



Committed to developing "Conscientious, Confident & Caring quality nursing professionals"
MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S

Smt. Bakul Tambat Institute of Nursing Education
(Affiliated to MSBNPE, MNC, MUHS & INC, NAAC Accredited) 'A' Grade



CRITERON III

RESEARCH, INNOVATION AND EXTENSIONS

(2024-2025)

**3.4.2-Number of students participating in extension and
outreach activities during the year.**

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 52

REPORT ON WORLD ENVIRONMENT DAY

**"LAND RESTORATION,
DESERTIFICATION, AND DROUGHT
RESILIENCE".**

(Date: 05/06/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 52**

World Environment Day

Theme: Land restoration, desertification, and drought resilience

Date: 05/06/2024

Time: 3.00 pm to 4.00 pm

Venue: Classroom of 3rd GNM, MKSSS BTINE, Karvenagar, Pune.

Activity: Introduction of Indian Environmentalist, My action plan activity

On the occasion of World Environment Day NSS department MKSSS BTINE, Karvenagar, Pune organized various activities such as Introduction of Indian Environmentalist, My action plan activity. Celebration is attended by 3rd GNM Students. Introduction is done by Ms. Akshata Tendulkar. 10 Indian Environmentalist and their work is introduced to students. Students then share their activity plan about how they are going to involve in improvement of environment and its restoration.

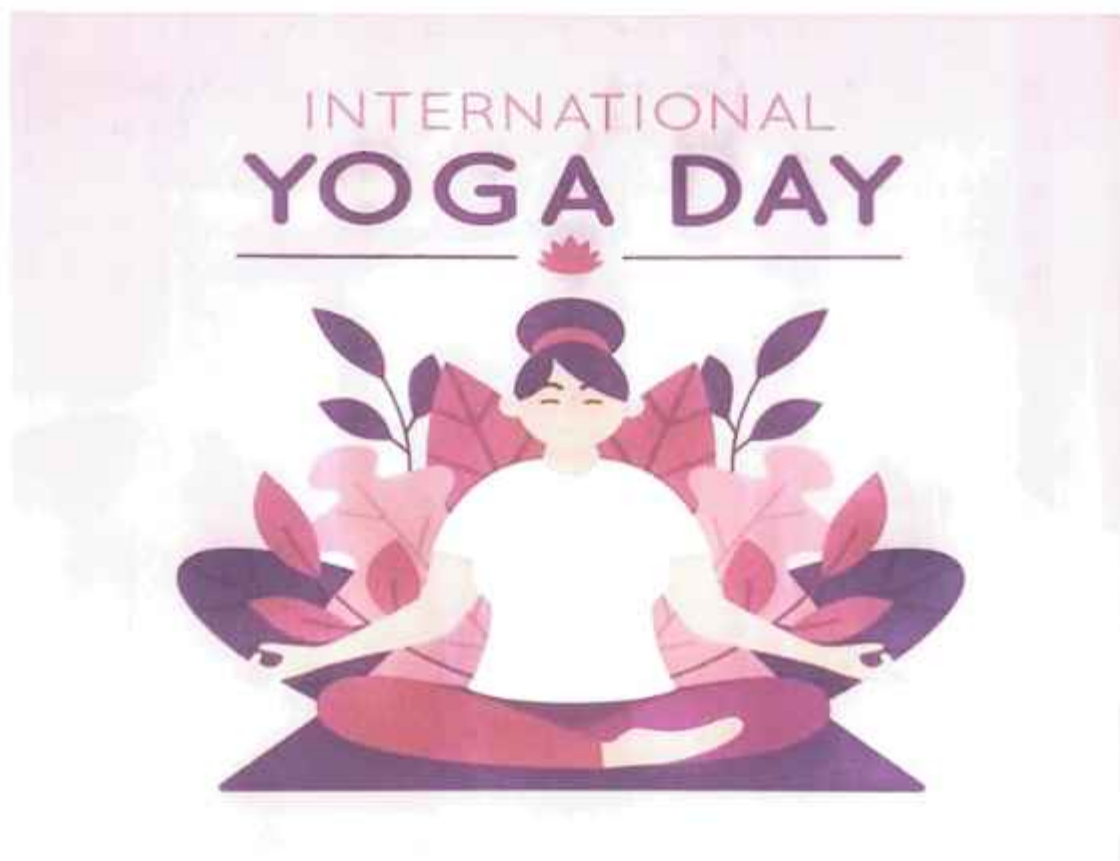

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KARVENAGAR, PUNE 52**

REPORT ON INTERNATIONAL YOGA DAY



(Date: 22/06/2024)

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 52**

International Yoga Day 2024

Date: 22/06/2024

Time: 8.00 am to 10.00 am

Venue: Multipurpose hall, MKSSS BTINE, Karvenagar, Pune.

On the occasion of International Yoga Day 2024 NSS department MKSSS BTINE, Karvenagar, Pune organized yoga day celebration. Mrs. Sandhya Suresh Patil and Mr. Ranjesh Mohite invited to talk about importance of yoga in life. They also took yoga session for the students in which various asana were taught to students. Introduction is done by Ms. Akshata Tendulkar. Program concluded with prayer.


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KARVENAGAR PUNE-411052

REPORT ON

RED CROSS COUNSELOR

TRAINING COURSE

Date: 3rd August 2024



**YOUTH
RED
CROSS**

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KARVENAGAR PUNE
REPORT ON RED CROSS COUNSELOR TRAINING COURSE**

DATE: 03/08/2024

TIME: 9:00 am-5:00 pm

VENUE: Modern Education Society's Ness Wadia College of Commerce, Pune

ARRANGED BY: Indian red cross society, Pune district branch.

PROGRAM ATTENDED BY: 1. Mrs.Ashwini Sutar

2. Mrs.Shital Patil/Chirke

Indian red cross society, Pune district branch organized one day counsellors training program at Modern Education Society's Ness Wadia College of Commerce, Pune on 3rd August 2024. The program is attended by teachers (counselors) of various schools and colleges of Pune city. There were around 80 participants present.

The program started with flag Hosting, Lighting of Lamp and Pledge. IRCS principles, activities and organization lecture done by Prof.R.V. Kulkarni (Hon.Secretary, IRCS Pune).

JRC/YRC principles, activities were explained by Dr.Prakash Chaudhari (Vice Principal Ness Wadia College of commerce, Pune)

Importance of First aid training and Disaster management session was presented by Dr.Rajkumar Shaha,(Chairman disaster Relief committee). The action plan was explained by Ms.Usha Salvi(Hon.Secretary JRC/YRC Pune) and Dr.Abaso Shinde(Counselor,Modern College Ganeshkhind,Pune).

All the sessions were very informative and interactive. The session ended by a vote of thanks and certificate distribution.

Documented by

- 1) Mrs. Ashwini Sutar
- 2) Mrs. Shital Chirke



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KARVENAGAR, PUNE-52.

Report on
Maha-Aarogyashibir
4/08/2024

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
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KARVENAGAR, PUNE-52.

Maha-arogya camp

Venue-Shivaji nagr,Pune

Date-04/08/2024

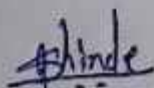
Introduction:

The "Maha Arogya Shibir" is a highly anticipated event organized by the esteemed Hon. MLA Vinayak (Aaba) Nimhan, in association with the Someshwar Foundation, to mark his birthday. This mega health camp is set to take place on August 4, 2024, at the Krushi Mahavidyalay Ground in Singh Nagar, Bhosale Nagar, Pune. Running from 9 AM to 4 PM, this camp is designed to provide comprehensive health services to the community, completely free of charge. It reflects a commitment to enhancing public health and ensuring access to essential medical care for all individuals, irrespective of their socio-economic status. One of the standout features of the Maha Arogya Shibir is its extensive range of medical services. Attendees will have access to free treatments for over 971 different diseases, covering a vast spectrum of health concerns. From routine check-ups and diagnostics to specialized treatments and surgical procedures, the camp promises a holistic approach to healthcare.

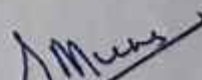
In addition to the medical services, the Maha Arogya Shibir also aims to raise awareness about the importance of regular health check-ups and preventive care. By offering free services, the camp encourages individuals who might otherwise forgo medical attention due to financial constraints to take proactive steps towards maintaining their health. This initiative not only addresses immediate health issues but also promotes a culture of health consciousness and proactive healthcare management among the community members.

Activity:

MKSSS BTINE NSS department 3 faculty and 49 students attended Maha Arogya shibir at Shivajinagar, Pune. Camp was organized from 8am to 6pm. All NSS volunteers are divided in various clinical OPDS where they help physician to assess patient and give proper care to them. NSS students actively participated in camp.



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KARVENAGAR, PUNE 411052

REPORT ON

WORLD BREAST FEEDING WEEK

2024-2025

(1st to 7th August 2024)



WABA | WORLD BREASTFEEDING WEEK 2024

Ref.No. /INE/2024

Date: 23/07/2024

Circular

This is to inform you that Obstetrics and Gynaecological Department is organizing **Breast Feeding Week** on theme of "Closing the gap: Breastfeeding support for all." from 1st August to 7th August 2024 as per given below schedule:

Sr. No.	Date	Time	Speaker	Topic
1.	01-08-2024	10am to 12pm	Mrs. Ashwini Sutar 2 nd Year ANM & 3 rd Year GNM students	Unveiling the theme for Breastfeeding Week.
2	03-08-2024	03pm to 05pm	Dr. Vishakha Haribhakt (Mrs. Shailaja M J Mathews) 2 nd Year ANM & 3 rd Year GNM, 4 th year B.B.Sc. students	In detail about Breastfeeding week and Human Milk Bank
3	07-08-2023	09am to 04pm	Ms. Rau A Sangave Ms. Avantika Divekar 2 nd Year ANM & 3 rd Year GNM students	Health Education, Role Play and Poster Exhibition on Breast Feeding in Kamla Nehru Hospital

Overall Event coordinator: Mrs. Ashwini Sutar: 9850771785



Sign of HOD

Mrs. Ujwala Jadhav



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Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052

World Breastfeeding Week 2024: Closing the Gap: Breastfeeding Support for All

World Breastfeeding Week is held in the first week of August every year, supported by WHO, UNICEF and many Ministries of Health and civil society partners. The theme for 2024 is "Closing the gap: Breastfeeding support for all."

The campaign will celebrate breastfeeding mums in all their diversity, throughout their breastfeeding journeys, while showcasing the ways families, societies, communities, and health workers can have the back of every breastfeeding mum.

From August 1 to 7, the world celebrates World Breastfeeding Week. Breastfeeding is one of the most effective ways to ensure child health and optimal early childhood development, providing babies with their first immunization and all the nutrients required for their optimal brain development and growth. However, many mothers and infants lack the necessary support to start and continue breastfeeding successfully. Globally, only 44 per cent of infants are exclusively breastfed in the first six months of life. This figure is 42 per cent in India, falling short of the Sustainable Development Goal target of at least 70 per cent by 2030.

Over the past years, India has witnessed increased aggressive promotional activities by manufacturers of breast milk substitutes through health workers and the promotion of specific products covered under the Code of Marketing of Breast Milk Substitutes, including formula milk and follow-on milks marketed as 'supplementary' to breastfeeding. Marketing influences social norms by making formula use seem extensive, modern, and comparable to or better than breast milk.

To address this, comprehensive breastfeeding support must be available to all mothers, regardless of their circumstances. This includes paid maternity leave, access to unbiased and medically sound information on first foods for infants and working environments that allow mothers to breastfeed. Young and working mothers, mothers with disabilities as well as those living in poverty, with HIV and in emergency situations all require tailored information, counselling, and practical assistance to breastfeed.

World Breastfeeding Week 2024, the Government of India, UNICEF and the World Health Organization together with their partners aim to

- (1) Inform people about the benefits of breastfeeding and the inequalities that exist in breastfeeding support and prevalence across rural and urban areas, education and employment status and wealth quintiles;
- (2) Anchor breastfeeding as an equalizer to close gaps in information, promotion and support within society;
- (3) Engage with individuals and organizations to enhance collaboration and support for breastfeeding.

The health sector alone will not yield the desired outcomes for supporting and promoting breastfeeding. Hence, the Government of India, UNICEF and the World Health Organization call for action for a whole-of-society multi-sectoral approach to support breastfeeding in the Country.

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Name of the activities: 1. Lecture by Dr. Lawanya Raste & Dr. Vishakha Haribhakt
Lactational consultant, Deenanath Mangeshkar Hospital, Pune

Date: 3rd of August 2024

Venue: ~~Saundhavan auditorium, 8th Floor, Phase I, Deenanath Mangeshkar Hospital, Pune~~

Teacher supervisor: Mrs. Shailaja Mathews, Lecturer, MKSSS BTINE Pune

Dr. Vishakha Haridas and Dr. Lawanya Raste Lactational consultant, Deenanath Mangeshkar Hospital, conducted a lecture on 'The Role of Midwives and Nurses in Protecting, Promoting and Supporting Breastfeeding'.

Midwives and nurses play a vital role in protecting, promoting and supporting breastfeeding worldwide. Skilled breastfeeding support from midwives and nurses helps prevent childhood infections and mortality, while boosting cognitive development and decreasing rates of obesity, diabetes and maternal and child cancers. Bonding and attachment are intrinsic to the breastfeeding relationship and foster mental and emotional health and development for both mother and child. Universal breastfeeding could prevent 823,000 child deaths and 20,000 maternal deaths each year and spur significant economic savings.

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REPORT
ON
HAR GHAR TIRANGA
ABHIYAN

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052**

Har Ghar Tiranga abhiyaan

Date: 13/08/2024 to 15/08/2024

Time: 7.00AM to 5.00pm

Venue: MKSSS BTINE campus, Karvenagar, Pune 52.

Introduction:

Har Ghar Tiranga' is a campaign that started under the aegis of Azadi Ka Amrit Mahotsav to encourage people to bring the Tiranga home and to hoist it to mark India's independence. It stemmed from the thought that our relationship with the national flag has always been more formal and institutional than personal. Bringing the flag home collectively as a nation thus became symbolic of not only an act of personal connection to the Tiranga but also an embodiment of our collective commitment to nation-building. The idea behind the initiative was to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian National Flag. The Ministry of Culture is the nodal ministry for Har Ghar Tiranga.

Activity:

MKSSS BTINE celebrated "Har ghar Tiranga abhiyaan" from 13th August to 15th August 2024. 49 NSS volunteers and teachers participated in this program. Three days various activities were conducted including swatchta abhiyaan, patriotic song singing etc. implemented during these campaign. All volunteers actively participated in the campaign.

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KARVENAGAR, PUNE-52

REPORT ON
‘CONSTITUTION DAY’
2024-2025



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT.BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-52**

Date: - 26/11/2024

Time: - 08:00am-11:00am

"Constitution Day"

Introduction:

Constitution day is also known as "National Law Day", is celebrated in India on 26th November every year commemorate the adoption of the Constitution of India. On 26th November 1949, the constituent's assembly of India adapted to the Constitution of India, and it came into effect on 26th January 1950.

Since 2015 was the 127th birth anniversary year of B.R. Ambedkar (14th April 1891- 6th December 1956), who is known as the father of Indian constitution, the government decided in May 2015 to celebrate this year "in big way". A special committee chaired by Prime minister of India was announced for year-long celebrations. Various programs will be held by various ministries and departments throughout the year to spread thoughts and ideas of Ambedkar. As part of the celebration while laying foundation stone for an Ambedkar memorial at the Indus Mills Compounds in Mumbai in October 2015, the Prime minister of India Narendra Modi announced that 26th November will be celebrated as "Constitution Day". In November 2015, the government officially announced celebration of constitution day.

Activity:-

On occasion of constitution day rally was organized by MKSSS Smt. Bakul Tambat Institute of Nursing Education in collaboration with Assistant Commissioner, Samaj Kalyan, Pune and Dr. Babasaheb Ambedkar Research and Training Institute (Baarti), Pune.

The program began with garlanding the statue of Dr. Babasaheb Ambedkar, Pune, Camp and further followed with an awareness rally regarding our Indian constitution amongst our community.

The rally initiated from Dr. Babasaheb Ambedkar statue, near Westend theater, Pune, Camp till Dr. Babasaheb Ambedkar statue, District Office near Pune Railway Station.

Many colleges and school's students were enthusiastically participated in the rally.

Students prepared attractive charts, flashcards, banners, slogans etc. Few students were dressed up like Dr. Babasaheb Ambedkar, Rama Mata, Shahu Maharaj, Pandit Nehru.

MKSSS BTINE faculty Ms. Nutan, Ms. Samruddhi Kadam and Ms. Himani Khandale were present for the rally along with students.



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REPORT ON

SESSION ON

BODY AND ORGAN DONATION

2024-2025

(DATE: 27/08/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 52.**

Date: 27th August 2024

Time: 4:00 pm – 5:00 pm.

Venue: Multipurpose Hall, MKSSS BTINE, Karvenagar Pune.

Organizers: NSS department MKSSS BTINE and foundation of body and organ donation,
Maharashtra

Topic: body and organ donation

Speakers: Dr. Arun Halabe, Chairman, foundation of body and organ donation, Mr. Prashant
Pagnis, vice president Foundation of body and organ donation

Session on Body and organ donation

Introduction

Organ donation can be defined as the process of transplanting an organ or tissue from one person to another person through surgical methods. The recipient performs the transplantation because of organ failure or damage caused by disease or injury. Organ donation marks the advancement of science in the medical sector.

People of all ages can perform organ donation. Organ donations are completely voluntary actions, and people cannot be compelled to engage in these activities. Illiteracy, lack of proper guidance, lack of awareness, the fright of surgery, etc., are some of the major reasons that stop a person from engaging in such charity practices. People hesitate to donate organs because of their misunderstandings related to organ donation procedures. Myths and misconceptions about organ donation have to be cleared from people's minds.

The kidney, eyes, liver, heart, skin tissues, small intestines, and lungs are some of the organs that people commonly donate. Participation in organ donation is a great form of charity and social service. It marks the contribution of individuals after death. We all should pledge to donate our organs to save lives and promote the importance of organ donation by participating in various campaigns.

World Organ Donation Day is observed annually on August 13. It is celebrated by people worldwide to raise awareness about the necessity of organ donation in society. The World

Health Organisation and other health organisations conduct live classes on health-related topics to educate people. Essay writing activities on topics like the necessity of organ donation in society and organ donation essay are excellent tools for teaching the little ones about the process and importance of organ donations.

Activity

NSS unit of MKSSS's Smt. Bakul Tambat Institute of Nursing Education and foundation of body and organ donation, Maharashtra, conducted a session on body and organ donation on 27th August 2024. Students, faculty, and staff attended the session. This session helped our students to gain insight into the body and organ donation, its importance and necessity to society. Students have taken the oath that they will make the awareness in society about organ donation. It helped them in their personal and professional life.



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SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE – 52

REPORT ON WORLD ALZHEIMER'S DAY

(21st Sept 2024)



Date: 19/09/2024

Circular

Celebration of World Alzheimer's Day

This is to inform you that on the occasion of World Alzheimer's Day Mental Health Nursing Department of MKSSS Smt.Bakul Tambat Institute of Nursing Education, Karve Nagar, Pune is organizing various activities in Chaitanya Institute of Mental Health, Kondhwa.

Schedule for World Alzheimer's Day celebration-

Date: 21/09/2024

Time: 10.00 am to 12.00 pm

Venue: Chaitanya Institute of Mental Health, Kondhwa.

Theme: Know Dementia, Know Alzheimer's

Activity:

Sr. No.	Time	Activity
1	10 am-10.5 am	Prayer
2	10.5 am-10.15 am	Theme talk
3	10.15 am-10.30 am	Role play
4	10.30 am-11.00 am	Recreational activities (art and color, puzzle solving)
5	11 am-11.30 am	Memory games
6	11.30 am-12.00noon	Recall your memories

Thanking you.


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Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune- 52
Mental Health Nursing Department
WORLD ALZHEIMERS DAY

Theme: "Time to act on dementia, Time to act on Alzheimers.

Venue: Chaitanya Institute for Mental Health, Khadi Machine chauk, Kondhwa.

Date- 21st Sept 2024

Time: 10:30 am to 12:30 pm.

World Alzheimer's Day, observed on September 21st each year, is a global initiative aimed at raising awareness about Alzheimer's disease and other forms of dementia. Its first symptoms is loss of memory, Disorientation, impaired judgement. It highlights the challenges faced by those living with the condition and the impact on their families and caregivers. This day promotes understanding, early detection, and the importance of research in finding treatments and cures. By bringing attention to Alzheimer's, we aim to break down stigmas and support the millions affected worldwide, while also encouraging efforts toward better care and prevention strategies

The students of 2nd Year GNM and PBBSc N were posted to Chaitanya Institute for Mental Health Kondhwa Pune-48. On 21st Sept. 2024, students along with institute staff celebrated a World Alzheimer's Day in the centre. We arranged a prayer song (Itni Shakti Hume Dena Datta), dance, role play on theme for awareness and various games for the patients under the guidance of Mrs. Shital Padalkar

The Program started at 10:30 am with a lamp lightning followed by brief about occasion was done Mr Roney George, Managing director of Chaitnaya institute. The Ganesh Vandana performed by our students followed by Fashion show, Dance by the patients and other college students. We arranged a role play based on Alzheimer's disease Awareness the skit. The patients, counsellor and staff of chaitnya appreciated and enjoy the role paly.

In afternoon session we arranged various recreational games and song for the patients. They enjoy with us and we get a chance to know the patients well.

Recreational activities:

1. Memory game
2. Passing the Parcel.
3. Exercise.
4. Riddle Mystery.
5. Ball and bucket
6. Building a Glass Tower.

Our students also participated in poster competition organized by Chaitanya institute at Banner. The students shared their experience as overall satisfactory and applicable for their study. World Alzheimer's Day serves as a critical reminder to raise awareness about Alzheimer's disease and its profound impact on individuals, families, and societies worldwide. It emphasizes the importance of early diagnosis, research, and the need for compassionate care. Observing this day promotes education about preventive measures, fosters support for caregivers, and encourages communities to advocate for policies that prioritize the well-being of those affected. Through collective effort, we can reduce the stigma associated with Alzheimer's and work towards finding better treatments and, ultimately, a cure.

Report prepared by Mrs Shital Padalkar




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SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE – 411052.**

REPORT ON WORLD HEART DAY 2024



Date: 23/09/2024

Circular

Celebration of World Heart Day - 2024.

This is to inform you that on the occasion of **World Heart Day**, the Medical Surgical Nursing department of MKSSS, Smt. Bakul Tambat Institute of Nursing Education Karvenagar, Pune is organizing various activities at MKSSS BTINE college, Deenanath Mangeshkar Hospital, Kamla Nehru Hospital, & Sutar Davakhana Pune.

Theme: "Use Heart for Action" (Motivate individuals to look after their heart health)

Schedule for World Heart Day celebration-

Sr. No	Name of activity	Date	Time	Venue
1	Blood Pressure Monitoring for faculty and non-teaching staff for a week	23/9/2024 to 27/09/2024	11am to 12 pm	Demonstration Room MKSSS BTINE Pune.
2	Role Play and Posters display	26/09/2024	11am to 12 pm	Kamla Nehru Hospital, Pune
3	Role Play and Posters display	27/09/2024	11am to 12 pm	Sutar Hospital Pune
4	Theme talk for World heart day	27/09/2024	11am to 12 pm	III Sem MKSSS BTINE Pune.
5	Role Play and Posters display	28/09/2024	11am to 12 pm	D.M.H.Pune

Thanking you.


Yours Sincerely,
PRINCIPAL
Jaharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
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Karvenagar, Pune-411052.

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SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 411052.
REPORT ON WORLD HEART DAY**

Activity Name- World Heart Day

Date -23/09/2024 to 28/09/2024

Time- 11.00 am to 12.00 pm

Venue- MKSSS BTINE, Deenanath Mangeshkar Hospital, Kamla Nehru Hospital, Sutar Hospital.

On the occasion of World Heart Day, the medical surgical nursing department of MKSSS Smt. Bakul Tambat Institute of Nursing Education Karvenagar, Pune celebrated World Heart Day from 23rd September to 28th September 2024.

Heart is one of the vital organs of human body, malfunctioning of it may lead to fatality, so it is very essential for everyone to take care of heart health. Due to lack of awareness about cardiovascular health and certain lifestyle habits, cardiovascular disease is one of the leading reasons for mortality worldwide.

Every year, World Heart Day is celebrated on 29th September. This year, 2024, The World Heart Day theme is "Use Heart for Action". This theme highlights a shift from awareness to empowering with clear purpose and goal. There is also the two-way nature of action: efforts to influence policies and advocate behavior change and physical activity. It reflects the requirement for sustained efforts and collaboration.

We had organized various activities like blood pressure and pulse monitoring for a week of all faculty and staff, theme talk as well as health education on healthy diet and exercise for heart care in various areas i.e. MKSSS BTINE Pune, Deenanath Mangeshkar Hospital, Kamla Nehru Hospital and Sutar Hospital.


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REPORT ON

SESSION ON PREVENTION OF LIFESTYLE DISEASES-FOCUSING ON HEALTH AND NUTRITION 2024-2025

(DATE: 10/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
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KARVENAGAR, PUNE- 52.**

Date: 10th October 2024

Time: 4:00 pm – 5:00 pm.

Venue: Multipurpose Hall, MKSSS BTINE, Karvenagar Pune.

Organizers: NSS department MKSSS BTINE and Preventive Medicine Department,
Deenanath Mangeshkar Hospital & Research Center, Pune.

Topic: Prevention of Lifestyle Diseases-Focusing on Health and Nutrition

Speakers: Dr. Manjusha Ghumare, consultant and Ms. Saylee Rao, Psycho-oncologist
Preventive Medicine Department, Deenanath Mangeshkar Hospital & Research
Center, Pune

Prevention of Lifestyle Diseases-Focusing on Health and Nutrition

Introduction

Lifestyle disease is A disease associated with the way a person or group of people lives. Lifestyle diseases include atherosclerosis, heart disease, and stroke; obesity and type 2 diabetes; and diseases associated with smoking and alcohol and drug abuse. Regular physical activity helps prevent obesity, heart disease, hypertension, diabetes, colon cancer, and premature mortality. Lifestyle diseases are defined as diseases linked with the way people live their life. These are non-communicable diseases. This is commonly caused by lack of physical activity, unhealthy eating, alcohol, drugs and smoking. Diseases that mostly influence lifestyle are heart disease, stroke, obesity and type II diabetes. The diseases that appear to increase in frequency as countries become more industrialized and people live longer can include Alzheimer's disease, arthritis, atherosclerosis, asthma, cancer, chronic liver disease or cirrhosis, chronic obstructive pulmonary disease, type 2 diabetes, heart disease, hypertension, metabolic syndrome, chronic kidney failure, osteoporosis, PCOD, stroke, depression, obesity and vascular dementia.

Activity

NSS unit of MKSSS's Smt. Bakul Tambat Institute of Nursing Education and Preventive Medicine Department, Deenanath Mangeshkar Hospital & Research Center, Pune conducted

session on Prevention of Lifestyle Diseases-Focusing on Health and Nutrition on 10th October 2024. Students, faculty, and staff attended the session. This session helped our student to gain insight about the various lifestyle diseases and its preventive measures. It helped them in their personal and professional life.



Sign of NSS officer



Sign of Principal
PRINCIPAL

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Smt. Bakul Tambat Institute of
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Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 52

REPORT ON TREE PLANTATION **2024-2025**

(Date: - 22/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE -52**

Date – 22nd October 2024

Time – 1.00 pm to 4.00 pm

Venue – Kamshet, Tal- Mawal, Pune

TREE PLANTATION PROGRAMME

INTRODUCTION

Trees are an essential part of the environment. The survival of human beings and other species of animals is not possible without the existence of trees and plants on earth. This is the reason why cutting of trees is condemned and the government propagates to plant more and more trees. Tree plantation means planting more trees in a planned way. The aim of planting trees is to restore native forests around the village to protect water supplies

Tree contributes to their environment over long periods by providing oxygen, improving air quality, climate amelioration, conserving water, preserving soil, and supporting wildlife. During photosynthesis, trees take in carbon dioxide and produce the oxygen we breathe. Planting trees reduce carbon dioxide, a principal greenhouse gas contributing to global warming. The land under the tree absorbs more rainwater and helps prevent floods. The purpose of tree plantation is to save the endangered environment and to beautify our life. Trees are valuable gifts of nature. They are known as the best friends of human beings.

ACTIVITY –

MKSSS BTNE'S NSS Unit conducted Tree Plantation Programme at Kamshet, Tal- Mawal, Pune on 22nd October 2024 under NSS Camp. For this activity 25 NSS Volunteers along with 2 NSS officers Mrs. Avantika Anturkar and Ms. Akshata Tendulkar were present for the tree plantation activity. Various trees were planted during this activity like Fanas (Jackfruit), Mango tree etc.

All volunteers actively participated in this event. From making dug for the tree every activity was done by them. The event was supervised by NSS in charge. All school teachers also participated in the event.



Sign of NSS in-charge



Sign of Principal

PRINCIPAL

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MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-52.

REPORT OF STREET PLAY ON PLASTIC MUKTI 2024-2025

(Date: - 22/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 52.**

Date: 22nd October 2024

Time: 11:00 am – 12:00 pm,

Venue: Kamshet, Tal- Mawal, Pune

STREET PLAY ON PLASTIC Mukti

INTRODUCTION

A plastic is a major source of plastic pollution. As they are non-biodegradable, they take years to decompose. They contribute to a lot of waste which keeps collecting over the years. Plastic takes thousands of years to break down and decompose. In India alone, over 25,000 tons of plastic waste are being created every day. That translates into a lot of plastic being made by different Indian companies or being imported into the country. The government has banned the use of plastic bags but still, people continue to use them despite the ban.

Due to the chemical structure of plastic, they are resistant to the many natural processes of degradation. Plastic pollution affects both the land & water bodies. Marine life is severely hampered due to the plastic pollution that involves the ingestion of plastic products by marine

Activity

NSS unit of MKSS'S Smt. Bakul Tambat Institute of Nursing Education conducted street play on Plastic Mukti at Kamshet, Tal- Mawal, Pune, on 22nd October 2024 along with the 2 NSS officers Mrs. Samina Mulani, and Ms. Akshata Tendulkar.

During the street play on plastic mukti, the villagers were made aware about the harmful effects of the use of plastic, its prevention & under the guidance of NSS officers. All the NSS volunteers participated in making the audio visual aids for the rally.

The program was organized and guided with the help of the NSS in charge,


Sign of NSS officer


Sign of Principal
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Karvenagar, Pune-411952.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 52

REPORT OF RALLY ON 'FEMALE FETICIDE' 2024-2025

(Date:-21/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 52**

Date: -21st October 2024

Time: - 10.00 am- 11.00 am

Venue: - Kamshet, Tal- Mawal, Pune.

'FEMALE FETICIDE'

Introduction:

Female feticide is the process of finding out the sex of the foetus and undergoing abortion if it is a girl. Although it is illegal, many people continue to practice it. Besides this, there are some communities which practice female infanticide - the practice of killing the girl child once she is born. This fact is highlighted by the findings of census 2001 which show that there are only 933 women in this country for every 1000 men. Besides this, Census (2011) data showed a significant declining trend in the Child Sex Ratio (CSR), calculated as number of girls for every 1000 boys between age group of 0 - 6 years, with an all time low of 918 in 2011 from 976 in 1961. This decline in sex ratio means that we are not just depriving girls of human rights, we are also depriving them of their right to live

Activity:

MKSSS Bakul Tambat institute nursing education's NSS UNIT of 25 students and 2 NSS officers Mrs. Samina Mulani, Miss Akshata Tendulkar has conducted a rally on female feticide on at Kamshet, Tal-, Mawal dist. Pune. Rally was started from MKSSS Ashramshala to Gram panchayat office of Kamshet. NSS voluntaries made various A.V. aids for the Female feticide rally to give proper knowledge regarding the of Female feticide and its affects.

NSS volunteers actively participate. All program was organized and guided with the help of the NSS in charge.



Sign of NSS in-charge



Sign of Principal
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**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-411052
(25 YEARS SILVER JUBILEE)**

REPORT ON SEVA AAROGYA FOUNDATION PROGRAM

(DATE- 21/10/2024 to 23/10/2024)



INTRODUCTION

According to the World Health Organization (WHO), measuring Hemoglobin (Hb) levels accurately and on time is critical in identifying and treating Anemia, a disorder that affects roughly one quarter of the global population. Anemia, which is defined by a lack of red blood cells (RBCs) or a low Hb content inside them, reduces the blood's ability to deliver the oxygen (O₂).

This illness is notably frequent in low or middle-income communities or families, where dietary inadequacies, infectious infections, and poor access to health care facilities, these all contributes to high rates of Anemia.

As this is the 25th anniversary, and our college is celebrating this year as a "SILVER JUBILEE" year. Our college planned to organize campaigns and awareness programs to facilitate discussions on Anemia increasing among women's in community area. So, under this occasion our college students of 1st year GNM and 1st Year ANM is conducted Hb Estimation activity in collaboration with "Seva Arogya Foundation" under guidance of Ms. Smitadevi Limshan, Mrs. Bhosale Ashwini, Mrs. Patil Shital and Ms. Jori Nikita, in Wadarwasti Dr. Jathar area, Karvenagar, from 21st to 23rd October 2024.

"As our aim was to create awareness among the women's about importance of nutrition in health and estimation of hemoglobin". So our focus was to check the Hb levels of women who are above 18 years and below 65 years of age.

MATERIAL AND METHOD

A comparative study was conducted in community area, Wadarwasti, karvenagar. The study was performed using total of 345 patients' samples. These samples were run simultaneously on the Hemoglobin Testing Machine. Ans also simultaneously provided the reports to the women at the same time test were conducted. The information of each female collected in the form of google forms.

Day -I

Venue: - Wadarwasti, Karvenagar, Pune-52.

Date - 21/10/2024

Time: - 8:00am to 12:00 pm

On 25th year SILVER JUBILEE, we had conducted a Hb Estimation camp in wadarwasti area, Karvenagar. On 1st day we started to collect the women at one place and collected the samples from one part of the wadarwasti. The total response from the families and females as well were satisfactory. Dr. Jathar Mam and team showed students that how to perform the

test and under guidance of them we completed out 1st day with 109 samples from one group of area.

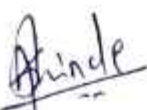
Day -II (22/10/2024)

On the 2nd day we covered the other part of the community. On this day we created awareness of our this Hb estimation programme and also spread the information about the Anemia, its causes and symptoms. On the same day we collected data of total 120 females.

Day -III (23/10/2024)

On the 3rd day we covered all community area. On this day we collected data of total 116 females. Also, we ended our camp here on 3rd day with the students and staff members actively participated in the event not only provided valuable health insights to the attendees but also promoted a sense of responsibility regarding personal health and well-being.

Conclusion of Hb estimation report was, total 345 women given blood for Hb estimation out of that, 175 women's have <10mg hemoglobin and some from that were pregnant women's. We provided information about the academic diet and also provided information about free iron and ferrous sulphate medicine given by Seva Aarogya clinic; it will be helpful for the women's. We got good opportunity and students enjoyed the activities and learn about Hb estimation process.



Sign of Organizer



**Sign of Principal
PRINCIPAL**

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Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
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KARVENAGAR, PUNE-52.

REPORT OF **RALLY ON JAL** **SAMVARDHAN** **2024-2025**

(Date: - 24/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 52.**

Date: 24th October 2024

Time: 2:00 pm – 4:00 pm.

Venue: Kamshet, Tal- Mawal, Pune

RALLY ON JAL SAMVARDHAN

INTRODUCTION

Jal Samvardhan or Water Conservation aims to sustainably manage the natural resource of fresh water, protect the hydrosphere, and meet current and future human demand. Water conservation makes it possible to avoid water scarcity. It covers all the policies, strategies, and activities to reach these aims. Population, household size and growth and affluence all affect how much water is used.

Climate change and other factors have increased pressure on natural water resources. This is especially the case in manufacturing and agricultural irrigation.^[1] Many countries have successfully implemented policies to conserve water conservation.^[2] There are several key activities to conserve water. One is beneficial reduction in water loss, use and waste of resources.^[3] Another is avoiding any damage to water quality. A third is improving water management practices that reduce the use or enhance the beneficial use of water

Activity

NSS unit of MKSSS'S Smt. Bakul Tambat Institute of Nursing Education conducted rally on Jal Samvardhan at Kamshet, Tal- Mawal, Pune, on 24th October 2024 along with the 2 NSS officers Mrs. Avantika Anturkar, and Ms. Akshata Tendulkar.

All the NSS volunteers conducted a rally throughout the village holding the college banners & various Audio visual aids like flash cards & charts. The villagers were made aware about the Jal Samvardhan under the guidance of NSS officers.

All the NSS volunteers participated in making the audio visual aids for the rally. The program was organized and guided with the help of the NSS in charge.


Sign of NSS officer


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KARVENAGAR, PUNE-52.

REPORT OF **RALLY ON GLOBAL** **WARMING** **2024-2025**

(Date: - 22/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 52.**

Date: 22nd October 2024

Time: 10:00 am – 11:00 am.

Venue: Kamshet, Tal- Mawal, Pune

RALLY ON GLOBAL WARMING

INTRODUCTION

Global warming has hugely impacted the environment and human life to a great extent for many years. The level of sea water is increasing continuously every year and creating fear for the nearby cities, islands, and seawater animals. Rainfall pattern has also disturbed which causes drought in some areas and flooding in other areas. Ice caps and glaciers are melting continuously, and its level depends on the increased level of temperature. It is causing loss of habitat near to the poles and polar bears have greatly endangered. Wild animals living in the forest are endangered because of their habitat loss due to deforestation. Bleaching of Coral Reefs and loss of Plankton are done due to warming seas and acidification (carbonic acid formation). Various types of diseases are also spreading especially malaria to the nearby regions. Now, it has become very necessary for the countries worldwide especially developed countries to reduce their carbon emission as quickly as possible. We need to reduce its carbon emission to a great extent in order to solve the problem of global warming. Limiting some of the promising sectors like coal-fired electricity and wind power can reduce in carbon emissions in nearby decades.

Activity

NSS unit of MKSSS'S Smt. Bakul Tambat Institute of Nursing Education conducted rally on Global warming at Kamshet, Tal- Mawal, Pune, on 22nd October 2024 along with the 2 NSS officers Mrs. Avantika aAnturkar, and Ms. Akshata Tendulkar.

All the NSS volunteers conducted a rally throughout the village holding the college banners & various Audio visual aids like flash cards & charts. The villagers were made aware about the harmful effects of the Global warming, its prevention under the guidance of NSS officers.

All the NSS volunteers participated in making the audio visual aids for the rally. The program was organized and guided with the help of the NSS in charge.


Sign of NSS officer


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MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 52

REPORT OF STREET PLAY ON 'GENDER EQUALITY'

2024-2025

(Date: - 21/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 52**

Date: -21st October 2024

Time: - 11.00 am- 12.00 pm

Venue: -Kamshet. Tal- Mawal, Pune.

'GENDER EQUALITY'

INTRODUCTION

Gender equality, also known as sexual equality or equality of the sexes, is the state of equal ease of access to resources and opportunities regardless of gender, including economic participation and decision-making; and the state of valuing different behaviors, aspirations and needs equally, regardless of gender. Gender equality, also known as sexual equality or equality of the sexes, is the state of equal ease of access to resources and opportunities regardless of gender, including economic participation and decision-making; and the state of valuing different behaviors, aspirations and needs equally, regardless of gender.

Activity:

MKSSS Bakul Tambat institute nursing education's NSS UNIT of 25 students and 2 NSS officers Mrs. Samina Mulani, Miss Akshata Tendulkar has arranged a street play on gender equality on 21st October 2024 at Kamshet Gaon in Mawal Taluka Dist. Pune. A street play was conducted in market and on railway station of Kamshet Gaon.

NSS volunteers made various A.V. aids for the gender equality street play to give proper knowledge regarding the program of gender equality. NSS volunteers actively participate. The program was organized and guided with the help of the NSS in charge.


Sign of NSS In-charge


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MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
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KARVENAGAR, PUNE-52.

REPORT OF RALLY ON ROAD SAFETY

2024-2025

(Date: - 24/10/2024)



Stop



No Entry



Give Way



Pedestrian Prohibited



No Parking



Horn Prohibited



No Stopping or Standing



Speed Limit



Roundabout

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 52.**

Date: 24th October 2024

Time: 10:00 am – 11:00 am.

Venue: Kamshet, Tal- Mawal, Pune

RALLY ON ROAD SAFETY

INTRODUCTION

Road safety awareness is crucial because it helps reduce the number of injuries and deaths on the roads. Proper knowledge and education on road safety rules are required while driving or walking across the streets. Every step we take in life has a set of rules. Likewise, road safety has a few regulations, and they are very important to follow for keeping everyone safe while driving. The first road safety rule is to keep eyes on the road. Driving needs focus and concentration, so one should make sure to take breaks when brain starts to feel tired. Other road safety rules are to obey all traffic signals like stop signs, red lights etc., wear seatbelts/helmets, maintain the speed limit and safe distance, don't drink & drive, and also don't drive without having a driving licence. Road safety is the prevention of road accidents by obeying the road safety rules and regulations. The most important factor of road safety is the need for skilful and cautious driving so that passengers, pedestrians and drivers stay safe. Developing better roads is also important to avoid road accidents. Ensuring everyone is safe on the road is important in keeping people's lives safe from accidents. Driving is the standard way of transportation in today's world. If someone injures themselves in a road accident, it can be the result of not following the road safety measures. Hence, it is important to follow road safety rules and drive safely.

Activity

NSS unit of MKSSS'S Smt. Bakul Tambat Institute of Nursing Education conducted rally on road safety at Kamshet, Tal- Mawal, Pune, on 24th October 2024 along with the 2 NSS officers Mrs. Avantika Anturkar, and Ms. Akshata Tendulkar.

All the NSS volunteers conducted a rally throughout the village holding the college banners & various Audio visual aids like flash cards & charts. The villagers were made aware about the h road safety under the guidance of NSS officers.

All the NSS volunteers participated in making the audio visual aids for the rally. The program was organized and guided with the help of the NSS in charge.



Sign of NSS officer



Sign of Principal

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MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 52

REPORT OF STREET PLAY ON ENVIRONMENTAL SANITATION

2024-2025

(Date: - 23/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 52**

Date: -23rd October 2024

Time: - 11.00 am- 12.00 pm and 2.00 pm- 4.00 pm

Venue: - Kamshet, Tal- Mawal, Pune

ENVIRONMENTAL SANITATION

INTRODUCTION

Environmental sanitation includes managing solid waste and wastewater, and pest and vector control. Poor sanitation reduces human well-being, social and economic development due to impacts such as anxiety, risk of sexual assault, and lost opportunities for education and work. Poor sanitation is linked to transmission of diarrhoeal diseases such as cholera and dysentery, as well as typhoid, intestinal worm infections and polio. It exacerbates stunting and contributes to the spread of antimicrobial resistance. Open defecation perpetuates a vicious cycle of disease and poverty. The countries where open defecation is most widespread have the highest number of deaths of children aged under 5 years as well as the highest levels of malnutrition and poverty, and big disparities of wealth. Benefits of improved sanitation extend well beyond reducing the risk of diarrhoea. These include: 1. reducing the spread of intestinal worms, and trachoma, which are neglected tropical diseases that cause suffering for millions; 2. reducing the severity and impact of malnutrition; 3. promoting dignity and boosting safety, particularly among women and girls; 4. promoting school attendance: girls' school attendance is particularly boosted by the provision of separate sanitary facilities; 5. reducing the spread of antimicrobial resistance; 6. potential safe recovery of water, nutrients and renewable energy from wastewater and sludge; and 7. potential to increase overall community resilience to climate shocks, for example through safe use of wastewater for irrigation to mitigate water scarcity.

Activity:

MKSSS Bakul Tambat institute nursing education's NSS UNIT of 25 students and 2 NSS officers Mrs. Samina Mulani, Ms. Akshata Tendulkar has conducted a street play on environmental sanitation on 23rd October 2024 at Kamshet, Tal- Mawal, Pune.

The street play was conducted at Gram panchayat office and main bus stop of Kamshet village. NSS volunteers made various A.V. aids for the environmental sanitation to give proper knowledge regarding the environmental sanitation. NSS volunteers actively participate. The program was organized and guided with the help of the NSS in charge.



Sign of NSS In-charge



Sign of Principal

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MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-52.

**REPORT OF
RALLY ON
Dengue and
Chikungunya
2024-2025**

(Date: - 23/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 52.**

Date: 23rd October 2024

Time: 10:00 am – 11:00 am.

Venue: Kamshet, Tal- Mawal, Pune

DENGUE AND CHICKUNGUNIA

INTRODUCTION

Dengue (break-bone fever) is a viral infection that spreads from mosquitoes to people. It is more common in tropical and subtropical climates. Most people who get dengue will not have symptoms. But for those who do, the most common symptoms are high fever, headache, body aches, nausea, and rash. Most will get better in 1–2 weeks. Some people develop severe dengue and need care in a hospital. In severe cases, dengue can be fatal. One can lower risk of dengue by avoiding mosquito bites especially during the day. Dengue is treated with pain medicine as there is no specific treatment currently. About half of the world's population is now at risk of dengue with an estimated 100–400 million infections occurring each year. Dengue is found in tropical and sub-tropical climates worldwide, mostly in urban and semi-urban areas. While many dengue infections are asymptomatic or produce only mild illness, the virus can occasionally cause more severe cases, and even death. Prevention and control of dengue depend on vector control. There is no specific treatment for dengue/severe dengue, and early detection and access to proper medical care greatly lower fatality rates of severe dengue.

Chikungunya is a mosquito-borne viral disease caused by the chikungunya virus (CHIKV), an RNA virus in the alphavirus genus of the family Togaviridae. The name chikungunya derives from a word in the Kimakonde language, meaning "to become contorted". Chikungunya is a disease transmitted to humans by mosquitoes in Africa, Asia, and the Americas; sporadic outbreaks have been reported in other regions. Dengue and Zika have similar symptoms to chikungunya, making chikungunya easy to misdiagnose. Chikungunya causes fever and severe joint pain, which is often debilitating and varies in duration; other symptoms include joint swelling, muscle pain, headache, nausea, fatigue and rash. There is currently no approved vaccine or specific treatment for chikungunya virus infections. Due to the challenges in reporting and diagnosis, the number of people affected by chikungunya is

underestimated. Severe symptoms and deaths from chikungunya are rare and usually related to other coexisting health problems.

Activity

NSS unit of MKSSS'S Smt. Bakul Tambat Institute of Nursing Education conducted rally on Dengue and Chikungunya at Kamshet, Tal- Mawal, Pune, on 23rd October 2024 along with the 2 NSS officers Mrs. Avantika Anturkar, and Ms. Akshata Tendulkar. All the NSS volunteers conducted a rally throughout the village holding the college banners & various Audio visual aids like flash cards & charts. The villagers were made aware about Dengue and Chikungunya, its prevention & under the guidance of NSS officers.

All the NSS volunteers participated in making the audio visual aids for the rally. The program was organized and guided with the help of the NSS in charge.



Sign of NSS officer



Sign of Principal

PRINCIPAL

**Sharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.**

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 52

REPORT ON 'MAHILA MELAVA'

2024 -2025

(Date:25/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 52**

Date: - 25th October 2024

Time: - 10.00 am- 2.00 pm

Venue: - Kamshet, Tal- Mawal, Pune

MAHILA MELAVA

INTRODUCTION:

Empowering women means equipping them with the tools they need to have power and control over their own lives. Empowered women have independence, equal opportunities, and the ability to make strategic choices in all areas of their lives. These steps allow women to secure their incomes. The objective of these meetings is to bring all women together, make them aware of each other's skills, culture, and knowledge, and provide an opportunity for discussion on health problems and prevention.

ACTIVITY:

Mahila Melava has been arranged by the NSS unit of 25 students and 3 NSS officers of MKSSS'S Smt.Bakul Tambat Institute Nursing Education on 25th October 2024 at Kamshet, Tal- Mawal, Pune. For this program, women of Kamshet goan were invited.

In the program firstly lamp lighting and Garlanding was done of God Saraswati followed by Ishastawan and welcome song. Volunteer introduced the overall program schedule after that felicitation of guests was done. Volunteer gave health education to women on topics like women's empowerment, anemia, and menstrual hygiene with the different A.V aids like charts, flashcards, etc. for easy understanding to them. Chief guest talked about exercises during pregnancy, positions during labor and labor process. He then introduced and explain about his invention (Lajjagauri) for pelvic exercises during pregnancy.

Dohaljevan (babyshower) program was also arranged for women. As a token of love NSS volunteers gave gifts to them. In all program, NSS volunteers actively participate. All program was organized and guided with the help of the NSS in charge.


Sign of NSS Incharge


Sign of Principal

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Karvenagar, Pune-411052.

MAHARSHI KARVE STREET SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-52.

REPORT ON SWACCHATA ABHIYAN

2024-2025

(DATE: 21/10/2024)



एक कदम स्वच्छता की ओर

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 52.**

Date: -21st October 2024

Time: 1:00 pm – 3:00 pm.

Venue: Kamshet, Tal- Mawal, Pune

SWACCHATA ABHIYAN

Introduction

A clean and green environment is a basic ideology in sustainable development. A whole lot of diseases can be traced back to unhygienic environments and irresponsible waste disposal. The importance of cleanliness is known to all now, yet people try to keep their homes clean while they somehow just forget that they are responsible for the cleanliness of the environment as well, that they are responsible for any waste they generate and that just getting rid of it from their house won't help. It could be due to lack of knowledge or due to sheer laziness or due to irresponsibility. Sometimes all it takes is a reminder.

Activity

MKSSS Bakul Tambat institute nursing education's NSS UNIT of 25 students and 2 NSS officers Mrs. Samina Mulani, Miss Akshata Tendulkar has conducted Swacchata Abhiyan on 21st October 2024 at Kamshet Gaon in Mawal Taluka Dist. Pune.

During the Swacchata Abhiyan, all the NSS volunteers cleaned the surrounding at Ashramshala Kamshet by collecting the waste in the environment. Volunteers also made various Audio visual aids like flash cards & charts. The villagers were made aware about the harmful effects of the open waste discard. and waste disposal under the guidance of NSS officers.


Sign of NSS officer

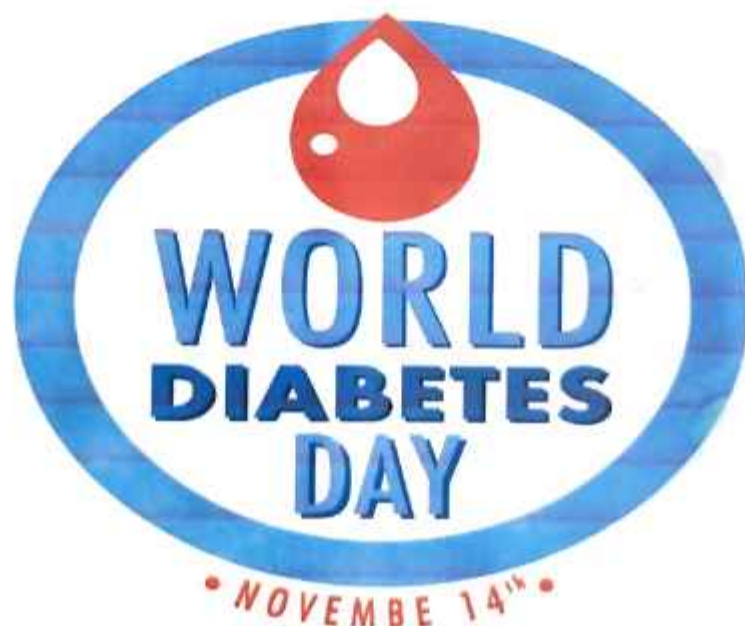

Sign of Principal
PRINCIPAL
Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE – 411052.

REPORT ON

DIABETES DAY

2024



Date: 12/11/2024

Circular

Celebration of World Diabetes Mellitus Day 14th November 2024.

This is to inform you that on World Diabetes Mellitus Day, the medical-surgical nursing department of MKSSS Smt. Bakul Tambat Institute of Nursing Education Karvenagar, Pune, is organizing various activities in Kamla Nehru Hospital, Sutar Hospital, Community area and College on 14th November 2024.

Theme: "Breaking Barriers, Bridging Gaps: Uniting to strengthen diabetes well-being."

Schedule for World Diabetes Mellitus Day celebration on 14th November 2024.

Sr. No	Name of activity	Time	Venue
1	Theme Talk	10.00am-11.00am	MKSSS, BTINE
2	Health Education on Diabetes Awareness	11.00am-12.00pm	Kamla Nehru Hospital and Sutar Hospital, Vadar Vasti, Karvenagar, Pune
3	Spot Reel Competition	3.00pm-4.00pm	MKSSS, BTINE
4	Quiz competition on diabetes Awareness	4.00pm-4.45pm	MKSSS, BTINE

Thanking you.


Yours Sincerely,

PRINCIPAL

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.**

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE – 411052.
REPORT ON DIABETES DAY

Activity Name- World Diabetes Mellitus Day

Date – 14th November 2024.

Time- 10.00 am to 4.45 pm

Venue- MKSSS BTINE, Kamla Nehru Hospital, Sutar Hospital and Vadar Vasti.

On the occasion of World Diabetes Mellitus Day, the medical surgical nursing department of MKSSS Smt. Bakul Tambat Institute of Nursing Education Karvenagar, Pune celebrated on 14th November 2024.

World Diabetes Day is one of the largest diabetes awareness campaign organized every year, with its presence in more than 160 countries reaching and impacting the life of more than 100 crores with its awareness campaigns, advocacy for better access to treatment and quality informational content to tackle diabetes.

This is an opportunity to raise awareness about the impact of diabetes on people's health and to highlight the opportunities to strengthen the prevention, diagnosis, and treatment of diabetes.

This year's theme, "Breaking Barriers, Bridging Gaps," underpins our commitment to reducing the risk of diabetes and ensuring that all people diagnosed with diabetes have access to equitable, comprehensive, affordable, and quality treatment and care. Join us in raising awareness, spreading knowledge, and creating lasting change for all affected by diabetes.

We had organized various activities like theme talk as well as, reel competition, quiz competition, and health education on healthy diet and exercise for diabetes mellitus in various areas i.e. MKSSS BTINE Pune, Kamla Nehru Hospital Sutar Hospital and Vadar Vasti.

The day was celebrated in a very innovative way. Community people and students' responses are very good.


Sign of HOD




Sign of Principal
PRINCIPAL
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Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-52.

Report on
Motivational session
on
Ahilyabai Holkar

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-52.

Session on-Punyashloak Ahilyabai Holkar

Venue-Multipurpose Hall of MKSSS BTINE

Date-30/11/2024

Introduction:

Rajmata Ahilyabai Holkar was the Holkar Queen of the Malwa kingdom. She is regarded as one of the most visionary female rulers of India. In the 18th century, as the Maharani of Malwa, she was instrumental in spreading the message of dharma and propagating industrialization.

Ahilyabai's military prowess was equally remarkable. She personally led her armies into battle and defended her kingdom against numerous invasions. Her strategic acumen and courage on the battlefield ...

Despite the challenges and adversities, she faced, Ahilyabai remained a beacon of resilience and determination. Her leadership style, characterized by empathy and inclusivity, endeared her to her subj...

As we commemorate the 300th birth anniversary year of Ahilyabai Holkar, it is essential to recognize and celebrate her multifaceted contributions to society. Her legacy as a valiant warrior, visionary leader, and cultural patron continues to inspire generations. Rajmata Ahilyabai Holkar's life and achievements are a testament to the enduring power of resilience, courage, and unwavering commitment to the greater good.

Activity:

MKSSS BTINE arranged motivational session on 30th November 2025 for students. 73 students attended the session. Mrs. Maityretai Shirodkar was speaker for the session. Mrs. Maitreyi madam told detail history of Rajmata Ahilyabai Holkar. All students actively participated in the session.


Sign of NSS officer -


Sign of Principal
PRINCIPAL
Maharshi Karve Stree Shikshan Samstha
Smt. Bakul Tambat Institute
Nursing Education
Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 52

REPORT OF STREET PLAY AIDS AND ITS PREVENTION

2024-2025

(Date: - 24/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE - 52**

Date: -24th October 2024

Time: - 11.00 am- 12.00 pm

Venue: - Kamshet, Tal- Mawal, Pune

STREET PLAY ON AIDS AND ITS PREVENTION

INTRODUCTION

Human immunodeficiency virus (HIV) is a virus that attacks the body's immune system. Acquired immunodeficiency syndrome (AIDS) occurs at the most advanced stage of infection. HIV targets the body's white blood cells, weakening the immune system. This makes it easier to get sick with diseases like tuberculosis, infections and some cancers.

HIV is spread from the body fluids of an infected person, including blood, breast milk, semen and vaginal fluids. It is not spread by kisses, hugs or sharing food. It can also spread from a mother to her baby. HIV can be prevented and treated with antiretroviral therapy (ART). Untreated HIV can progress to AIDS, often after many years. WHO now defines Advanced HIV Disease (AHD) as CD4 cell count less than 200 cells/mm³ or WHO stage 3 or 4 in adults and adolescents. All children younger than 5 years of age living with HIV are considered to have advanced HIV disease.

Activity:

MKSSS Bakul Tambat institute nursing education's NSS UNIT of 25 students and 2 NSS officers Mrs. Samina Mulani, Ms. Akshata Tendulkar has conducted a street play on AIDS and its prevention on 24th October 2024 at Kamshet, Tal- Mawal, Pune.

The street play was conducted at railway station of Kamshet village. NSS volunteers made various A.V. aids for the AIDS and its prevention to give proper knowledge regarding the AIDS and its prevention. NSS volunteers actively participate. The program was organized and guided with the help of the NSS in charge.



Sign of NSS In-charge



Sign of Principal

PRINCIPAL
Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE – 52**

**REPORT
ON
NATIONAL
YOUTH CONVENTION
DAY-2024**



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE – 52**

National Youth Convention Day 2024-2025

Date: 30th November 2024 & 12th January 2025

Time: 09:00 am to 3:00 pm

Venue: Multipurpose Hall, MKSSS BTINE
Karvenagar Pune-411052

National Youth Convention Day is celebrated on 12th January 2025 and is also known as Rashtriya Yuva Diwas. The day is observed to commemorate the birth anniversary of Swami Vivekananda, one of the greatest philosophers and spiritual leaders. In 1984, the Indian Government first declared to celebrate the birthday of Swami Vivekananda i.e. 12 January as National Youth Day. Since then the day has been celebrated as National Youth Day all over the country. The government's aim is to make a better future for the country by motivating the youths through the way of their life and ideas of the Swami Vivekananda. It is a great way to wake up the eternal energy of the youth as well as to make the country develop.

Our college MKSSS Smt. Bakul Tambat Institute of Nursing Education Karvenagar Pune had arranged one day session with intercollegiate online quiz competition at MPH for the students of 1st and 2nd year GNM. There were total 154 students and 3 teachers who attended these sessions.

A motivational quiz session based on the “**Thoughts of Swami Vivekananda**” was organized by Sri Sarada Math, aiming to uplift the minds and spirits of young learners. Students explored themes of self-confidence, strength, service, and spiritual growth, all rooted in Vivekananda's timeless wisdom. The session helped students: Understand the value of character and courage, Realize the strength of youth and inner potential, connect deeply with values that build a purposeful life, learn to turn knowledge into action and inspiration

On the occasion of National Youth Day, commemorating the birth anniversary of Swami Vivekananda, Sri Sarada Math announced the results of the Intercollegiate Online Quiz Competition held for students across various institutions. The quiz was centred around the inspiring "**Thoughts of Swami Vivekananda**", aiming to encourage youth to imbibe his ideals of strength, knowledge, and service. The prize distribution ceremony was held with great enthusiasm at Sri Sarada Math premises, where the winners were honoured in the presence of dignitaries, faculty members, and students on 12th January 2025.

We are proud to share that student from our college performed exceptionally well:

- ❑ **1st Rank** – Dnyaneshwari Varate (2nd Year GNM)
- ❑ **2nd Rank** – Payal Gaikwad (2nd Year GNM)
- ❑ **3rd Rank** – Arpita Gaikwad (1st Year GNM)

The program concluded with words of encouragement from the organizers, highlighting the importance of youth leadership, self-discipline, and spiritual growth inspired by Swami Vivekananda. After the formal ceremony, refreshments and snacks were served to all participants and guests, fostering a sense of community and celebration. The event was a great source of motivation and served as a reminder to the students to continue striving towards academic excellence and moral development.


PRINCIPAL
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Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING
EDUCATION KARVENAGAR, PUNE-411052.

REPORT
ON
INTERNATIONAL
WOMEN'S DAY
8th MARCH 2025



MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION KARVENAGAR, PUNE-411052.

Date: 08/03/2025

Time: 9 am to 12pm

Day: Saturday

Audience: 2nd semester & 4th semester BSc nursing students.

Venue: Multipurpose Hall

Schedule:

9AM to 11AM	Speech of the students
11AM to 12PM	Activities like Poems, Role play

On the occasion on Women's day MKSSS, BTINE had organized a session on "Accelerate Action".

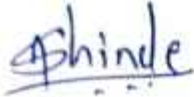
International Women's Day was held with great enthusiasm at MKSSS, BTINE on 8th march 2025. The event was organized by the faculty to honor the strength, resilience and achievement of women across the world, especially in the field of healthcare and nursing.

The program commenced at 9 AM with a warm welcome to the students who emphasized the importance of women's empowerment in today's society. This was followed by a series of engaging and inspiring activities led by the students.

Several students delivered powerful speeches on the theme "*Empowered Women Empower the World*". They highlighted the historical journey of women's right, the role of women in healthcare, and the challenges that still persist in gender equality. The speeches inspired the audience and set the tone for the day.

Heart-touching and motivational poems were recited by students in English, Hindi and Marathi. The audience applauded the emotional depth and expression of the performers. A thought-provoking role play was presented by a group of 3rd & 4th semester BSc nursing students. The theme focused on "Women Empowerment". It delivered a strong social message on women's rights, education, and dignity.

The Women's Day celebration was a memorable event filled with emotions, awareness, and inspiration. It was a wonderful platform for students to express their creativity and respect for women. The program ended with a vote of thanks and a pledge to continue supporting women's empowerment in every walk of life.



Sign of Organizer


Sign of Principal
PRINCIPAL

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-411052**

REPORT ON WORLD HEALTH DAY-2025

(DATE- 07/04/2025)

THEME- "Healthy Beginnings, Hopeful Futures"



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-411052**

Introduction

The health of mothers and babies is the foundation of healthy families and communities, helping ensure hopeful futures for us all.

World Health Day, celebrated on 7 April 2025, will kick off a year-long campaign on maternal and newborn health. The campaign, titled "Healthy Beginnings, Hopeful Futures", will urge governments and the health community to ramp up efforts to end preventable maternal and newborn deaths, and to prioritize women's longer-term health and well-being.

Helping every woman and baby survive and thrive

This task is critical. Tragically, based on currently published estimates, close to 300 000 women lose their life due to pregnancy or childbirth each year, while over 2 million babies die in their first month of life and around 2 million more are stillborn. That's roughly 1 preventable death every 7 seconds.

Based on current trends, a staggering 4 out of 5 countries are off track to meet targets for improving maternal survival by 2030. 1 in 3 will fail to meet targets for reducing newborn deaths.

Listening to women and supporting families

Women and families everywhere need high quality care that supports them physically and emotionally, before, during and after birth.

Health systems must evolve to manage the many health issues that impact maternal and newborn health. These not only include direct obstetric complications but also mental health conditions, noncommunicable diseases and family planning.

Additionally, women and families should be supported by laws and policies that safeguard their health and rights.

Campaign goals

- To raise awareness about gaps in maternal and newborn survival and the need to prioritize women's longer-term well-being.
- To advocate for effective investments that improve the health of women and babies.
- To encourage collective action to support parents as well as health professionals who provide critical care.
- To provide useful health information relating to pregnancy, childbirth, and the postnatal period.

Activity -I

Venue: - MKSSS, Smt. Bakul Tambat Institute of Nursing Education, Karvenagar, Pune.

Date: - 07/04/2025

Time: - 10.00am to 11.00am

World Health Day 2025 is celebrated at MKSSS Smt. Bakul Tambat Institute of Nursing Education on April 7, 2022. On this day, we have planned a Theme Talk on the World Health Day theme for 2025: "Healthy Beginnings, Hopeful Futures."

We have invited our alumni Ms. Nikita Chopde for the theme talk. Ms. Nikita Chopde was our P.B.B.Sc. pass out student in the year 2024. Previously she was worked as a staff nurse at Pawana hospital and MIMER's hospital, Talegaon Dabhade. Also, She worked at IKEA and Garfield company as an industrial nurse. Presently she is working as a industrial nurse at Accenture company, Hinjewadi, Pune.

We invited Ms. Nikita Chopde as an alumni guest lecturer. Mrs. Rupali Dhume introduced the alumni guest to the students. Ms. Nikita lectured on the World Health Day theme, "Healthy Beginnings, Hopeful Futures." She also provided information about the World Health Organization and the significance of celebrating World Health Day every year. Mrs. Jyoti Karande concluded the program and gave a vote of thanks.

Activity -II

Venue: - MKSSS, Smt. Bakul Tambat Institute of Nursing Education, Karvenagar, Pune.

Date: - 07/04/2025

Time: - 11.00am to 12.00pm

On the occasion of World Health Day 2025, we conducted a clay model-making competition. Based on the theme of World Health Day 2025, "Healthy Beginnings, Hopeful Futures," students participated very enthusiastically. The participating students created beautiful clay models that showcased the theme's concept. A total of 13 students participated in the clay model-making competition. Mrs. Rupali Dhume and Mrs. Ashwini Bhosale conducted the competition. Mrs. Ujwala Jadhav and Mrs. Avantika Anturkar evaluated the competition.



Sign of organizer



Sign of Principal

PRINCIPAL

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.**

REPORT ON
POSHAN
PAKHWADA
2025

**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S,
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION,
KARVENAGAR, PUNE- 52
POSHAN PAKHWADA 2025**

Date: 08/04/2025 to 22/04/2025

ORGANIZER'S: Mrs. Ashwini Bhosale, Mrs. Shital Chirke.

INTRODUCTION

The Women and Child Development Ministry is celebrating "Poshan Pakhwada" 2025 to promote nutrition awareness, improve health outcomes, and empower communities. This initiative is part of Mission Poshan 2.0, which focuses on reinforcing community engagement processes and fostering the empowerment of both individuals and communities.

7th edition of Poshan Pakhwada is being organised from 8th April to 22nd April 2025.

Poshan Abhiyan aims to promote a healthy and nutritious diet among children and women with the blend of technology and tradition.

- Poshan Pakhwada 2025 focuses on the first 1,000 Days of child's life as it is a critical period for child development.
- Use of technology - Poshan Tracker enables real-time monitoring of nutrition services at Anganwadi Centres.
- Beneficiaries can now self-register via the Poshan Tracker Web App for improved access.
- Community-Based Management of Acute Malnutrition (CMAM) Protocol helps in early detection and community-based management of malnutrition.
- Poshan Pakhwada also focuses on childhood obesity by promoting healthier food choices.



ACTIVITY :-1

- On occasion of "Poshan Pakhwada" celebration on 9th April 2025, our college 1st year GNM students under guidance of Mrs. Ashwini Bhosale and Mrs. Shital Chirke madam, conducted health education related Nutrition topics in Karvenagar anganwadi, in presence of antenatal mothers, Under five children's and their parents, Anganwadi sevika.
- In that student given all information regarding nutrition topics and this programme was completed successfully.
- Our students covered following topics related nutrition: -
 - 1) Balance diet
 - 2) Protein rich diet
 - 3) Diet in anaemia
 - 4) Malnutrition
 - 5) Diet in Pregnancy

ACTIVITY :-2

- On occasion of "Poshan Pakhwada" celebration on 10th April 2025, our college ANM students under guidance of Mrs. Shital Chirke madam, conducted health education to antenatal mothers related to ANC care topics in Sutar hospital.
- Our students covered following topics related nutrition: -
 - 1) ANC care
 - 2) Importance of breast feeding
 - 3) Diet in anaemia
 - 4) Weaning
 - 5) Postnatal care
 - 6) Balance diet

ACTIVITY :-3

- On occasion of "Poshan Pandharwada" celebration on 17th April 2025, our college ANM students under guidance of Mrs. Shital Chirke madam and Ashwini Bhosale conducted rally regarding awareness related to obesity in children and importance of Balance diet in Karvenagar, Anganwadi area.
- On 17th April 2025, lecture planned on "Poshan tracker App" by Anganwadi sevika for our ANM students. In that they Mrs. Barve madam given information regarding Poshan track app.



J. M. S.
PRINCIPAL

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.**

REPORT ON SOCIAL EQUALITY WEEK

(9th April to 14th April 2025)



INTRODUCTION:

Celebration of Social Justice Equity Week is a cultural event for people across India. This celebration takes place from April 9 through April 15, in honor of the birth anniversaries of two of India's great social reformers and antidiscrimination crusaders, Mahatma Jyotirao Phule, and Bharat Ratna Dr. Babasaheb Ambedkar;

The United Nations established this day in 2007 to promote social justice as a fundamental principle for peace and development. The 2025 observance focused on "Strengthening a Just Transition for a Sustainable Future," highlighting the importance of inclusive policies in ensuring that climate action leads to more and better jobs, reduces inequalities, and fosters sustainable development. India Today UN DESA Social In India, various initiatives support social justice, including the Pradhan Mantri Anusuchit Jaati Abhyuday Yojana (PM-AJAY), which aids Scheduled Caste communities through skill development and infrastructure projects. Drishti IAS While the official observance has passed, it's an opportune time to reflect on and engage with ongoing efforts toward social justice in our community. Bharat Ratna Dr. Babasaheb Ambedkar has tried to create unity in Indian society through the principles of freedom, equality and fraternity for the country through the Constitution of India. In accordance with this principle of the Constitution of India, the State Government is constantly striving to provide social justice, economic and social protection to the Scheduled Castes, Scheduled Tribes and other weaker sections as well as all kinds of oppressed and exploited people. To make the public aware of the various welfare schemes implemented by the State Government and to create public awareness among the people, the Government has decided to celebrate the program "Bharat Ratna Dr. Babasaheb Ambedkar Social Equality Week" every year from 8th April to 14th April.

ACTIVITIES: from (8th -14th April 2025)

Bharat Ratna Dr. Babasaheb Ambedkar Social Equality Week was inaugurated by reciting the Preamble of the Indian Constitution and creating awareness among the students and informing the students about the scholarship scheme of the Social Welfare Department, Bharat Ratna Dr. Babasaheb Ambedkar Swadhar Yojana.

College conducted following activities on life of Dr. Babasaheb Ambedkar and Mr. Mahatma Jyotiba Phule

1. Elocution
2. Essay competition
3. Speech
4. Video clip
5. Rally on social equity
6. Blood donation camp

We also organize a blood donation camp in the college in collaboration with the District Health Officers.

In essay competition students participated creative competitions on theme like Biography of Dr. Babasaheb Ambedkar, in this activity three students got prize, their writing content was relevant, strength is adequate and word clarity was good.

Speech given by Mrs. Rupali Dhume on Life of Mr. Mahatma Phule, she explained very well about the life of Mr. Mahatma Phule journey, and struggle to achieve the goal of life how they are contributing their work in field of education for all, Women rights, Satyashodhak samaj, Literary work. It was excellent speech, and it was useful for our students.

On the memory of Dr. Babasaheb Ambedkar our Samath's organized blood donation camp, total 115 participants are eligible to give blood donation out of 216

CONCLUSION:

Social equity week was a successful initiative that brought crucial conversations to the forefront. It highlighted the importance of continuous efforts toward building an inclusive society where everyone has equal opportunities regardless of their background.



Signature of NSS officer:



Signature of Principal:
PRINCIPAL

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-52.

BLOOD DONATION CAMP 2024-2025

(DATE: 18 -04-2025)



**MAHARSHI KARVE STREESHIKSHAN SAMSTHA'S,
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION,
KARVENAGAR, PUNE- 52.**

Date: 18/04/2025

Time: 09:00 am – 2:00 pm.

Venue: ICHALKARANJI HALL MKSSS BTINE, PUNE 52.

Blood Donation campaign.

Introduction

Blood donation is a vital part of worldwide healthcare. It allows for blood transfusion as a life-sustaining and life-saving procedure. Over one hundred million units of blood are donated each year throughout the world. This activity reviews donor eligibility and selection, adverse effects of donation, and pathogen reduction and inactivation for donated blood.

Blood donation for transfusion is a vital step in the management of many clinical problems, with the two primary indications being anemia and acute blood loss. Blood donation itself is also used to primarily treat a small subset of medical conditions. At the beginning of the 20th century, Karl Landsteiner identified ABO blood groups, at which time blood typing of individuals was only beginning to be adopted as a universally standard practice.

Due to the inability to prevent blood from clotting once removed from the donor and thus store and transfer blood to be delivered when needed later, transfusions were only carried out on a limited basis. Blood was transfused directly from donor to recipient without intervening storage or transport. This method worked for small numbers of patients and only on a small scale, as donors and recipients needed to be connected both in time and space. There was a time when lists of donors were maintained of persons locally available to be called in to donate to patients at any time as needed. Necessity drove the development of more flexible donation and storage practices when World War I began. "On-demand" blood donation was not feasible for such a large scale effort. Soldiers were dying of otherwise non-fatal wounds due mainly to the inability to perform a timely blood transfusion.



Activity.

MKSSS BTINE conducted Blood Donation at Ichalkaranji hall of Smt. Bakul Tambat Institute of Nursing Education, Pune. Camp organized by MKSSS BTINE'S NSS teachers and volunteers with Janklyan blood bank.

During the blood donation hemoglobin and blood group checking etc. activities were done. All 50 NSS volunteers were participated in this camp. Volunteers helped in this programme to the doctors for physical examination, checking vital signs, history taking and also assist to doctor during hemoglobin testing and blood screening.

Total 216 participants were registered in the camp out of 115 were eligible for donating blood. In this camp the NSS volunteers have given information to the participants about the importance of blood donation, prevention of Anemia.

After blood donation, the participants were given snacks & refreshments & were educated about the care to be taken after the donation was complete for next 24 hours. Confidentiality has maintained during and after treatment.



Sign of NSS officer



Sign of Principal

PRINCIPAL
Maharshi Karve Stree Shikshan Samstha
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.