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## CRITERON III

### RESEARCH, INNOVATION AND EXTENSIONS

(2024-2025)

3.4.1 (QnM) Number of extension and outreach activities carried out in collaboration with National and International agencies, industry, community, Government and Non- Governmental Organisations engaging NSS/NCC/Red cross/YRC/institutional clubs etc. during the last five years

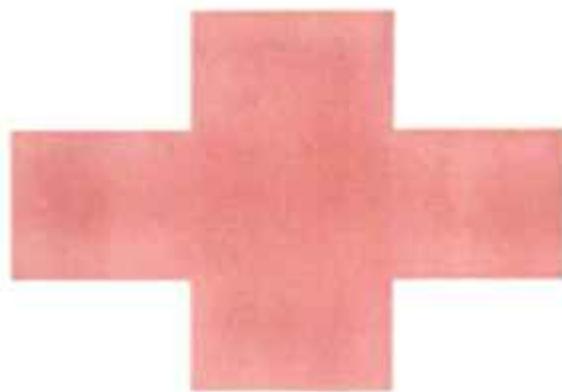
MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION,  
KARVENAGAR PUNE-411052

# **REPORT ON**

## **RED CROSS COUNSELOR**

### **TRAINING COURSE**

Date: 3<sup>rd</sup> August 2024



**YOUTH  
RED  
CROSS**

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR PUNE  
REPORT ON RED CROSS COUNSELOR TRAINING COURSE**

**DATE:** 03/08/2024

**TIME:** 9:00 am-5:00 pm

**VENUE:** Modern Education Society's Ness Wadia College of Commerce, Pune

**ARRANGED BY:** Indian red cross society, Pune district branch.

**PROGRAM ATTENDED BY:** 1. Mrs.Ashwini Sutar

2. Mrs.Shital Patil/Chirke

Indian red cross society, Pune district branch organized one day counsellors training program at Modern Education Society's Ness Wadia College of Commerce, Pune on 3<sup>rd</sup> August 2024. The program is attended by teachers (counselors) of various schools and colleges of Pune city. There were around 80 participants present.

The program started with flag Hosting, Lighting of Lamp and Pledge. IRCS principles, activities and organization lecture done by Prof.R.V. Kulkarni (Hon.Secretary, IRCS Pune).

JRC/YRC principles, activities were explained by Dr.Prakash Chaudhari (Vice Principal Ness Wadia College of commerce, Pune)

Importance of First aid training and Disaster management session was presented by Dr.Rajkumar Shaha,(Chairman disaster Relief committee). The action plan was explained by Ms.Usha Salvi(Hon.Secretary JRC/YRC Pune) and Dr.Abaso Shinde(Counselor,Modern College Ganeshkhind,Pune.

All the sessions were very informative and interactive. The session ended by a vote of thanks and certificate distribution.

**Documented by**

- 1) Mrs. Ashwini Sutar
- 2) Mrs. Shital Chirke



  
Sign of Principal  
**PRINCIPAL**

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Karvenagar, Pune-411032.

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KARVENAGAR, PUNE-52.

**Report on**  
**Maha-Aarogyashibir**  
**4/08/2024**

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S**  
**SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION**  
**KARVENAGAR, PUNE-52.**

**Maha-arogya camp**

**Venue-Shivaji nagr,Pune**

**Date-04/08/2024**

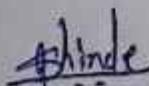
**Introduction:**

The "Maha Arogya Shibir" is a highly anticipated event organized by the esteemed Hon. MLA Vinayak (Aaba) Nimhan, in association with the Someshwar Foundation, to mark his birthday. This mega health camp is set to take place on August 4, 2024, at the Krushi Mahavidyalay Ground in Singh Nagar, Bhosale Nagar, Pune. Running from 9 AM to 4 PM, this camp is designed to provide comprehensive health services to the community, completely free of charge. It reflects a commitment to enhancing public health and ensuring access to essential medical care for all individuals, irrespective of their socio-economic status. One of the standout features of the Maha Arogya Shibir is its extensive range of medical services. Attendees will have access to free treatments for over 971 different diseases, covering a vast spectrum of health concerns. From routine check-ups and diagnostics to specialized treatments and surgical procedures, the camp promises a holistic approach to healthcare.

In addition to the medical services, the Maha Arogya Shibir also aims to raise awareness about the importance of regular health check-ups and preventive care. By offering free services, the camp encourages individuals who might otherwise forgo medical attention due to financial constraints to take proactive steps towards maintaining their health. This initiative not only addresses immediate health issues but also promotes a culture of health consciousness and proactive healthcare management among the community members.

**Activity:**

MKSSS BTINE NSS department 3faculty and 49 students attended Maha Arogya shibir at Shivajinagar,Pune, Camp was organized from 8am to 6pm. All NSS volunteers are divided in various clinical OPDS where they help physician to assess patient and give proper care to them. NSS students actively participated in camp.



**Sign of NSS officer**



**Sign of Principal**  
**PRINCIPAL**

**Maharshi Karve Stree Shikshan Sam**  
**Smt. Bakul Tambat Institut**  
**Nursing Education**  
**Karvenagar, Pune-411052.**

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KARVENAGAR, PUNE 411052

# REPORT ON

## WORLD BREAST FEEDING WEEK

### 2024-2025

(1<sup>st</sup> to 7<sup>th</sup> August 2024)



WABA | WORLD BREASTFEEDING WEEK 2024

Ref.No. /INE/2024

Date: 23/07/2024

**Circular**

This is to inform you that Obstetrics and Gynaecological Department is organizing **Breast Feeding Week on theme of "Closing the gap: Breastfeeding support for all."** from 1<sup>st</sup> August to 7<sup>th</sup> August 2024 as per given below schedule:

Sr. No.	Date	Time	Speaker	Topic
1.	01-08-2024	10am to 12pm	Mrs. Ashwini Sutar 2 <sup>nd</sup> Year ANM & 3 <sup>rd</sup> Year GNM students	Unveiling the theme for Breastfeeding Week.
2	03-08-2024	03pm to 05pm	Dr. Vishakha Haribhakt (Mrs. Shailaja M J Mathews) 2 <sup>nd</sup> Year ANM & 3 <sup>rd</sup> Year GNM, 4 <sup>th</sup> year B.B.Sc. students	In detail about Breastfeeding week and Human Milk Bank
3	07-08-2023	09am to 04pm	Ms. Rau A Sangave Ms. Avantika Divekar 2 <sup>nd</sup> Year ANM & 3 <sup>rd</sup> Year GNM students	Health Education, Role Play and Poster Exhibition on Breast Feeding in Kamla Nehru Hospital

Overall Event coordinator: Mrs. Ashwini Sutar: 9850771785

*U. Jadhav*

Sign of HOD

Mrs. Ujwala Jadhav

*J. Meera*

Sign of Principal

**PRINCIPAL**

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Kharjane, Pune-411052.

**Maharshi Karve Stree Shikshan Samstha's**  
**Smt. Bakul Tambat Institute of Nursing Education**  
**Karvenagar, Pune 411052**

**World Breastfeeding Week 2024: Closing the Gap: Breastfeeding Support for All**

World Breastfeeding Week is held in the first week of August every year, supported by WHO, UNICEF and many Ministries of Health and civil society partners. The theme for 2024 is "Closing the gap: Breastfeeding support for all."

The campaign will celebrate breastfeeding mums in all their diversity, throughout their breastfeeding journeys, while showcasing the ways families, societies, communities, and health workers can have the back of every breastfeeding mum.

From August 1 to 7, the world celebrates World Breastfeeding Week. Breastfeeding is one of the most effective ways to ensure child health and optimal early childhood development, providing babies with their first immunization and all the nutrients required for their optimal brain development and growth. However, many mothers and infants lack the necessary support to start and continue breastfeeding successfully. Globally, only 44 per cent of infants are exclusively breastfed in the first six months of life. This figure is 42 per cent in India, falling short of the Sustainable Development Goal target of at least 70 per cent by 2030.

Over the past years, India has witnessed increased aggressive promotional activities by manufacturers of breast milk substitutes through health workers and the promotion of specific products covered under the Code of Marketing of Breast Milk Substitutes, including formula milk and follow-on milks marketed as 'supplementary' to breastfeeding. Marketing influences social norms by making formula use seem extensive, modern, and comparable to or better than breast milk.

To address this, comprehensive breastfeeding support must be available to all mothers, regardless of their circumstances. This includes paid maternity leave, access to unbiased and medically sound information on first foods for infants and working environments that allow mothers to breastfeed. Young and working mothers, mothers with disabilities as well as those living in poverty, with HIV and in emergency situations all require tailored information, counselling, and practical assistance to breastfeed.

World Breastfeeding Week 2024, the Government of India, UNICEF and the World Health Organization together with their partners aim to

- (1) Inform people about the benefits of breastfeeding and the inequalities that exist in breastfeeding support and prevalence across rural and urban areas, education and employment status and wealth quintiles;
- (2) Anchor breastfeeding as an equalizer to close gaps in information, promotion and support within society;
- (3) Engage with individuals and organizations to enhance collaboration and support for breastfeeding.

The health sector alone will not yield the desired outcomes for supporting and promoting breastfeeding. Hence, the Government of India, UNICEF and the World Health Organization call for action for a whole-of-society multi-sectoral approach to support breastfeeding in the Country.

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**Karvenagar, Pune 411052**

**Name of the activities:** 1. Lecture by Dr. Lawanya Raste & Dr. Vishakha Haribhakt  
Lactational consultant, Deenanath Mangeshkar Hospital, Pune

**Date:** 3<sup>rd</sup> of August 2024

**Venue:** ~~Saundhavan auditorium, 8<sup>th</sup> Floor, Phase I, Deenanath Mangeshkar Hospital, Pune~~

**Teacher supervisor:** Mrs. Shailaja Mathews, Lecturer, MKSSS BTINE Pune

Dr. Vishakha Haridas and Dr. Lawanya Raste Lactational consultant, Deenanath Mangeshkar Hospital, conducted a lecture on 'The Role of Midwives and Nurses in Protecting, Promoting and Supporting Breastfeeding'.

Midwives and nurses play a vital role in protecting, promoting and supporting breastfeeding worldwide. Skilled breastfeeding support from midwives and nurses helps prevent childhood infections and mortality, while boosting cognitive development and decreasing rates of obesity, diabetes and maternal and child cancers. Bonding and attachment are intrinsic to the breastfeeding relationship and foster mental and emotional health and development for both mother and child. Universal breastfeeding could prevent 823,000 child deaths and 20,000 maternal deaths each year and spur significant economic savings.

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KARVENAGAR, PUNE-52

REPORT ON  
**'CONSTITUTION DAY'**  
2024-2025



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT.BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE-52**

**Date:** - 26/11/2024

**Time:** - 08:00am-11:00am

**“Constitution Day”**

**Introduction:**

Constitution day is also known as “National Law Day”, is celebrated in India on 26<sup>th</sup> November every year commemorate the adoption of the Constitution of India. On 26<sup>th</sup> November 1949, the constituent’s assembly of India adapted to the Constitution of India, and it came into effect on 26<sup>th</sup> January 1950.

Since 2015 was the 127<sup>th</sup> birth anniversary year of B.R. Ambedkar (14<sup>th</sup> April 1891- 6<sup>th</sup> December 1956), who is known as the father of Indian constitution, the government decided in May 2015 to celebrate this year “in big way”. A special committee chaired by Prime minister of India was announced for year-long celebrations. Various programs will be held by various ministries and departments throughout the year to spread thoughts and ideas of Ambedkar. As part of the celebration while laying foundation stone for an Ambedkar memorial at the Indus Mills Compounds in Mumbai in October 2015, the Prime minister of India Narendra Modi announced that 26<sup>th</sup> November will be celebrated as “Constitution Day”. In November 2015, the government officially announced celebration of constitution day.

**Activity:-**

On occasion of constitution day rally was organized by MKSSS Smt. Bakul Tambat Institute of Nursing Education in collaboration with Assistant Commissioner, Samaj Kalyan, Pune and Dr. Babasaheb Ambedkar Research and Training Institute (Baarti), Pune.

The program began with garlanding the statue of Dr. Babasaheb Ambedkar, Pune, Camp and further followed with an awareness rally regarding our Indian constitution amongst our community.

The rally initiated from Dr. Babasaheb Ambedkar statue, near Westend theater, Pune, Camp till Dr. Babasaheb Ambedkar statue, District Office near Pune Railway Station.

Many colleges and school's students were enthusiastically participated in the rally.

Students prepared attractive charts, flashcards, banners, slogans etc. Few students were dressed up like Dr. Babasaheb Ambedkar, Rama Mata, Shahu Maharaj, Pandit Nehru.

MKSSS BTINE faculty Ms. Nutan, Ms. Samruddhi Kadam and Ms. Himani Khandale were present for the rally along with students.



**Sign of Principal**  
**PRINCIPAL**

Maharshi Karve Stree Shikshan Samstha  
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Karvenagar, Pune-411052.

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SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE – 52

# REPORT ON WORLD ALZHEIMER'S DAY

(21<sup>st</sup> Sept 2024)



Date: 19/09/2024

**Circular**

**Celebration of World Alzheimer's Day**

This is to inform you that on the occasion of World Alzheimer's Day Mental Health Nursing Department of MKSSS Smt.Bakul Tambat Institute of Nursing Education, Karve Nagar, Pune is organizing various activities in Chaitanya Institute of Mental Health, Kondhwa.

**Schedule for World Alzheimer's Day celebration-**

**Date:** 21/09/2024

**Time:** 10.00 am to 12.00 pm

**Venue:** Chaitanya Institute of Mental Health, Kondhwa.

**Theme:** Know Dementia, Know Alzheimer's

**Activity:**

Sr. No.	Time	Activity
1	10 am-10.5 am	Prayer
2	10.5 am-10.15 am	Theme talk
3	10.15 am-10.30 am	Role play
4	10.30 am-11.00 am	Recreational activities (art and color, puzzle solving)
5	11 am-11.30 am	Memory games
6	11.30 am-12.00noon	Recall your memories

Thanking you.

  
Sign of Principal  
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Karvenagar, Pune-411052

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**Smt. Bakul Tambat Institute of Nursing Education**  
**Karvenagar, Pune- 52**  
**Mental Health Nursing Department**  
**WORLD ALZHEIMERS DAY**

**Theme:** "Time to act on dementia, Time to act on Alzheimers.

**Venue:** Chaitanya Institute for Mental Health, Khadi Machine chauk, Kondhwa.

**Date-** 21<sup>st</sup> Sept 2024

**Time:** 10:30 am to 12:30 pm.

World Alzheimer's Day, observed on September 21<sup>st</sup> each year, is a global initiative aimed at raising awareness about Alzheimer's disease and other forms of dementia. Its first symptoms is loss of memory, Disorientation, impaired judgement. It highlights the challenges faced by those living with the condition and the impact on their families and caregivers. This day promotes understanding, early detection, and the importance of research in finding treatments and cures. By bringing attention to Alzheimer's, we aim to break down stigmas and support the millions affected worldwide, while also encouraging efforts toward better care and prevention strategies

The students of 2<sup>nd</sup> Year GNM and PBBSc N were posted to Chaitanya Institute for Mental Health Kondhwa Pune-48. On 21<sup>st</sup> Sept. 2024, students along with institute staff celebrated a World Alzheimer's Day in the centre. We arranged a prayer song (Itni Shakti Hume Dena Datta), dance, role play on theme for awareness and various games for the patients under the guidance of Mrs. Shital Padalkar

The Program started at 10:30 am with a lamp lightning followed by brief about occasion was done Mr Roney George, Managing director of Chaitnaya institute. The Ganesh Vandana performed by our students followed by Fashion show, Dance by the patients and other college students. We arranged a role play based on Alzheimer's disease Awareness the skit. The patients, counsellor and staff of chaitnya appreciated and enjoy the role paly.

In afternoon session we arranged various recreational games and song for the patients. They enjoy with us and we get a chance to know the patients well.

Recreational activities:

1. Memory game
2. Passing the Parcel.
3. Exercise.
4. Riddle Mystery.
5. Ball and bucket
6. Building a Glass Tower.

Our students also participated in poster competition organized by Chaitanya institute at Banner. The students shared their experience as overall satisfactory and applicable for their study. World Alzheimer's Day serves as a critical reminder to raise awareness about Alzheimer's disease and its profound impact on individuals, families, and societies worldwide. It emphasizes the importance of early diagnosis, research, and the need for compassionate care. Observing this day promotes education about preventive measures, fosters support for caregivers, and encourages communities to advocate for policies that prioritize the well-being of those affected. Through collective effort, we can reduce the stigma associated with Alzheimer's and work towards finding better treatments and, ultimately, a cure.

Report prepared by Mrs Shital Padalkar



  
Sign of Principal

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KARVENAGAR, PUNE-52.

# REPORT ON

## SESSION ON PREVENTION OF LIFESTYLE DISEASES-FOCUSING ON HEALTH AND NUTRITION 2024-2025

(DATE: 10/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE- 52.**

**Date:** 10<sup>th</sup> October 2024

**Time:** 4:00 pm – 5:00 pm.

**Venue:** Multipurpose Hall, MKSSS BTINE, Karvenagar Pune.

**Organizers:** NSS department MKSSS BTINE and Preventive Medicine Department,  
Deenanath Mangeshkar Hospital & Research Center, Pune.

**Topic:** Prevention of Lifestyle Diseases-Focusing on Health and Nutrition

**Speakers:** Dr. Manjusha Ghumare, consultant and Ms. Saylee Rao, Psycho-oncologist  
Preventive Medicine Department, Deenanath Mangeshkar Hospital & Research  
Center, Pune

**Prevention of Lifestyle Diseases-Focusing on Health and Nutrition**

**Introduction**

Lifestyle disease is A disease associated with the way a person or group of people lives. Lifestyle diseases include atherosclerosis, heart disease, and stroke; obesity and type 2 diabetes; and diseases associated with smoking and alcohol and drug abuse. Regular physical activity helps prevent obesity, heart disease, hypertension, diabetes, colon cancer, and premature mortality. Lifestyle diseases are defined as diseases linked with the way people live their life. These are non-communicable diseases. This is commonly caused by lack of physical activity, unhealthy eating, alcohol, drugs and smoking. Diseases that mostly influence lifestyle are heart disease, stroke, obesity and type II diabetes. The diseases that appear to increase in frequency as countries become more industrialized and people live longer can include Alzheimer's disease, arthritis, atherosclerosis, asthma, cancer, chronic liver disease or cirrhosis, chronic obstructive pulmonary disease, type 2 diabetes, heart disease, hypertension, metabolic syndrome, chronic kidney failure, osteoporosis, PCOD, stroke, depression, obesity and vascular dementia.

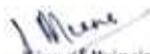
**Activity**

NSS unit of MKSSS's Smt. Bakul Tambat Institute of Nursing Education and Preventive Medicine Department, Deenanath Mangeshkar Hospital & Research Center, Pune conducted

session on Prevention of Lifestyle Diseases-Focusing on Health and Nutrition on 10<sup>th</sup> October 2024. Students, faculty, and staff attended the session. This session helped our student to gain insight about the various lifestyle diseases and its preventive measures. It helped them in their personal and professional life.



Sign of NSS officer



Sign of Principal  
**PRINCIPAL**

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KARVENAGAR, PUNE - 52

# REPORT ON TREE PLANTATION

**2024-2025**  
(Date: - 22/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE -52**

**Date** –22<sup>nd</sup> October 2024

**Time** – 1.00 pm to 4.00 pm

**Venue** – Kamshet, Tal- Mawal, Pune

**TREE PLANTATION PROGRAMME**

**INTRODUCTION**

Trees are an essential part of the environment. The survival of human beings and other species of animals is not possible without the existence of trees and plants on earth. This is the reason why cutting of trees is condemned and the government propagates to plant more and more trees. Tree plantation means planting more trees in a planned way. The aim of planting trees is to restore native forests around the village to protect water supplies

Tree contributes to their environment over long periods by providing oxygen, improving air quality, climate amelioration, conserving water, preserving soil, and supporting wildlife. During photosynthesis, trees take in carbon dioxide and produce the oxygen we breathe. Planting trees reduce carbon dioxide, a principal greenhouse gas contributing to global warming. The land under the tree absorbs more rainwater and helps prevent floods. The purpose of tree plantation is to save the endangered environment and to beautify our life. Trees are valuable gifts of nature. They are known as the best friends of human beings.

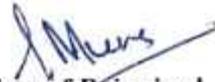
**ACTIVITY –**

MKSSS BTINE'S NSS Unit conducted Tree Plantation Programme at Kamshet, Tal- Mawal, Pune on 22<sup>nd</sup> October 2024 under NSS Camp. For this activity 25 NSS Volunteers along with 2 NSS officers Mrs. Avantika Anturkar and Ms. Akshata Tendulkar were present for the tree plantation activity. Various trees were planted during this activity like Fanas (Jackfruit), Mango tree etc.

All volunteers actively participated in this event. From making dug for the tree every activity was done by them. The event was supervised by NSS in charge. All school teachers also participated in the event.



**Sign of NSS in-charge**



**Sign of Principal**

**PRINCIPAL**

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# REPORT OF STREET PLAY ON PLASTIC MUKTI 2024-2025

(Date: - 22/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE- 52.**

**Date:** 22<sup>nd</sup> October 2024

**Time:** 11:00 am – 12:00 pm.

**Venue:** Kamshet, Tal- Mawal, Pune

**STREET PLAY ON PLASTIC MUKTI**

**INTRODUCTION**

A plastic is a major source of plastic pollution. As they are non-biodegradable, they take years to decompose. They contribute to a lot of waste which keeps collecting over the years. Plastic takes thousands of years to break down and decompose. In India alone, over 25,000 tons of plastic waste are being created every day. That translates into a lot of plastic being made by different Indian companies or being imported into the country. The government has banned the use of plastic bags but still, people continue to use them despite the ban.

Due to the chemical structure of plastic, they are resistant to the many natural processes of degradation. Plastic pollution affects both the land & water bodies. Marine life is severely hampered due to the plastic pollution that involves the ingestion of plastic products by marine

**Activity**

NSS unit of MKSS'S Smt. Bakul Tambat Institute of Nursing Education conducted street play on Plastic Mukti at Kamshet, Tal- Mawal, Pune, on 22<sup>nd</sup> October 2024 along with the 2 NSS officers Mrs. Samina Mulani, and Ms. Akshata Tendulkar.

During the street play on plastic mukti, the villagers were made aware about the harmful effects of the use of plastic, its prevention & under the guidance of NSS officers. All the NSS volunteers participated in making the audio visual aids for the rally.

The program was organized and guided with the help of the NSS in charge.

  
Sign of NSS officer

  
Sign of Principal  
**PRINCIPAL**  
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Smt. Bakul Tambat Institute of  
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MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE - 52

# REPORT OF RALLY ON 'FEMALE FETICIDE' 2024-2025

(Date:-21/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE - 52**

**Date:** -21<sup>st</sup> October 2024

**Time:** - 10.00 am- 11.00 am

**Venue:** - Kamshet, Tal- Mawal, Pune.

**'FEMALE FETICIDE'**

**Introduction:**

Female feticide is the process of finding out the sex of the foetus and undergoing abortion if it is a girl. Although it is illegal, many people continue to practice it. Besides this, there are some communities which practice female infanticide - the practice of killing the girl child once she is born. This fact is highlighted by the findings of census 2001 which show that there are only 933 women in this country for every 1000 men. Besides this, Census (2011) data showed a significant declining trend in the Child Sex Ratio (CSR), calculated as number of girls for every 1000 boys between age group of 0 - 6 years, with an all time low of 918 in 2011 from 976 in 1961. This decline in sex ratio means that we are not just depriving girls of human rights, we are also depriving them of their right to live

**Activity:**

MKSSS Bakul Tambat institute nursing education's NSS UNIT of 25 students and 2 NSS officers Mrs. Samina Mulani, Miss Akshata Tendulkar has conducted a rally on female feticide on at Kamshet, Tal-, Mawal dist. Pune. Rally was started from MKSSS Ashramshala to Gram panchayat office of Kamshet. NSS voluntaries made various A.V. aids for the Female feticide rally to give proper knowledge regarding the of Female feticide and its affects.

NSS volunteers actively participate. All program was organized and guided with the help of the NSS in charge.



**Sign of NSS in-charge**



**Principal**  
Maharshi Karve Stree Shikshan Samstha's  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052.

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KARVENAGAR, PUNE-411052  
(25 YEARS SILVER JUBILEE)

# REPORT ON SEVA AAROGYA FOUNDATION PROGRAM

(DATE- 21/10/2024 to 23/10/2024)



## **INTRODUCTION**

According to the World Health Organization (WHO), measuring Hemoglobin (Hb) levels accurately and on time is critical in identifying and treating Anemia, a disorder that affects roughly one quarter of the global population. Anemia, which is defined by a lack of red blood cells (RBCs) or a low Hb content inside them, reduces the blood's ability to deliver the oxygen (O<sub>2</sub>).

This illness is notably frequent in low or middle-income communities or families, where dietary inadequacies, infectious infections, and poor access to health care facilities, these all contributes to high rates of Anemia.

As this is the 25<sup>th</sup> anniversary, and our college is celebrating this year as a "SILVER JUBILEE" year. Our college planned to organize campaigns and awareness programs to facilitate discussions on Anemia increasing among women's in community area. So, under this occasion our college students of 1<sup>st</sup> year GNM and 1<sup>st</sup> Year ANM is conducted Hb Estimation activity in collaboration with "Seva Arogya Foundation" under guidance of Ms. Smitadevi Limshan, Mrs. Bhosale Ashwini, Mrs. Patil Shital and Ms. Jori Nikita, in Wadarwasti Dr. Jathar; area, Karvenagar, from 21<sup>st</sup> to 23<sup>rd</sup> October 2024.

"As our aim was to create awareness among the women's about importance of nutrition in health and estimation of hemoglobin". So our focus was to check the Hb levels of women who are above 18 years and below 65 years of age.

## **MATERIAL AND METHOD**

A comparative study was conducted in community area, Wadarwasti, karvenagar. The study was performed using total of 345 patients' samples. These samples were run simultaneously on the Hemoglobin Testing Machine. Ans also simultaneously provided the reports to the women at the same time test were conducted. The information of each female collected in the form of google forms.

### **Day -I**

**Venue:** - Wadarwasti, Karvenagar, Pune-52.

**Date** - 21/10/2024

**Time:** - 8:00am to 12:00 pm

On 25<sup>th</sup> year SILVER JUBILEE, we had conducted a Hb Estimation camp in wadarwasti area, Karvenagar. On 1<sup>st</sup> day we started to collect the women at one place and collected the samples from one part of the wadarwasti. The total response from the families and females as well were satisfactory. Dr. Jathar Mam and team showed students that how to perform the

test and under guidance of them we completed out 1<sup>st</sup> day with 109 samples from one group of area.

**Day -II (22/10/2024)**

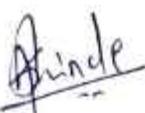
On the 2<sup>nd</sup> day we covered the other part of the community. On this day we created awareness of our this Hb estimation programme and also spread the information about the Anemia, its causes and symptoms. On the same day we collected data of total 120 females.

**Day -III ( 23/10/2024)**

On the 3<sup>rd</sup> day we covered all community area. On this day we collected data of total 116 females. Also, we ended our camp here on 3<sup>rd</sup> day with the students and staff members actively participated in the event not only provided valuable health insights to the attendees but also promoted a sense of responsibility regarding personal health and well-being.

Conclusion of Hb estimation report was, total 345 women given blood for Hb estimation out of that, 175 women's have <10mg hemoglobin and some from that were pregnant women's.

We provided information about the academic diet and also provided information about free iron and ferrous sulphate medicine given by Seva Aarogya clinic; it will be helpful for the women's. We got good opportunity and students enjoyed the activities and learn about Hb estimation process.



Sign of Organizer



Sign of Principal  
PRINCIPAL

Maharshi Karva Stree Shikshan Samstha's  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE-52.

# REPORT OF RALLY ON JAL SAMVARDHAN 2024-2025

(Date: - 24/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE- 52.**

**Date:** 24th October 2024

**Time:** 2:00 pm – 4:00 pm.

**Venue:** Kamshet, Tal- Mawal, Pune

**RALLY ON JAL SAMVARDHAN**

**INTRODUCTION**

Jal Samvardhan or Water Conservation aims to sustainably manage the natural resource of fresh water, protect the hydrosphere, and meet current and future human demand. Water conservation makes it possible to avoid water scarcity. It covers all the policies, strategies, and activities to reach these aims. Population, household size and growth and affluence all affect how much water is used.

Climate change and other factors have increased pressure on natural water resources. This is especially the case in manufacturing and agricultural irrigation.<sup>[1]</sup> Many countries have successfully implemented policies to conserve water conservation.<sup>[2]</sup> There are several key activities to conserve water. One is beneficial reduction in water loss, use and waste of resources.<sup>[3]</sup> Another is avoiding any damage to water quality. A third is improving water management practices that reduce the use or enhance the beneficial use of water

**Activity**

NSS unit of MKSSS'S Smt. Bakul Tambat Institute of Nursing Education conducted rally on Jal Samvardhan at Kamshet, Tal- Mawal, Pune, on 24<sup>th</sup> October 2024 along with the 2 NSS officers Mrs. Avantika Anturkar, and Ms. Akshata Tendulkar.

All the NSS volunteers conducted a rally throughout the village holding the college banners & various Audio visual aids like flash cards & charts. The villagers were made aware about the Jal Samvardhan under the guidance of NSS officers.

All the NSS volunteers participated in making the audio visual aids for the rally. The program was organized and guided with the help of the NSS in charge.



Sign of NSS officer



Sign of Principal

**PRINCIPAL**  
Maharshi Karve Stree Shikshan Samstha'S  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411002

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE-52.

# REPORT OF RALLY ON GLOBAL WARMING 2024-2025

(Date: - 22/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE- 52.**

**Date:** 22<sup>nd</sup> October 2024

**Time:** 10:00 am – 11:00 am.

**Venue:** Kamshet, Tal- Mawal, Pune

**RALLY ON GLOBAL WARMING**

**INTRODUCTION**

Global warming has hugely impacted the environment and human life to a great extent for many years. The level of sea water is increasing continuously every year and creating fear for the nearby cities, islands, and seawater animals. Rainfall pattern has also disturbed which causes drought in some areas and flooding in other areas. Ice caps and glaciers are melting continuously, and its level depends on the increased level of temperature. It is causing loss of habitat near to the poles and polar bears have greatly endangered. Wild animals living in the forest are endangered because of their habitat loss due to deforestation. Bleaching of Coral Reefs and loss of Plankton are done due to warming seas and acidification (carbonic acid formation). Various types of diseases are also spreading especially malaria to the nearby regions. Now, it has become very necessary for the countries worldwide especially developed countries to reduce their carbon emission as quickly as possible. We need to reduce its carbon emission to a great extent in order to solve the problem of global warming. Limiting some of the promising sectors like coal-fired electricity and wind power can reduce in carbon emissions in nearby decades.

**Activity**

NSS unit of MKSSS'S Smt. Bakul Tambat Institute of Nursing Education conducted rally on Global warming at Kamshet, Tal- Mawal, Pune, on 22<sup>nd</sup> October 2024 along with the 2 NSS officers Mrs. Avantika aAnturkar, and Ms. Akshata Tendulkar.

All the NSS volunteers conducted a rally throughout the village holding the college banners & various Audio visual aids like flash cards & charts. The villagers were made aware about the harmful effects of the Global warming, its prevention under the guidance of NSS officers.

All the NSS volunteers participated in making the audio visual aids for the rally. The program was organized and guided with the help of the NSS in charge.

  
Sign of NSS officer

  
Sign of Principal  
**PRINCIPAL**  
Maharshi Karve Stree Shikshan Samstha  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE - 52

# REPORT OF STREET PLAY ON 'GENDER EQUALITY'

**2024-2025**

**(Date: - 21/10/2024)**



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE - 52**

**Date:** -21<sup>st</sup> October 2024

**Time:** - 11.00 am- 12.00 pm

**Venue:** -Kamshet. Tal- Mawal, Pune.

**'GENDER EQUALITY'**

**INTRODUCTION**

Gender equality, also known as sexual equality or equality of the sexes, is the state of equal ease of access to resources and opportunities regardless of gender, including economic participation and decision-making; and the state of valuing different behaviors, aspirations and needs equally, regardless of gender. Gender equality, also known as sexual equality or equality of the sexes, is the state of equal ease of access to resources and opportunities regardless of gender, including economic participation and decision-making; and the state of valuing different behaviors, aspirations and needs equally, regardless of gender.

**Activity:**

MKSSS Bakul Tambat institute nursing education's NSS UNIT of 25 students and 2 NSS officers Mrs. Samina Mulani, Miss Akshata Tendulkar has arranged a street play on gender equality on 21<sup>st</sup> October 2024 at Kamshet Gaon in Mawal Taluka Dist. Pune. A street play was conducted in market and on railway station of Kamshet Gaon.

NSS voluntaries made various A.V. aids for the gender equality street play to give proper knowledge regarding the program of gender equality. NSS volunteers actively participate. The program was organized and guided with the help of the NSS in charge.



Sign of NSS In-charge



Sign of Principal  
**PRINCIPAL**

**Maharshi Karve Stree Shikshan Samstha's  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052.**

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE-52.

# REPORT OF RALLY ON ROAD SAFETY

2024-2025

(Date: - 24/10/2024)



Stop



No Entry



Give Way



Pedestrian Prohibited



No Parking



Horn Prohibited



No Stopping or Standing



Speed Limit



Roundabout

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE- 52.**

**Date:** 24th October 2024

**Time:** 10:00 am – 11:00 am.

**Venue:** Kamshet, Tal- Mawal, Pune

**RALLY ON ROAD SAFETY**

**INTRODUCTION**

Road safety awareness is crucial because it helps reduce the number of injuries and deaths on the roads. Proper knowledge and education on road safety rules are required while driving or walking across the streets. Every step we take in life has a set of rules. Likewise, road safety has a few regulations, and they are very important to follow for keeping everyone safe while driving. The first road safety rule is to keep eyes on the road. Driving needs focus and concentration, so one should make sure to take breaks when brain starts to feel tired. Other road safety rules are to obey all traffic signals like stop signs, red lights etc., wear seatbelts/helmets, maintain the speed limit and safe distance, don't drink & drive, and also don't drive without having a driving licence. Road safety is the prevention of road accidents by obeying the road safety rules and regulations. The most important factor of road safety is the need for skilful and cautious driving so that passengers, pedestrians and drivers stay safe. Developing better roads is also important to avoid road accidents. Ensuring everyone is safe on the road is important in keeping people's lives safe from accidents. Driving is the standard way of transportation in today's world. If someone injures themselves in a road accident, it can be the result of not following the road safety measures. Hence, it is important to follow road safety rules and drive safely.

**Activity**

NSS unit of MKSSS'S Smt. Bakul Tambat Institute of Nursing Education conducted rally on road safety at Kamshet, Tal- Mawal, Pune, on 24<sup>th</sup> October 2024 along with the 2 NSS officers Mrs. Avantika Anturkar, and Ms. Akshata Tendulkar.

All the NSS volunteers conducted a rally throughout the village holding the college banners & various Audio visual aids like flash cards & charts. The villagers were made aware about the h road safety under the guidance of NSS officers.

All the NSS volunteers participated in making the audio visual aids for the rally. The program was organized and guided with the help of the NSS in charge.



Sign of NSS officer



Sign of Principal

**PRINCIPAL**

Maharshi Karve Stree Shikshan Samstha's  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE - 52

# REPORT OF STREET PLAY ON ENVIRONMENTAL SANITATION

**2024-2025**

**(Date: - 23/10/2024)**



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE - 52**

**Date:** -23<sup>rd</sup> October 2024

**Time:** - 11.00 am- 12.00 pm and 2.00 pm-4.00 pm

**Venue:** - Kamsbet, Tal- Mawal, Pune

**ENVIRONMENTAL SANITATION**

**INTRODUCTION**

Environmental sanitation includes managing solid waste and wastewater, and pest and vector control. Poor sanitation reduces human well-being, social and economic development due to impacts such as anxiety, risk of sexual assault, and lost opportunities for education and work. Poor sanitation is linked to transmission of diarrhoeal diseases such as cholera and dysentery, as well as typhoid, intestinal worm infections and polio. It exacerbates stunting and contributes to the spread of antimicrobial resistance. Open defecation perpetuates a vicious cycle of disease and poverty. The countries where open defecation is most widespread have the highest number of deaths of children aged under 5 years as well as the highest levels of malnutrition and poverty, and big disparities of wealth. Benefits of improved sanitation extend well beyond reducing the risk of diarrhoea. These include: 1. reducing the spread of intestinal worms, and trachoma, which are neglected tropical diseases that cause suffering for millions; 2. reducing the severity and impact of malnutrition; 3. promoting dignity and boosting safety, particularly among women and girls; 4. promoting school attendance: girls' school attendance is particularly boosted by the provision of separate sanitary facilities; 5. reducing the spread of antimicrobial resistance; 6. potential safe recovery of water, nutrients and renewable energy from wastewater and sludge; and 7. potential to increase overall community resilience to climate shocks, for example through safe use of wastewater for irrigation to mitigate water scarcity.

**Activity:**

MKSSS Bakul Tambat institute nursing education's NSS UNIT of 25 students and 2 NSS officers Mrs. Samina Mulani, Ms. Akshata Tendulkar has conducted a street play on environmental sanitation on 23<sup>rd</sup> October 2024 at Kamsbet, Tal- Mawal, Pune.

The street play was conducted at Gram panchayat office and main bus stop of Kamshet village. NSS voluntaries made various A.V. aids for the environmental sanitation to give proper knowledge regarding the environmental sanitation. NSS volunteers actively participate. The program was organized and guided with the help of the NSS in charge.



Sign of NSS In-charge



Sign of Principal

**PRINCIPAL**  
Maharshi Karve Stree Shikshan Samstha's  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE-52.

**REPORT OF  
RALLY ON**  
**Dengue and  
Chikungunya**  
**2024-2025**

**(Date: - 23/10/2024)**



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE- 52.**

**Date:** 23<sup>rd</sup> October 2024

**Time:** 10:00 am – 11:00 am.

**Venue:** Kamshet, Tal- Mawal, Pune

**DENGUE AND CHICKUNGUNIA**

**INTRODUCTION**

Dengue (break-bone fever) is a viral infection that spreads from mosquitoes to people. It is more common in tropical and subtropical climates. Most people who get dengue will not have symptoms. But for those who do, the most common symptoms are high fever, headache, body aches, nausea, and rash. Most will get better in 1–2 weeks. Some people develop severe dengue and need care in a hospital. In severe cases, dengue can be fatal. One can lower risk of dengue by avoiding mosquito bites especially during the day. Dengue is treated with pain medicine as there is no specific treatment currently. About half of the world's population is now at risk of dengue with an estimated 100–400 million infections occurring each year. Dengue is found in tropical and sub-tropical climates worldwide, mostly in urban and semi-urban areas. While many dengue infections are asymptomatic or produce only mild illness, the virus can occasionally cause more severe cases, and even death. Prevention and control of dengue depend on vector control. There is no specific treatment for dengue/severe dengue, and early detection and access to proper medical care greatly lower fatality rates of severe dengue.

Chikungunya is a mosquito-borne viral disease caused by the chikungunya virus (CHIKV), an RNA virus in the alphavirus genus of the family Togaviridae. The name chikungunya derives from a word in the Kimakonde language, meaning "to become contorted". Chikungunya is a disease transmitted to humans by mosquitoes in Africa, Asia, and the Americas; sporadic outbreaks have been reported in other regions. Dengue and Zika have similar symptoms to chikungunya, making chikungunya easy to misdiagnose. Chikungunya causes fever and severe joint pain, which is often debilitating and varies in duration; other symptoms include joint swelling, muscle pain, headache, nausea, fatigue and rash. There is currently no approved vaccine or specific treatment for chikungunya virus infections. Due to the challenges in reporting and diagnosis, the number of people affected by chikungunya is

underestimated. Severe symptoms and deaths from chikungunya are rare and usually related to other coexisting health problems.

#### **Activity**

NSS unit of MKSSS'S Smt. Bakul Tambat Institute of Nursing Education conducted rally on Dengue and Chikungunya at Kamshet, Tal- Mawal, Pune, on 23<sup>rd</sup> October 2024 along with the 2 NSS officers Mrs. Avantika Anturkar, and Ms. Akshata Tendulkar. All the NSS volunteers conducted a rally throughout the village holding the college banners & various Audio visual aids like flash cards & charts. The villagers were made aware about Dengue and Chikungunya, its prevention & under the guidance of NSS officers.

All the NSS volunteers participated in making the audio visual aids for the rally. The program was organized and guided with the help of the NSS in charge.



**Sign of NSS officer**



**Sign of Principal**

**PRINCIPAL**

**Sharshi Karve Stree Shikshan Samstha's  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052.**

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE 52

# REPORT ON 'MAHILA MELAVA'

**2024 -2025**

(Date:25/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE 52**

**Date:** - 25<sup>th</sup> October 2024

**Time:** - 10.00 am- 2.00 pm

**Venue:** - Kamshet, Tal- Mawal, Pune

**'MAHILA MELAVA'**

**INTRODUCTION:**

Empowering women means equipping them with the tools they need to have power and control over their own lives. Empowered women have independence, equal opportunities, and the ability to make strategic choices in all areas of their lives. These steps allow women to secure their incomes. The objective of these meetings is to bring all women together, make them aware of each other's skills, culture, and knowledge, and provide an opportunity for discussion on health problems and prevention.

**ACTIVITY:**

Mahila Melava has been arranged by the NSS unit of 25 students and 3 NSS officers of MKSSS'S Smt.Bakul Tambat Institute Nursing Education on 25<sup>th</sup> October 2024 at Kamshet, Tal- Mawal, Pune. For this program, women of Kamshet goan were invited.

In the program firstly lamp lighting and Garlanding was done of God Saraswati followed by Ishastawan and welcome song. Volunteer introduced the overall program schedule after that felicitation of guests was done. Volunteer gave health education to women on topics like women's empowerment, anemia, and menstrual hygiene with the different A.V aids like charts, flashcards, etc. for easy understanding to them. Chief guest talked about exercises during pregnancy, positions during labor and labor process. He then introduced and explain about his invention (Lajjagauri) for pelvic exercises during pregnancy.

Dohaljevan (babyshower) program was also arranged for women. As a token of love NSS volunteers gave gifts to them. In all program, NSS volunteers actively participate. All program was organized and guided with the help of the NSS in charge.



Sign of NSS Incharge



Sign of Principal

**PRINCIPAL**  
Maharshi Karve Stree Shikshan Samstha's  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052.

MAHARSHI KARVE STREET SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE-52.

# REPORT ON SWACCHATA ABHIYAN

2024-2025

(DATE: 21/10/2024)



एक कदम स्वच्छता की ओर

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE- 52.**

**Date:** -21<sup>st</sup> October 2024

**Time:** 1:00 pm – 3:00 pm.

**Venue:** Kamshet, Tal- Mawal, Pune

**SWACCHATA ABHIYAN**

**Introduction**

A clean and green environment is a basic ideology in sustainable development. A whole lot of diseases can be traced back to unhygienic environments and irresponsible waste disposal. The importance of cleanliness is known to all now, yet people try to keep their homes clean while they somehow just forget that they are responsible for the cleanliness of the environment as well, that they are responsible for any waste they generate and that just getting rid of it from their house won't help. It could be due to lack of knowledge or due to sheer laziness or due to irresponsibility. Sometimes all it takes is a reminder.

**Activity**

MKSSS Bakul Tambat institute nursing education's NSS UNIT of 25 students and 2 NSS officers Mrs. Samina Mulani, Miss Akshata Tendulkar has conducted Swacchata Abhiyan on 21<sup>st</sup> October 2024 at Kamshet Gaon in Mawal Taluka Dist. Pune.

During the Swacchata Abhiyan, all the NSS volunteers cleaned the surrounding at Ashramshala Kamshet by collecting the waste in the environment. Volunteers also made various Audio visual aids like flash cards & charts. The villagers were made aware about the harmful effects of the open waste discard, and waste disposal under the guidance of NSS officers.

  
Sign of NSS officer

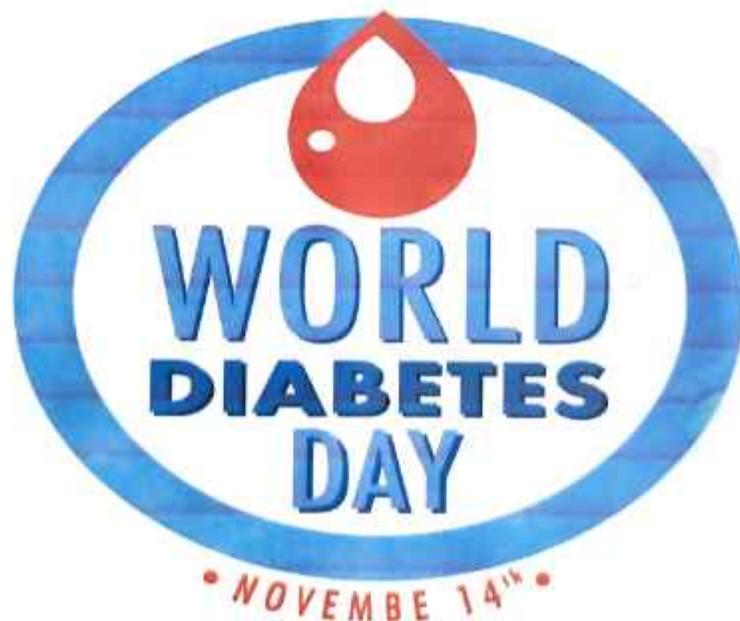
  
Sign of Principal  
**PRINCIPAL**  
Maharshi Karve Stree Shikshan Samstha's  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE – 411052.

# REPORT ON

# DIABETES DAY

# 2024



Date: 12/11/2024

**Circular**

**Celebration of World Diabetes Mellitus Day 14<sup>th</sup> November 2024.**

This is to inform you that on World Diabetes Mellitus Day, the medical-surgical nursing department of MKSSS Smt. Bakul Tambat Institute of Nursing Education Karvenagar, Pune, is organizing various activities in Kamla Nehru Hospital, Sutar Hospital, Community area and College on 14<sup>th</sup> November 2024.

**Theme: "Breaking Barriers, Bridging Gaps: Uniting to strengthen diabetes well-being."**

**Schedule for World Diabetes Mellitus Day celebration on 14<sup>th</sup> November 2024.**

Sr. No	Name of activity	Time	Venue
1	Theme Talk	10.00am-11.00am	MKSSS, BTINE
2	Health Education on Diabetes Awareness	11.00am-12.00pm	Kamla Nehru Hospital and Sutar Hospital, Vadar Vasti, Karvenagar, Pune
3	Spot Reel Competition	3.00pm-4.00pm	MKSSS, BTINE
4	Quiz competition on diabetes Awareness	4.00pm-4.45pm	MKSSS, BTINE

Thanking you.

  
Yours Sincerely,

**PRINCIPAL**  
Maharshi Karve Stree Shikshan Samstha's  
Smt. Bakul Tambat Institute of  
Nursing Education  
Karvenagar, Pune-411052.

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S**  
**SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION**  
**KARVENAGAR, PUNE – 411052.**  
**REPORT ON DIABETES DAY**

**Activity Name-** World Diabetes Mellitus Day

**Date –** 14<sup>th</sup> November 2024.

**Time-** 10.00 am to 4.45 pm

**Venue-** MKSSS BTINE, Kamla Nehru Hospital, Sutar Hospital and Vadar Vasti.

On the occasion of World Diabetes Mellitus Day, the medical surgical nursing department of MKSSS Smt. Bakul Tambat Institute of Nursing Education Karvenagar, Pune celebrated on 14<sup>th</sup> November 2024.

World Diabetes Day is one of the largest diabetes awareness campaign organized every year, with its presence in more than 160 countries reaching and impacting the life of more than 100 crores with its awareness campaigns, advocacy for better access to treatment and quality informational content to tackle diabetes.

This is an opportunity to raise awareness about the impact of diabetes on people's health and to highlight the opportunities to strengthen the prevention, diagnosis, and treatment of diabetes.

This year's theme, "Breaking Barriers, Bridging Gaps," underpins our commitment to reducing the risk of diabetes and ensuring that all people diagnosed with diabetes have access to equitable, comprehensive, affordable, and quality treatment and care. Join us in raising awareness, spreading knowledge, and creating lasting change for all affected by diabetes.

We had organized various activities like theme talk as well as, reel competition, quiz competition, and health education on healthy diet and exercise for diabetes mellitus in various areas i.e. MKSSS BTINE Pune, Kamla Nehru Hospital Sutar Hospital and Vadar Vasti.

The day was celebrated in a very innovative way. Community people and students' responses are very good.



**Sign of HOD**





**Sign of Principal**  
**PRINCIPAL**

**Maharshi Karve Stree Shikshan Samstha's**  
**Smt. Bakul Tambat Institute of**  
**Nursing Education**  
**Karvenagar, Pune-411052.**

MAHARSHI KARVE STREET SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE-52.

**Report on**  
**Motivational session**  
**on**  
**Ahilyabai Holkar**

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE-52.**

**Session on-Punyashloak Ahilyabai Holkar**

**Venue-Multipurpose Hall of MKSSS BTINE**

**Date-30/11/2024**

**Introduction:**

Rajmata Ahilyabai Holkar was the Holkar Queen of the Malwa kingdom. She is regarded as one of the most visionary female rulers of India. In the 18th century, as the Maharani of Malwa, she was instrumental in spreading the message of dharma and propagating industrialization.

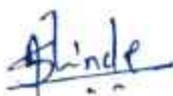
Ahilyabai's military prowess was equally remarkable. She personally led her armies into battle and defended her kingdom against numerous invasions. Her strategic acumen and courage on the battlefield ...

Despite the challenges and adversities, she faced, Ahilyabai remained a beacon of resilience and determination. Her leadership style, characterized by empathy and inclusivity, endeared her to her subj...

As we commemorate the 300th birth anniversary year of Ahilyabai Holkar, it is essential to recognize and celebrate her multifaceted contributions to society. Her legacy as a valiant warrior, visionary leader, and cultural patron continues to inspire generations. Rajmata Ahilyabai Holkar's life and achievements are a testament to the enduring power of resilience, courage, and unwavering commitment to the greater good.

**Activity:**

MKSSS BTINE arranged motivational session on 30<sup>th</sup> November 2025 for students. 73 students attended the session. Mrs. Maityretai Shirodkar was speaker for the session. Mrs. Maitreyi madam told detail history of Rajmata Ahilyabai Holkar. All students actively participated in the session.



**Sign of NSS officer -**



**Sign of Principal**  
PRINCIPAL

Maharshi Karve Stree Shikshan Samstha  
Smt. Bakul Tambat Institute ...  
Nursing Education  
Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE – 52

**REPORT  
ON  
NATIONAL  
YOUTH CONVENTION  
DAY-2024**



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION  
KARVENAGAR, PUNE – 52**

**National Youth Convention Day 2024-2025**

**Date:** 30<sup>th</sup> November 2024 & 12<sup>th</sup> January 2025

**Time:** 09:00 am to 3:00 pm

**Venue:** Multipurpose Hall, MKSSS BTINE  
Karvenagar Pune-411052

National Youth Convention Day is celebrated on 12<sup>th</sup> January 2025 and is also known as Rashtriya Yuva Diwas. The day is observed to commemorate the birth anniversary of Swami Vivekananda, one of the greatest philosophers and spiritual leaders. In 1984, the Indian Government first declared to celebrate the birthday of Swami Vivekananda i.e. 12 January as National Youth Day. Since then the day has been celebrated as National Youth Day all over the country. The government's aim is to make a better future for the country by motivating the youths through the way of their life and ideas of the Swami Vivekananda. It is a great way to wake up the eternal energy of the youth as well as to make the country develop.

Our college MKSSS Smt. Bakul Tambat Institute of Nursing Education Karvenagar Pune had arranged one day session with intercollegiate online quiz competition at MPH for the students of 1<sup>st</sup> and 2<sup>nd</sup> year GNM. There were total 154 students and 3 teachers who attended these sessions.

A motivational quiz session based on the "**Thoughts of Swami Vivekananda**" was organized by Sri Sarada Math, aiming to uplift the minds and spirits of young learners. Students explored themes of self-confidence, strength, service, and spiritual growth, all rooted in Vivekananda's timeless wisdom. The session helped students: Understand the value of character and courage, Realize the strength of youth and inner potential, connect deeply with values that build a purposeful life, learn to turn knowledge into action and inspiration

On the occasion of National Youth Day, commemorating the birth anniversary of Swami Vivekananda, Sri Sarada Math announced the results of the Intercollegiate Online Quiz Competition held for students across various institutions. The quiz was centred around the inspiring "**Thoughts of Swami Vivekananda**", aiming to encourage youth to imbibe his ideals of strength, knowledge, and service. The prize distribution ceremony was held with great enthusiasm at Sri Sarada Math premises, where the winners were honoured in the presence of dignitaries, faculty members, and students on 12<sup>th</sup> January 2025.

We are proud to share that student from our college performed exceptionally well:

- ☐ **1st Rank** – Dnyaneshwari Varate (2nd Year GNM)
- ☐ **2nd Rank** – Payal Gaikwad (2nd Year GNM)
- ☐ **3rd Rank** – Arpita Gaikwad (1st Year GNM)

The program concluded with words of encouragement from the organizers, highlighting the importance of youth leadership, self-discipline, and spiritual growth inspired by Swami Vivekananda. After the formal ceremony, refreshments and snacks were served to all participants and guests, fostering a sense of community and celebration. The event was a great source of motivation and served as a reminder to the students to continue striving towards academic excellence and moral development.

  
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**REPORT ON**  
**POSHAN**  
**PAKHWADA**  
**2025**

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S,  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION,  
KARVENAGAR, PUNE- 52  
POSHAN PAKHWADA 2025**

**Date:** 08/04/2025 to 22/04/2025

**ORGANIZER'S:** Mrs. Ashwini Bhosale, Mrs. Shital Chirke.

**INTRODUCTION**

The Women and Child Development Ministry is celebrating "Poshan Pakhwada" 2025 to promote nutrition awareness, improve health outcomes, and empower communities. This initiative is part of Mission Poshan 2.0, which focuses on reinforcing community engagement processes and fostering the empowerment of both individuals and communities.

7th edition of Poshan Pakhwada is being organised from 8th April to 22nd April 2025.

Poshan Abhiyan aims to promote a healthy and nutritious diet among children and women with the blend of technology and tradition.

- Poshan Pakhwada 2025 focuses on the first 1,000 Days of child's life as it is a critical period for child development.
- Use of technology - Poshan Tracker enables real-time monitoring of nutrition services at Anganwadi Centres.
- Beneficiaries can now self-register via the Poshan Tracker Web App for improved access.
- Community-Based Management of Acute Malnutrition (CMAM) Protocol helps in early detection and community-based management of malnutrition.
- Poshan Pakhwada also focuses on childhood obesity by promoting healthier food choices.



#### ACTIVITY :-1

- On occasion of "Poshan Pakhwada" celebration on 9<sup>th</sup> April 2025, our college 1<sup>st</sup> year GNM students under guidance of Mrs. Ashwini Bhosale and Mrs. Shital Chirke madam, conducted health education related Nutrition topics in Karvenagar anganwadi, in presence of antenatal mothers, Under five children's and their parents, Anganwadi sevika.
- In that student given all information regarding nutrition topics and this programme was completed successfully.
- Our students covered following topics related nutrition: -
  - 1) Balance diet
  - 2) Protein rich diet
  - 3) Diet in anaemia
  - 4) Malnutrition
  - 5) Diet in Pregnancy

#### ACTIVITY :-2

- On occasion of "Poshan Pakhwada" celebration on 10<sup>th</sup> April 2025, our college ANM students under guidance of Mrs. Shital Chirke madam, conducted health education to antenatal mothers related to ANC care topics in Sutar hospital.
- Our students covered following topics related nutrition: -
  - 1) ANC care
  - 2) Importance of breast feeding
  - 3) Diet in anaemia
  - 4) Weaning
  - 5) Postnatal care
  - 6) Balance diet

### ACTIVITY :-3

- On occasion of "Poshan Pandharwada" celebration on 17<sup>th</sup> April 2025, our college ANM students under guidance of Mrs. Shital Chirke madam and Ashwini Bhosale conducted rally regarding awareness related to obesity in children and importance of Balance diet in Karvenagar, Anganwadi area.
- On 17<sup>th</sup> April 2025, lecture planned on "Poshan tracker App" by Anganwadi sevika for our ANM students. In that they Mrs. Barve madam given information regarding Poshan track app.



  
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# REPORT ON SOCIAL EQUALITY WEEK

(9<sup>th</sup> April to 14<sup>th</sup> April 2025)



## **INTRODUCTION:**

Celebration of Social Justice Equity Week is a cultural event for people across India. This celebration takes place from April 9 through April 15, in honor of the birth anniversaries of two of India's great social reformers and antidiscrimination crusaders, Mahatma Jyotirao Phule, and Bharat Ratna Dr. Babasaheb Ambedkar;

The United Nations established this day in 2007 to promote social justice as a fundamental principle for peace and development. The 2025 observance focused on "Strengthening a Just Transition for a Sustainable Future," highlighting the importance of inclusive policies in ensuring that climate action leads to more and better jobs, reduces inequalities, and fosters sustainable development. In India, various initiatives support social justice, including the Pradhan Mantri Anusuchit Jaati Abhyuday Yojana (PM-AJAY), which aids Scheduled Caste communities through skill development and infrastructure projects. While the official observance has passed, it's an opportune time to reflect on and engage with ongoing efforts toward social justice in our community. Bharat Ratna Dr. Babasaheb Ambedkar has tried to create unity in Indian society through the principles of freedom, equality and fraternity for the country through the Constitution of India. In accordance with this principle of the Constitution of India, the State Government is constantly striving to provide social justice, economic and social protection to the Scheduled Castes, Scheduled Tribes and other weaker sections as well as all kinds of oppressed and exploited people. To make the public aware of the various welfare schemes implemented by the State Government and to create public awareness among the people, the Government has decided to celebrate the program "Bharat Ratna Dr. Babasaheb Ambedkar Social Equality Week" every year from 8th April to 14th April.

## **ACTIVITIES: from (8<sup>th</sup> -14<sup>th</sup> April 2025)**

Bharat Ratna Dr. Babasaheb Ambedkar Social Equality Week was inaugurated by reciting the Preamble of the Indian Constitution and creating awareness among the students and informing the students about the scholarship scheme of the Social Welfare Department, Bharat Ratna Dr. Babasaheb Ambedkar Swadhar Yojana.

College conducted following activities on life of Dr. Babasaheb Ambedkar and Mr. Mahatma Jyotiba Phule

1. Elocution
2. Essay competition
3. Speech
4. Video clip
5. Rally on social equity
6. Blood donation camp

We also organize a blood donation camp in the college in collaboration with the District Health Officers.

In essay competition students participated creative competitions on theme like Biography of Dr. Babasaheb Ambedkar, in this activity three students got prize, their writing content was relevant, strength is adequate and word clarity was good.

Speech given by Mrs. Rupali Dhume on Life of Mr. Mahatma Phule, she explained very well about the life of Mr. Mahatma Phule journey, and struggle to achieve the goal of life how they are contributing their work in field of education for all, Women rights, Satyashodhak samaj, Literary work. It was excellent speech, and it was useful for our students.

On the memory of Dr. Babasaheb Ambedkar our Samath's organized blood donation camp, total 115 participants are eligible to give blood donation out of 216

#### CONCLUSION:

Social equity week was a successful initiative that brought crucial conversations to the forefront. It highlighted the importance of continuous efforts toward building an inclusive society where everyone has equal opportunities regardless of their background.



Signature of NSS officer:



Signature of Principal:  
PRINCIPAL

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# **BLOOD DONATION CAMP 2024-2025**

(DATE: 18 -04-2025)



**MAHARSHI KARVE STREESHIKSHAN SAMSTHA'S,  
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION,  
KARVENAGAR, PUNE- 52.**

**Date:** 18/04/2025

**Time:** 09:00 am – 2:00 pm.

**Venue:** ICHALKARANJI HALL MKSSS BTINE, PUNE 52.

**Blood Donation campaign.**

**Introduction**

Blood donation is a vital part of worldwide healthcare. It allows for blood transfusion as a life-sustaining and life-saving procedure. Over one hundred million units of blood are donated each year throughout the world. This activity reviews donor eligibility and selection, adverse effects of donation, and pathogen reduction and inactivation for donated blood.

Blood donation for transfusion is a vital step in the management of many clinical problems, with the two primary indications being anemia and acute blood loss. Blood donation itself is also used to primarily treat a small subset of medical conditions. At the beginning of the 20th century, Karl Landsteiner identified ABO blood groups, at which time blood typing of individuals was only beginning to be adopted as a universally standard practice.

Due to the inability to prevent blood from clotting once removed from the donor and thus store and transfer blood to be delivered when needed later, transfusions were only carried out on a limited basis. Blood was transfused directly from donor to recipient without intervening storage or transport. This method worked for small numbers of patients and only on a small scale, as donors and recipients needed to be connected both in time and space. There was a time when lists of donors were maintained of persons locally available to be called in to donate to patients at any time as needed. Necessity drove the development of more flexible donation and storage practices when World War I began. "On-demand" blood donation was not feasible for such a large scale effort. Soldiers were dying of otherwise non-fatal wounds due mainly to the inability to perform a timely blood transfusion.



**Activity.**

MKSSS BTINE conducted Blood Donation at Ichalkaranji hall of Smt. Bakul Tambat Institute of Nursing Education, Pune. Camp organized by MKSSS BTINE'S NSS teachers and volunteers with Janklyan blood bank.

During the blood donation hemoglobin and blood group checking etc. activities were done. All 50 NSS volunteer were participated in this camp. Volunteers helped in this programme to the doctors for physical examination, checking vital signs, history taking and also assist to doctor during hemoglobin testing and blood screening.

Total 216 participants were registered in the camp out of 115 were eligible for donating blood. In this camp the NSS volunteers have given information to the participants about the importance of blood donation, prevention of Anemia.

After blood donation, the participants were given snacks & refreshments & were educated about the care to be taken after the donation was complete for next 24 hours. Confidentiality has maintained during and after treatment.



Sign of NSS officer



Sign of Principal

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