Organizing Secretary
Mrs. L. Bijayalakshmi,
Professor, Ph.D. scholar,
MKSSS BTINE, Pune.



Dr. Koustuv Dalal, Mid
Sweden University, Sweden.
Editor-in-Chief, Springer
Nature.

Resource Persons



Dr. Sachin Sarode
Research Director, Dr. D. Y. Patil
Vidyapeeth, Pune.



Dr. Dilip Kanhere
Professor, Center for modeling
and simulations, S P Pune
University.



Dr. Shridhar Gadre
Professor, S P Pune University.



Dr. Shubhada Nagarkar
Professor, Department of Library and
Information Science, S P Pune University.



Dr. Vasudha Gokhale
Professor and HOD PhD Research
Centre, MKSSS BNCA, Pune.



Dr. Amita Pradhan
Librarian at MKSSS'S BNCA,
Karvenagar, Pune.

Conference Schedule

1st day: 03.03.2025		
Time	Topics	Resource persons
9:00 am - 9:15 am	Registration & Pretest	
9:15 am -10:45 am	Keynote address: The importance of publishing academic research.	Dr. Sachin Sarode Research Director, Dr. D. Y. Patil Vidyapeeth, Pune.
10:45 am – 11:00 am	Tea break	
11:00 am – 12.30 pm	Structuring an effective research paper.	Dr. Dilip Kanhere Professor, Centre for Modelling and Simulations, S P Pune University.
12:30 pm - 1:30 pm	Lunch break	
1:30 pm - 4:00 pm	Publication ethics, plagiarism, research metrics and, identifying predatory journals.	Dr. Shubhada Nagarkar Professor, Department of Library and Information Science, S P Pune University.
4:00 pm – 4:30 pm	Open-access publication: Need of the day.	Dr. Amita Pradhan Librarian, MKSSS'S BNCA, Karvenagar, Pune.
2 nd Day: 04.03.2025		
Time	Topics	Resource person
9:00 am -10: 30 am	Writing an effective abstract & title: Practical session.	Dr. Vasudha Gokhale Professor, HOD PhD research centre, MKSSS BNCA, Pune.
10:30 am – 10:45 am	Tea break	
10:45 am – 12:15 pm	The peer review process.	Dr. Shridhar Gadre Professor Department of Chemistry, S P Pune University.
12:15 pm - 1:00 pm	Lunch break	
1:00 pm - 4:00 pm	How to publish your research in a high-quality journal?	Dr. Koustuv Dalal, Professor, Economics, Mid Sweden University, Editor-in-Chief, Springer Nature.
4:00 pm – 4:30 pm	Valedictory and Post-test	

Registration Details

- **Registration fee- 1000 Rs. (for offline participants)**
- **Registration fee- 500 Rs. (for online participants)**
- **The last date of registration is 25th February 2025**
- **Registration fees include a registration kit, tea, and a working lunch.**
- **Initiate the payment and keep the payment receipt scan copy.**
- **<https://forms.gle/eTXrh2h9iBtLiLvL8>**
- **Participants: Ph.D. Faculty, M.Sc. faculty, Ph.D. Scholar and M.Sc. (N) students.**

- **Bank Details:**

Bank Name: Canara Bank

Bank Account Name: Smt. Bakul Tambat Institute of Nursing Education

Bank Account No. 53392010044961

Bank Account Type: Savings account

Bank IFSC Code: CNRB0015339

Bank Branch Name: Karvenagar, Pune

- **Registration Committee:**

1. **Mrs. Ashwini Sutar - 9850771785** (ashwini.sutar@mksssbtime.in)

2. **Mrs. Jyoti Karande - 9850140007** (jyoti.karande@mksssbtime.in)

- **For any queries contact:**

Mrs. L. Bijayalakshmi - 9225504086 (bijayalakshmi@mksssbtime.in)



**MAHARSHI KARVE STREE SHIKSHAN SAMATHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 411052.**

**International Research Development Conference
“Advancing research excellence: Strategies for high quality publications”**

Date- -3rd to 4th March 2025

Time- 9:00 am to 5:00 pm

Venue- KB Joshi IT Hall, MKSSS Cummins Engineering college campus.

The Two-Day International Research Development Conference on Advancing Research Excellence: Strategies for High-Quality Publications was successfully organized by Maharshi Karve Stree Shikshan Samatha's Smt. Bakul Tambat Institute of Nursing Education under our Samstha's MoU activity with Mid Sweden University. The conference aimed to provide academicians, researchers, and scholars with valuable insights into effective research publication strategies, manuscript writing, and ethical considerations in academic publishing. To achieve our objectives, we carefully selected renowned scientists and researchers from various fields to deliver insightful addresses to the delegates. We are delighted to announce that the conference witnessed enthusiastic participation from delegates across various parts of Maharashtra and India. A total of 82 participants attended in person, while 97 participants registered for the online sessions.

On the first day, March 3rd, 2025, the International Conference commenced with an introduction delivered by Mrs. L. Bijayalakshmi Devi, Professor at MKSSS BTINE. This was followed by a warm welcome address by Dr. Meena Ganapathy, Principal of BTINE and Organizing Chairperson of the conference, who also officially inaugurated the theme of the event.

The **first session** featured a keynote address on the Importance of Publishing Academic Research by Dr. Sachin Sarode, Research Director, Dr. D. Y. Patil Vidyapeeth, Pune. He shared his journey from a novice researcher to the Director of a university research cell, emphasizing that success follows capability. He highlighted the importance of passion, focus, writing skills, and patience in research. Additionally, he discussed key strategies for enhancing writing skills and selecting high-quality journals.

**MAHARSHI KARVE STREE SHIKSHAN SAMATHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 411052.**

International Research Development Conference

"Advancing research excellence: Strategies for high quality publications"

Session 2: Structuring an effective research paper. By Dr. Dilip Kanhere Professor, Center for modeling and simulations, S.P. Pune University. Dr. Kanhere emphasized that quality research leads to quality outcomes. Drawing from his expertise, he guided participants through the entire research process from conducting studies to publishing articles. He stressed the importance of clear research questions, well-defined objectives, and a systematic, comprehensive, and investigative approach. He also highlighted that research and publication are achievable for anyone with the dedication and capability to pursue them.

Session 3: Publication Ethics, Plagiarism, Research Metrics, and Predatory Journals – Dr. Shubhada Nagarkar Professor, Department of Library and Information Science, S P Pune University. Dr. Nagarkar provided valuable insights into publication ethics, plagiarism prevention, and research metrics, including citation index, h-index, and impact factor. She also guided participants on identifying predatory journals and understanding the criteria of Scopus, Web of Science, and other quality journal metrics, emphasizing ethical publishing practices.

Session 4: Open-access publication: need of the day. (Dr. Amita Pradhan) Librarian at MKSSS'S BNCA, Karvenagar, Pune. Dr. Pradhan provided valuable insights into open-access publishing, explaining its various types and the difference between paid and free access papers, offering a deeper understanding of the evolving academic publishing landscape. Each session was followed by an engaging discussion between the resource person and delegates, both offline and online, fostering insightful exchanges and deeper understanding.

Day 2

Session 1: Dr. Vasudha Gokhale Professor and HOD PhD Research Centre, MKSSS BNCA, Pune on Writing an Effective Abstract & amp. Title. Madam has discussed regarding the key qualities of a well-crafted abstract and title, practical strategies for making them impactful, and hands-on exercises to complete.

Session 2: by Dr. Shridhar Gadre Professor, S P Pune University, on The Peer Review Process – How to Respond to Reviewers. He guided us how to effectively review a research paper, how

**MAHARSHI KARVE STREE SHIKSHAN SAMATHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 411052.**

International Research Development Conference

"Advancing research excellence: Strategies for high quality publications"

to accept and address reviewer comments, and how to refine and strengthen a manuscript based on feedback.

Session 3: was on How to publish your research in a high-quality journal? By Dr. Koustuv Dalal from mid Sweden university. Dr. Dalal has discussed how to structure a manuscript, select the right journal, meet publication standards, and navigate the peer-review process, which had been truly enlightening. Each session was followed by an engaging discussion between the resource person and delegates, both offline and online, fostering insightful exchanges and deeper understanding.



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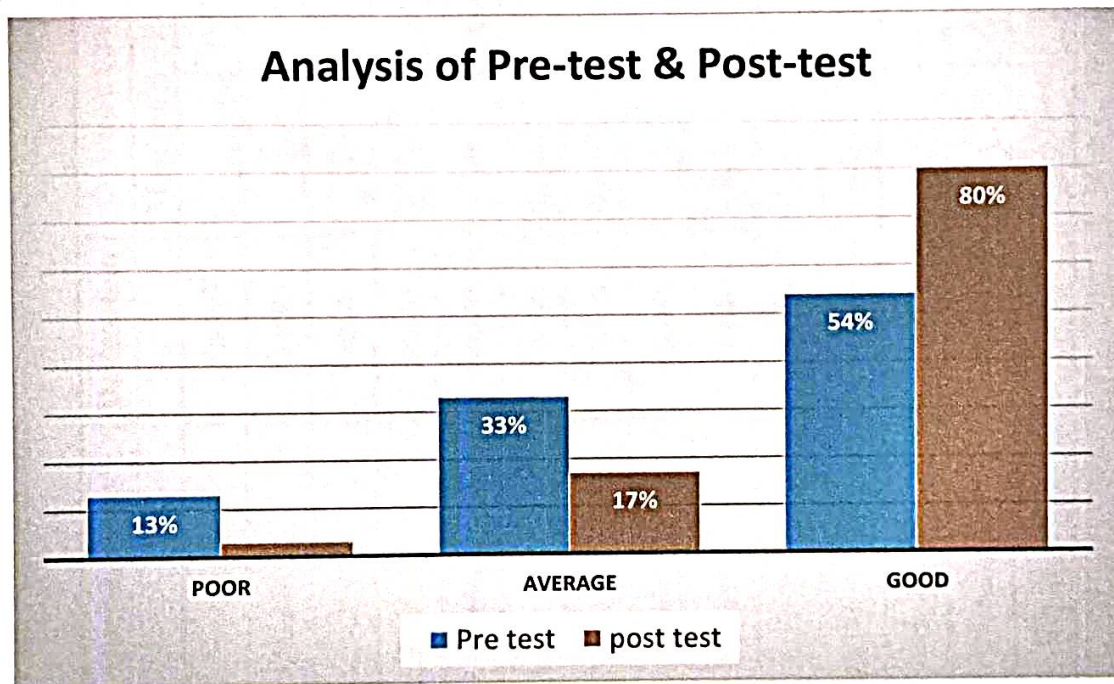
**Maharshi Karve Stree Shikshan Samstha's
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**MAHARSHI KARVE STREE SHIKSHAN SAMATHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 411052.**

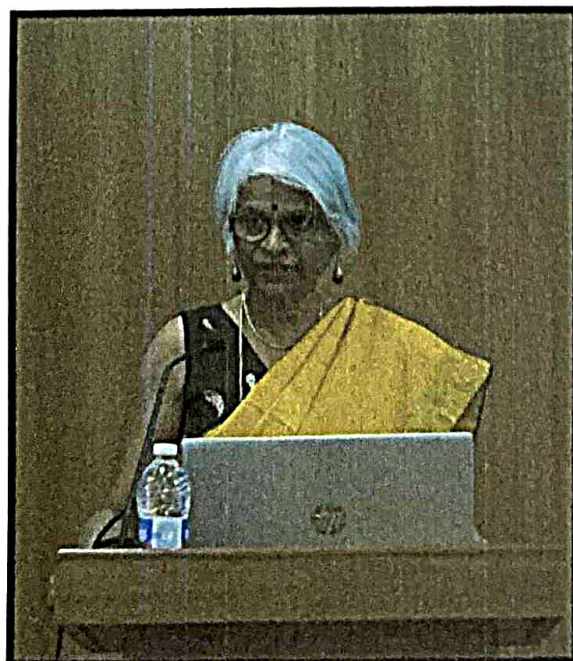
International Research Development Conference

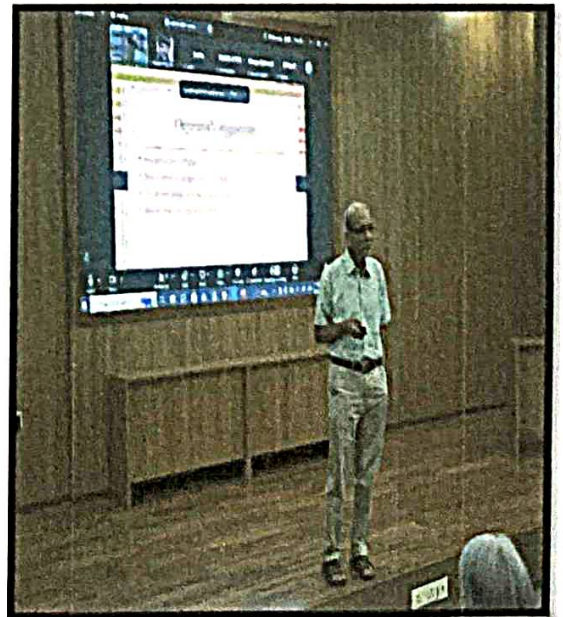
“Advancing research excellence: Strategies for high quality publications”

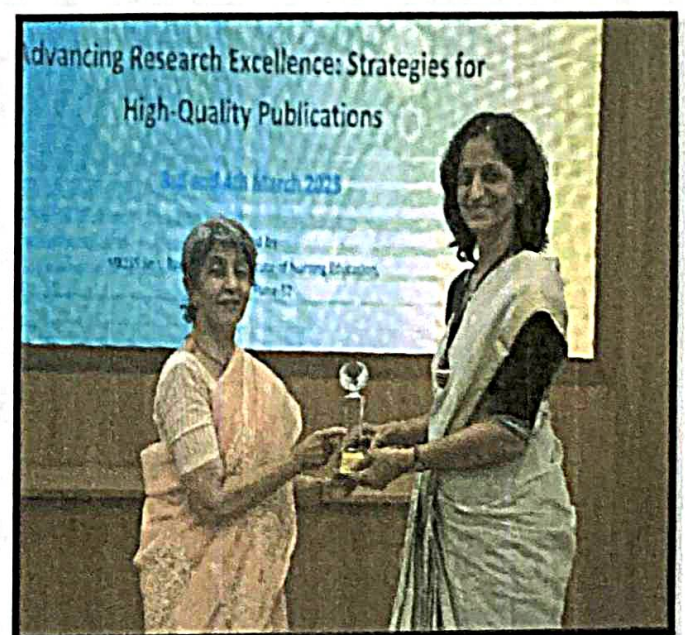
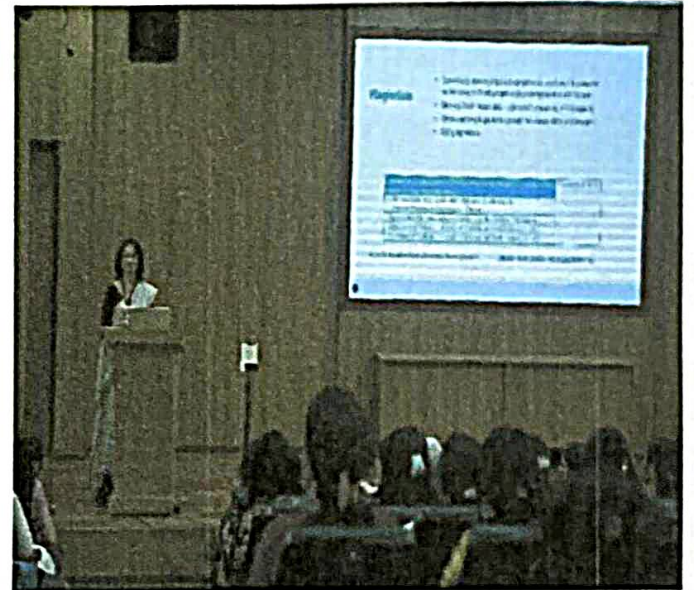
Analysis of Pre-test & Post-test

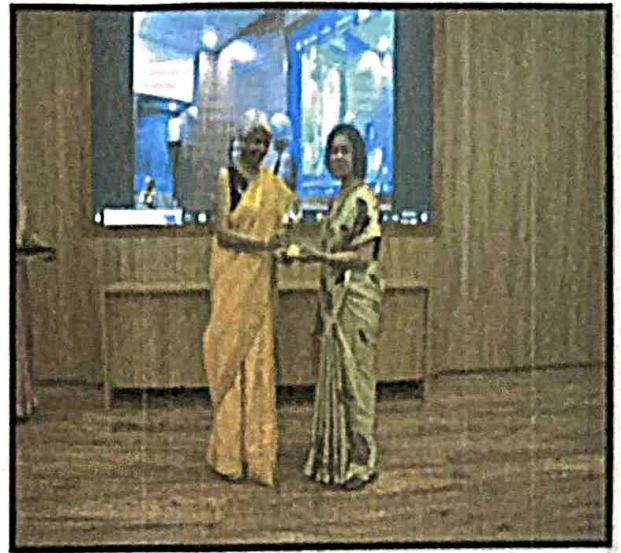


DAY 1- REGISTRATION, INAUGURATION FOLLOWED BY SESSIONS



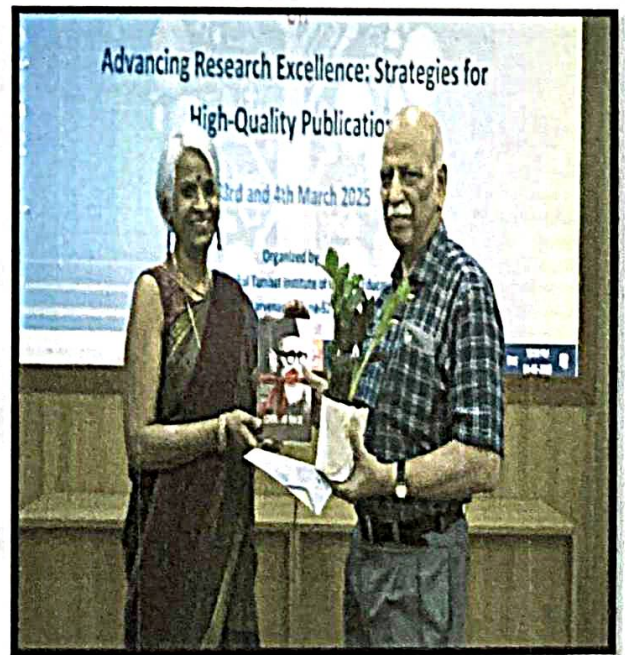






SESSIONS OF DAY 2







VALEDICTORY SESSION





RECEIVING FEEDBACK FROM DELEGATES



DISTRIBUTION OF CERTIFICATES



**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.**

**REPORT ON
BASIC COUNSELLING TRAINING ON
CONSTRUCTIVE LEADERSHIP FOR
AN INCLUSIVE ENVIRONMENT**



MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 411052

Mental Health Nursing Department
cordially invites you to attend

Basic Counselling skill: Constructive Leadership for Inclusive Environment



Date: 5, 8, 11, 15, 23rd April 2025
Time: 3:00 - 6:00 pm
Venue: Conference room, MKSSSBTINE, Pune

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.**

**BASIC STUDENT COUNSELLING TRAINING
CONSTRUCTIVE LEADERSHIP FOR AN INCLUSIVE ENVIRONMENT**

Date- April 2025

Time- 3:00 to 6:00 pm

Venue- Conference room, MKSSSBTINE

Counselling is a professional, collaborative process that empowers individuals to achieve mental, emotional, and psychological well-being. Counselling training is the structured education and practical experience provided to individuals aspiring to become counsellors or enhance their interpersonal skills. This training encompasses various theoretical approaches, ethical guidelines, and practical techniques aimed at understanding and supporting people through personal challenges and life transitions. The goal of student counselling training is to equip individuals with the skills needed to support others and to foster self-awareness, empathy, and effective communication. Hence, the sessions were organized by the mental health nursing department under the guidance of Principal Madam Dr Meena Ganapathy.

First session conducted by Principal Madam with an introduction to the theme. Madam focused on the need for students, which is essential in today's educational system, where academic pressure, emotional stress, peer pressure, and life transitions deeply impact students' mental and emotional well-being. Madam further explored that counselling training for teachers can support students effectively, creating a healthier, more supportive learning environment. Counsellors can identify early signs of distress and intervene before problems escalate. Counsellors are equipped to deal with students from diverse backgrounds, including those facing socio-economic challenges, identity issues, or trauma, fostering inclusivity and safety. Students learn to manage emotions, build healthy relationships, boost self-confidence, develop decision-making skills, and develop conflict-resolution skills.

The second session was on counselling styles and techniques- listening by Mrs Bijayalakshmi Devi. She introduced the overall approach or method a counsellor uses, such as:

- **Humanistic (Person-centered) Counselling** – Focuses on empathy, unconditional positive regard, and active listening.
- **Cognitive-Behavioral Therapy (CBT)** – Structured and goal-oriented, focusing on thoughts and behaviors.
- **Psychodynamic Counselling** – Explores unconscious patterns and past experiences.
- **Solution-Focused Brief Therapy (SFBT)** – Concentrates on solutions rather than problems, using goal-directed conversation.

Madam further discussed that Listening is a Core Counselling Technique. Each style integrates listening as a fundamental technique. Listening in counselling is not just about hearing words—it's about being fully present and understanding the client's message on multiple levels: emotionally, mentally, and non-verbally. She discussed in detail the types of listening in counselling:

1. **Active Listening:** The counsellor fully concentrates, responds, and remembers what the client is saying. It involves: eye contact, nodding, verbal affirmations like “I see,” “Go on...”, summarizing, and paraphrasing to confirm understanding
2. **Reflective Listening:** Involves repeating or paraphrasing the client's words to show understanding and encourage deeper expression.
3. **Empathic Listening:** Going beyond words to understand the client's emotions and point of view, without judgment.

The third session was on Stages of Counselling by Mrs Bijayalakshmi Devi, which typically follows a structured process divided into 3 stages to ensure effective support and progress for the client. Hands on training with practice sessions were included in pairs.

1. Initial Stage (Rapport Building & Assessment)

- Establish trust and a safe environment
- Clarify the counselling process and confidentiality
- Gather basic information and understand the client's concerns
- Set initial goals

2. Middle Stage (Working Phase)

- Explore issues in depth
- Apply relevant counselling techniques or interventions
- Encourage self-reflection and emotional expression
- Work toward goals, problem-solving, or behavior change

3. Final Stage (Termination & Follow-up)

- Review progress and highlight growth
- Discuss remaining concerns or questions
- Prepare for the end of counselling
- Offer referrals or follow-up if needed

Mrs Bijayalakshmi Devi discussed different approaches that offer unique perspectives and techniques, depending on the client's needs and the counsellor's training.

1. Person-Centered (Humanistic) Approach

- Developed by Carl Rogers
- Focuses on empathy, unconditional positive regard, and congruence
- Believes in the client's capacity for self-healing and growth

2. Cognitive-Behavioral Therapy (CBT)

- Focuses on identifying and changing negative thought patterns and behaviors
- Structured, goal-oriented, and often short-term
- Effective for anxiety, depression, and stress-related issues

3. Psychodynamic Approach

- Based on Freud's theories
- Explores unconscious conflicts, early childhood experiences, and emotional patterns
- Aims for deep self-awareness and resolution of inner conflicts

4. Solution-Focused Brief Therapy (SFBT)

- Emphasizes strengths and solutions rather than problems
- Focuses on the present and future, not the past
- Useful for short-term, goal-driven counselling

5. Behavioural Approach

- Based on learning theories (e.g., classical and operant conditioning)
- Focuses on changing harmful behaviors through reinforcement and modeling

The fourth session was on Dos and Don'ts of Counselling by Mrs Shital Padalkar. She explained in detail, as listen actively, maintain confidentiality, show empathy and respect, be non-judgmental, build trust and rapport, stay professional and ethical, encourage self-exploration, be culturally sensitive, be honest and transparent, know your limits, referral, documentation, etc. Regarding don'ts, she informed that don't interrupt or dominate, don't judge or criticize, don't make assumptions, don't offer quick fixes or advice, don't cross professional boundaries, don't

disregard emotions, don't rush the process, don't breach confidentiality, don't pretend to know everything, don't ignore non-verbal cues.


The last session on Counselling – Goal setting, Intervention, confrontation, Evaluation, and Termination by Mrs Bijayalakshmi Devi. Madam discussed that goal setting is the process of identifying and defining clear, measurable objectives that the client hopes to achieve through the counselling process. The goal should provide focus, motivation, accountability, empowerment, measure progress, and further add the steps in goal setting. She has given practical experience by giving scenarios. She concluded that using the SMART framework and regularly reviewing goals, student can make measurable steps toward change and improvement.

In counseling intervention, Mrs Bijayalakshmi Devi refers to the strategies and techniques a counsellor uses to help students overcome challenges or achieve personal goals. She discussed about types of intervention- counsellor-centered, client-centered, and eclectic. She added regarding the selection of the intervention. She made faculty experience grounding and interoception. She also added confrontation as a therapeutic technique used carefully and constructively to help clients face discrepancies in their thoughts, feelings, or behaviors. It's about gently challenging the client to increase self-awareness and promote personal growth.

Mrs Bijayalakshmi Devi discussed in brief about psychological first aid as an immediate, supportive intervention for people affected by disaster, trauma, or crises. Its purpose is to reduce initial distress, promote a sense of safety, control and calm, and help individuals begin to recover from a traumatic event through social connection and hopeful.

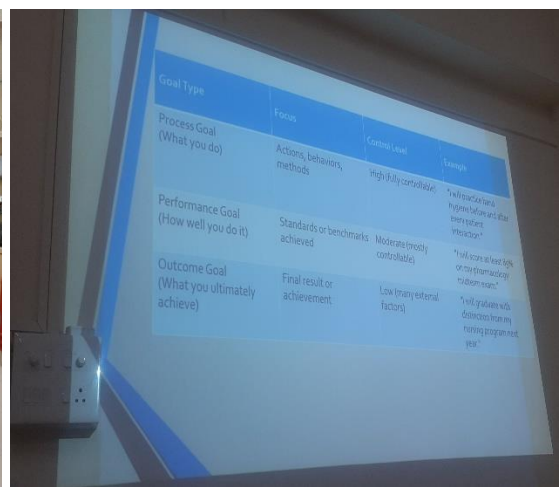
She further informed about Termination and follow-up of counselling as the process of concluding the therapeutic relationship between the counsellor and the client, once the goals of the counselling process have been met, or for other reasons. Proper termination is essential for ensuring the client's well-being and for providing closure and continuity as they transition out of the therapeutic setting. She added on indicators and the process of termination. Principal Madam concluded the session with positive feedback from participants.




PRINCIPAL
MKSSS's Smt. Bakul Tambat
Institute of Nursing Education
Karvenagar, Pune-411 052.

PHOTOS OF STUDENT COUNSELLING SESSION





[Signature]
 PRINCIPAL
 MKSSS's Smt. Bakul Tambat
 Institute of Nursing Education
 Karvenagar, Pune-411052.



MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 411052




CERTIFICATE OF ATTENDANCE

This certificate has been awarded to

Mrs. Shital Ganesh Padalkar

for attending the sessions on Basic Counselling Skill: Constructive
Leadership for Inclusive Environment (16 credit hrs) on 5th, 8th,
11th, 15th and 23rd April 2025 at the MKSSSBTINE, Pune


MRS L BIJAYALAKSHMI DEVI
ORGANIZER
MKSSSBTINE, PUNE


DR MEENA GANAPATHY
PRINCIPAL
MKSSSBTINE, PUNE

REPORT ON
POSHAN
PAKHWADA
2025

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S,
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION,
KARVENAGAR, PUNE- 52
POSHAN PAKHWADA 2025**

Date: 08/04/2025 to 22/04/2025

ORGANIZER'S: Mrs. Ashwini Bhosale, Mrs. Shital Chirke.

INTRODUCTION

The Women and Child Development Ministry is celebrating "Poshan Pakhwada" 2025 to promote nutrition awareness, improve health outcomes, and empower communities. This initiative is part of Mission Poshan 2.0, which focuses on reinforcing community engagement processes and fostering the empowerment of both individuals and communities.

7th edition of Poshan Pakhwada is being organised from 8th April to 22nd April 2025.

Poshan Abhiyan aims to promote a healthy and nutritious diet among children and women with the blend of technology and tradition.

- Poshan Pakhwada 2025 focuses on the first 1,000 Days of child's life as it is a critical period for child development.
- Use of technology - Poshan Tracker enables real-time monitoring of nutrition services at Anganwadi Centres.
- Beneficiaries can now self-register via the Poshan Tracker Web App for improved access.
- Community-Based Management of Acute Malnutrition (CMAM) Protocol helps in early detection and community-based management of malnutrition.
- Poshan Pakhwada also focuses on childhood obesity by promoting healthier food choices.



ACTIVITY :-1

- On occasion of “Poshan Pakhwada” celebration on 9th April 2025, our college 1st year GNM students under guidance of Mrs. Ashwini Bhosale and Mrs. Shital Chirke madam, conducted health education related Nutrition topics in Karvenagar anganwadi, in presence of antenatal mothers, Under five children's and their parents, Anganwadi sevika.
- In that student given all information regarding nutrition topics and this programme was completed successfully.
- Our students covered following topics related nutrition: -
 - 1) Balance diet
 - 2) Protein rich diet
 - 3) Diet in anaemia
 - 4) Malnutrition
 - 5) Diet in Pregnancy

ACTIVITY :-2

- On occasion of “Poshan Pakhwada” celebration on 10th April 2025, our college ANM students under guidance of Mrs. Shital Chirke madam, conducted health education to antenatal mothers related to ANC care topics in Sutar hospital.
- Our students covered following topics related nutrition: -
 - 1) ANC care
 - 2) Importance of breast feeding
 - 3) Diet in anaemia
 - 4) Weaning
 - 5) Postnatal care
 - 6) Balance diet

ACTIVITY :-3

- On occasion of "Poshan Pandharwada" celebration on 17th April 2025, our college ANM students under guidance of Mrs. Shital Chirke madam and Ashwini Bhosale conducted rally regarding awareness related to obesity in children and importance of Balance diet in Karvenagar, Anganwadi area.
- On 17th April 2025, lecture planned on "Poshan tracker App" by Anganwadi sevika for our ANM students. In that they Mrs. Barve madam given information regarding Poshan track app.

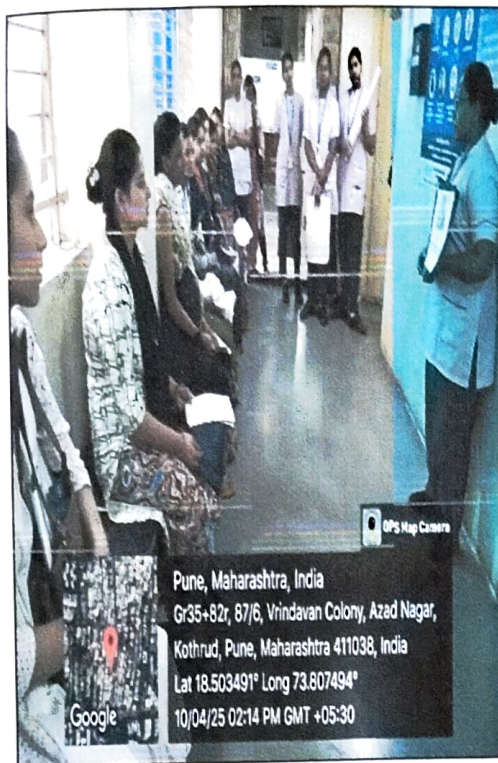


A handwritten signature in black ink, appearing to read "J. Mune".

PRINCIPAL

**Maharshi Karve Stree Shikshan Samstha's
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Karvenagar, Pune-411052.**







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KARVENAGAR, PUNE- 411052

REPORT ON STUDENTS EXCHANGE PROGRAM 2025-2026



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 411052
REPORT ON STUDENT EXCHANGE PROGRAMME**

Date: 25/06/2025

Day: Monday

Time: 09:00am To 10:00am

Venue: MKSSS BTINE Karvenagar, Pune-411052

Collaborating Institute: DES College of Nursing, Pune

TOPIC: *Enhancing Proficiency in University Practical Examinations*

Organized by: Faculty of Nursing (FON) Department

1. Dr. Meena Ganpathey (Chairperson)
2. Dr. Shubhada Ponkshe (HOD)
3. Mrs. Jyoti Karande (Member)
4. Ms. Ashwini Lande (Member)
5. Ms. Nutan Waghela (Member)
6. Ms. Deepika Gawali (Member)

ABOUT THE PROGRAMME

This student exchange programme aims to foster shared learning and cross-institutional dialogue to enhance students' proficiency and confidence in university practical examinations.

Participants will exchange insights on assessment formats, preparation strategies, and skill demonstration while reflecting on common challenges and solutions.

OBJECTIVES:

1. To explore evaluation formats and criteria for the practical examination.
2. To enable the students to practice in a variety of settings to increase adaptability and confidence.
3. To facilitate the exchange of ideas among students to improve practical examination designs.

4. To encourage discussion on key aspects such as preparation, stress management, fairness, and examiner calibration.

Introduction:

The Faculty of Nursing (FON) Department conducted a Student Exchange Program on 25th July 2025 from 10:00 AM to 12:00 PM in collaboration with MIT College of Nursing, Latur With The consent of Mr. S.S Saravanan, principal of MIT College of Nursing, Latur. The session aimed to promote mutual learning, exchange of academic practices, and the development of essential professional skills among nursing students.

The program began with a welcome address and introductory note by **Dr. Shubhada Ponkshe**, who highlighted the objectives of the exchange initiative and the importance of inter-institutional collaboration in nursing education. Mr. Santosh kumar, Associate professor MIT College of Nursing, Latur, introduced himself and his students for students exchange program.

Session Highlights:

The session included:

- **Discussion:** Open discussion between students and faculty from both institutions regarding anxiety amongs students during practical examination and interaction with patients.
- **Ideas Exchange:** Sharing of learning methods, clinical experiences, and innovative teaching strategies, explaining clinical formats, internal & external examiner evaluation formats. Ms. Ashwini Lande shared her experience during clinical posting.
- **Interactive Questioning:** Students actively asked questions related to nursing practices and academic requirements, students problems like time management during OSCE.
- **Doubt Clarification:** Faculty and students addressed various queries related to clinical skills and examination formats.

Key Discussion Points for Students:

1. Self-Presentation:

Students practiced and discussed the importance of presenting themselves professionally in clinical and academic settings, including dress code, confidence, and verbal communication.

2. Communication Skills:

Emphasis was placed on verbal and non-verbal communication in clinical environments, including patient interaction, teamwork, and assertiveness.

3. Demonstration Skills for Procedures:

The session included a discussion on demonstrating clinical procedures with precision and adherence to protocols, along with peer feedback and sharing of best practices.

4. University Formats and Practical Examination Criteria:

Students reviewed the university's formats and evaluation criteria for practical examinations, including skill checklists, documentation standards, and examiner expectations.

Conclusion:

The Student Exchange Program was a productive initiative that fostered collaboration, professional development, and mutual understanding between students of FON and DES College of Nursing. The interactive session allowed participants to enhance their academic and clinical competencies, and gain insight into diverse educational approaches.

The FON department expressed gratitude to all participants and reiterated its commitment to organizing more such programs in the future to support holistic nursing education.



Sign of HOD



Sign of Principal

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Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

STUDENT EXCHANGE PROGRAMME PHOTOS





Pune, Maharashtra, India

10/2/2/4, Karve Nagar Lane No 1, Dnydeep Colony, Hingne
Budrukh, Karvenagar, Pune, Maharashtra 411052, India
Lat 18.488192° Long 73.817995°
25/07/2025 10:27 AM GMT +05:30

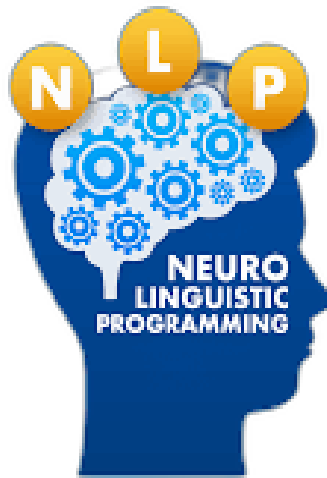


Pune, Maharashtra, India

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Budrukh, Karvenagar, Pune, Maharashtra 411052, India
Lat 18.488161° Long 73.818064°
25/07/2025 10:04 AM GMT +05:30

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune – 411052.**

Faculty Development Program **on** **Neuro Linguistic** **Programming**





Committed to developing "Conscientious, Confident & Caring quality nursing professionals"

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S

Smt. Bakul Tambat Institute of Nursing Education

(Affiliated to MSBNPE, MNC, MUHS & INC, NAAC Accredited)



Reg. No. ~~352~~ BTINE/2025

Date: 19/07/2025

To,

All faculty and staff,

MKSSSBTINE, Pune-52

This is to inform you that, there will be Nursing Faculty Development Program on "Neuro-Linguistic Programming (NLP)" in our institute. This program will be for duration of 15 days i.e. 21st to 25th July 2025 and 28th to 1st August 2025 from 11:00 AM to 02:00 PM at MKSSSBTINE, MPH Ground floor Pune-52.

The said venue are booked for the same. Detail program timing and responsibilities are attached for your reference. All concern faculty and staffs are requested to support and take part in timely manner in the program actively.

Kindly acknowledge and do the needful.


Sign of Principal
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**Smt. Bakul Tambat Institute of
Nursing Education**
Karvenagar, Pune-411052.

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune – 411052.**

Report on FDP on NLP 2025

Dates: 21st July to 1st August 2025

Time: 11 am to 2 pm

Mode: Offline

Duration: 30 hrs.

Aim: To equip the participants with practical NLP tools and techniques to enhance emotional well-being, communication, classroom management, and leadership capacity - both in personal and professional contexts.

Objectives:

1. Introduce core concepts of NLP and how they apply to teaching, healthcare, and personal life.
2. Equip faculty with effective tools to manage emotions, influence behaviour positively, and enhance communication with students, peers, and patients.
3. Foster a culture of goal-oriented, reflective, and empathetic leadership in nursing education.

Course content

Session no.	Theme / Module	Key Learning Outcomes
1	Introduction to NLP	Understand how NLP will help in personal as well as professional field.
2	NLP Communication Model	Manage emotional state and change behaviour
3	Rapport Building techniques	Apply techniques to develop trust, enhance classroom dynamics, and enhance interactions with patients
4	Representational Systems	Identify and match sensory language patterns (visual, auditory, kinesthetic) to build deeper connections.
5	Sub-modalities	Discover how small shifts in perception can change habits, reduce anxiety, and increase learning retention.
6	Anchoring Techniques	Create positive state of mind, Achieve excellence, Deal with negative emotions
7	Language Patterns	Use powerful questioning and empowering suggestions to inspire and guide students and self.
8	Goal setting	Use NLP-based goal-setting models for self, students, and institutional goals.
9	Beliefs and Identity Work	Identify limiting beliefs and reframe them into empowering beliefs; align actions with personal and professional identity.
10	Integration and Practice	Practice and apply all techniques in role plays and case scenarios; prepare personal growth plans and action steps.

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Report on FDP on NLP 2025

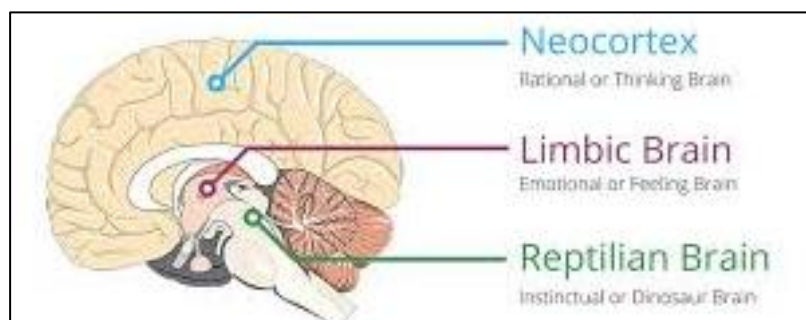
Introduction:

Our institute, MKSSS BTINE, has arranged a 30-hour Faculty Development Programme (FDP) on Neuro-Linguistic Programming (NLP) foundation course in collaboration with MKSSS Baya Karve Women's Study and Research Centre. Neuro-Linguistic Programming (NLP) is a set of techniques and theories that explores the connection between how the mind (neuro), language (linguistic), and behavior (programming) influence each other. Developed in the 1970s, NLP aims to understand and modify patterns of thought and behavior to achieve specific goals, improve communication, and facilitate personal development. It's a controversial field with varying degrees of acceptance, but it's widely applied in areas like communication, personal development, and even therapy.

Day 1:

The day started at 11 a.m. with a 30-minute NLP pre-test. Mrs. Swati Upadhe, Director of Prerana-Ek Kalamancha and Founder & Chief Coach of Path-Pilot, welcomed all participants and gave brief introductions. She opened the session by explaining the brain's structure and its three main parts:

- **Reptilian Brain (Primal/Basal Ganglia):**
Controls essential survival functions like breathing, heart rate, body temperature, balance, and fight-or-flight responses. It is the oldest part of the brain.
- **Limbic System (Paleomammalian Brain):**
Governs emotions, memory, and social behaviors such as fear, anxiety, bonding, and nurturing. It evolved with early mammals.
- **Neocortex (Cortex/Thinking Cap):**
Responsible for higher-order thinking, including abstract thought, language, reasoning, planning, and complex problem-solving. It is the most recently evolved and highly developed in humans.



Mrs. Upadhe emphasized the brain's plasticity, explaining that **“what you use gets stronger, what you don't use gets weaker.”** She introduced neural pathways as networks of connected neurons that carry information between brain and body, highlighting how these pathways strengthen, weaken, or reroute based on experience, learning, or injury.

The day's focus was on how NLP techniques can be applied in both personal and professional settings. The session ended at 2 p.m.

Day 2:

The session resumed at 11 a.m. with a continuation of brain-related topics, emphasizing key characteristics:

- The brain is the body's hardware.
- It operates based on self-concept.
- It governs thinking, movement, balance, and coordination.
- Neural pathways are hardwired, making old habits difficult to change but new ones easier to form.
- The brain responds dynamically to the mind and seeks continual stimulation.

Mrs. Upadhe then introduced the **principles of the unconscious mind**, explaining it:

- Stores memories.
- Follows orders literally.
- Requires repetition to form habits.
- Responds to symbols and associations.
- Provides answers but takes everything personally.
- Cannot process the word “NO.”
- Works predominantly through images.
- Is the domain of emotions.
- Does not distinguish between imagination and reality.
- Holds vast energy and power.
- Regulates body functions.

The session then transitioned to an overview of **Neuro-Linguistic Programming (NLP)**:

- **Neuro:** Pertains to the nervous system and neurological responses, where thoughts and experiences trigger chemical and state changes in the body.
- **Linguistic:** Language is the medium through which we describe and create our experiences.
- **Programming:** Refers to our automatic, learned behavioral patterns which can be consciously changed.

Mrs. Upadhe detailed the origins of NLP, crediting **Richard Bandler and John Grinder**, who developed NLP in the 1970s by modeling successful therapists' communication and behavioral patterns, including those of Fritz Perls. The session concluded at 2 p.m.

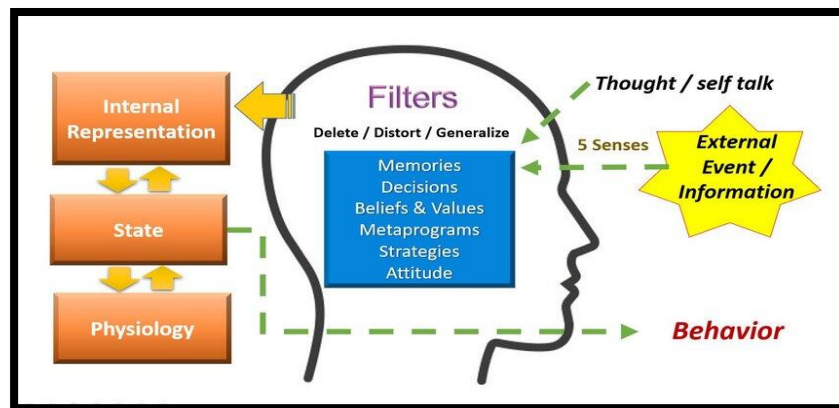
Day 3:

Mrs. Swati Upadhe discussed the **NLP Communication Model**, explaining how people perceive and respond to the world differently. Communication starts with an external event, but everyone filters this through their own **beliefs, values, memories, attitudes, and culture**.

This filtering process involves:

- **Deleting** some information,
- **Distorting** other parts, and
- **Generalizing** based on past experiences.

These filters create an **internal representation**—a personal mental image, sound, or feeling about the event—which influences emotional and physiological states. For example, the same event might excite one person but cause anxiety in another. Our internal state then shapes our behavior, including our words, body language, and actions.



The key insight: **We respond not to reality itself, but to our internal “map” of reality.** As Alfred Korzybski said, “the map is not the territory.” Recognizing this helps improve communication by appreciating that everyone interprets experiences differently. In NLP, understanding these processes enables better rapport-building and facilitates positive change.

Mrs. Upadhe also covered two core NLP principles:

1. **Cause and Effect:**

Understanding and influencing communication and beliefs by identifying linguistic patterns linking events or thoughts to outcomes. This empowers individuals to take responsibility for their experiences (being “cause”) instead of feeling controlled by circumstances (being “effect”).

2. **Limitation/Necessities to Possibilities:**

Transforming limiting beliefs and negative patterns (“necessities”) into empowering goals and positive behaviors (“possibilities”).

Day 4:

The session began with “**How to Build Rapport.**” Mrs. Upadhe defined **rapport** in NLP as a relationship based on trust, harmony, and mutual understanding. Rapport is built by **matching and mirroring** the other person’s verbal and non-verbal cues—including their choice of words, tone, body language, and sensory-related language (e.g., words related to seeing, hearing, or feeling). This alignment fosters connection by entering the other person’s “world” and speaking their language.

She then introduced **Representational Systems** in NLP—how individuals process and store information through their senses:

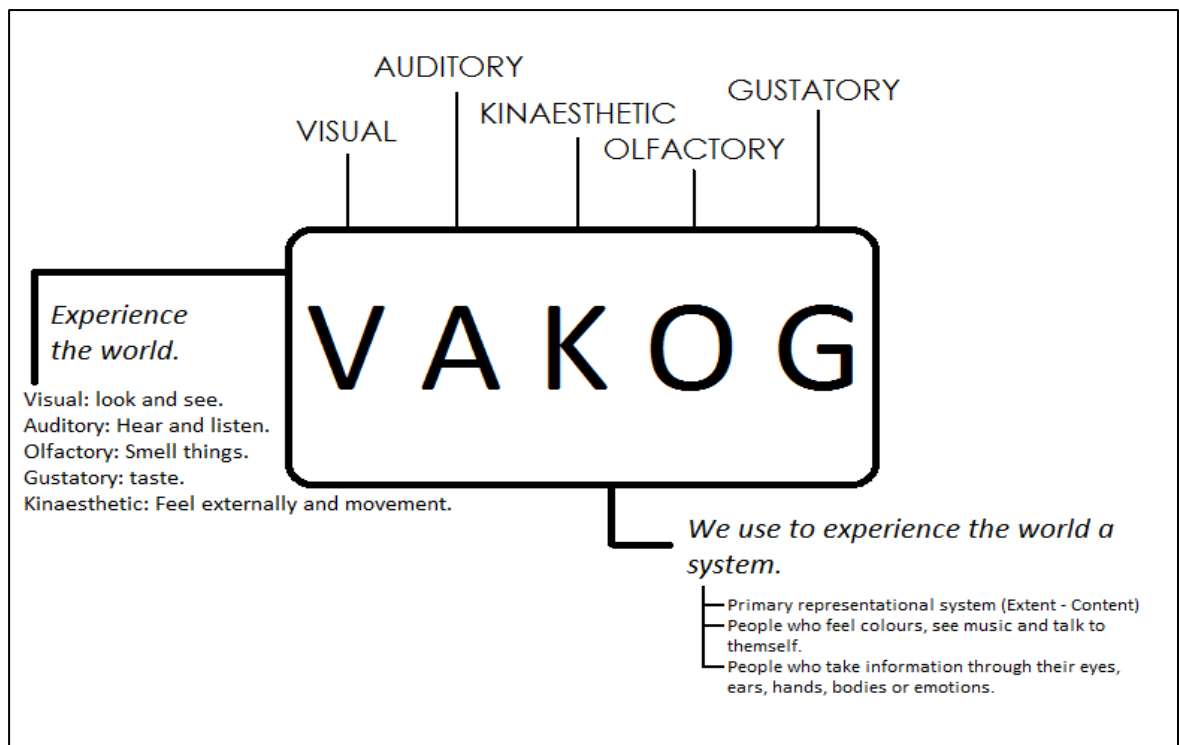
- **Visual:** Seeing
- **Auditory:** Hearing
- **Kinesthetic:** Feeling, touch, emotion
- **Olfactory:** Smell (lesser extent)
- **Gustatory:** Taste (lesser extent)
- **Auditory Digital:** Logical self-talk and abstract thinking

Each person has a dominant representational system, reflected in their word choices (predicates), eye movements, body language, and breathing. Recognizing someone’s dominant system can significantly improve communication and help establish deeper rapport.

Day 5:

Mrs. Swati explained that in NLP, PRS is the sensory modality a person naturally uses most to process information and communicate. This includes:

- **Visual:** Prefers images and visual details.
- **Auditory:** Prefers sounds and auditory cues.
- **Kinesthetic:** Prefers physical sensations, feelings, and touch.
- **Auditory Digital (AD):** Prefers internal self-talk, logic, and reasoning.



Activity:

Participants answered questions on a PPT, selecting options (A/B/C/D) to identify their dominant representational system (Visual, Auditory, Kinesthetic, or Auditory Digital).

Feedback Sandwich Technique:

Mrs. Swati introduced a structured feedback method with four layers:

- **Layer 1 (Base):** What went well? (Specific, generous praise)
- **Layer 2:** What could be even better? (Max 3 feedback points, depersonalized)
- **Layer 3:** Motivation (Genuine verbal praise)
- **Layer 4 (Topping):** Future pacing (Visualization and asking questions)

Activity:

Participants formed three groups to prepare feedback sandwiches on different topics: college students, gulab jamun, and Mrs. Swati's NLP lecture.

Day 6:

Mrs. Swati explained the tips for feedback - sender:

1. Focus on behavior, not personality.
2. Communicate about improvement.
3. Be non-judgmental.
4. Keep it individual.
5. Time it well.
6. Use positive language (feedback sandwich)
7. Be accurate.
8. Be clear and specific.
9. Ensure validity.

Tips for Feedback - Receiver:

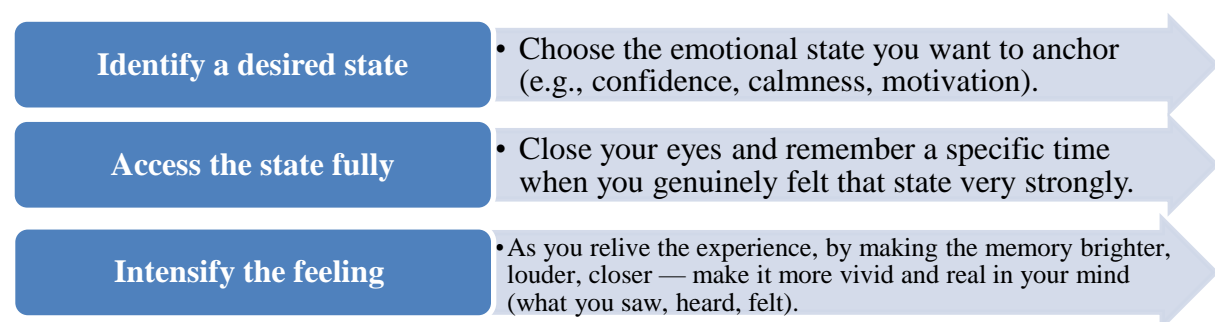
1. Be positive
2. Listen carefully
3. Clarify and check understanding
4. Consult others if needed
5. Implement feedback
6. Explore options
7. Be grateful

Activity:

Participants were divided into groups to list academic goals for students, including mission achievement, happiness, good NAAC results, department quality, alumni engagement, staff satisfaction, and 100% results.

Day 7:

Mrs. Swati explained that **anchoring** in NLP is the process of linking a specific stimulus (the anchor) to an emotional state so that the stimulus can later trigger that state automatically. Anchors can be positive or negative and may be external (like a sound or touch) or internal (a thought or feeling). While we create anchors unconsciously, NLP teaches how to create and use them deliberately.



Keys to Strong Anchors:

1. **Intensity of Experience:** Stronger emotional states form stronger anchors.
2. **Uniqueness:** Anchors must be distinct and specific.
3. **Timing:** Apply the anchor at the peak emotional moment.
4. **Repetition:** Reinforcing the anchor by repeating it embeds it in the nervous system.

Assignment:

Identify positive and negative anchors in your own life.

Neurological Levels (Dilts Model):

Mrs. Swati introduced Robert Dilts' framework for understanding change and behavior through a hierarchy of levels:



- **Environment:** External surroundings affecting you.
- **Behavior:** Your actions and reactions.
- **Capabilities:** Skills you develop to improve behavior.
- **Beliefs & Values:** Internal motivators or limitations.
- **Identity:** Your sense of self, powerful enough to transform all other levels.
- **Mission:** Connection to a larger purpose beyond yourself.

Assignment:

Apply these levels to analyze a specific real-life problem.

Day 8: Milton Model:

Mrs. Swati explained this NLP language model, based on hypnotic language patterns of Milton Erickson, which influences indirectly by bypassing the conscious mind to reach the unconscious mind, facilitating change and rapport.

Key Milton Model Language Patterns:

1. Mind reading
2. Lost performative
3. Cause and effect
4. Complex equivalence
5. Presuppositions
6. Universal quantifier
7. Modal operator
8. Double binds
9. Tag questions
10. Lack of referentials
11. Unspecified verbs
12. Nominalizations
13. Comparative deletion
14. Pacing current experience
15. Conversational postulates

Assignment:

Use these patterns to:

- Motivate students
- Inspire patients
- Advertise a journal

Meta Programs:

Mrs. Swati explained that Meta Programs are deep, unconscious mental filters shaping how we think, decide, and behave. They govern *how* we think rather than *what* we think and are crucial in communication, coaching, therapy, leadership, and team building.

Common Meta Programs:

- Introvert vs. Extrovert
- Thinker vs. Feeler
- Sensor vs. Intuitor
- Judger vs. Perceiver
- Toward vs. Away From

Importance:

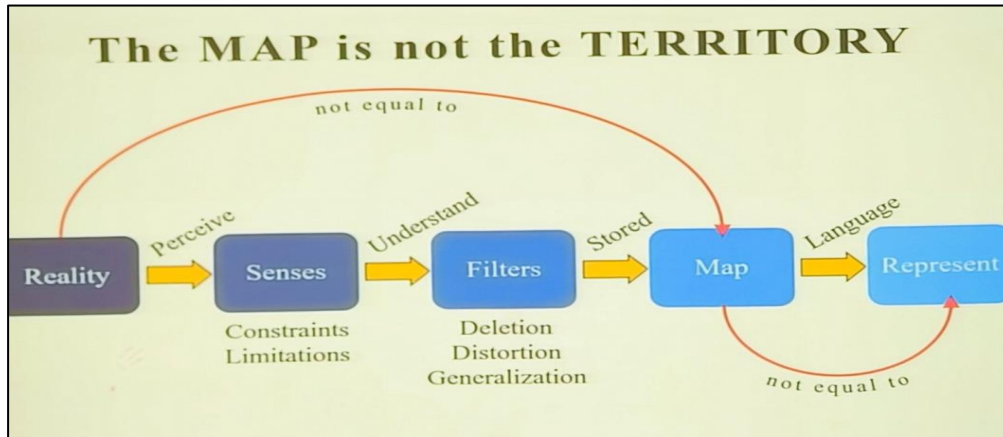
Understanding meta programs increases self-awareness, improves communication, strengthens relationships, and allows behavioral flexibility.

Activity:

Design a teaching class that caters to students with varying meta programs.

Day 9: Meta Programs:

- Mrs. Swati explained unconscious filters guiding how people think, decide, and behave (e.g., Internal vs External Check, Global vs Specific, Sameness vs Difference, etc.).

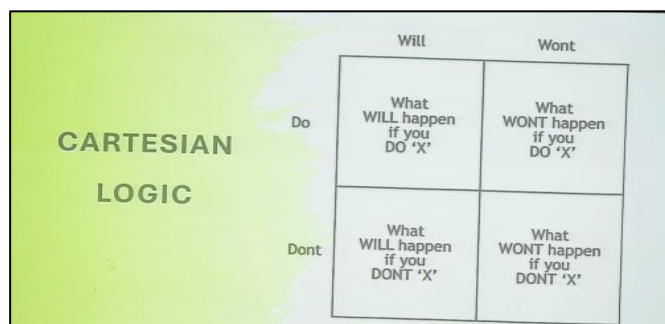


Activity: Groups planned a vacation, cookery show, and festival based on meta programs.

- Prime Concern:** Dominant motivation behind behavior with three stages—Start (begin new), Change (modify), Stop (release).
- Start-Change-Stop Model:**
 - Start: Activate new behaviors (Visualization, Goal Setting)
 - Change: Modify beliefs/behaviors (Reframing, Timeline Therapy)
 - Stop: Let go of limiting patterns (Parts Integration, EFT)
- Meta Model:** Language patterns to clarify vague or limiting statements by addressing Deletion, Generalization, and Distortion.

Day 10:

- Mrs. Swati explained **Descartes' Four Rules for Decision-Making:**
 - Evidence—Base decisions on clear facts.
 - Analysis—Break problems into parts.
 - Order—Solve from simple to complex.
 - Review—Check thoroughly for completeness.
- Cartesian Logic:** Logical, analytical method for problem-solving and decision-making.




A **post-test** was conducted to assess the learning outcomes of the FDP. The test consisted of MCQs, Rating scale and short-answer questions focusing on core NLP concepts, and applications covered during the sessions. The results will indicate a significant improvement in participants' understanding compared to the pre-test, reflecting the effectiveness of the training.

Feedback was collected from participants was overwhelmingly positive, confirming the FDP's success in enhancing faculty knowledge and skills in NLP.

Valedictory session:

The valedictory session marked the successful conclusion of the NLP. Mrs. Swati Upadhye expressed her gratitude towards all participants for their enthusiasm and active engagement throughout the program. The session highlighted key takeaways from the FDP, emphasizing the growing importance of NLP in academic. Certificates of participation were distributed, and participants were encouraged to apply the knowledge gained in their respective fields.

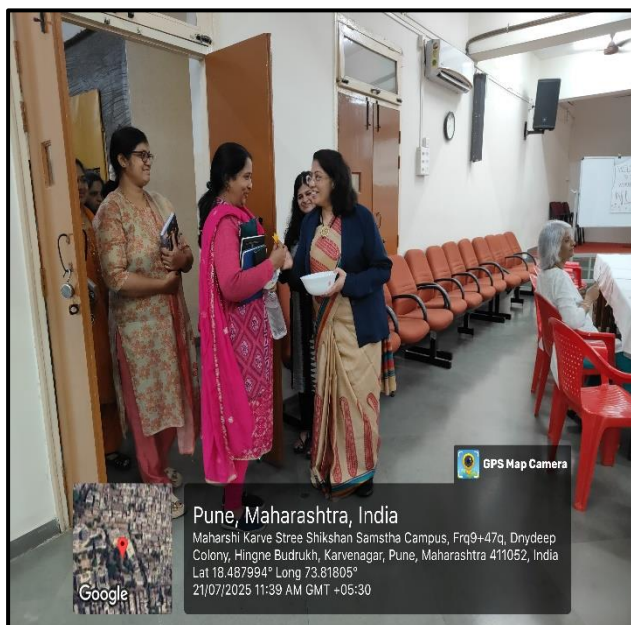



PRINCIPAL
MKSSS's Smt. Bakul Tambat
Institute of Nursing Education
Karvenagar, Pune-411 052.

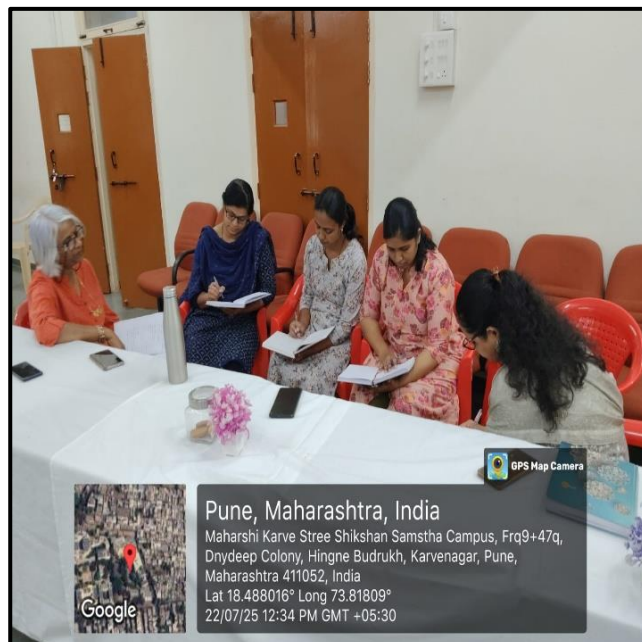
**Maharshi Karve Street Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune-411052.**

FACULTY DEVELOPMENT PROGRAM ON NEURO LINGUISTIC PROGRAM

Day-1 (21/07/2025)



Day -2 (22/07/2025)



Day3-(23/07/2025)



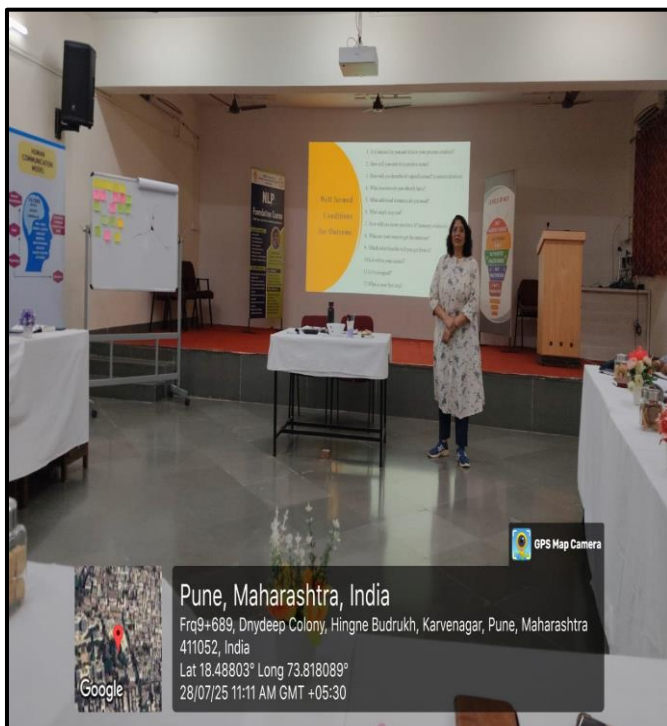
Day 4-(24/07/2025)



Day 5-(25/07/2025)



Day-6 (28/07/2025)



Day-7 (29/07/2025)



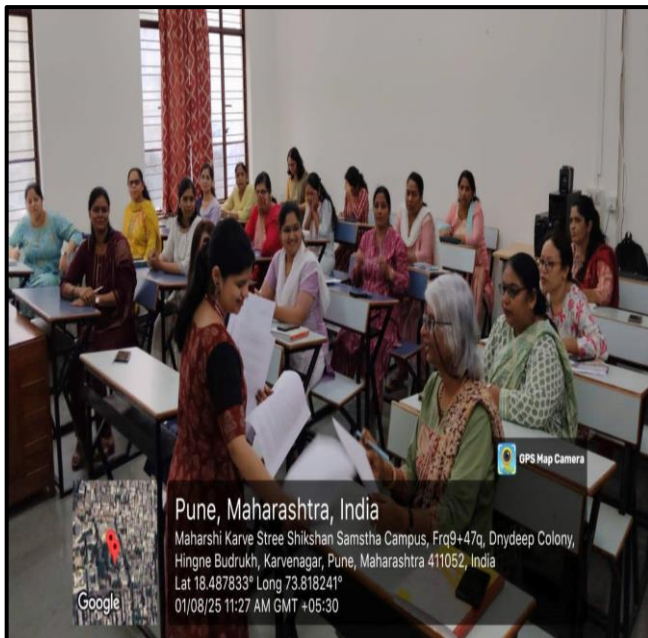
Day-8 (30/07/2025)



Day 9-(31/07/2025)



Day-10 (1/08/2025)





Day-11 (05/08/2025)



[Signature]
 PRINCIPAL
 MKSSS's Smt. Bakul Tambat
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MKSSS's Baya Karve Women's Study and Research Centre,
Karvenagar, Pune 411052

in collaboration with

MKSSS's Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune 411052



CERTIFICATE OF COMPLETION

This certificate is proudly presented to

Mrs. Shital Padalkar

for successfully completing 30 hrs. of Faculty Development Program on
Neuro Linguistic Programming during 21st July 2025 to 1st August 2025,
conducted from 11:00 a.m. to 2:00 p.m.

Dr. Meena Ganpathy
Principal
MKSSS's BTINE

Swati Upadhye
Trainer
Founder - Path Pilot

Swati Ranade
Unit Head
MKSSS's BKWSRC



MKSSS's Baya Karve Women's Study and Research Centre,
Karvenagar, Pune 411052

in collaboration with

MKSSS's Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune 411052



FACULTY
DEVELOPMENT
PROGRAM

CERTIFICATE OF COMPLETION

This certificate is proudly presented to

Ms. Amruta Phale

for successfully completing 30 hrs. of Faculty Development Program on
Neuro Linguistic Programming during 21st July 2025 to 1st August 2025,
conducted from 11:00 a.m. to 2:00 p.m.

Dr. Meena Ganpathy
Principal
MKSSS's BTINE

Swati Upadhye
Trainer
Founder - Path Pilot

Swati Ranade
Unit Head
MKSSS's BKWSRC

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S,
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION,
KARVENAGAR, PUNE-52**

**REPORT
ON
YOUTH CONVENTION
PROGRAM**

10th August 2025



On the Occasion of Inauguration of
**'Vivekananda Institute of
Human Excellence', building of
Ramakrishna Math, Pune organises
Youth Convention**



**Sunday, 10th August 2025
8.30 am to 12.30 pm (Half Day)**

Chief Guest

Shri. Murlidhar Mohol

Minister of State for Civil Aviation & Cooperation,

Government of India

Member of Parliament from Pune

Guiding Speakers :

Swami Vishnupadanandaji Maharaj

Secretary, Ramakrishna Mission Ashram,
Chhatrapati Sambhajinagar

Swami Srikantananda

Adhyaksha, Ramakrishna Math, Pune

Swami Atmashraddhanandaji Maharaj

Secretary, Ramakrishna Mission, Kanpur

Swami Bodhamayanandaji

Adhyaksha, Ramakrishna Math, Hyderabad

Swami Buddhanandaji Maharaj

Adhyaksha, Ramakrishna Math, Kolhapur

Shri. Avinash Dharmadhikari

Chanakya Mandal Pariwar, Pune

RAMAKRISHNA MATH

131/1A, Sinhagad Road, Near Dandekar Bridge, Pune - 30

Phone : 020-29801955 / 24325132

Email : rkmpune@gmail.com

website: pune.rkmm.org

Registration Fee

Rs. 50/-

(Including Breakfast/ Tea & Lunch)

Venue :

Vivekananda Auditorium

**Vivekananda Institute of
Human Excellence Building**

Ramakrishna Math, Pune

Screening of "Yuganayak Vivekananda"

(Hindi Drama in two parts)

To fill up Registration Form

Please scan QR Code



Mob : 8698038883

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S,
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION,
KARVENAGAR, PUNE-52**

REPORT OF YOUTH CONVENTION PROGRAM

Date: 10th August 2025

Time: 8.30 am to 12.30 pm

Venue: Vivekananda Auditorium, Vivekananda Institute of Human Excellence Building,
Ramakrishna Math, Pune

Attended By: 3rd Semester B.Sc. Nursing Students & Staff

Registration & Breakfast- 8:30 am – 9:00 am

Participants arrived at the Vivekananda Auditorium, where they were warmly welcomed at the registration desk. Volunteers helped them sign in and directed them to the breakfast area. The calm and orderly atmosphere reflected the spirit of Ramakrishna Math. This time let participants interact informally and get settled before the sessions started.

Welcome Address- 9:00 am – 9:10 am

The programme began with an invocation, followed by a welcome address by a representative of Ramakrishna Math. The speaker welcomed the dignitaries, monks, guests, and youth participants, and briefly explained that the Youth Convention aims to promote human excellence inspired by Swami Vivekananda.

Inaugural Remarks- 9:10 am – 9:25 am

A senior monk of Ramakrishna Math gave the inaugural message, stressing self-discipline, character building, and service to humanity. He also spoke about the importance of the newly established Vivekananda Institute of Human Excellence and its mission to empower youth.

Keynote Address by Chief Guest – Shri. Murlidhar Mohol- 9:25 am – 10:00 am

Hon'ble Shri. Murlidhar Mohol, Minister of State for Civil Aviation & Cooperation, addressed the gathering.

He spoke on:

- The role of youth in national development
- Importance of leadership rooted in values
- Need for emotional strength, patriotism, and social responsibility

His message motivated the participants to aim high and contribute positively to society.

Guiding Sessions by Revered Swamis- 10:00 am – 11:00 am

Eminent monks of Ramakrishna Math delivered inspiring talks based on Swami Vivekananda's teachings:

- **Swami Vishnupadanandaji Maharaj** – spoke on spiritual foundation of human excellence.
- **Swami Srikantananda** – emphasized discipline and moral strength.
- **Swami Atmashraddhanandaji Maharaj** – highlighted youth empowerment through positive thinking.
- **Swami Bodhamayanandaji** – discussed leadership and value-based living.
- **Swami Buddhanandaji Maharaj** – reflected on inner peace, self-confidence, and service.

These sessions created a deep impact on the young audience.

Special Address by Shri. Avinash Dharmadhikari- 11:00 am – 11:45 am

Shri. Dharmadhikari delivered an energetic and practical session on:

- Goal setting
- Self-motivation

- Time management
- Nation-building through committed youth efforts

His real-life experiences inspired participants to cultivate discipline and purpose-driven action.

Screening of “Yuganayak Vivekananda” (Hindi Drama)- 11:45 am – 12:15 pm

A part of the inspirational Hindi drama on the life of Swami Vivekananda was screened. The drama portrayed significant incidents from his life, providing a powerful message on courage, faith, and dedication. Participants watched with interest and enthusiasm.

Vote of Thanks & Closing- 12:15 pm – 12:30 pm

The session concluded with a formal vote of thanks extended to all dignitaries, guests, speakers, volunteers, and participants. The organisers appreciated the collective effort in making the Youth Convention meaningful and impactful. Blessings were offered to all youth for a bright and value-based future.

Lunch & Dispersal- 12:30 pm

Participants proceeded for lunch. The half-day event ended with a sense of inspiration, positivity, and renewed commitment to personal and societal development.

CONCLUSION

A total of 48 students from Maharshi Karve Stree Shikshan Samstha's, Smt. Bakul Tambat Institute of Nursing Education, Karvenagar, Pune-52, belonging to the Third Semester B.Sc. Nursing batch, actively participated in the Youth Convention held at Ramakrishna Math, Pune. The students attended the programme under the guidance and accompaniment of Ms. Vaishali Suryakant Patil, who ensured their discipline, safety, and active involvement throughout the event.

Their participation significantly enriched the learning experience, as the sessions delivered by revered speakers aligned closely with the values of professional nursing education—such as human excellence, moral development, leadership, positive attitude, and service to society. The exposure helped the students gain inspiration from the teachings of Swami Vivekananda and strengthened their understanding of character-building and holistic growth.

The institute expresses appreciation for the opportunity provided by Ramakrishna Math, Pune, which contributed meaningfully to the personal and professional development of the nursing students.

Report written by:

Ms. Vaishali Patil



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Sign of Principal

PRINCIPAL

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

GLIMPSE OF YOUTH CONVENTION PROGRAM

