



Committed to developing "Conscientious, Confident & Caring quality nursing professionals"
MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S

Smt. Bakul Tambat Institute of Nursing Education

(Affiliated to MSBNPE, MNC, MUHS & INC, NAAC Accredited) 'A' Grade



Criteria VI

Governance, Leadership and Management

(2024-2025)

6.3 Faculty Empowerment Strategies

6.3.3 Reports of academic staff college or similar centers verification of schedules of training programs

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-411052

REPORT ON “PEDIATRIC SKILL STATION & HANDS ON TRAINING” 2024-2025



MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-411052

Report on Pediatric Skill Station & Hands on Training

DATE: 6th and 7th August 2024

TIME: 8:00 AM to 1:00 PM

VENUE: Multipurpose Hall, Nursing art lab, Advance nursing lab, 2nd year GNM classroom and 5th Semester B.Sc.(N) classroom, MKSSS BTINE.

The department of Child Health Nursing of MKSSS Smt. Bakul Tambat Institute of Nursing Education, Karvenagar, Pune had arranged "Pediatric Skill Station & Hands on Training" on 6th and 7th August 2024. The skill station was conducted by teachers of pediatric department under the guidance of HOD of Child Health Nursing Department Mrs. Deepali Shinde.

The skill station was conducted in Multipurpose Hall, Nursing art lab, Advance nursing lab, 5th Semester B.Sc.(N) classroom and 2nd year GNM classroom. 5th Semester B.Sc.(N) (48 students), 2nd year GNM (73 students), 2nd year ANM (17 students), 1st year P.B.BSc (30 students) had participated in skill station.

List of teachers with assigned assessment:

Sr. No.	Name of Assessment	Name of Teacher
1	History Taking and Nutritional Assessment	Mrs. Deepali Shinde
2	Newborn Assessment	Ms. Dhanashri Patil
3	Infant Assessment	Ms. Pratiksha Sonawane
4	Toddler Assessment	Ms. Ashwini Patil
5	Pre-Schooler Assessment	Ms. Anuja Jadhav
6	Schooler Assessment	Ms. Amruta Phale
7	Adolescent Assessment	Mrs. Akshada Tendulkar




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Nursing Education
Karvenagar, Pune-411052.

Photos of Skill station 2024-2025





Pune, Maharashtra, India
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Maharashtra 411052, India
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Long 73.818932°
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Maharashtra 411052, India
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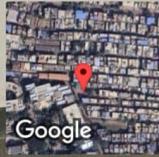
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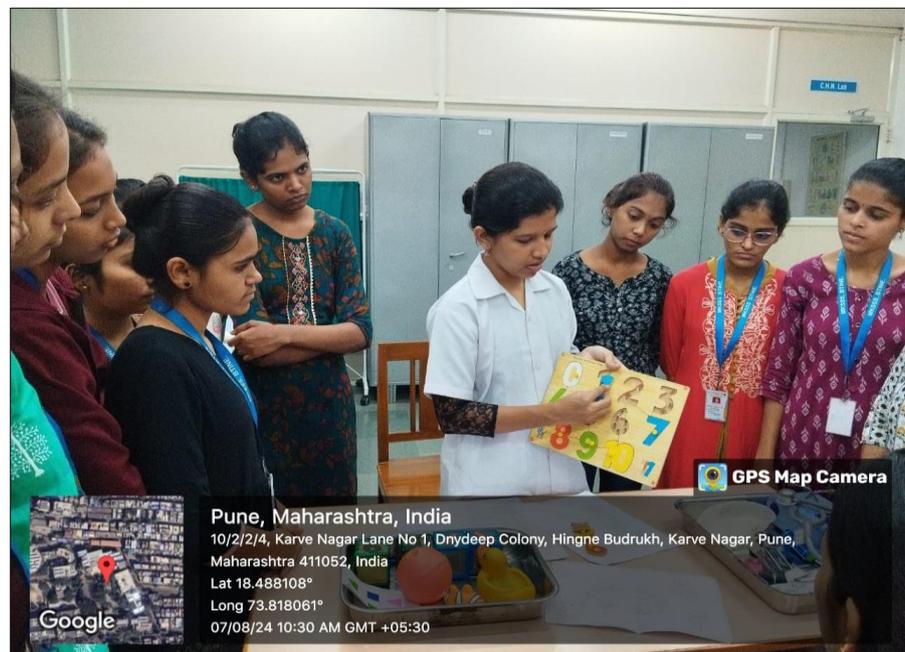
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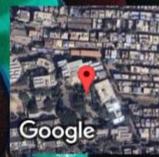
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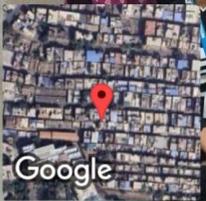
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MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
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KARVENAGAR, PUNE-52.

REPORT ON

SESSION ON PREVENTION OF LIFESTYLE DISEASES-FOCUSING ON HEALTH AND NUTRITION 2024-2025

(DATE: 10/10/2024)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 52.**

Date: 10th October 2024

Time: 4:00 pm – 5:00 pm.

Venue: Multipurpose Hall, MKSSS BTINE, Karvenagar Pune.

Organizers: NSS department MKSSS BTINE and Preventive Medicine Department,
Deenanath Mangeshkar Hospital & Research Center, Pune.

Topic: Prevention of Lifestyle Diseases-Focusing on Health and Nutrition

Speakers: Dr. Manjusha Ghumare, consultant and Ms. Saylee Rao, Psycho-oncologist
Preventive Medicine Department, Deenanath Mangeshkar Hospital & Research
Center, Pune

Prevention of Lifestyle Diseases-Focusing on Health and Nutrition

Introduction

Lifestyle disease is A disease associated with the way a person or group of people lives. Lifestyle diseases include atherosclerosis, heart disease, and stroke; obesity and type 2 diabetes; and diseases associated with smoking and alcohol and drug abuse. Regular physical activity helps prevent obesity, heart disease, hypertension, diabetes, colon cancer, and premature mortality. Lifestyle diseases are defined as diseases linked with the way people live their life. These are non-communicable diseases. This is commonly caused by lack of physical activity, unhealthy eating, alcohol, drugs and smoking. Diseases that mostly influence lifestyle are heart disease, stroke, obesity and type II diabetes. The diseases that appear to increase in frequency as countries become more industrialized and people live longer can include Alzheimer's disease, arthritis, atherosclerosis, asthma, cancer, chronic liver disease or cirrhosis, chronic obstructive pulmonary disease, type 2 diabetes, heart disease, hypertension, metabolic syndrome, chronic kidney failure, osteoporosis, PCOD, stroke, depression, obesity and vascular dementia.

Activity

NSS unit of MKSSS's Smt. Bakul Tambat Institute of Nursing Education and Preventive Medicine Department, Deenanath Mangeshkar Hospital & Research Center, Pune conducted

session on Prevention of Lifestyle Diseases-Focusing on Health and Nutrition on 10th October 2024. Students, faculty, and staff attended the session. This session helped our student to gain insight about the various lifestyle diseases and its preventive measures. It helped them in their personal and professional life.

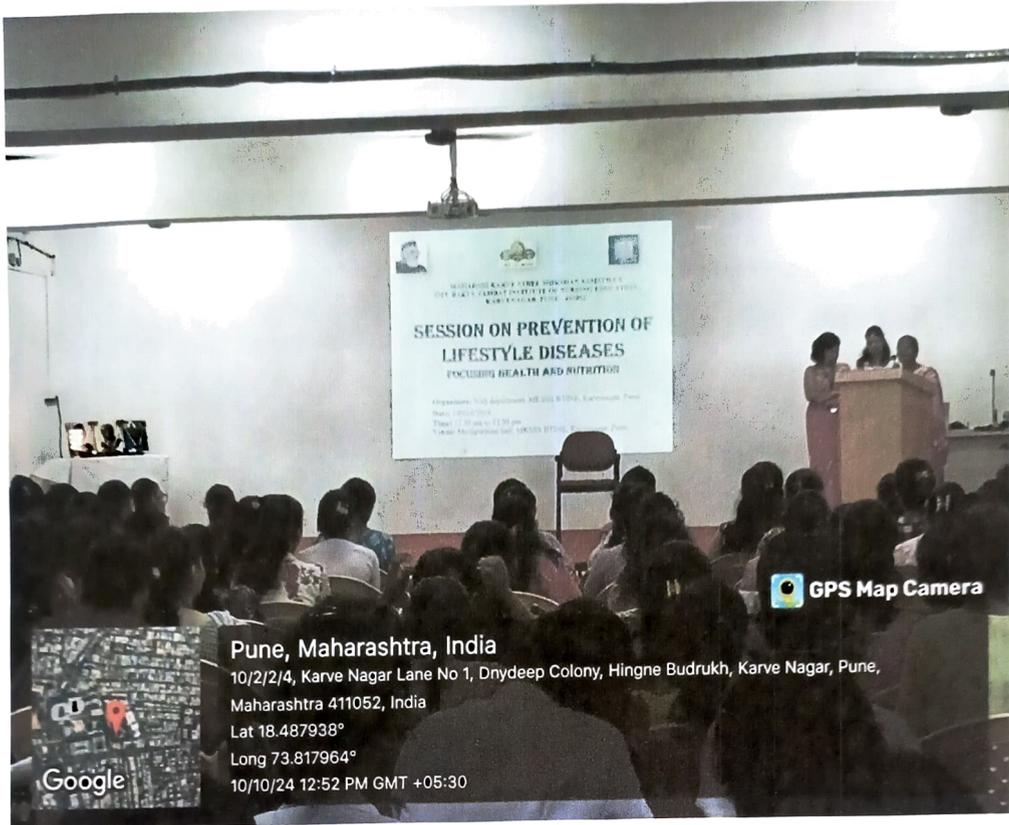


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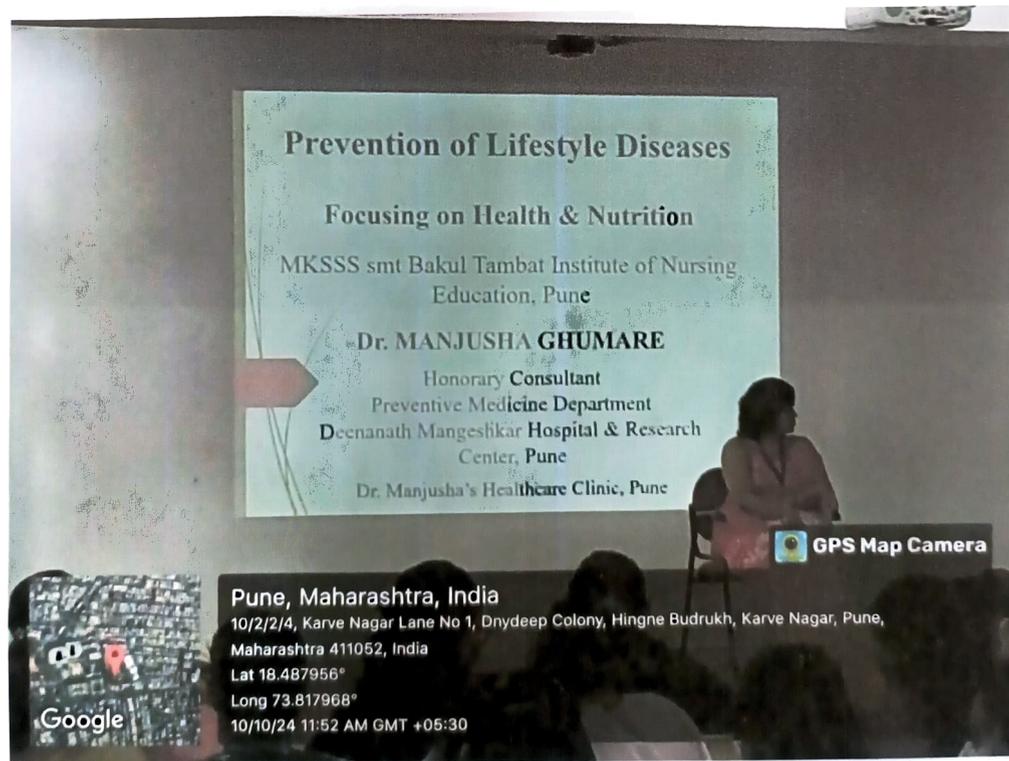


Sign of Principal
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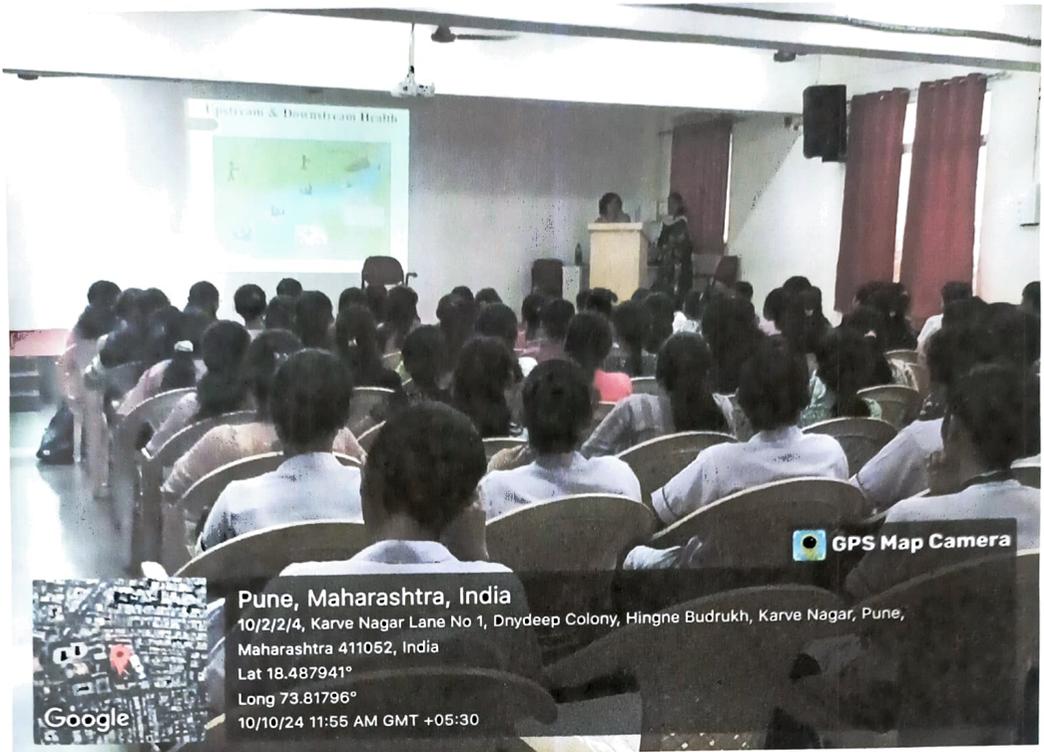
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Karvenagar, Pune-411052.



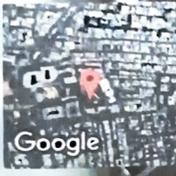
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Maharashtra 411052, India

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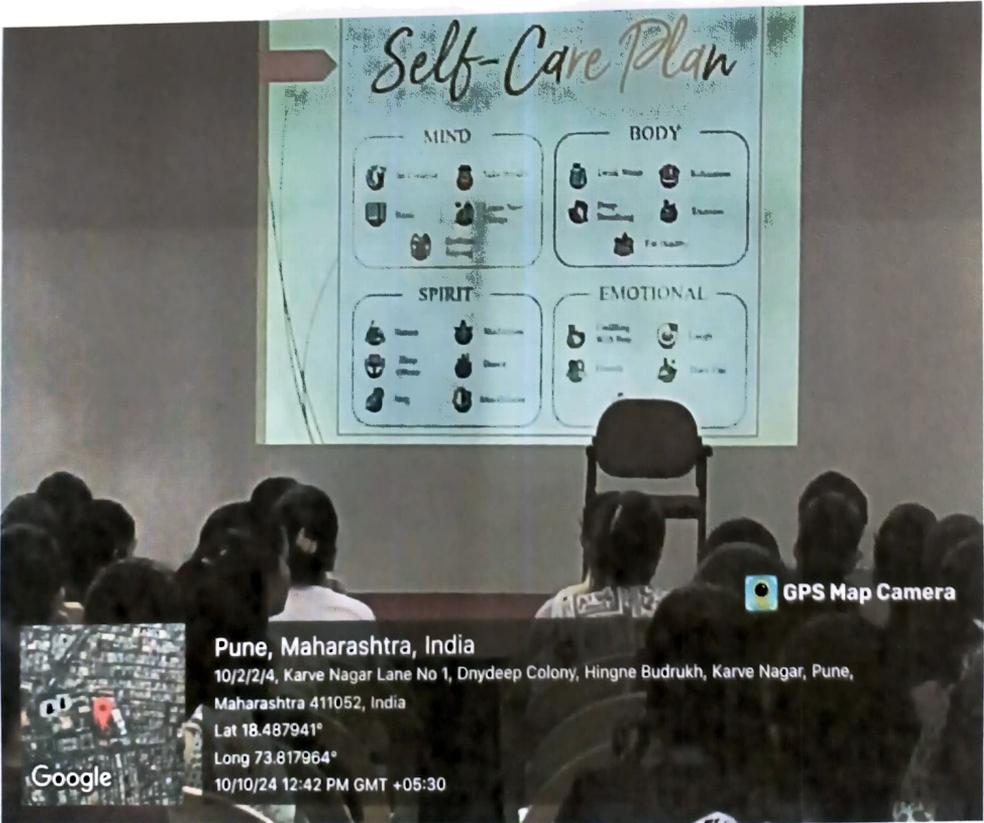




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MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 411052

Date: 10th October 2024

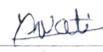
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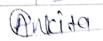
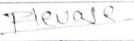
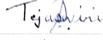
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Topic: Prevention of Lifestyle Diseases-Focusing on Health and Nutrition

Speakers: Dr. Manjusha Ghumare, consultant and Ms. Saylee Rao, Psycho-oncologist
Preventive Medicine Department, Deenanath Mangeshkar Hospital & Research
Center, Pune

Sr. No.	Name of student	Sign of student
1	Bagate Prajakta Balasaheb	
2	Bagul Mayuri Dilip	
3	Bangar Sejal Santosh	
4	Baswante Komal Sanjay	
5	Bhor Harshada Vinod	
6	Bhor Vaishnavi Balshiram	
7	Bhosale Swati Baliram	
8	Bikkad Rutuja Hanumant	
9	Chavan Kalpana Arun	
10	Chopane Vaishnavi Narayan	
11	Dhamdhare Siddhi Kalpesh	
12	Dhangade Pooja Vishnu	
13	Dhavan Shravani Vitthal	
14	Dhote Aditi Sachin	
15	Dube Pallavi Vitthal	
16	Gaikwad Diya Datta	
17	Gaikwad Laxmi Santosh	
18	Gite Rutuja Rajabhau	
19	Hadawale Divya Sopan	

Sr. No.	Name of student	Sign of student
20	Inamdar Tamanna Atjal	
21	Jadhav Priyanka Pralhad	
22	Jadhav Sakshi Kashinath	
23	Jagtap Shubhangi Suresh	
24	Jawale Pratiksha Nagsen	
25	Jawalikar Antara Shashikant	
26	Kadam Priyanka Dadarao	
27	Kapure Arpita Sanjay	
28	Karhe Sonali Babusha	
29	Kasdekar Naina Nandlal	
30	Khillare Rani Digambar	
31	Korpe Ankita Pandurang	
32	Kshirsagar Sakshi Sandip	
33	Lande Harshada Balasaheb	
34	More Shivani Santosh	
35	Naik Sanskruti Sachin	
36	Nevasse Kshitija Rajendra	
37	Pathan Fiza Karim	
38	Rangari Diksha Dilip	
39	Reddy Pooja Yallaappa	
40	Rupnar Pratiksha Balasheeb	
41	Sasane Samiksha Satish	
42	Shendkar Laxmi Mahesh	
43	Shinde Arshali Nivrutti	
44	Singnath Tejaswini Santosh	
45	Sul Urjita Baban	
46	Tambe Sharayu Sandip	
47	Tambure Anjali Dinkar	
48	Wagh Vaishnavi Sunil	

**MAHARSHI KARVE STREE SHIKSAN SAMSTHA
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE- 411052**

**Report on Training of Trainers on
Simulation Based Education sponsored
by INC**

14/10/2024 to 19/10/2024



Report on Training of Trainers on Simulation Based Education sponsored by INC

Date: 14/10/2024 to 19/10/2024

Days: 6 days

Venue: National Reference Simulation Centre, SGT University, Gurugram.

Participants: 35 (From MKSSS BTINE, 2 faculties Mrs. Dipali Awate and Ms. Smita Lisham)

We the faculty of MKSSS BTINE, Karvenagar, Pune attended 6 days training programme on Training of Trainers on Simulation Based Education sponsored by INC collaboration with National Reference Simulation Centre, SGT University, Gurugram.

National Reference Simulation Centre (NRSC) was established in October 2018 by Tetra Partite collaboration between Indian Nursing Council (INC), Jhpiego, Laerdal and SGT University with the vision of implementing inter-professional education in the State of the Art simulation centre through simulation based education. It has been developed to support the clinical parts of all the 4 years of B.Sc. Nursing curriculum- Nursing Foundation, Medical Surging I and II, Child Health Nursing, OBG Nursing and parts of the Community Health Nursing.

Training objective were:

Upon successful completion of the course, participants will be able to:

- Introduce the concept of Circle of learning.
- Demonstrate skills practice using checklists and skills evaluation using OSCEs.
- Teach decision making and critical thinking using case studies.
- Facilitate simulation session independently with high quality pre-brief, scenario and debriefing
- Develop a plan for integrating simulation-based education methodology into B.Sc. Nursing training.
- Appropriately use existing manikins and standardized patients for skills and simulation based training.

Day 1 (14/10/2024):

- The day commenced with registration and a pre-test, followed by a brief introduction of all participants.
- Mrs. Anu Grover, Director of NRSC, formally introduced each trainer and inaugurated the training session. She facilitated a discussion to elicit the participants' expectations, set the training norms, and provided an overview of the 6-day training programme. She also introduced the concept of the Circle of Learning.
- A video on the concept and scope of nursing was presented, followed by a group discussion that helped motivate and engage the participants.
- After the video session, a tea break was given.
- In the next session, Mrs. Ritu Yadav introduced the concept of checklists and Objective Structured Clinical Examination (OSCE). She conducted a detailed discussion on how to use checklists and develop OSCEs. This was followed by a lunch break.
- Post-lunch, participants were divided into four groups, each comprising nine participants. A live demonstration on how to conduct an OSCE was performed by trainers assigned to each group. This was followed by group-wise hands-on practice under trainer supervision.

Day 2 (15/ 10/2024):

- The day began with a recap of Day 1 conducted by Ms. Anu Grover.
- Following the review, a video from Gray's Anatomy was played, and participants were engaged in group discussions based on the content.
- The next session focused on Adult Learning, conducted by Ms. Ritu Yadav. She covered key aspects including:
 - Objectives and the needs of adult learners
 - Differences between child and adult learning
 - Motivational factors for adult learners
 - Several real-life examples were used to enhance understanding.
- After the tea break, Ms. Amandeep Kaur delivered a lecture on Decision Making, where she discussed:
 - The steps, features, and importance of decision-making in clinical practice.

- This was followed by a case study demonstration, during which one example was shared and all group members participated actively. This session concluded at 2:00 PM.
- After lunch, participants were given an orientation of the Simulation Lab, including a tour of all rooms and task trainers.
- The group was divided into two, and Ms. Usha Yadav and Ms. Ritu Yadav facilitated a hands-on orientation to Laerdal Global products, including:
 - Task trainers such as MamaBirthie, MamaBreast, and Term Baby
 - An explanation of hybrid simulation and detailed information on manikins and simulation tools
- By 3:00 PM, participants were again divided into small groups for case study discussions under the guidance of the facilitators.
- Each trainee was given the opportunity to present one case study to their group. This session focused on using case discussion methods to enhance critical thinking and student engagement through brainstorming.
- Day 2 concluded with a group reflection on the case study discussion method and its importance in learner engagement.

Day 3 (16 / 10/ 2024):

- The day began with an overview of the previous day's content. Then, participants engaged in an activity: watching a video that taught a valuable lesson—not to be judgmental and not to make assumptions before verifying the facts. This lesson proved especially helpful in improving how we interact with students.
- Next, Ms. Ritu delivered a lecture on simulation, covering its objectives, necessity, structure, and classification. Her presentation emphasized the importance of prebriefing, conducting scenarios, and debriefing within the simulation process.
- Following that, Ms. Usha Yadav led a session on debriefing. She explained what debriefing is, who is qualified to conduct it, and detailed its phases—reaction, analysis, and summary—as well as the pivotal role of the facilitator in each phase.
- After lunch, the participants were divided into five groups. Each group observed a facilitator's demonstration on how to conduct a full simulation—from planning and prebriefing to running the scenario and conducting the debriefing.

Day 4 (17/10/2024):

- Day 4 commenced with an overview of Day 3, delivered by Ms. Ritu Yadav. She led a discussion session and clarified doubts raised by participants regarding the previous day's content.
- Following the review, a group discussion was conducted on the concepts of advocacy, enquiry, and exercise. During this session, facilitators guided participants on how to formulate questions appropriately, with an emphasis on maintaining a non-judgmental approach.
- This activity was designed as a brainstorming exercise, helping participants learn how to frame questions based on different scenarios, thereby enhancing their critical thinking and facilitation skills.
- Later, participants were divided into four groups. Each trainee took a turn to act as a facilitator and conducted a simulation session. This hands-on practice offered participants valuable experience in facilitation and scenario handling.
- Participants engaged in simulations based on a variety of clinical scenarios, including:
 - Newborn birth
 - Triage
 - Cardiopulmonary resuscitation (CPR)
 - Oxygen and nebulization therapy
 - Palliative care
 - Bronchitis
 - Dehydration management
- The session provided a rich learning experience, allowing trainees to apply their knowledge, improve facilitation techniques, and gain confidence in managing simulations effectively.

Day 5 (18/10/2024):

- The day began with a reflection on the previous day's learning, led by Mrs. Anu Grover, followed by the division of participants into four groups for simulation activities.
- Each group was assigned a specific simulation area based on their scenario, such as:
 - Foundation of Nursing (FON) Lab

- Child Health Lab
- Maternal and Child Health (MCH) Lab
- Each group worked under the supervision of a simulation trainer. The participant acting as the facilitator was responsible for:
 - Preparing and presenting their assigned scenario
 - Explaining the roles to group members
 - Conducting pre-briefing, the simulation, and debriefing sessions
- Trainers provided observations and feedback, emphasizing detailed aspects of:
 - Pre-briefing protocols
 - Scenario execution
 - Effective debriefing techniques
- Throughout the day, each group conducted three simulation scenarios:
 - Two simulations were completed before lunch
 - From 1:30 PM to 2:30 PM, participants were given time to visit various exhibition stalls arranged by SGT University, showcasing educational tools, resources, and innovations.
 - After the stall visit, the afternoon session resumed, during which each group conducted one final simulation for the day.
 - The day concluded with feedback and reflection on the simulations conducted, highlighting both strengths and areas for improvement in facilitation and scenario management.

Day 6 (19/10/2024):

- The final day of the training began with a recap of all activities conducted over the past five days, led by Mrs. Anu Grover. She emphasized the key learnings, shared the action plan guidelines issued by the Indian Nursing Council (INC), and explained how participants could implement the training modules at their respective institutes.
- Mrs. Grover also provided step-by-step guidance on how to fill out the action plan, which each participant is required to submit individually to the INC.
- After the briefing, participants were once again divided into groups for simulation practice. Each group participated in two scenarios before lunch, applying the knowledge and facilitation skills gained throughout the training.

Valedictory session

- The valedictory session commenced at 2:00 PM, marking the official conclusion of the 6-day training programme.
- Participants completed the required documentation and evaluation forms, including:
 1. Daily Session Feedback Form
 2. Post-Test
 3. Instructor Individual Evaluation Form
 4. Self-Rating Scale
 5. Overall Training Feedback Form
 6. Action Plan Submission
- Following the form submission, the trainers and facilitators—Ms. Anu Grover, Ms. Usha Yadav, Ms. Ritu Yadav, and Ms. Amandeep Kaur—shared their reflections and commended the 35th batch for their enthusiastic participation and dedication.
- Selected participants also shared heartfelt feedback, including:
 - Mrs. Vasanti
 - Ms. Anni
 - Mr. Surendra
 - Mrs. Dipali Awate
 - They expressed deep gratitude to the facilitators and the INC for organizing such a meaningful and enriching training experience.
- Each participant was awarded a certificate of successful completion, marking their achievement.
- The training concluded with a group photograph, capturing the shared sense of accomplishment, knowledge, and emotional connection built over the six days.




PRINCIPAL
MKSS's Smt. Bakul Tambat
Institute of Nursing Education
Karvenagar, Pune-411 052.

PHOTOGRAPHS



Valedictory session:



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MKSS's Smt. Bakul Tambat
Institute of Nursing Education
Karvenagar, Pune-411 052.

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK.
MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION KARVENAGAR
PUNE- 411052

MUHS MET APPROVED.

REPORT OF BASIC RESEARCH METHODOLOGY WORKSHOP

DATE

14TH- 18TH OCTOBER 2024

VENUE

MKSSS BTINE, MULTI- PURPOSE HALL KARVENAGARD PUNE-411052

Introduction: -

A Basic research methodology workshop was organized by Maharshi Karve Stree Shikshan Samstha's Smt. Bakul Tambat Institute of Nursing Education, Pune on 14th to 18th October 2024. This workshop was approved by MUHS, Nashik and total 50 participants were registered in the workshop. Dr. Meena Ganapathy, Principal of MKSSS BTINE was the organizing Chairperson and program coordinator was Mrs Laishangbam Bijayalakshmi Devi, Professor of MKSSS BTINE, Karvenagar , Pune

OBJECTIVES:

- To understand and comprehend the basics in research methodology and applying them in their research / project work by the participants.
- To deliberate and discuss the designs, techniques, research ethics, inferential statistics and tools to be employed in completing research project.
- To enable the participants to prepare

Basic Research Methodology Workshop progress reports

Day One: - 14/10/2024

REGISTRATION AND PRETEST

Registration was started from 12:30 pm to 1:00 pm and pre-test was conducted. The program began with greeting and felicitation of the Guest members and Resource person and offer flowers to the Anna, Baya and Bharat Mata. Prayer song was arranged by our students before beginning with the session. Later welcome address was given by the Principal madam Dr Meena Ganapathy.

At 1:00pm – 3:00pm ,1st session was conducted by Dr. Vikram Garcha, Professor from Sinhgad Dental College and Hospital, Pune. He Introduce to” Research Methodology and Descriptive Studies” and took Study Designs: “Descriptive studies”. It was an informative and good beginning of the session including discussion.

After refreshment break, next session started at 3:15 pm – 4:45 pm by Dr. Suvarna Joshi Associate Professor from B.J Medical College Pune as second session of the day. She had taken

lecture on Case Control, Cohort Studies and Experimental Studies. It was very informative session and was followed by group activity from 4:45 to 5:30 pm by Dr. Suvarna Joshi madam. All the participants were divided into 5 groups (10 members in each group) by denoting group name as Group-A, B, C, D, and E. Each group was discussing among itself and 1 topic was decided, indicating why topic was selected by the group over other topic and came out with at least 2 research questions and related hypothesis, type of study with the reasons there of and dependent and independent variables included in the study.

One of the member as a representative from each group came ahead and present their topic, and they all performed well.

Day Two: - 15/10/2024

The second day begin at 1:00pm by Prof. L. Bijayalakshmi Devi, Professor from MKSSS BTINE, Pune. She introduce to "Types of Data and Data Presentation" and gave brief knowledge about how to presentation. It was an informative and good beginning of the session including discussion. The second session begin at 1.50 pm by Dr. Meena Ganpathy, Principal since 2000 at MKSSSBTINE Pune. Mam has taken lecture on "Literature Search" and introduced us to the websites such as orchid, pubmed, and semantic searches for literature reviews. She explain use of Boolean, deep 3earches etc. It was very useful and informative for the participants. After a break of 15 minutes tea break, at 3.15, group activity started under Dr. Meena Ganapathy. Each group was given task to open Orchid account and do literature searches, using Boolean references styles etc. Practical information were obtained by the participants.

3rd session was conducted Dr. Kadambari Ambildhok at 3:45pm – 4:45pm. She has taken lecture on "Sampling: Methods & Sampling size". It was a really informative and good information of type of sampling and sample calculation etc and group discussion was conducted.

Day Three: - 16/10/2024

Time 1:00pm – 1:45pm

Third day, 1st session was conducted by, Dr Vineet Vinay from Sinhagd Dental College and Hospital, Pune at 1 pm to 1:45 pm. He Introduce to "Inferential Statistics" and gave brief knowledge about in how to use it in Research. It was very energetic and informative. He conducted the group activity about how to enter data, in excel and apply t-test and how to make

bar graph etc. from 1.45 to 3 pm. After a break of 15 minutes Epi Info were discuss till 4 pm and followed by Questionnaires types and designing for various types of research design. It was very informative and useful for the participants.

Day Four. 17/10/24

Time 1:00pm – 1:45pm

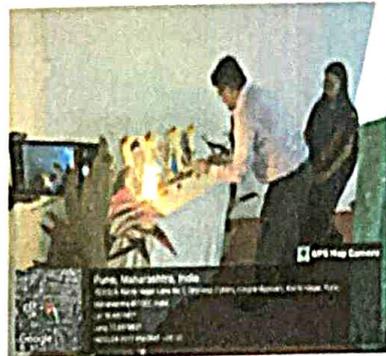
Dr. Suvarna Joshi conducted the first session at 1 pm on Evaluation of diagnostic test. Knowledge about sensitivity and specificity of test were discussed and explain, ROC curve etc were also explain. It was a really informative and good. She continued with the next session on critical evaluation of Journal articles were how to analyse articles were taught and explain with group discussion with an article as illustration. It was informative. After a 15 minutes teak break, the next session was conducted at 3.15 pm by Dr Mugdha Lele taught on 'Writing a research Protocol,' were she talked about importance of why research protocol is the blue print of a research and how it help the researcher in conducting the research. The session was very interactive and informative. She continued to take the next session at 4 pm on the topic 'Ethical Issues in medical research.' She talked about the past history on unethical practices in research and how ethical declaration evolved including ICMR ethical guideline of 2017. It was very informative session. Group discussion was conducted on presenting Ethical Issue in their respective studies .

Day Five. 18/10/24

1st session Group Activity was conducted by **L. Bijayalakshmi Devi Professor** on Two Journal Article with different study design and discuss on research critiquing presented by member. It was an interactive and helpful session. The second session was conducted at 1.50 pm by Dr Manjiri Deshpande madam on 'qualitative research method.' She talked about various type of qualitative research design and step of qualitative study, difference between quantitative and qualitative study and ended her lecture at 3:15 pm. After a break of 15 minutes tea break, posttest was conducted for all participants by Mrs. Nupoor Bhambid. A feeback was shared by the participants from different colleges. And vote of thanks was propose by Prof. Laişhangbam Bijayalakshmi Devi.

The workshop was declare as ended by the program co-ordinator at 4.45 pm.

Few glimpses from the workshop.



Inauguration program of workshop



Sessions in progress



Sessions in progress



MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR PUNE - 411052

Report of Basic Research Methodology Workshop Conducted

College Name: Maharshi Karve Stree Shikshan Samstha's Smt. Bakul Tambat Institute of Nursing Education, Pune

Workshop Name: Basic Research Methodology workshop

Workshop Date: 14/10/2024 to 18/10/2024 (1 pm to 5 pm)

No. of participants trained: 48 present, 2 absent

Teachers : 22 present, 1 absent Students : 26 present, 1 absent

List of Resource Persons :

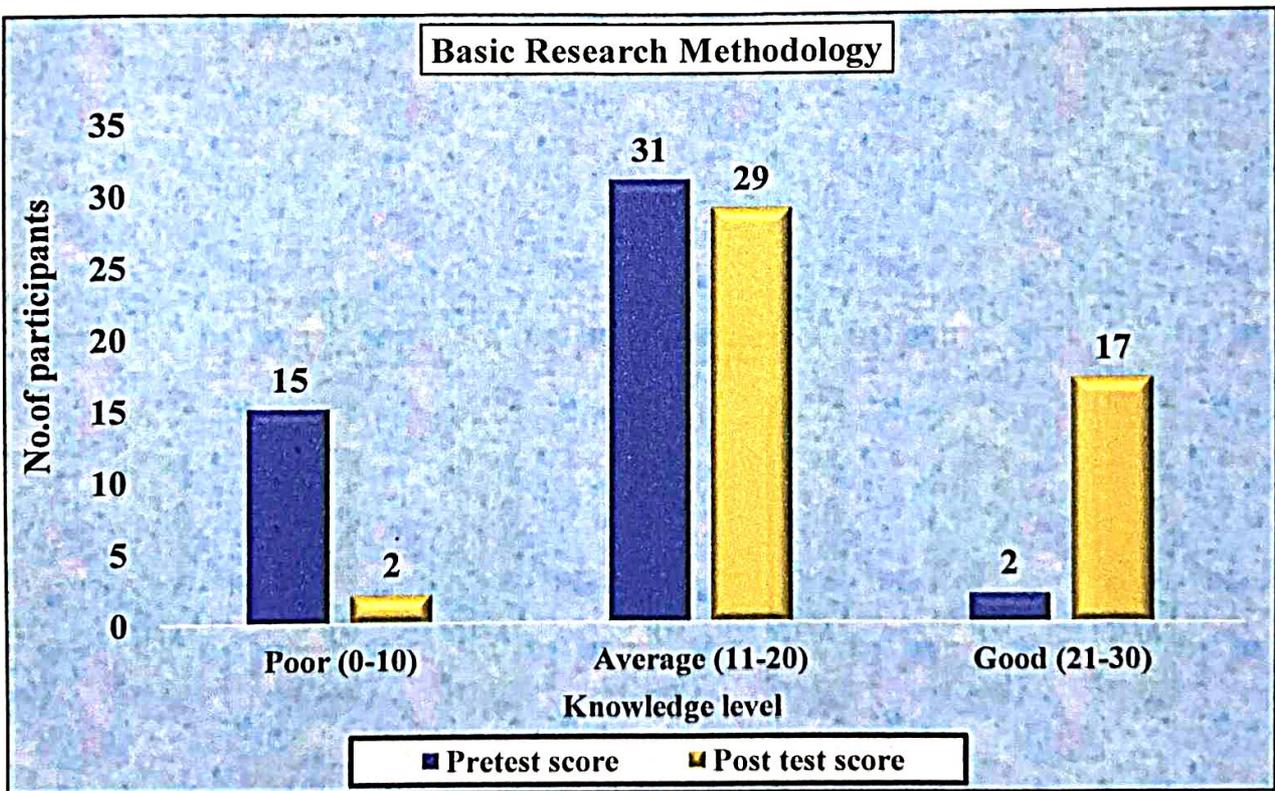
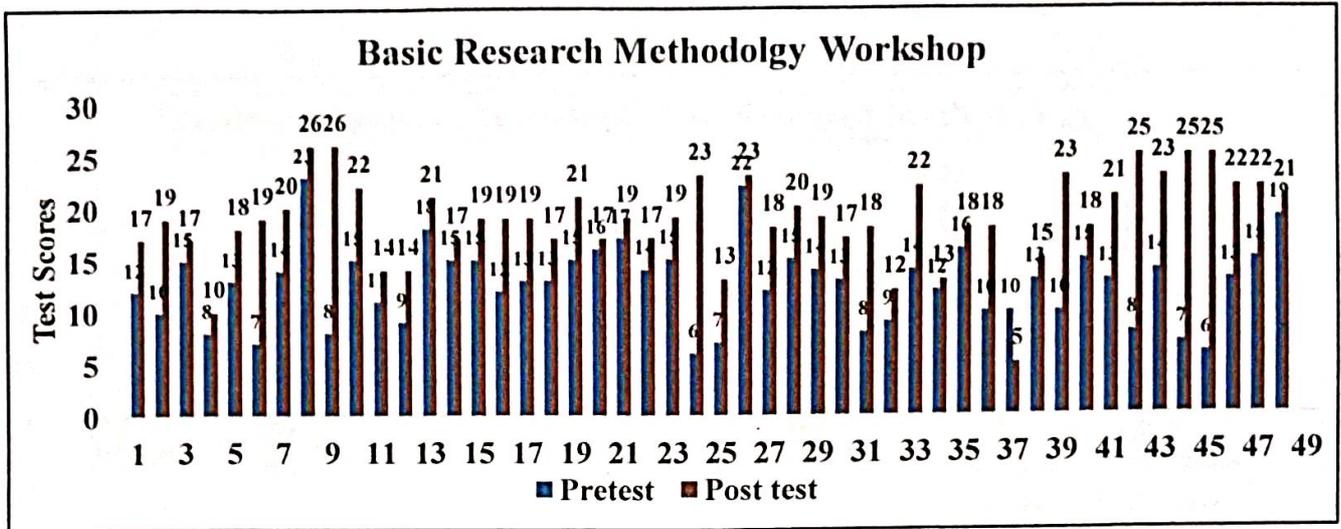
1. Dr. Vikram Garcha
2. Dr. Suvarna Joshi
3. Dr. Meena Ganapathy
4. Mrs. L. Bijayalakshmi Devi
5. Dr. Kadambari Ambhildhok
6. Dr. Vineet Vinay
7. Dr. Mugdha Lele
8. Dr. Manjiri Deshpande

Pre-test / Post –test Analysis: Pretest and posttest for 30 item were given on first day before session begin and at the end of the last session. 48 participants filled the forms.

❖ Results of the pre and post test are as under:

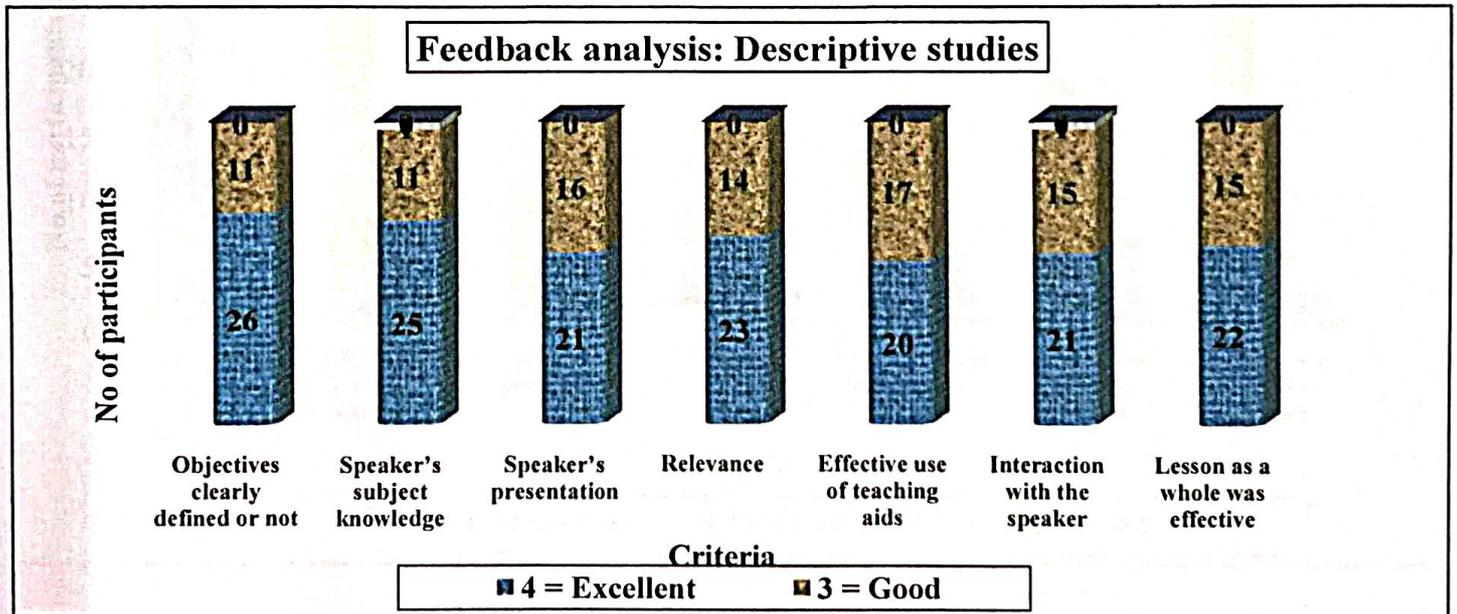
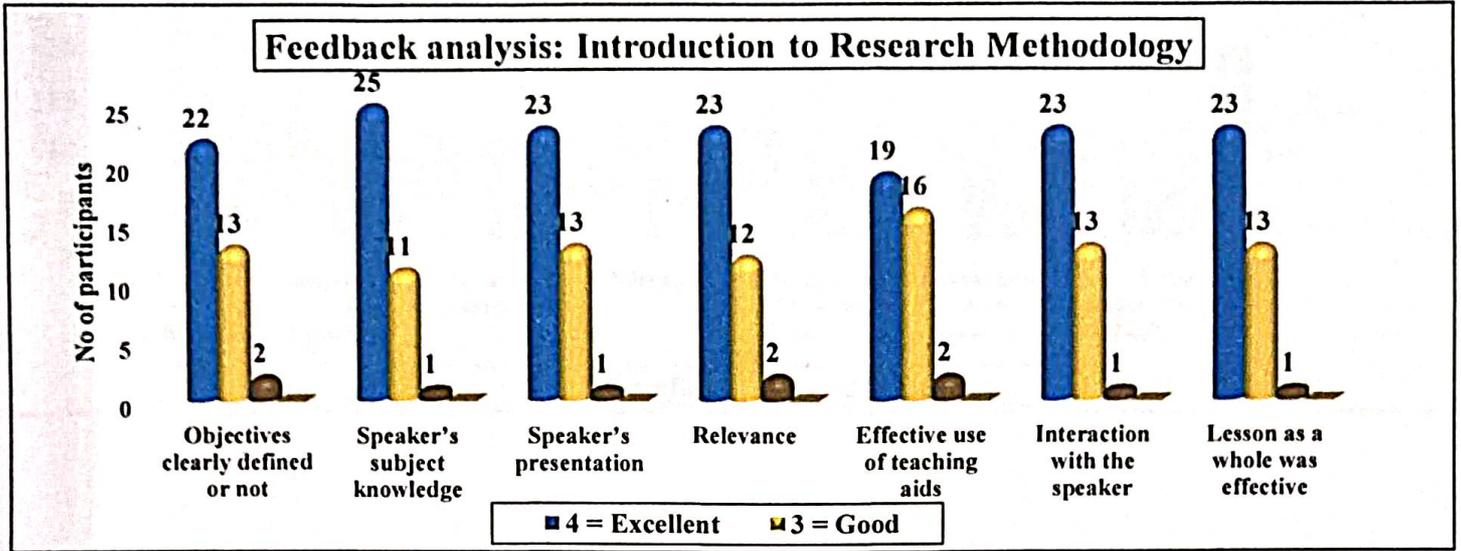
- The pre and post test contained 30 MCQ questions that covered the total curriculum of the workshop.
- Average percent score of the pre-test was 42.29 percent
- Average percent score of the post-test was 62.91 percent resulting into 21 percent positive change in the scores.

- The graph below shows the change in the individual scores of the participants:

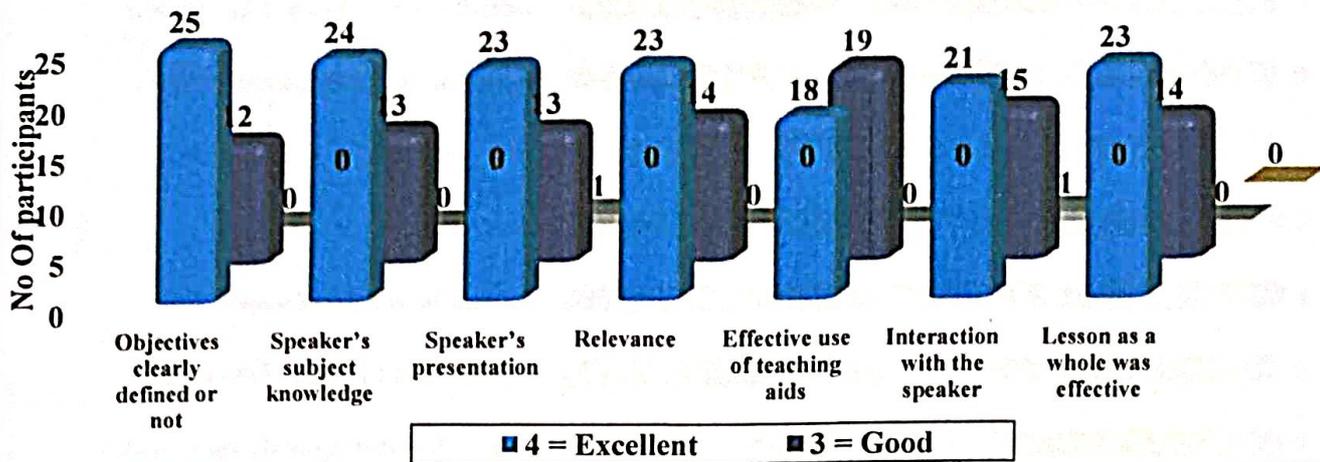


Participant Feedback Analysis (session-wise and program evaluation questionnaire):

Daily Feedback Analysis (14th Oct 2024)

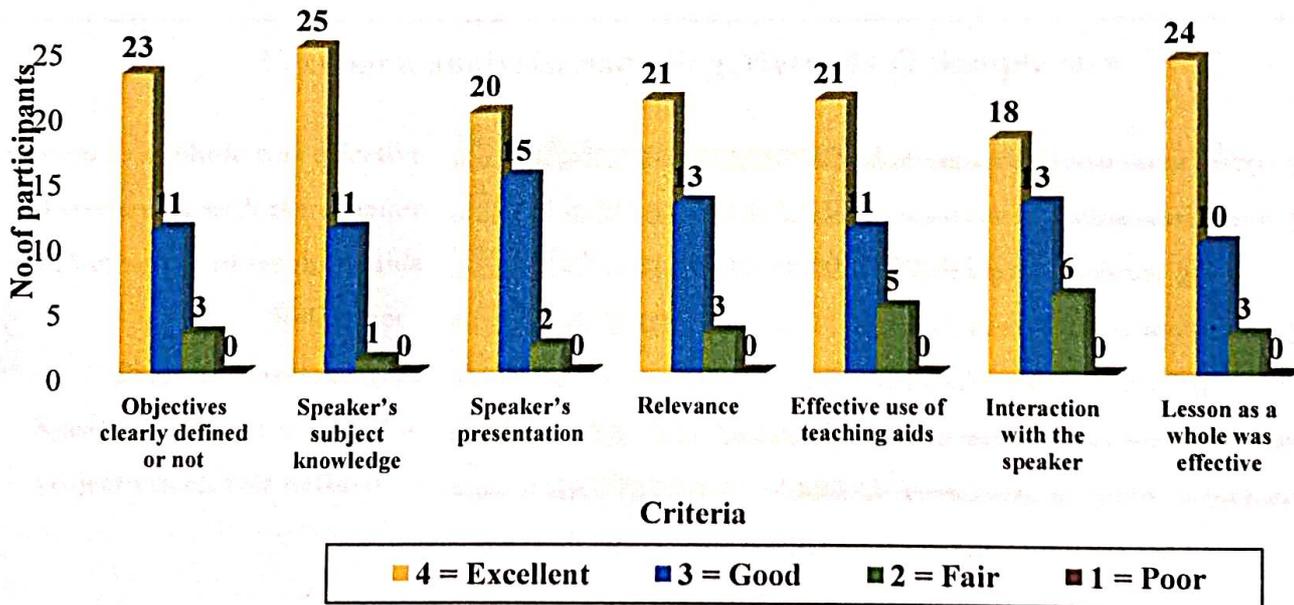


Feedback analysis: Case Control and Cohort Studies

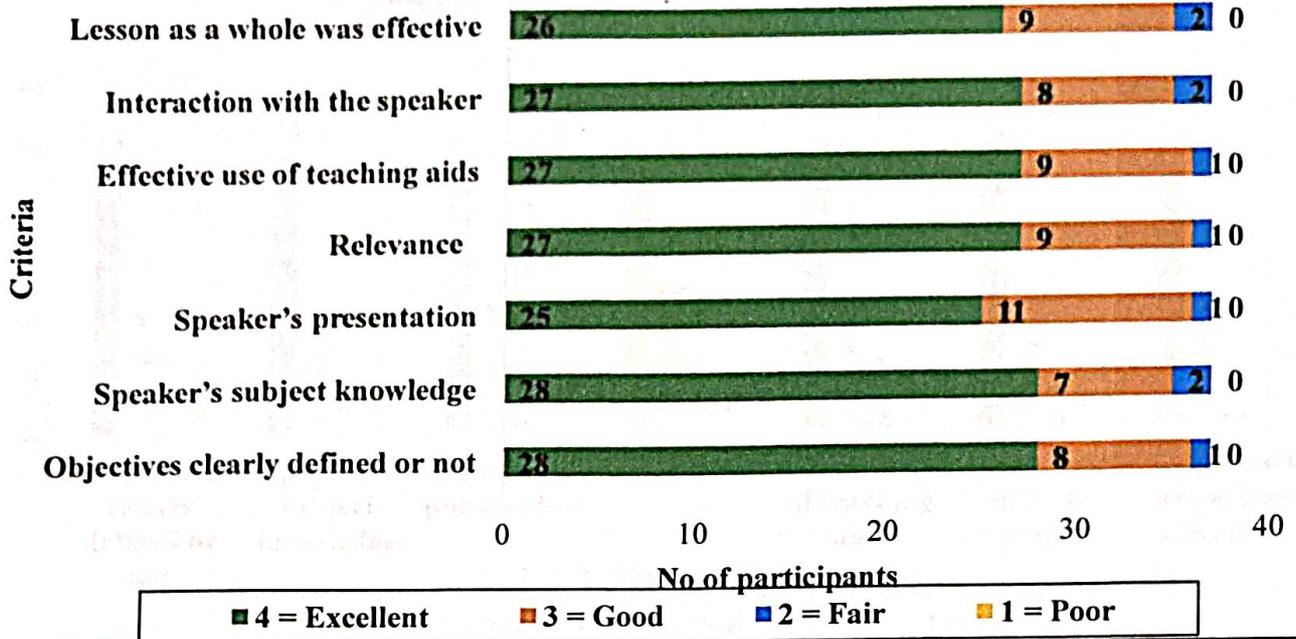


Daily Feedback Analysis (15th Oct 2024)

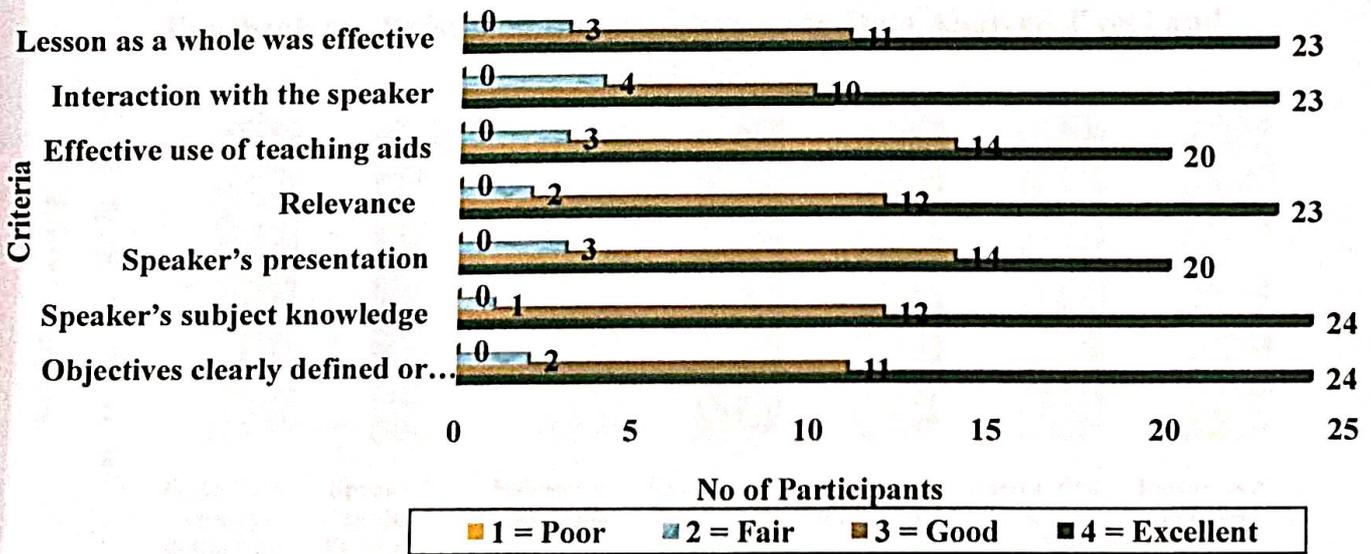
Feedback analysis: Types of Data and Data Presentation



Feedback analysis: Literature search

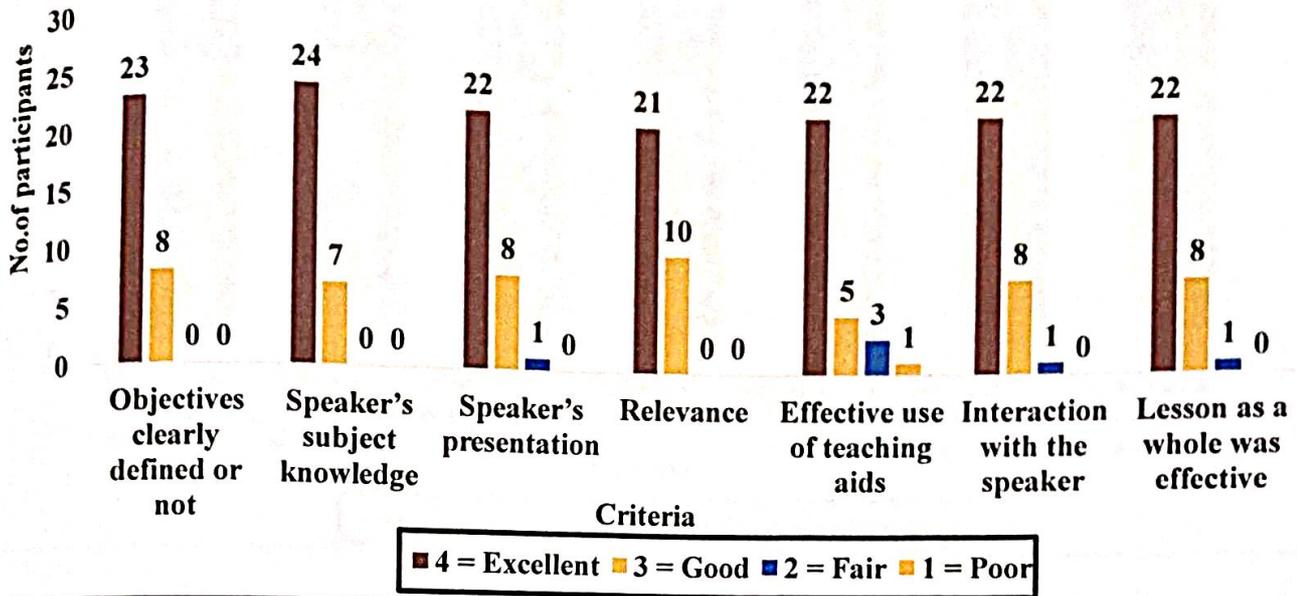


Feedback analysis: Sampling Methods & Sample size

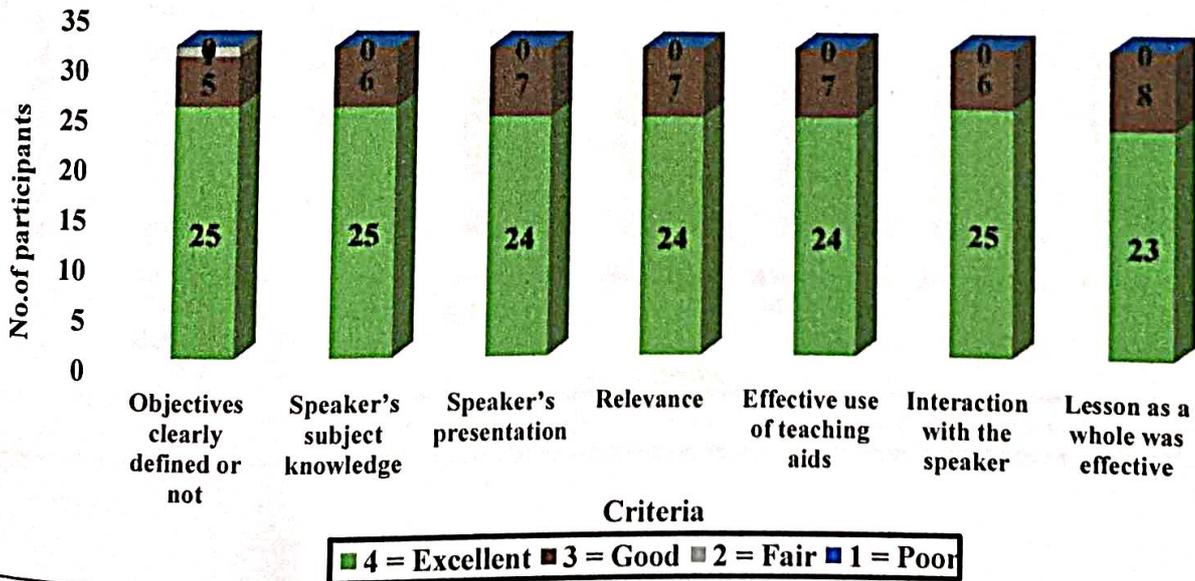


Daily Feedback Analysis (16th Oct 2024)

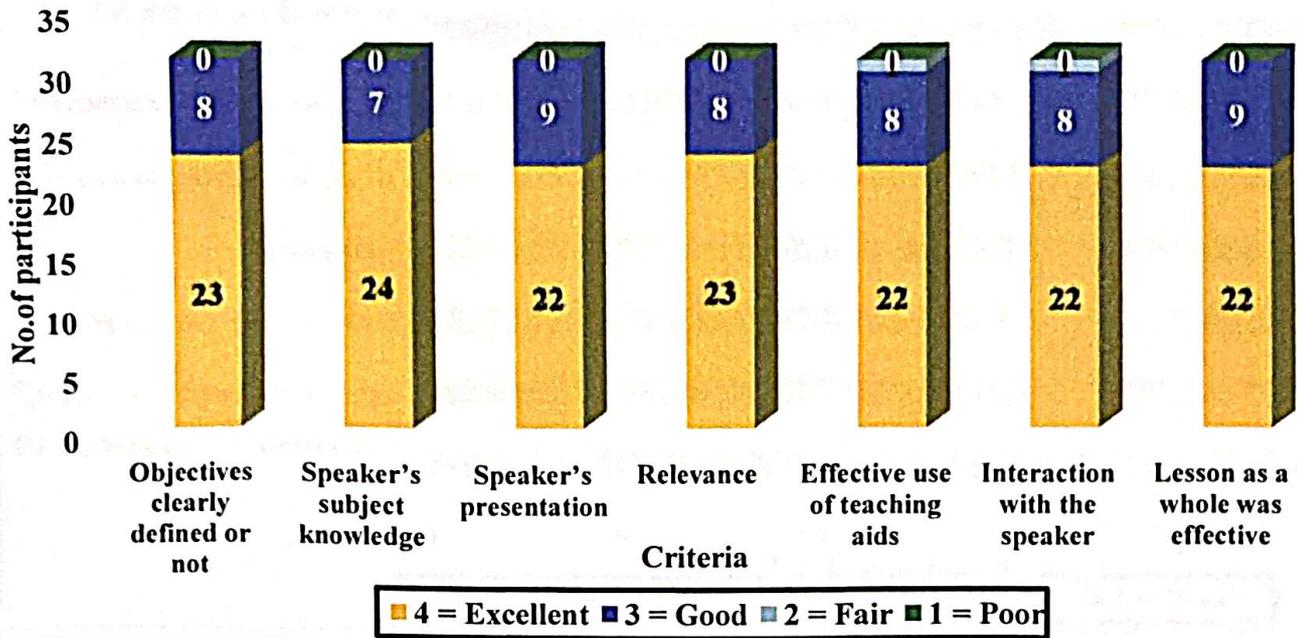
Feedback analysis: Inferential Statistics



Feedback analysis: Computer assistance in Data Analysis Excel and EPI Info.

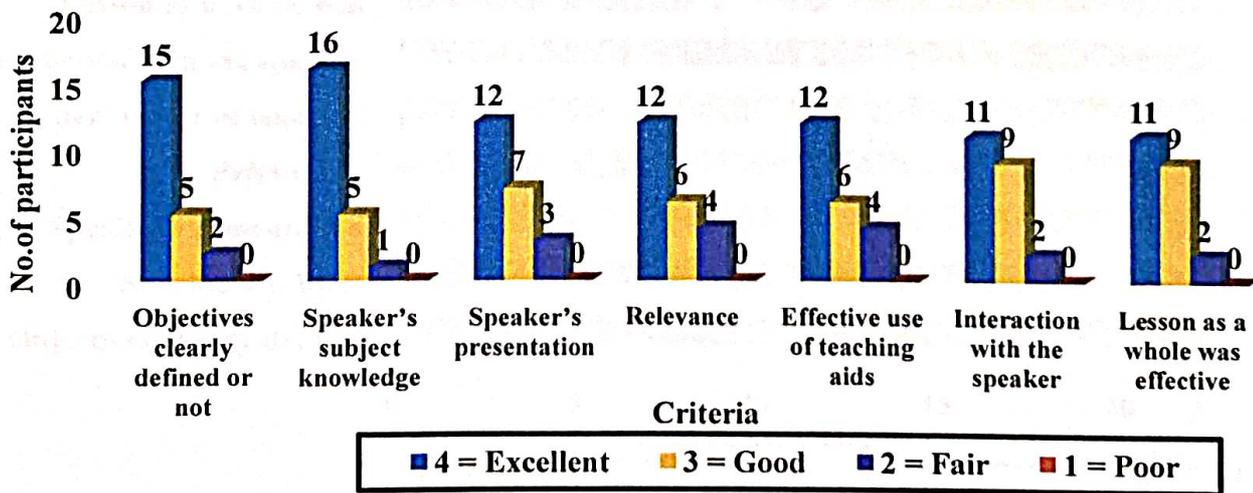


Feedback analysis: Questionnaire Designing

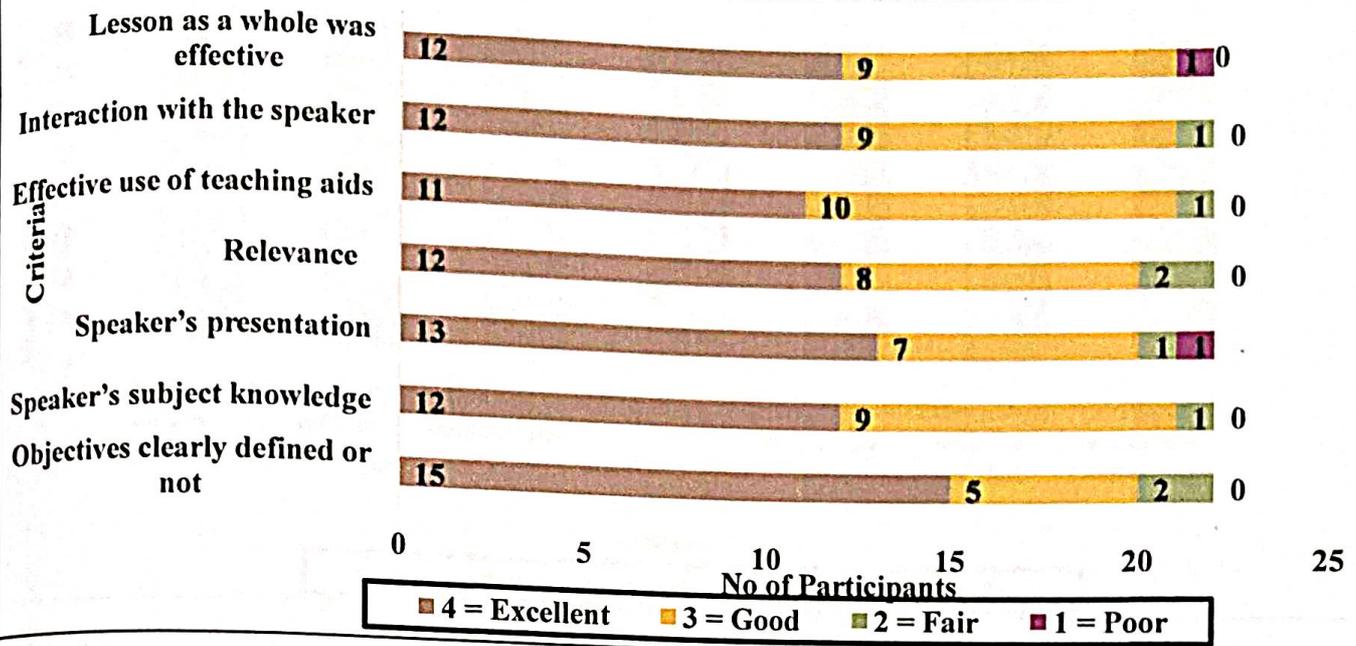


Daily Feedback Analysis (17th Oct 2024)

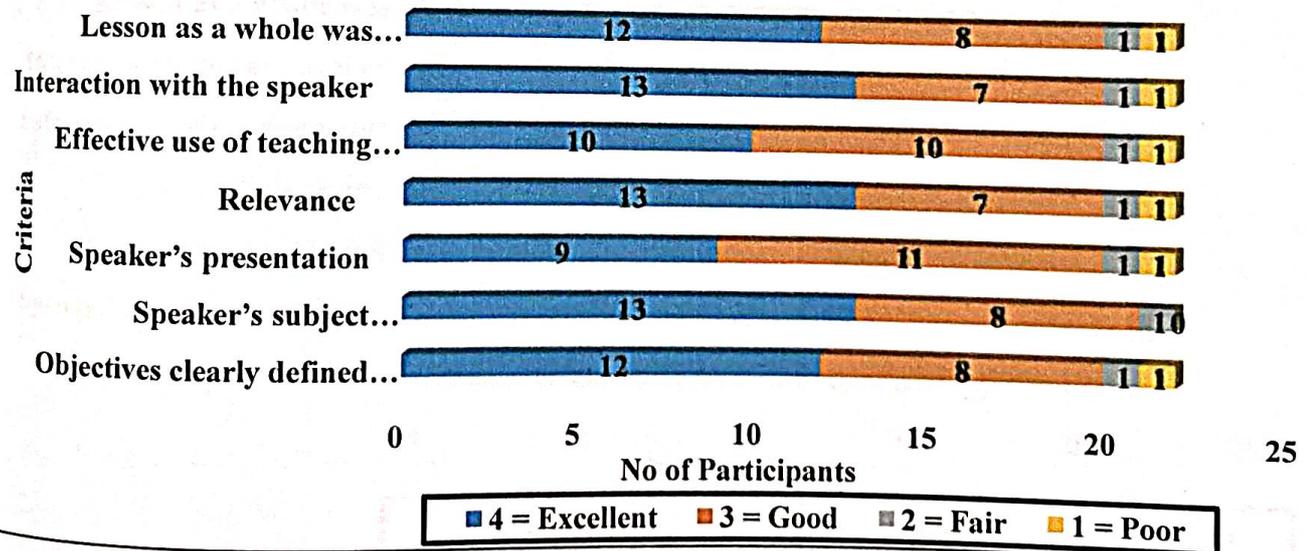
Feedback analysis: Evaluation of a diagnostic test



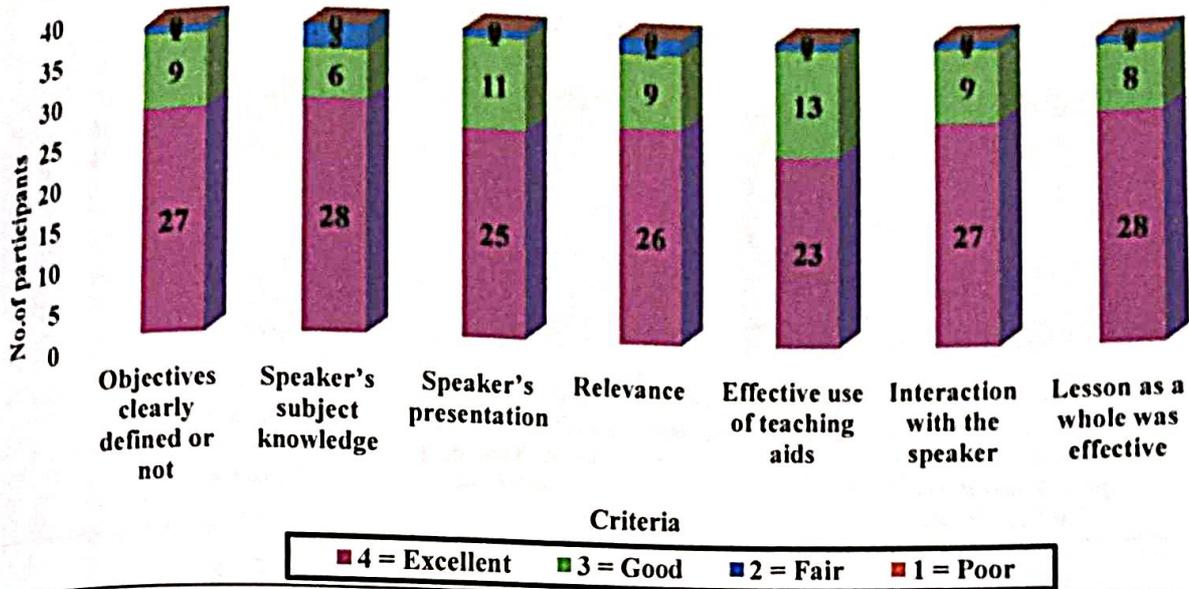
Feedback analysis: Critical Evaluation of Journal Article



Feedback analysis: Writing a research protocol

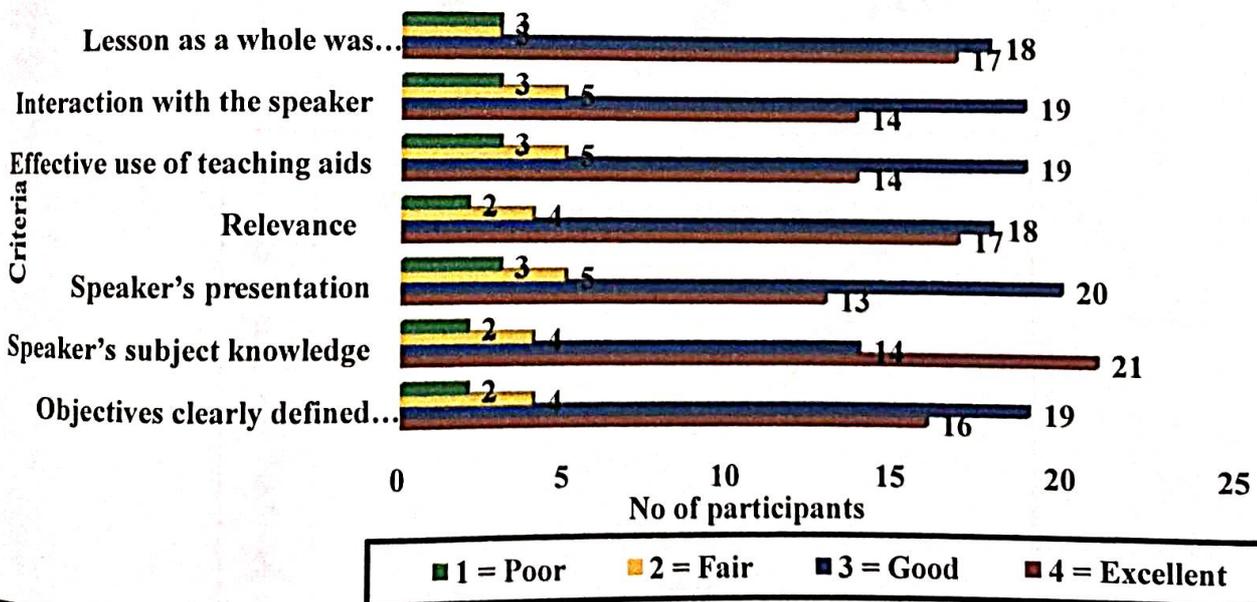


Feedback analysis: Study Designs-3: Experimental studies



Daily Feedback Analysis (18th Oct 2024)

Feedback analysis: Qualitative Research Methods

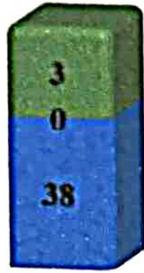


Final Feedback Analysis

Final Feedback Analysis

No. of participants

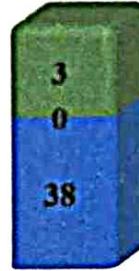
41
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33



1. Were the objectives of the workshop largely achieved?



2. Do you find workshop useful for your professional activities?



3. Were the faculty resourceful/helpful?

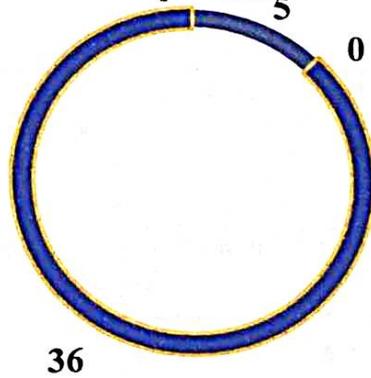


4. Do you think you will be able to implement what you have learnt during the workshop?

■ Not sure
■ No
■ Yes

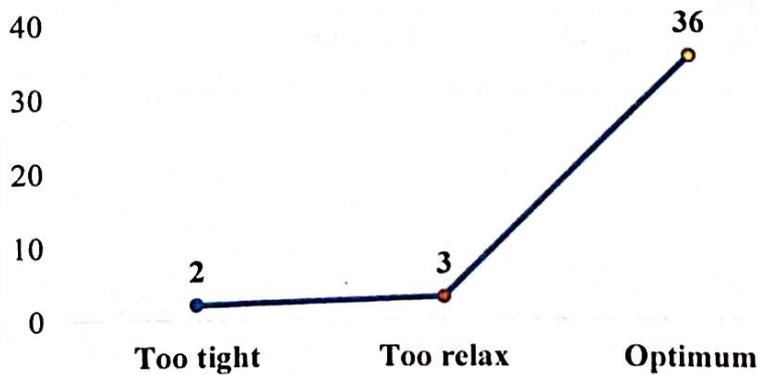
Criteria

Did the workshop have a balance of theory and practical?



■ Too much theory
■ Too much practical
■ Optimum theory and practice

Was the time management satisfactory



❖ **Programme Evaluation:**

Analysis of the Programme evaluation questionnaire to obtain feedback on the effectiveness of the workshop as follows:

Questions	Yes	No	Not sure	Total
1. Were the objectives of the workshop largely achieved?	(92.68%)	(00 %)	(7.31%)	100%
2. Do you find workshop useful for your professional activities?	(90.24%)	(2.43%)	(7.31%)	100%
3. Were the faculty resourceful/helpful?	(92.68%)	(00 %)	(7.31%)	100%
4. Do you think you will be able to implement what you have learnt during the workshop?	(87.80%)	(2.43%)	(9.75%)	100%
5. Did the workshop have a balance of theory and practical?	Too much of Theory (12.19%)	Too much of Practice (00%)	Optimum theory & practice (87.80%)	100%
6. Was the time management satisfactory?	Program was too tight (4.87%)	Program was too relaxed (7.31%)	Program was optimum (87.80%)	100%



Sign of Program coordinator



Sign of Principal

PRINCIPAL

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar Pune - 411052
Research Methodology Workshop
Faculty Attendance**

S.N.	Faculty Name	Date:14/10/2024		Date:15/10/2024		Date:16/10/2024		Date:17/10/2024		Date:18/10/2024	
		Sign	Sign								
		12:30 PM	05.30 PM	01:00 PM	05.00 PM						
1	Dr.Kiran D Mulgir										
2	Ms. Kumud Dogra										
3,	Dr. Avinash Sonune	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent	Absent.

Program Co-ordinator

PRINCIPAL
Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar Pune - 411052
Research Methodology Workshop
Participants attendance**

S.N.	Name of participants	Date:14/10/2024		Date:15/10/2024		Date:16/10/2024		Date:17/10/2024		Date:18/10/2024	
		Sign	Sign								
		12:30 PM	05.30 PM	01:00 PM	05.00 PM						
22.	Vinny Vinay										
23.	Babita Verma										
24.	Liji Abraham										
25.	Donna Lim										
26.	Anisha K										
27.	Saranya Chandran R										

Program Coordinator.

PRINCIPAL
Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.**

**REPORT ON
FACULTY INDUCTION AND
ORIENTATION PROGRAM**

(DATE- 25th to 29th November 2024)

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.**

FACULTY INDUCTION AND ORIENTATION PROGRAM

Date- -25th to 29th November 2024

Teaching is an ethically and intellectually demanding profession. New teachers need rigorous preparation and opportunities for continuous professional development along with academic and professional support.

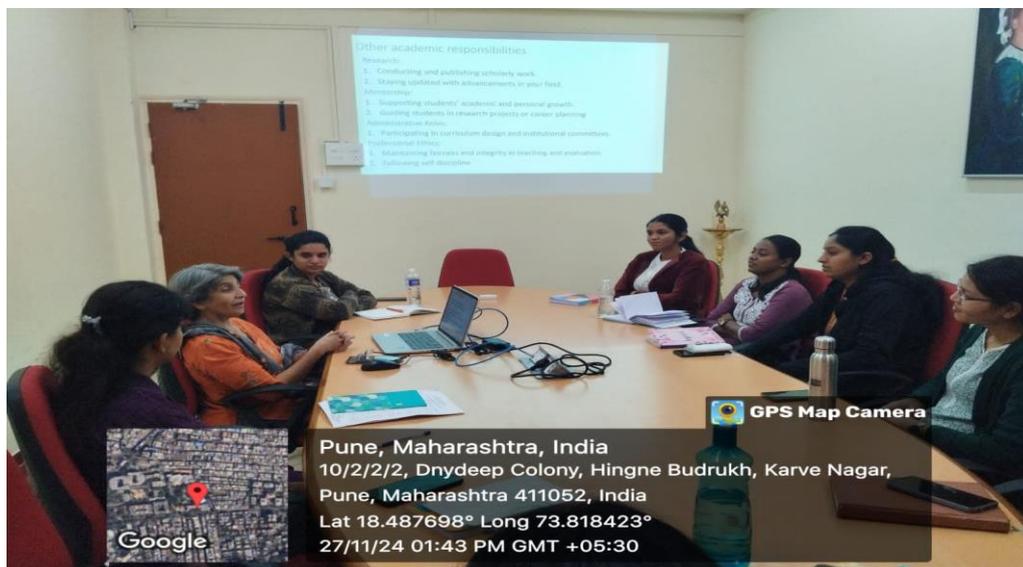
Understanding and capabilities in these areas along with awareness of policies, governance and administrative structures are developed informally out of their own experiences or from experiences shared by colleagues. One of the mandates set by the University Grants Commission is the development and implementation of a high quality Faculty Induction Programme for newly recruited faculty in higher education institutions. This can help new teachers to improve their teaching and management skills, adjust to the culture of higher education institutions, and better understand their professional responsibilities. The Commission has designed a formal, systematic Faculty Induction Programme for transition of new teachers into the teaching profession. It is mandatory for all newly recruited faculty members to go through the Faculty Induction Programme within one month of their joining service.

Objectives

The Faculty Induction and Orientation Programme aims to help new teachers:

1. Understand their roles and responsibilities as faculty members.
2. Familiarize themselves with the structure, functioning, governance, rules, regulations and professional expectations in nursing education institutions
3. Explore pedagogical processes - aims of nursing education, curriculum, instructional planning, classroom management and transaction, use of resources and assessment
4. Recognize the importance of self-development, socio-emotional development of students and the importance of nurturing ethics and values in nursing education

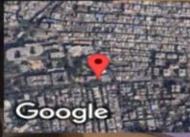
FACULTY INDUCTION AND ORIENTATION PROGRAM PHOTOS





Pune, Maharashtra, India
10/2/2/2, Dnydeep Colony, Hingne Budruk, Karve Nagar,
Pune, Maharashtra 411052, India
Lat 18.487687° Long 73.818433°
27/11/24 02:37 PM GMT +05:30

GPS Map Camera



Pune, Maharashtra, India
10/2/2/2, Dnydeep Colony, Hingne Budruk, Karve Nagar,
Pune, Maharashtra 411052, India
Lat 18.487679° Long 73.818445°
27/11/24 03:09 PM GMT +05:30

GPS Map Camera



Pune, Maharashtra, India
Maharshi Karve Stree Shikshan Samstha Campus, Frq9+47q, Dnydeep
Colony, Hingne Budruk, Karve Nagar, Pune, Maharashtra 411052, India
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GPS Map Camera



Pune, Maharashtra, India
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Pune, Maharashtra 411052, India
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Pune, Maharashtra, India
10/2/2/2, Dnydeep Colony, Hingne Budruk, Karve Nagar,
Pune, Maharashtra 411052, India
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Pune, Maharashtra, India
10/2/2/2, Dnydeep Colony, Hingne Budruk, Karve Nagar,
Pune, Maharashtra 411052, India
Lat 18.487705° Long 73.818424°
26/11/24 03:50 PM GMT +05:30



Identify the colour of word

- a. Black
- b. White
- c. Blue
- d. Yellow
- e. GREEN
- f. orange
- g. Pink



Pune, Maharashtra, India
14, Near Sayali Nursing Home, Bhagyoday Colony, Suvarn Colony,
Hingne Budruk, Karve Nagar, Pune, Maharashtra 411052, India
Lat 18.48806° Long 73.818835°
29/11/24 01:44 PM GMT +05:30

GPS Map Camera



Introduction
Electronic content which is also known as Digital Content refers to the content or information delivered over network based electronic device or that is made available using computer network such as INTERNET.



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Maharshi Karve Stree Shikshan Samstha Campus, Frq9+47q, Dnydeep
Colony, Hingne Budruk, Karve Nagar, Pune, Maharashtra 411052, India
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29/11/24 03:22 PM GMT +05:30

GPS Map Camera



Subject enrichment activities refer to activities that go beyond the regular curriculum and provide students with opportunities to explore in specific subject or project areas.
These activities are designed to enhance students' understanding, knowledge, and skills in a particular subject area.



Pune, Maharashtra, India
10/2/2/2, Dnydeep Colony, Hingne Budruk, Karve Nagar,
Pune, Maharashtra 411052, India
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28/11/24 03:11 PM GMT +05:30

GPS Map Camera





Pune, Maharashtra, India
Frq9+4p7 Bhagyoday Complex, 8/18/12, Bhagyoday Colony, Suvarn
Colony, Hingne Budruk, Karve Nagar, Pune, Maharashtra 411052, India
Lat 18.487839° Long 73.819207°
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Pune, Maharashtra, India
Maharshi Karve Stree Shikshan Samstha Campus, Frq9+47q, Dnydeep
Colony, Hingne Budruk, Karve Nagar, Pune, Maharashtra 411052, India
Lat 18.48796° Long 73.818185°
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Pune, Maharashtra, India
10/2/2/2, Dnydeep Colony, Hingne Budruk, Karve Nagar,
Pune, Maharashtra 411052, India
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Pune, Maharashtra, India
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 Pune, Maharashtra 411052, India
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GPS Map Camera

Google



Pune, Maharashtra, India
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 Pune, Maharashtra 411052, India
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GPS Map Camera

Google

Smt. Bakul Tambat Institute of Nursing Education
FACULTY INDUCTION AND ORIENTATION PROGRAM
ETHICS FOR TEACHERS
 Venue: Conference room, MKSSS @TINE
 Date: 28th to 29th Nov. 2024



PRINCIPAL
 MKSSS's Smt. Bakul Tambat
 Institute of Nursing Education
 Karvenagar, Pune-411 052.

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.

FACULTY INDUCTION AND ORIENTATION PROGRAM

(25th to 29th Nov. 2024)

Attendance sheet for Resource person

Sr. No.	Name of the resource person	Designation	Signature of resource person
1	Dr. Meena Ganapathy	Professor cum Principal	
2	Dr Shubhada Ponkshe	Associate Professor	
3	Mrs. L. Bijayalakshmi Devi.	Professor	
4	Mrs. Nupoor Bhambid	Professor	
5	Ms. Smita Lisham	Associate Professor	
6	Mrs Ujwala Jadhav	Associate Professor	
7	Ms Jyoti Badadhe	Associate Professor	
8	Mrs. Ashwini Sutar	Assist. Professor	
9	Mrs. Dipali Awate	Assist. Professor	
10	Mrs Samina Mulani	Assist. Professor	
11	Mrs. Deepali Shinde	Assist. Professor	
12	Mrs. Shital Padalkar	Assist. Professor	
13	Ms. Avantika Anturkar	Clinical Instructor	
14	Mrs. Neha Datar	Head clerk	
15	Mr. Mahendra Nangude	Assist Account officer	
16	Mrs. Seema Mandke	Senior clerk	
17	Ms. Shital Nikalje	Assist. Librarian	

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.**

FACULTY INDUCTION AND ORIENTATION PROGRAM

Date: 25th to 29th Nov. 2024

Attendance sheet for faculty

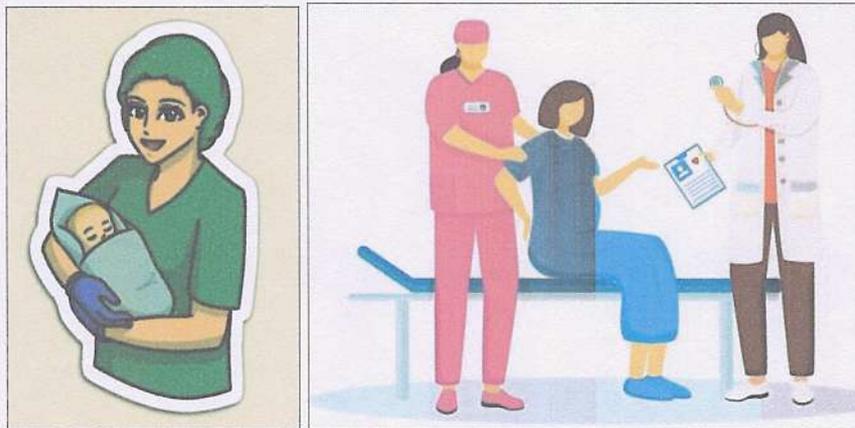
Sr. No.	Name	Designation	Signature of faculty				
			25/11/24	26/11/24	27/11/24	28/11/24	29/11/24
1	Ms Ashwini Patil	Clinical Instructor					
2	Ms Pratiksha Adnaik	Clinical Instructor					
3	Ms Ashwini Thorat	Clinical Instructor					
4	Ms Nikita Jori	Clinical Instructor					
5	Ms Priyanka Kore	Clinical Instructor					
6	Ms Vrushali Kalkutagi	Clinical Instructor					
7	Ms Ramani Rajput	Clinical Instructor					
8	Ms Vaishali Patil	Clinical Instructor					
9	Ms Pranita Kulkarni	Clinical Instructor					
10	Ms Varsha Kunjir	Clinical Instructor					
11	Ms Priti Borade	Clinical Instructor					
12	Ms Himani Khandale	Clinical Instructor					
13	Ms Manisha Ghatul	Simulation Lab Assistant					

Sign of Principal
PRINCIPAL

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.**

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune-411052

Report on Midwifery Skill Station 2024-2025



Organized By: Under OBGY Department
Faculties for 2nd year ANM, 3rd
year GNM & 1st year P.B.BSc Nursing Students

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune-411052

Date: 26th & 27th November 2024

Time: 08:00 a.m. to 04:00 p.m.

Venue: Midwifery Simulation Laboratory, MKSSS, BTINE,
Karvenagar, Pune-411052

Midwives provide care to women and their babies' antenatal, postnatal and of course during Child birth. A major role of the midwife is to help the woman adjust to this life changing event. Helping her do this can be very effective on a one to one basis or in a group of women with their partners. Continuity of midwifery care is very important and beneficial to a pregnant woman and this type of care is rarely seen on medical wards. In the context of community midwifery a woman is usually with the same midwife or is familiar with other midwives in the community birthing teams throughout her pregnancy. This means the midwife will gain a greater understanding of the woman's history and birthing plan.

MKSSS BTINE'S OBGY departments organized "Midwifery skill station and hands on training" on 26th November 2024- 27th November 2024. The skill station was arranged for demonstration of various gynecological and obstetrical procedures to improve the skills of students and to improve their performance in clinical area. The Programme was useful to improve personal qualities and skills to be a midwife, including an understanding and caring attitude.

The skills station was arranged for all final year students including 2nd year Post Basic B.Sc. nursing, 3rd year GNM, and 2nd year ANM students. All OBGY expert teachers guided us throughout this skills station.

3rd year GNM students were also involved in the preparation of various procedures along with OBGY experts and trainers. 8 groups of students were made to help the teachers during the skill station and different colour dress codes were decided to represent particular groups.

Day 1 – 26th November 2024

On this day Midwifery skill station and hands on training was started with inauguration by HOD of OBGY Department Mrs. Ujwala Jadhav and Faculties. Before starting this training all students were compelled to fill the pre-test to evaluate their previous knowledge about the procedures. The simulations were included on this day with expert teachers and subordinate trainers were.

- **ANC assessment** by Mrs. Shital Patil
- **Episiotomy, Perineal care and Catheter care** by Mrs. Rau Sangave
- **Cu-T Insertion** by Mrs. Dipali Khaire
- **Normal labour and Partograph** by Mrs. Ashwini Sutar, Mrs. Avantika Anturkar
- **PNC assessment** by Mrs. Ujwala Jadhav, Ms. Salwa Duste
- **Breast assessment and care** by Ms. Renuka Nagwanshi
- **New Born Resuscitation** by Mrs. Shital Padalkar, Ms. Nutan Waghela

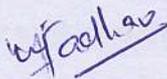
All these demonstrations were well explained by the expert teachers and subordinates and all students actively participated during simulation. After each procedure doubts held by the students were clarified by the experts. All students were well prepared with skills to implement this in their practice.

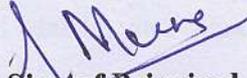
Day 2 - 27th November 2024

The Hands on training was continued on this day and started with demonstration of various Procedures. The procedures included were.

- **ANC assessment** by Mrs. Shital Patil
- **Episiotomy, Perineal care and Catheter care** by Mrs. Rau Sangave
- **Cu-T Insertion** by Mrs. Dipali Khaire
- **Normal labour and Partograph** by Mrs. Ashwini Sutar, Mrs. Avantika Anturkar
- **PNC assessment** by Mrs. Ujwala Jadhav, Ms. Salwa Duste
- **Breast assessment and care** by Ms. Renuka Nagwanshi
- **New Born Resuscitation** by Mrs. Shital Padalkar, Ms. Nutan Waghela

Documented By: Ms. Renuka Nagwanshi

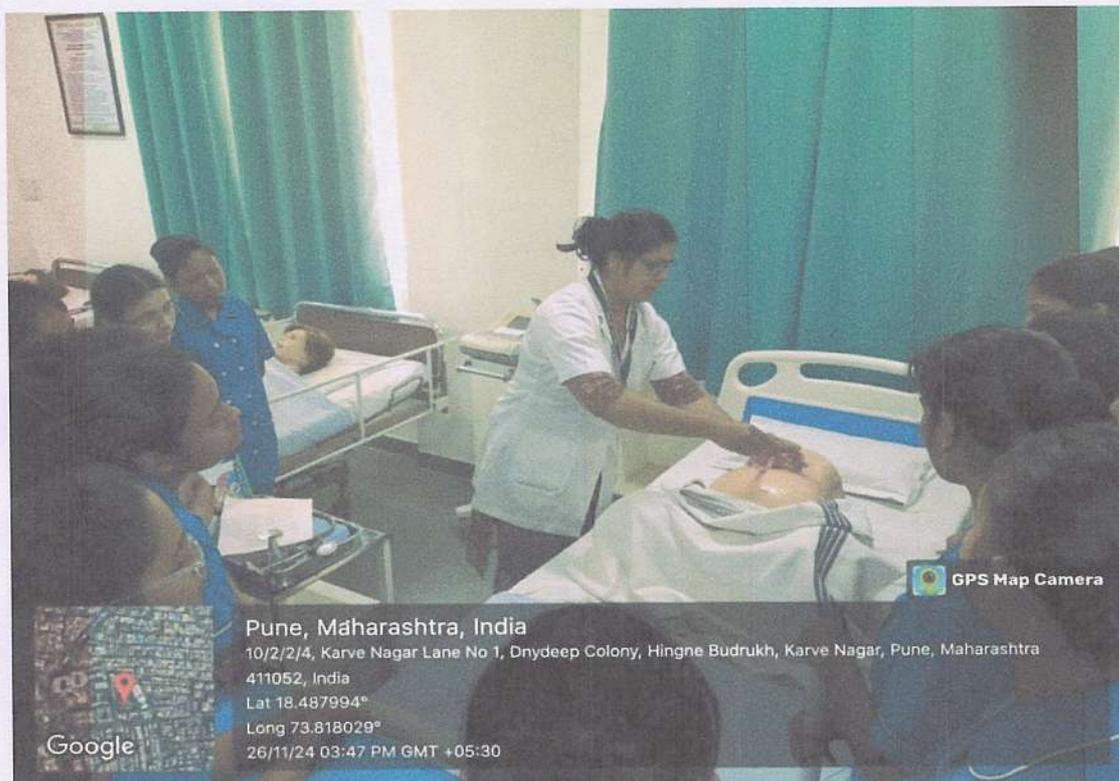

Sign of HOD


Sign of Principal
PRINCIPAL
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Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

Inauguration



ANC Palpation



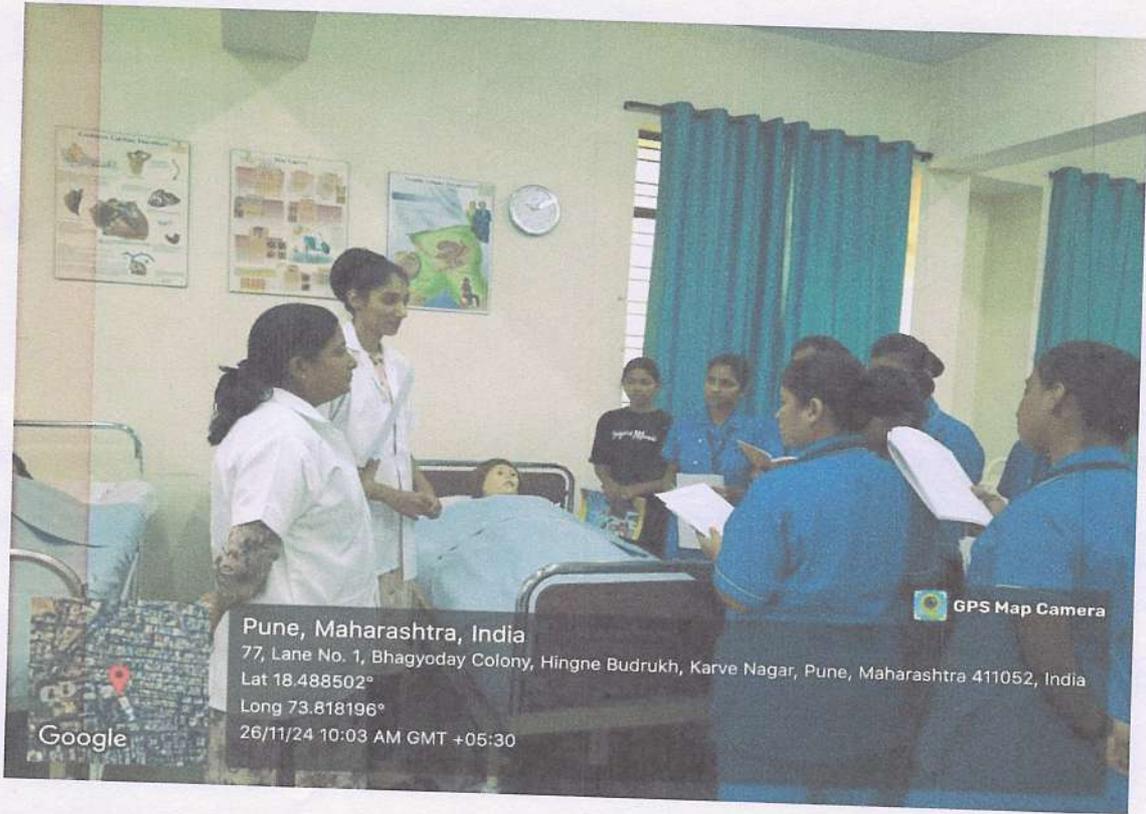
Normal Labour



New Born Resuscitation



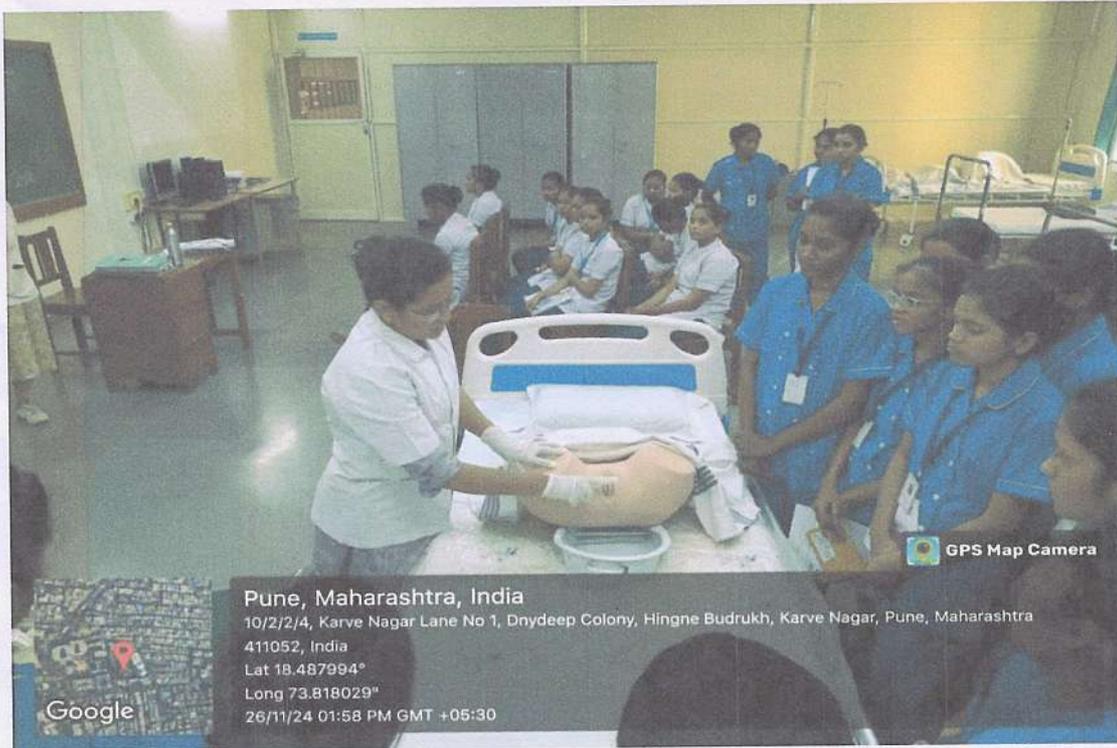
PNC Assessment



Breast Care



Catheter care/ Perineal care/ Episiotomy care



IUCD Insertion



**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.**

**REPORT ON
INTERNATIONAL
NURSING FACULTY DEVELOPMENT
AND EXCHANGE PROGRAM**

(Date- 2nd to 7th January 2025)



**MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S
SMT.BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE-411052**

International Nursing Faculty Development and Exchange Program

on

Collaborative Innovation in Nursing Education

DAY 1: Program started at 08:10 am

Ms. Pratiksha Sonawane given introduction of the International Nursing FDP program, Dr. Meena Ganapathy, Principal of MKSSS BTINE, Pune, gave a brief introduction to the FDP theme. Then, respected Dr. Rajrani Sharma, Professor at Lonestar School of Nursing, Tx, USA, gave a brief idea of 'Gamification as a teaching tool'. A practical session on designing, implementing, and evaluating this method as a teaching tool was also conducted under guidance of Dr. Seethalakshmi Natrajan, AI expert Lonestar School of Nursing, Tx, USA.

1st session started at 08:40 am

Mrs. Ujwala Jadhav and team, Mrs. Rupali Dhume, Mrs. Akshata Tendulkar, and Ms. Salva Duste, faculty of MKSSS BTINE, took a session on 'Flipped classroom' as a teaching tool. (The topic of the 'Support of Uterus'). A flipped classroom approach for supporting uterus-related education, whether for medical students, healthcare professionals, or patients focuses on providing foundational knowledge outside of the classroom, followed by interactive, hands-on learning during an in-person session and provides a platform for continued discussion or, so the benefits of the flip classroom are active learning, deeper understanding, self-placed learning, develop problem-solving skills, collaboration, higher thinking, medical training, and interactive session, ownership of learning and language learning.

2nd session started at 09:00 am

With the team of Mrs. Jyoti Karande, Mrs. Deepali Shinde, Mrs. Shital Patil and Ms. Vaishali Patil, faculty of MKSSS BTINE, took a session on 'Unfolding case discussion' as a teaching tool. The medical complaints of shortness of breath and dyspnea and SPO₂ are below 85%. Discussion is taken on the primary intervention of the case, in the history of the patient, after that according to symptoms what is the diagnostic evaluation of the case, after evaluation what medical and nursing care given and last one is a preventive measure of the disease condition. Those points were discussed with that unfold medical case, so the case was allergic Asthma.

3rd session started at 0:20 am

With team of Mrs. Nupoor Bhambid, Mrs. Ashwini Sutar, Ms. Ashwini Lande and Mrs. Amruta Phale faculty of MKSSS BTINE. The team took a session on 'Jigsaw strategy' as a teaching tool, the topic of 'Congestive Cardiac Failure'. The jigsaw method is a cooperative learning technique designed to promote student collaboration and engagement while fostering a deeper understanding of the material. In that, 5 home groups were prepared and assigned a subtopic to every 5-group member, and form an expert group, member from the different home groups who share the same subtopic gathered to form an expert group. In the expert group, they discuss their subtopic in depth, becoming 'Experts'. After that, they return to home groups, and taught/discussed their subtopic with the group members, every member shared what they learned, ensuring the entire group understood the complete topic.

Tea break taken at 09:40 am

4th session started at 09:55 am

With team of Mrs. Dipali Awate, Mrs. Shital Padalkar, Mrs. Ashwini Bhosale and Mrs. Rau S. Team took a session on 'Think-Pair-Share' (TPS) as a teaching tool, the topic of "Impact of climate change on health care delivery system and strategies to overcome: Nursing preparedness and adoption", for 'Think' 5 min for individual thinking, participants are given a prompt, question, or problem to consider. They take a few moments to think about their response independently, reflecting on their ideas or solutions. for 'Pair' 5 min to discuss with pair, participants are paired up with a partner. They discuss their thoughts, share ideas, and listen to each other's perspectives. for 'Share' 10 min to 'share' in a large group. The pairs share their conclusions, ideas, or solutions with the large group. This step encourages public speaking, synthesizing diverse viewpoints, and collective decision-making.

5th session started at 10:15 am

In this session group discussion was done on 'Application of Student Engagement Tools in U.S. and exploring their adaptability to Indian Scenarios. This session was taken by Dr. Seethalakshmi Natrajan, AI expert Lonestar School of Nursing, Tx, USA on an online meeting from USA to discuss about the student engagement tools. She given a brief about Socrative.com, Jeopardy labs, Puzzlemaker, Bingo, and Mentimeter.

1. [Socrative.com](#) is a cloud-based student response system designed to facilitate interaction learning and real-time assessment. Teachers can create quizzes, polls, and analytics and reports. exit tickets to engage students during lessons. It supports multiple question types like multiple

question types like multiple-choice, true/false, and short answer, and provides instant feedback to both teachers and students. Features includes real-time feedback, easy-to-use interface, variety of activities and reports.

2. Jeopardy labs is an online tool that allows users to create and play custom Jeopardy-style trivia games. It's a great resource for educators, students and anyone looking to make learning or events more interactive and fun. Unlike traditional PowerPoint-based templates, Jeopardy labs is entirely web-based, making it simple to use and share. Features include Game creation, Pre-made game, No signup required, Interactive interface and Collaborative play.

3. Puzzlemaker is a free online tool by Discovery Education that allows users to create custom puzzles for educational or entertainment purposes. It's widely used by teachers, students, and puzzle enthusiasts to design engaging activities tailored to specific topics or themes. Features includes Puzzle Types: Word Search, Crossword, Criss-Cross, Double Puzzles, Cryptograms, Number Blocks, Word Scrambles, Customization, Printable Output, Ease of Use.

4. Bingo is a popular and versatile game that can be customized for educational, entertainment, or social purposes. It involves players marking items on a grid as they are called out, aiming to complete a specific pattern (e.g., a row, column, or diagonal) to win.

Types of Bingo: Traditional Bingo: Played with numbers (usually 1-75) on a 5x5 grid. 2. Custom Bingo: Grids can be filled with words, phrases, images, or other themes (e.g., vocabulary, math problems, or pop culture references). 3. Virtual Bingo: Played online using tools like Google Slides, Canva, or specialized platforms like My Free Bingo Cards.

How to Create Custom Bingo Cards: 1. Online Tools: My Free Bingo Cards: Easy to create and print customized Bingo cards. Bingo Baker: Offers customization and virtual game links. 2. Manual Creation: Use Excel, Word, or Google Docs to create a grid and input your items manually. 3. Themes: Educational: Vocabulary words, math equations, or history terms• Party: Pop culture references, movie trivia, or personal facts for icebreakers.

5. Mentimeter is an interactive presentation platform that allows users to create engaging, real-time polls, quizzes, word clouds, Q&A sessions, and more. It's widely used in classrooms, business meetings, and events to increase audience participation and make presentations more dynamic. Features includes 1. Interactive Polls: Create multiple-choice, open-ended, ranking, or rating questions to gather feedback.2. Word Clouds: Collect audience responses and display them as a word cloud in real time.3. Quizzes: Design fun, competitive quizzes to test knowledge or engage participants.4. Live Q&A: Enable participants to ask questions anonymously or

publicly during a session.5. Templates: Offers pre-made templates for brainstorming, decision-making, and team-building activities.6. Custom Branding: Add logos, colors, and themes to align with your brand (available in premium plans).

6th session started at 10:45 am

Dr. Rajrani Sharma, Mrs. Bijayalakshmi and Ms. Manisha G. faculty of MKSSS BTINE, Pune. Group discussion topic on AHA (American Health Association) trainer led- practical session of BSL and ACLS and its updates. According to AHA updating develop hands-on skills for BLS and ACLS protocols, improve team dynamics and communication during resuscitation and gain confidence in handling real-life emergencies. Add skill stations, full resuscitation scenarios, debrief and stay updated on evidence-based practices.

7th session started at 11:35 am

Last session done on open discussion and conclusion of all session which those are taken by respected faculty of MKSSS BTINE.

DAY 2

1st session started at 9:00 am

The session on ‘scope and impact of nurse practitioner: USA and cute care India: a compassion, taken with by Dr. Janise Hampton, NP expert discussed scope of practice in nurse practitioners have a broad scope of practice and can diagnose, treat, prescribe medication, and manage patient care independently in many states. In other states, they work under a physician’s supervision, specializing in family health, pediatrics, mental health, geriatrics and acute care. Required advanced degrees and national certification in their area of specialization, work settings of hospitals, clinics, private practices, community health centers, telemedicine platforms and academia. Impact of NPs fill gaps, especially in rural and underserved areas, cost-effectiveness, patient outcomes- study show that NP led results comparable or better patient outcomes, health care innovation.

In India scope of nurse practitioners – regulation is centralized and restrictive, education is limited NP programs e.g. NPCC, scope of practice is narrow, often under supervision, impact on access is emerging, mainly in critical care, and challenges are lack of awareness, limited program.

2nd session started at 9:45 am

This session is based on the ‘Implication of AI in nursing education: present and future’ conducted by Dr. Seethalakshmi Natrajan, AI expert Lonestar School of Nursing, Tx, USA. The integration of AI in nursing education is transforming how nurses are trained and prepared for their roles. Present implications of Simulation training, personalized learning, e-learning platforms, language translation, automated grading, student program tracking, future implication of AI-Powered tutors, wearable technology, life learning and professional development, interdisciplinary training, ethical and cultural competency training, global collaboration and challenges and ethical considerations. The tools of AI i.e. Hyper writer and chat GPT.

1. Hyper writer is an AI- powered writing assistant designed to help users create content faster and more effectively. It uses advanced natural language processing to assist with drafting, editing, and brainstorming, making it ideal for professionals, students, and anyone who writes frequently. Features includes smart suggestions, content generation, personalization, multiplatform accessibility and templates.

2. Chat GPT is an AI-powered conversational tool developed by OpenAI. It’s designed to simulate human-like interactions and assist with a wide range of tasks, from answering question and providing explanations to brainstorming ideas and creating content. It’s powered by advanced natural language processing and machine learning models. Features includes natural conversations, versatility, customizability and ease of access.

10:30 am to 10:45 id tea break

3rd session started at 10:45 am

This session taken by Dr. Rajrani Sharma, Professor, Lonestar School of Nursing, Tx, USA, on the topic of ‘legal safe guards in Nursing Practice: Nursing Practice Act, Standard of practice in USA and its application in India

4th session started at 11:30 am

This session is based on OSCE (practical session on subjects 1. FON, and Adult Health Nursing with 5 stations each) conclusion of session. The team of this session is DR. Rajrani Sharma, Dr. Shubhada Ponkshe, Ms. Lisham Smita, Mrs. Dipali Awate, Ms. Manisha G. and faculty of MKSSS BTINE.

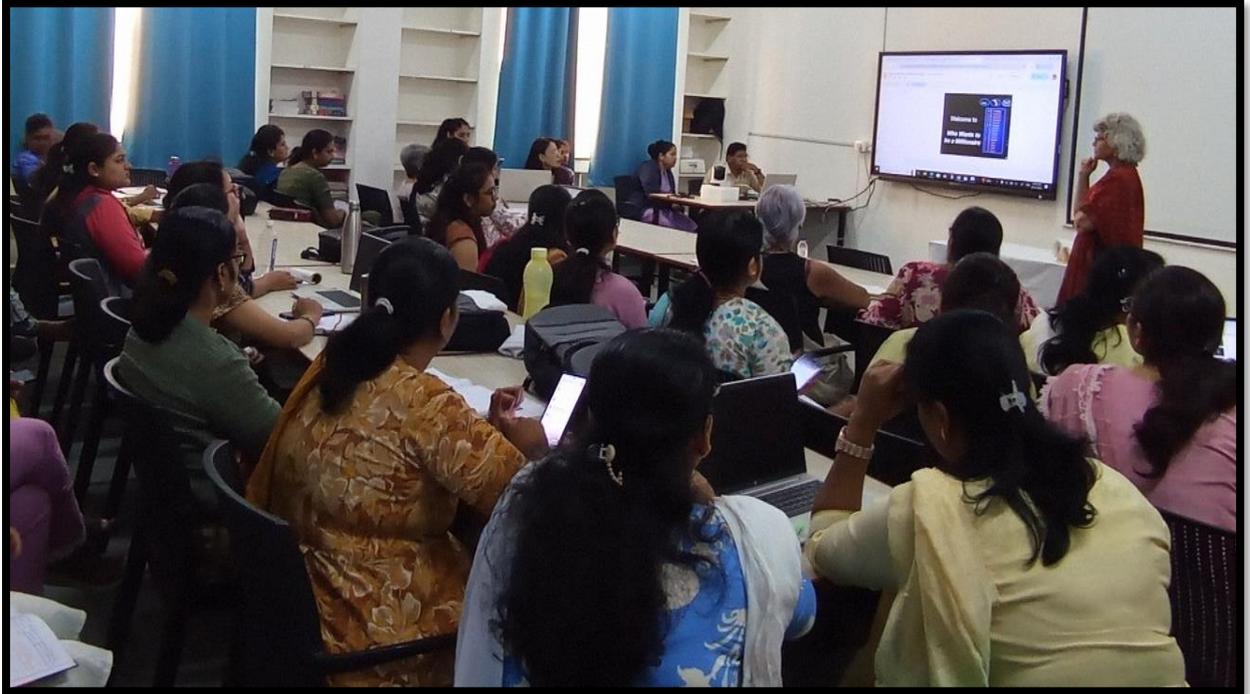
Lunch break at 2:30 pm.

PHOTOS OF INTERNATIONAL NURSING FACULTY DEVELOPMENT AND EXCHANGE PROGRAM

Theme talk and welcome



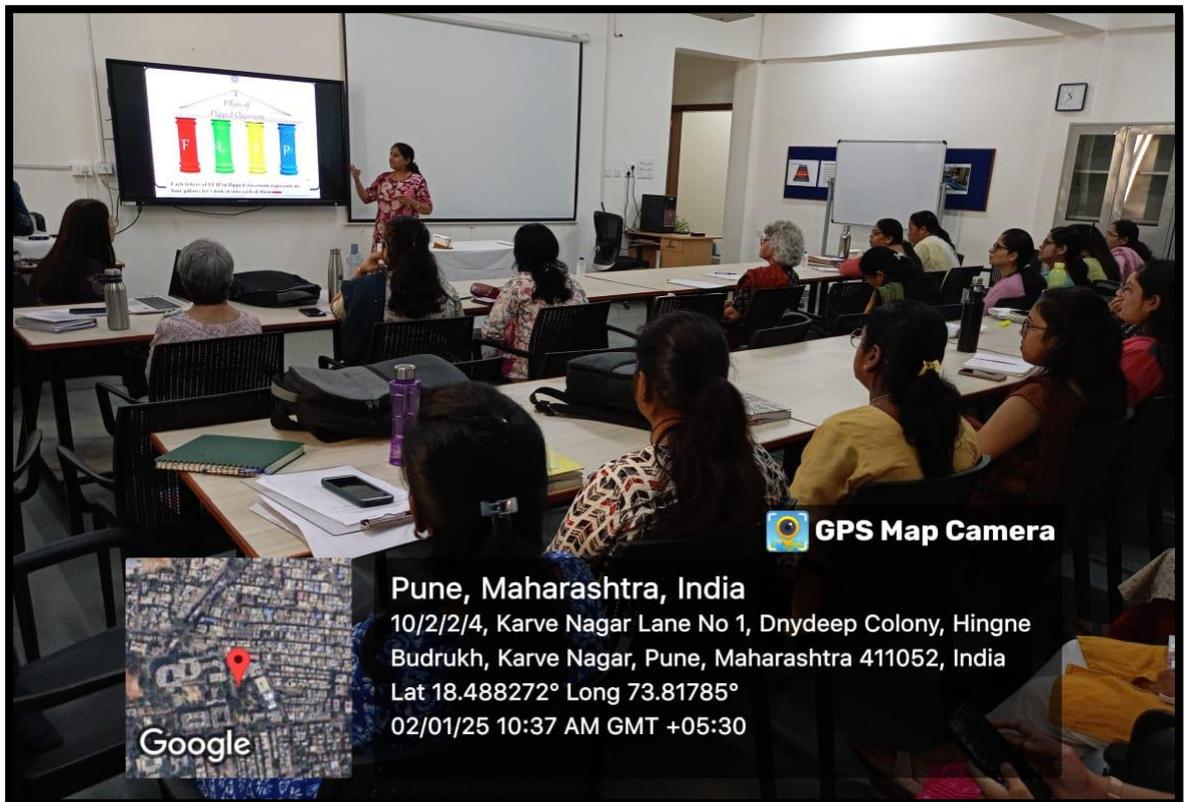
Theme talks



Innovative teaching methodology: Gamification, Flipped classroom



Sessions on Innovative Teaching Learning Methods



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Budruk, Karve Nagar, Pune, Maharashtra 411052, India

Lat 18.488272° Long 73.81785°

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 Google



Steps:1 Planning (Instructions to the faculty)
1. We have randomly divided the faculty into six groups.
2. Each group has six members except the last group has seven members.
3. These six groups are called as 'Home Groups'.

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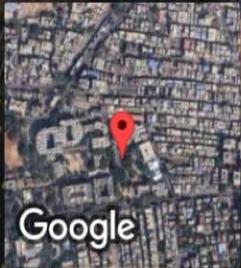
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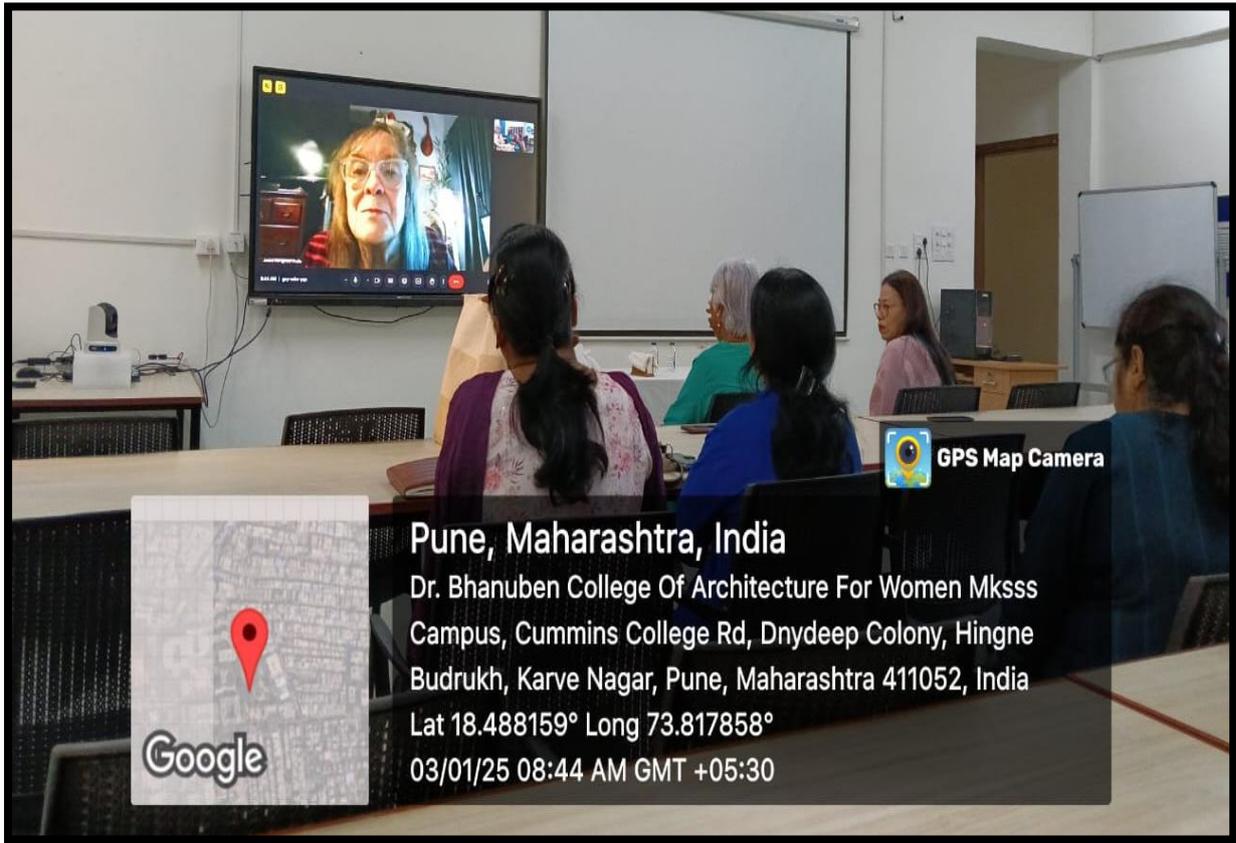


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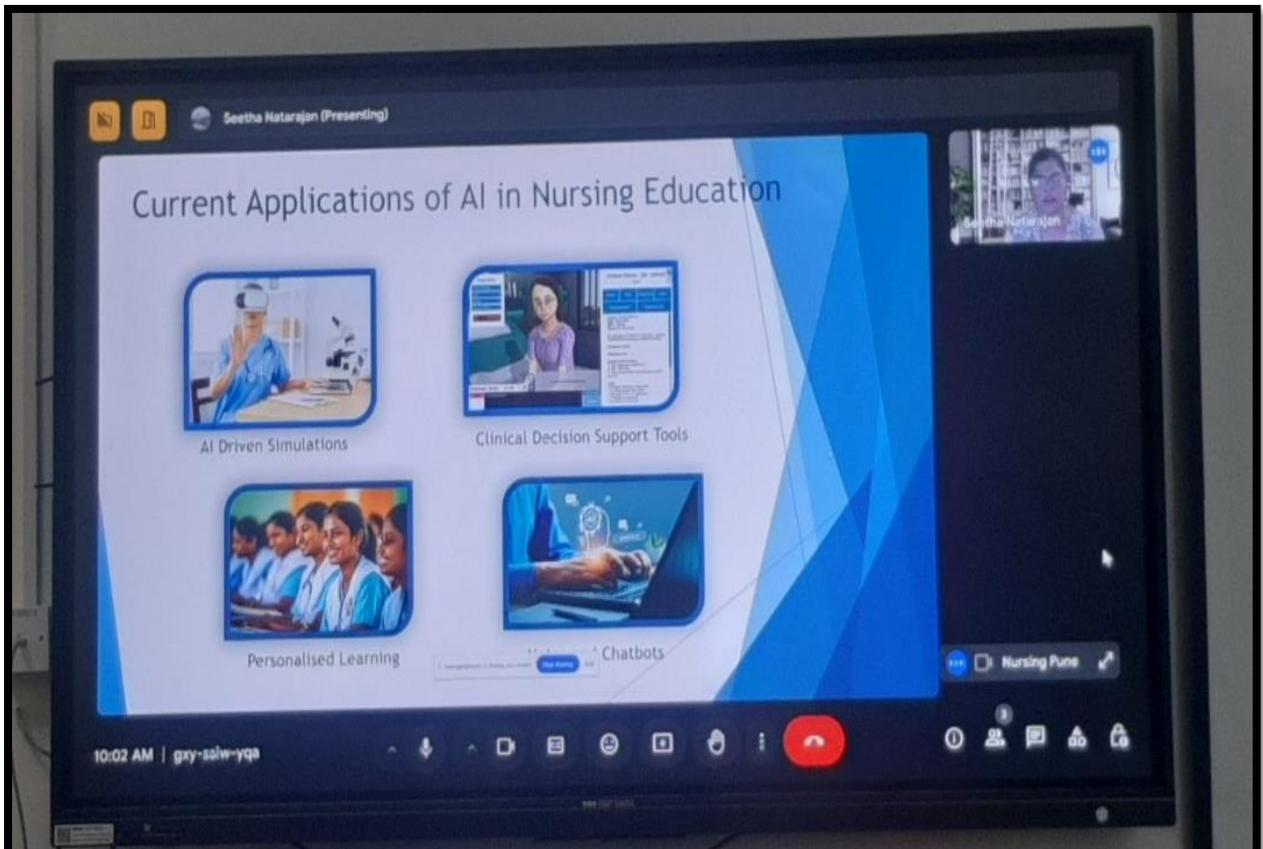
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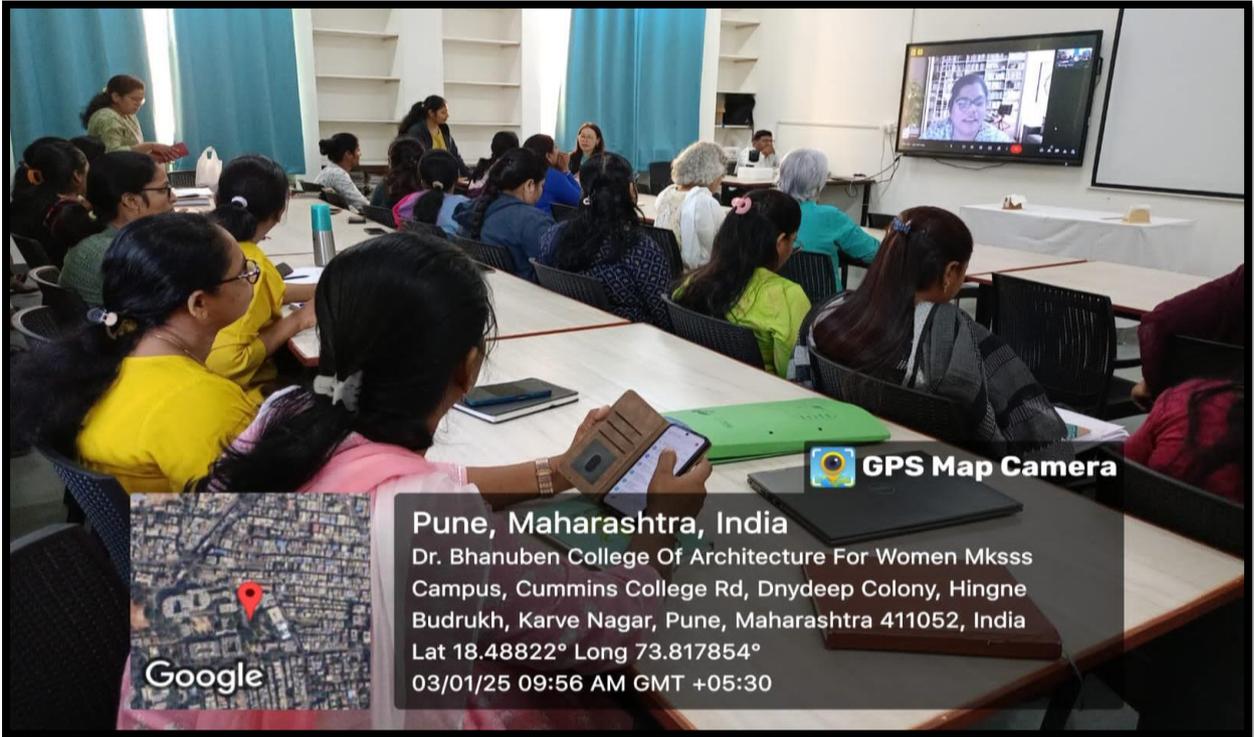
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Session on Implication of AI in nursing education



Session on Implication of AI in nursing education

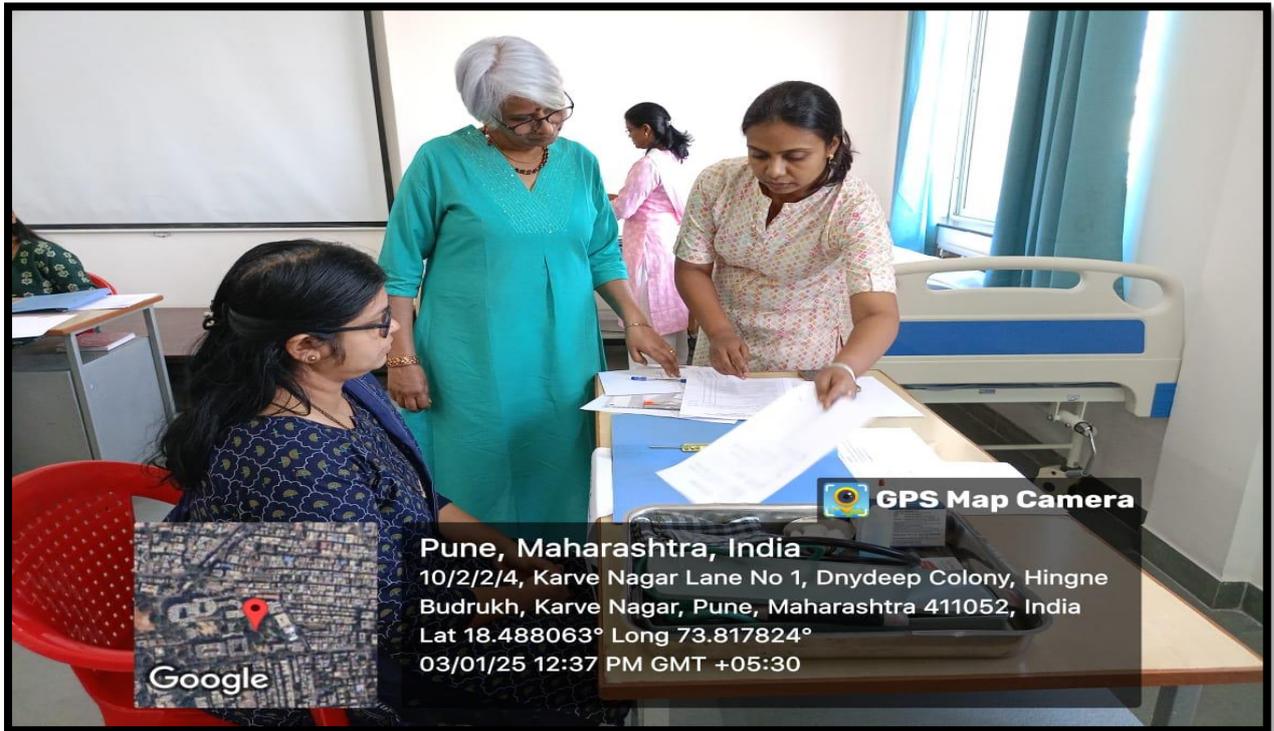


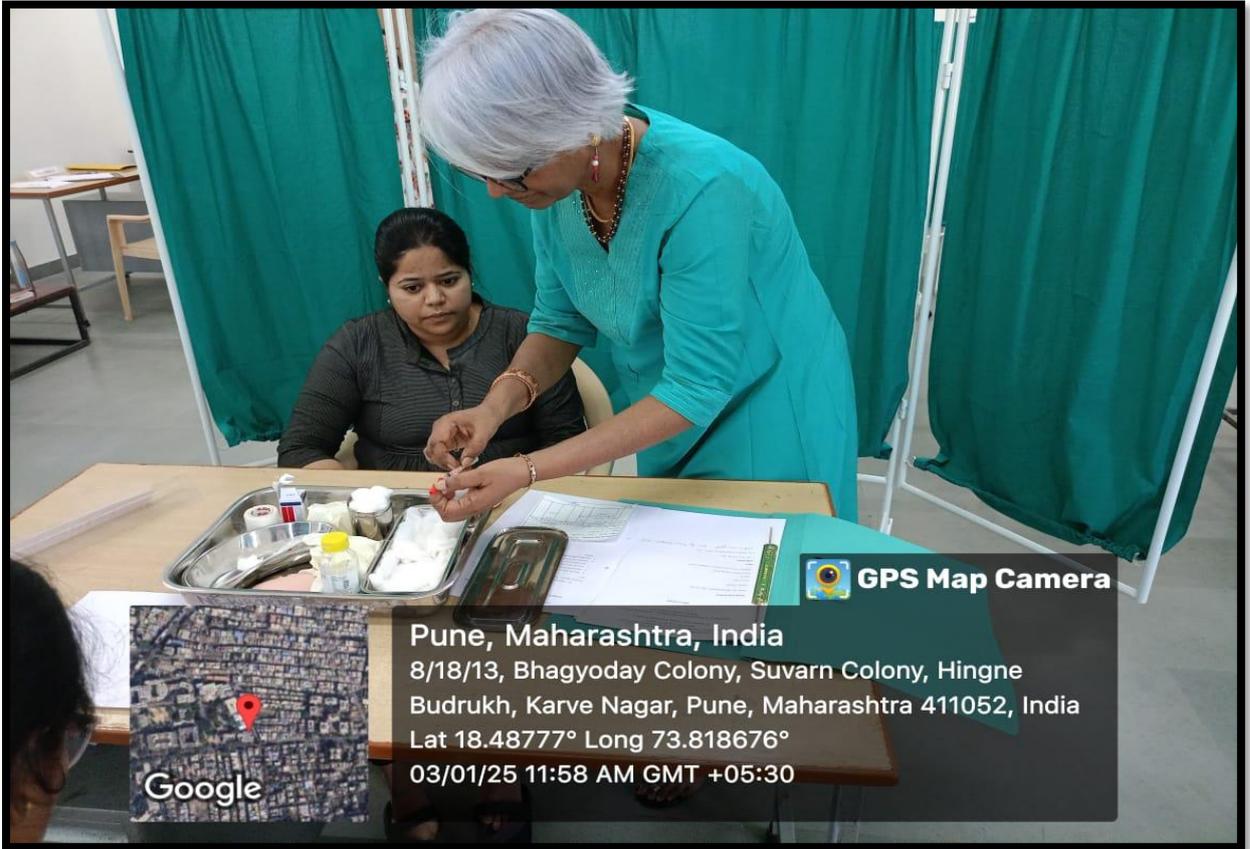


Session on Scope and impact of Nurse practitioner



OSCE stations on Foundation of Nursing and Adult Health Nursing





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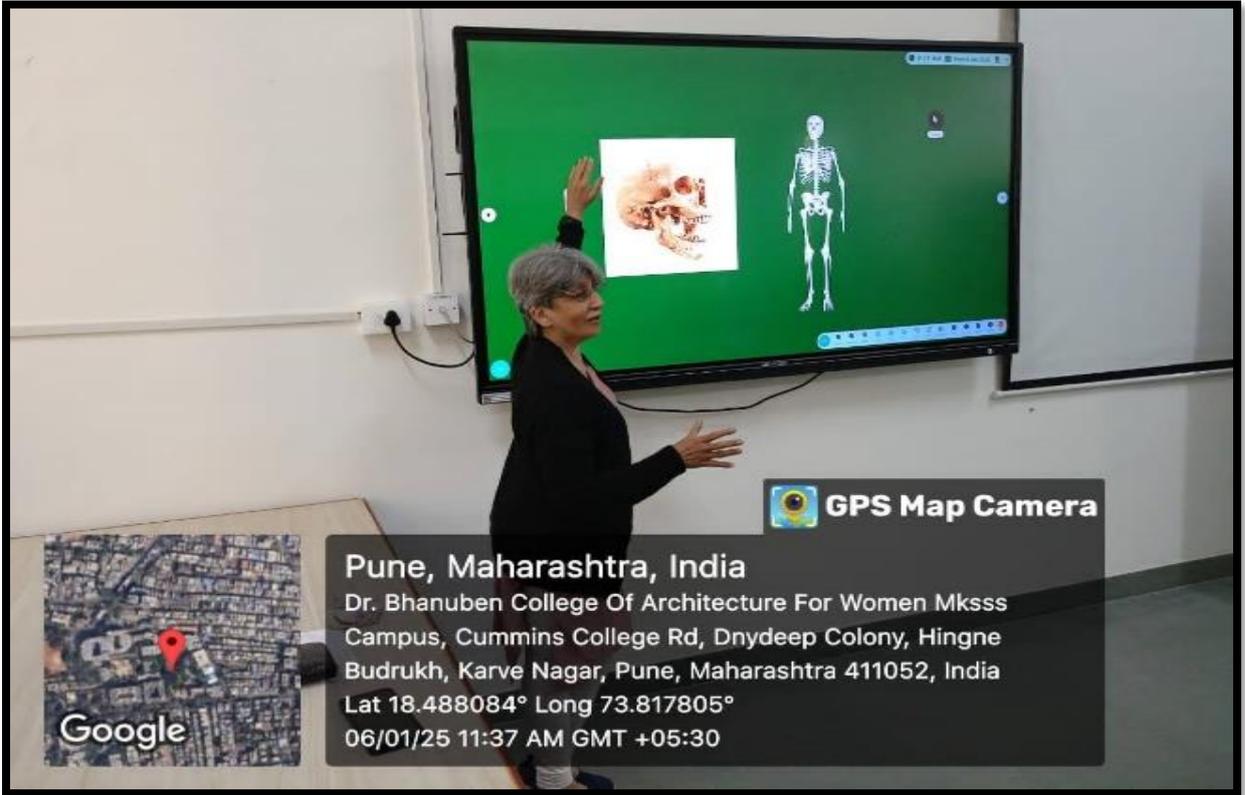
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Feedback on OSCE session



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Competitive Jigsaw:

1. Felder – Effective, Efficient Professor
2. Adams – Quirk Before it Dries
3. Poulack – 151 Things You Can Do in the First Three Weeks of Class

Karve Nagar, Smt. Gulab Tibrikoti Institute of Nursing Education
Karve Nagar, Pune-411052

International Nursing Faculty
Development and Exchange Program
on

Collaborative Innovation in
Nursing Education

Jigsaw
Strategy

GPS Map Camera



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Designed for OJSPY Educator to
Enhance Teaching and Learning Experience

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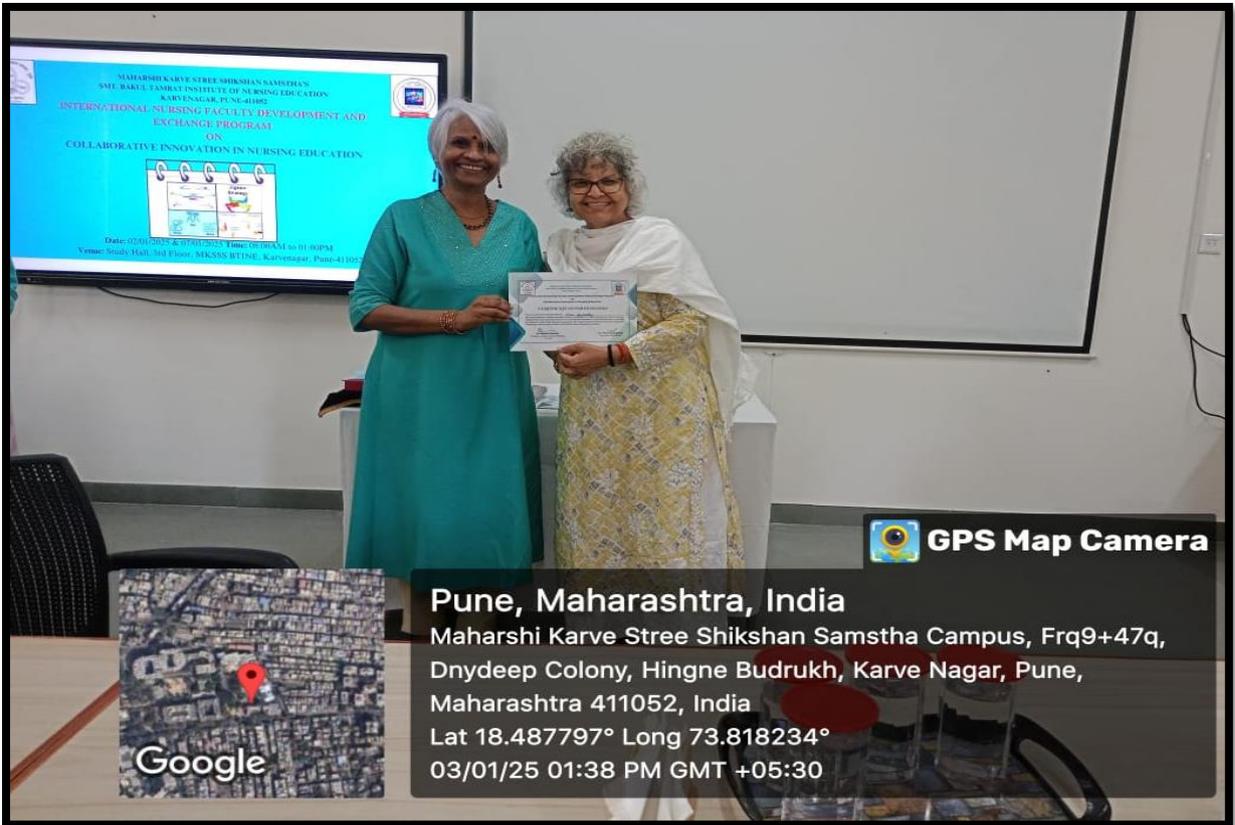
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Pune, Maharashtra, India

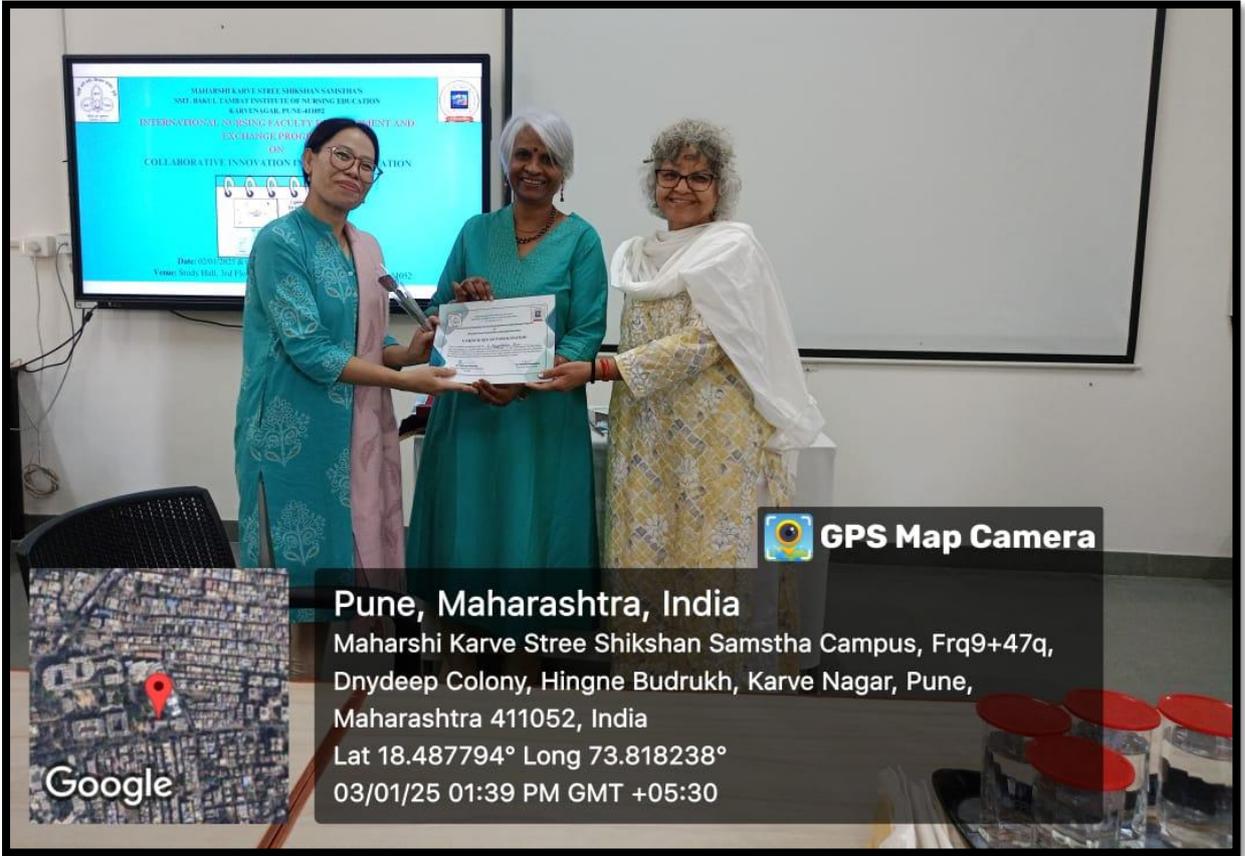
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Valedictory session



Pune, Maharashtra, India

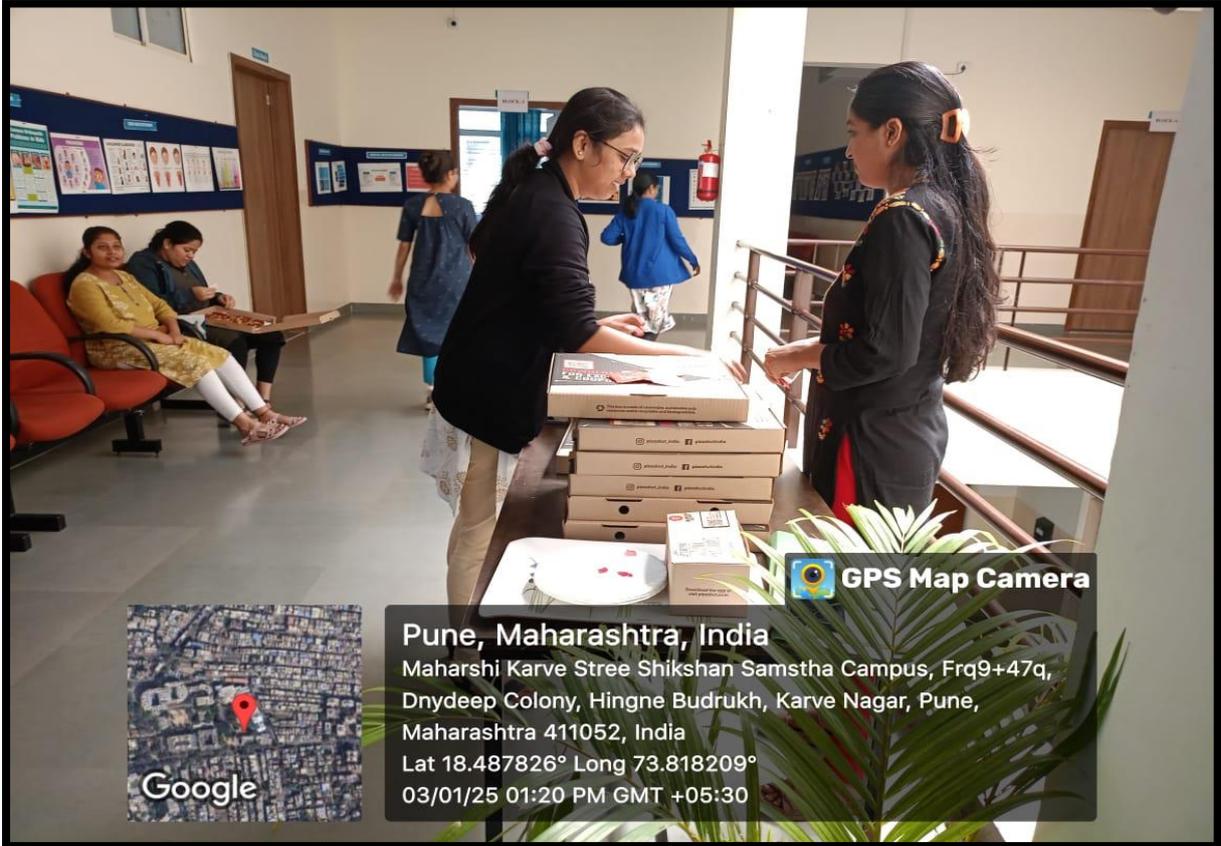
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Maharashtra 411052, India
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MoU signed between MKSSS BTINE and Lone Star School of Nursing, USA



Refreshment



MKSSSBTINE Faculty with resource person



[Signature]
PRINCIPAL
MKSSS's Smt. Bakul Tambat
Institute of Nursing Education
Karvenagar, Pune-411 052.

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.

**REPORT
ON
INTERNATIONAL
RESEARCH DEVELOPMENT
CONFERENCE**

(Date- 3rd & 4th March 2025)



**MAHARSHI KARVE STREE SHIKSHAN SAMATHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 411052.**

**International Research Development Conference
"Advancing research excellence: Strategies for high quality publications"**

Date- 3rd to 4th March 2025

Time- 9:00 am to 5:00 pm

Venue- KB Joshi IT Hall, MKSSS Cummins Engineering college campus.

The Two-Day International Research Development Conference on Advancing Research Excellence: Strategies for High-Quality Publications was successfully organized by Maharshi Karve Stree Shikshan Samatha's Smt. Bakul Tambat Institute of Nursing Education under our Samstha's MoU activity with Mid Sweden University. The conference aimed to provide academicians, researchers, and scholars with valuable insights into effective research publication strategies, manuscript writing, and ethical considerations in academic publishing. To achieve our objectives, we carefully selected renowned scientists and researchers from various fields to deliver insightful addresses to the delegates. We are delighted to announce that the conference witnessed enthusiastic participation from delegates across various parts of Maharashtra and India. A total of 82 participants attended in person, while 97 participants registered for the online sessions.

On the first day, March 3rd, 2025, the International Conference commenced with an introduction delivered by Mrs. L. Bijayalakshmi Devi, Professor at MKSSS BTINE. This was followed by a warm welcome address by Dr. Meena Ganapathy, Principal of BTINE and Organizing Chairperson of the conference, who also officially inaugurated the theme of the event.

The **first session** featured a keynote address on the Importance of Publishing Academic Research by Dr. Sachin Sarode, Research Director, Dr. D. Y. Patil Vidyapeeth, Pune. He shared his journey from a novice researcher to the Director of a university research cell, emphasizing that success follows capability. He highlighted the importance of passion, focus, writing skills, and patience in research. Additionally, he discussed key strategies for enhancing writing skills and selecting high-quality journals.

**MAHARSHI KARVE STREE SHIKSHAN SAMATHA'S
SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 411052.**

International Research Development Conference

“Advancing research excellence: Strategies for high quality publications”

Session 2: Structuring an effective research paper. By Dr. Dilip Kanhere Professor, Center for modeling and simulations, S.P. Pune University. Dr. Kanhere emphasized that quality research leads to quality outcomes. Drawing from his expertise, he guided participants through the entire research process from conducting studies to publishing articles. He stressed the importance of clear research questions, well-defined objectives, and a systematic, comprehensive, and investigative approach. He also highlighted that research and publication are achievable for anyone with the dedication and capability to pursue them.

Session 3: Publication Ethics, Plagiarism, Research Metrics, and Predatory Journals – Dr. Shubhada Nagarkar Professor, Department of Library and Information Science, S P Pune University. Dr. Nagarkar provided valuable insights into publication ethics, plagiarism prevention, and research metrics, including citation index, h-index, and impact factor. She also guided participants on identifying predatory journals and understanding the criteria of Scopus, Web of Science, and other quality journal metrics, emphasizing ethical publishing practices.

Session 4: Open-access publication: need of the day. (Dr. Amita Pradhan) Librarian at MKSSS'S BNCA, Karvenagar, Pune. Dr. Pradhan provided valuable insights into open-access publishing, explaining its various types and the difference between paid and free access papers, offering a deeper understanding of the evolving academic publishing landscape. Each session was followed by an engaging discussion between the resource person and delegates, both offline and online, fostering insightful exchanges and deeper understanding.

Day 2

Session 1: Dr. Vasudha Gokhale Professor and HOD PhD Research Centre, MKSSS BNCA, Pune on Writing an Effective Abstract & amp. Title. Madam has discussed regarding the key qualities of a well-crafted abstract and title, practical strategies for making them impactful, and hands-on exercises to complete.

Session 2: by Dr. Shridhar Gadre Professor, S P Pune University, on The Peer Review Process – How to Respond to Reviewers. He guided us how to effectively review a research paper, how

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International Research Development Conference

"Advancing research excellence: Strategies for high quality publications"

to accept and address reviewer comments, and how to refine and strengthen a manuscript based on feedback.

Session 3: was on How to publish your research in a high-quality journal? By Dr. Koustuv Dalal from mid Sweden university. Dr. Dalal has discussed how to structure a manuscript, select the right journal, meet publication standards, and navigate the peer-review process, which had been truly enlightening. Each session was followed by an engaging discussion between the resource person and delegates, both offline and online, fostering insightful exchanges and deeper understanding.

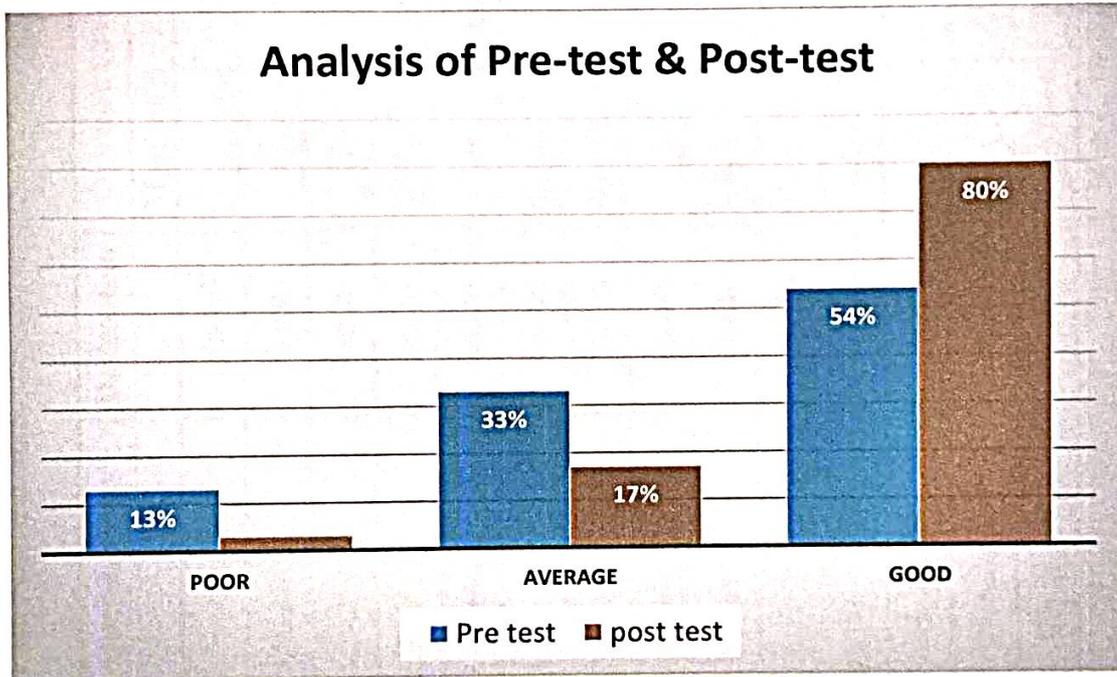


PRINCIPAL

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.**

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SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION
KARVENAGAR, PUNE 411052.**

**International Research Development Conference
"Advancing research excellence: Strategies for high quality publications"
Analysis of Pre-test & Post-test**



MKSSS SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION, KARVENAGAR, PUNE
International conference on Advancing Research excellence: Strategies for high quality publications
OFFLINE PARTICIPANTS ATTENDANCE SHEET
3rd & 4th MARCH 2025



S. N.	Name of participants	Name of institute	Qualification	Designation	03/03/2025		04-03-2025	
					Morning	Evening	Morning	Evening
1	Dr. Meena Ganapathy	MKSSS BTINE Pune	Ph.D Nursing	Principal	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
2	Laishangbam Bijayalakshmi Devi	MKSSS BTINE Pune	PH.D scholar	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
3	Mrs. Ashwini Sambhaji Sutar	MKSSS BTINE Pune	M.Sc. Nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
4	Aarti Gaikwad	MKSSS BTINE Pune	MSc Nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
5	Varsha santosh kunjir	MKSSS BTINE Pune	M.sc Nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
6	Deepali Devdatta Shinde	MKSSS BTINE Pune	M.Sc (N)	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
7	Jyoti Vilas Badade	MKSSS BTINE Pune	Ph.D Scholar	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
8	Mrs Shital Ganesh Padalkar	MKSSS BTINE Pune	MSc Nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
9	Mangal Rangnath Temgire	MKSSS BTINE Pune	Msc Nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
10	Ashwini Pravin Shinde	MKSSS BTINE Pune	Msc nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
11	Mrs.Nupoor Ninad Bhambid	MKSSS BTINE Pune	M.Sc.(N)	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
12	Ujwala Vitthal Jadhav	MKSSS BTINE Pune	Ph D scholer	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
13	Dipali Samit Awate	MKSSS BTINE Pune	M.Sc Nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
14	Ms.Vaishali Suryakant Patil	MKSSS BTINE Pune	M.Sc Nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
15	Dr. Shubhada Ponkshe	MKSSS BTINE Pune	PhD Nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
16	Ashwini vitthal Lande	MKSSS BTINE Pune	B.Sc(N)	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
17	Avantika Dattatray Anturkar	MKSSS BTINE Pune	BSc nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>



S. N.	Name of participants	Name of institute	Qualification	Designation	03/03/2025		04-03-2025	
					Morning	Evening	Morning	Evening
18	Rupali Dhume	MKSSS BTINE Pune	P.B.B.Sc. (N)	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
19	Lisham Smita Devi	MKSSS BTINE Pune	M.Sc. Nursing	Faculty	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
20	Smt Parvati Lodate	Govt. Nursing college, Jalna	PhD scholar	PhD schooler	<i>[Signature]</i>	<i>[Signature]</i>	(A)	(A)
21	AMRUTA JANARDHAN POHARE	Vilasrao Deshmukh College Latur	PhD scholar	PhD schooler	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
22	HEMLATA SUNIL GAJBE	J. J. Hospital CON Mumbai	Msc Nursing	PhD schooler	(A)	(A)	(A)	(A)
23	Meena Bhimanand Sonavane	Institute of Nursing Education Mumbai 08	MSc Nursing	PhD schooler	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
24	Mr.Ganesh Baban Chakor	MVPS' INE Nashik	M.Sc.Nursing	PhD schooler	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
25	Pallavi Gajanan Kohate	Government medical College and hospital, Nagpur	M.sc Nursing (CVTN)	PhD schooler	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
26	Jovita Annie Alex	K. J. Somaiya College of	Msc Nursing	PhD schooler	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
27	Divyam Sunil Nikam	Maharashtra Institute of Mental Health	PhD schooler	PhD schooler	<i>[Signature]</i>	(A)	(A)	(A)
28	Vishal Raghunath Naikare	Sinhgad College of Nursing, Pune	M.Sc. Nursing	PhD schooler	(A)	(A)	(A)	(A)
29	Mayuri Mahendra Nijampurkar	MKSSS BTINE Pune	M.Sc. Nursing	PG Students	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
30	Sumitra Ravindra Lokhande	MKSSS BTINE Pune	M.Sc. Nursing	PG Students	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
31	Miss.Dhanashree Dattatray Belpawar	MKSSS BTINE Pune	M.Sc. Nursing	PG Students	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
32	Shraddha G Kshirsagar	MKSSS BTINE Pune	M.Sc. Nursing	PG Students	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

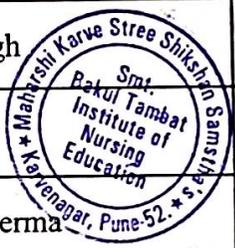
Sr.No	Name of participants	Name of institute	Qualification	Designation	03/03/2025		04-03-2025	
					Morning	Evening	Morning	Evening
33	Surabhi Ajay Pawar	MKSSS BTINE Pune	M.Sc. Nursing	PG Students	<u>SAPawar</u>	<u>SAPawar</u>	<u>SAPawar</u>	<u>SAPawar</u>
34	Pallavi Rajendra Dhabe	MKSSS BTINE Pune	M. Sc nursing	PG Students	P Dhabe (A)	(A)	<u>P Dhabe</u>	<u>P Dhabe</u>
35	Mansi Patle	MKSSS BTINE Pune	M. Sc nursing	PG Students	<u>M Patle</u>	<u>M Patle</u>	<u>M Patle</u>	<u>M Patle</u>
36	Priyanka Ravindra Jugdhar	Shri Siddhivinayak College	M.Sc. B.Ed.	Faculty	<u>Priyanka</u>	<u>Priyanka</u>	<u>Priyanka</u>	<u>Priyanka</u>
37	Shilpa Mahesh Dharmadhiakari	Shri Siddhivinayak College	M.Sc.	Faculty	<u>Shilpa</u>	<u>Shilpa</u>	<u>Shilpa</u>	<u>Shilpa</u>
38	Sondekar Meera Vitthal	Shri Siddhivinayak College	M.Com., DCM, MBA , Ph.D. Pursuing	PhD schooler	<u>mg</u>	<u>mg</u>	<u>mg</u>	<u>mg</u>
39	Surabhi Uttam Ghodke	Shri Siddhivinayak College	MSc Microbiology	Faculty	<u>Surabhi</u>	<u>Surabhi</u>	<u>Surabhi</u>	<u>Surabhi</u>
40	Ms. Anagha Kulkarni	MKSSS Baya Karve Women's Study & Research Centre,Pune	MA Counselling Psychology	Faculty	<u>Kulkarni</u>	<u>Kulkarni</u>	<u>Kulkarni</u>	<u>Kulkarni</u>
41	Dr.Mihika Mandar Kulkarni	MKSSSs.Smt.Hiraben Nanavati Institute of Management ,PUNE	PhD	Faculty	(A)	(A)	(A)	(A)
42	Dr. Sonali N. Parchure	MKSSSs.Smt.Hiraben Nanavati Institute of Management and Research for Women	Ph.D	Faculty	<u>Sonali</u>	(A)	(A)	(A)
43	Rupali Sanjay Pawar	Cummins college of engineering Pune	M.E.	PhD schooler	<u>Rupali</u>	<u>Rupali</u>	<u>Rupali</u>	<u>Rupali</u>
44	Preeti Sanjay Jagdale	Cummins college of engineering Pune	Mtech	PG Students	<u>P Jagdale</u>	<u>P Jagdale</u>	<u>P Jagdale</u>	<u>P Jagdale</u>
45	Harshada Rajvardhan Mujumdar	Cummins college of engineering Pune	B.E (m T ech)	PG Students	<u>HMS</u>	<u>HMS</u>	<u>HMS</u>	<u>HMS</u>
46	Glory Pravin Chakranarayan	Cummins college of engineering Pune	Mtech	PG Students	<u>G Pravin</u>	<u>G Pravin</u>	<u>G Pravin</u>	<u>G Pravin</u>
47	Sampada Vardhe	Data science	PhD Appearing	PhD schooler	<u>S Vardhe</u>	<u>S Vardhe</u>	<u>S Vardhe</u>	<u>S Vardhe</u>



S.N.	Name of participants	Name of institute	Qualification	Designation	03/03/2025		04-03-2025	
					Morning	Evening	Morning	Evening
48	Revati Sanjay Pawar (online)	Data science	M. Sc.(CS) & PGP Data Science and ML	Faculty	—	online	—	—
49	Ujjwala Dhiraj Murkute	Sadhu Vaswani College of Nursing	M. Sc Nursing Med Surg Nsg	Faculty	yjwala	yjwala	yjwala	yjwala
50	Dr. Manisha Kadam	Sadhu Vaswani College of Nursing	PhD(Nursing)	Administrator	Mkadam	Mkadam	Mkadam	Mkadam
51	Namrata Ajitsingh Ghatge	Sinhgad Dental College	Msc Medical Biochemistry	Faculty	mgatge	mgatge	mgatge	mgatge
52	Vidya Pratap Bhakare	Symbiosis University Pune	M.Sc. Nursing	PhD schoeler Scholde	(A)	Vidya	Vidya	Vidya
53	Dr.Ashok Vishvanath Shinde	Sinhgad Dental College,Pune	Msc,PhD Medical Biochemistry	Faculty	Ashokshinde	Ashokshinde	Ashokshinde	Ashokshinde
54	Sonali Ashok Thete	Wurth IT Pune	M.COM MBA (Finance), phd schoeler	Others	Sonali	Sonali	Sonali	(A)
55	Praveena Prabhakar	College of nursing AFMC	Msc Nursing	PG Students	Praveena	Praveena	Praveena	Praveena
56	Shaliya Saleem	CON AFMC Pune	Msc Nursing	PG Students	Shaliya	Shaliya	Shaliya	Shaliya
57	Maj Shilpa Baby	College of Nursing, AFMC, Pune	Msc Nursing	PG Students	Shilpa	Shilpa	Shilpa	Shilpa
58	Sushma Paulraj	St Andrews college of Nursing	Msc Nursing	PG Students	Sushma	Sushma	Sushma	Sushma
59	Maj Mahima Anna Achankunju	AFMC	Msc Nursing	PG Students	Mahima	Mahima	Mahima	Mahima
60	Geethu Chandradas	CON AFMC	Msc Nursing	PG Students	Geethu	Geethu	Geethu	Geethu
61	Rajeswari S	College of nursing afmc	Msc Nursing	PG Students	SRajeswari	SRajeswari	SRajeswari	SRajeswari
62	RINU JOHN	COLLEGE OF NURSING , AFMC	Msc Nursing	PG Students	Rinu	Rinu	Rinu	Rinu
63	Lt Col Flory Ann Joseph	AFMC college of nursing	Msc Nursing	PG Students	Flory	Flory	Flory	Flory



S.N.	Name of participants	Name of institute	Qualification	Designation	03/03/2025		04-03-2025	
					Morning	Evening	Morning	Evening
64	Divya Sunny Martina	CON AFMC	Msc Nursing	PG Students	<u>Ami</u>	<u>200</u>	<u>Dee</u>	<u>Dee</u>
65	Neethumol Joseph	College of Nursing, AFMC	Msc Nursing	PG Students	<u>Neethu</u>	<u>Neethu</u>	<u>Neethu</u>	<u>Neethu</u>
66	SHILPI SARKAR	Con,AFMC	Msc Nursing	PG Students	<u>Shilpi</u>	<u>Shilpi</u>	<u>Shilpi</u>	<u>Shilpi</u>
67	Khushboo Singh	CON, AFMC	Msc Nursing	PG Students	<u>Khush</u>	<u>Khush</u>	<u>Khush</u>	<u>Khush</u>
68	Sreevidhya S	CON, AFMC	Msc Nursing	PG Students	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>
69	Neha kumari verma	CON, AFMC	Msc Nursing	PG Students	<u>Neha</u>	<u>Neha</u>	<u>Neha</u>	<u>Neha</u>
70	Maj Rebecca Thomas	CON, AFMC	Msc Nursing	PG Students	<u>Rebecca</u>	<u>Rebecca</u>	<u>Rebecca</u>	<u>Rebecca</u>
71	Usha Motiram Kawale	Deenanath Mangeshkar Hospital,Pune	Msc. Nursing	Others	<u>Kawale</u>	<u>Kawale</u>	<u>Kawale</u>	<u>Kawale</u>
72	DIPALI HARESH DHOLE	Deenanath Mangeshkar Hospital, and Research Center Pune	MSC Nursing	Others	<u>Dipali</u> 2/3/25	<u>Dipali</u> 3/3/25	<u>Dipali</u> 4/3/25	<u>Dipali</u> 4/3/25
73	Swati Baban Gaikar	Deenanath Mangeshkar Hospital, pune	P B B.Sc nursing	Others	<u>SRChil</u> 2/3/25	<u>SRChil</u>	<u>SRChil</u>	<u>SRChil</u>
74	Mrs. Shital Sagar Chirke	MKSSS BTINE	P B B.Sc nursing	Faculty	<u>Chirke</u>	<u>Chirke</u>	<u>Chirke</u>	<u>Chirke</u>



75	Mrs Deepa P R	college of Nursing AFMC	Msc Nursing	PG student	<u>Deepa</u>	<u>Deepa</u>	<u>Deepa</u>	<u>Deepa</u>
75	DR. TANAY TRIVEDI	SYMBIOSIS INSTITUTE OF HEALTH	Master in public health	PG student	<u>Tanay</u>	<u>Tanay</u>	<u>Tanay</u>	<u>Tanay</u>
74	Sandhya Potadew	SC & NICES CEFW	Faculty	PhD Scholar	<u>Sandhya</u>	<u>Sandhya</u>	<u>Sandhya</u>	<u>Sandhya</u>

S.N.	Name of participants	Name of institute	Qualification	Designation	03/03/2025		04-03-2025	
					Morning	Evening	Morning	Evening
78.	Delaram zare	BNCA	Ph.D scholar	Ph. D scholars.				
79	Mr. Aneseem. sahe	DES subhadra k. Jindal.	Msc. nursing	PG student				
80.	Mr. Bhushan Landge	Bhushan DES Subhadra. K Jindal	Msc. Nursing	PG student				
81.	ms sudeshini jogle	DES subhadra k. jindal con	MSC Nursing	PG student				
82	ms. Diya Nimbalkar	DES CON	Msc nursing	PG student				



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PRINCIPAL
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 Nursing Education
 Karvenagar, Pune-411052.

MKSSS SMT. BAKUL TAMBAT INSTITUTE OF NURSING EDUCATION, KARVENAGAR, PUNE

International conference on Advancing Research excellence: Strategies for high quality publications: 3rd & 4th MARCH 2025

CONFERENCE REGISTRATION : ONLINE PARTICIPANT

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MKSSS BNCA						
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2	Shreya Kashinath Gaikwad	shreyakg7@gmail.com	BNCA	Student of Masters in Landscape Architecture	PG Students	9960792816
3	Anushka Rajendra Jadhav	anushkajadhav2498@gmail.com	BNCA	Bachelor in Architecture	PG Students	7276444282
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9	Sampada Kulkarni	ar.sampadak@gmail.com	BNCA	B.arch	PG Students	7058034529
10	Dr.Swati Sahasrabuddhe	swati.s@bnca.ac.in	BNCA	PhD, M.arch Landscape Architecture	Faculty	9850986751
11	Padmaja Milind Tonape	pntonape001@gmail.com	BNCA	M Arch pursuing	PG Students	7769984592
12	Nikita Narendra Deshmukh	nikita.ndeshmukh1@gmail.com	BNCA	B arch	PG Students	9359890791
13	Ar. Aditi Avinash Japtiwale	ar.aditijaptiwale@gmail.com	BNCA	M. Arch	PhD schooler	9403517111
14	Shivali Lalbige	ar.shivalilalbige@gmail.com	BNCA	M Arch Landdcape	PhD schooler	9923035955
15	Shailendra Subhash Thakan	shailendra.academics@gmail.com	BNCA	M Arch (Urban and Regional Planning)	PhD schooler	9167685657
MKSSS AIT Centre for data science						
Sr.No.	Name of participants	e-mail adress	Name of institute	Qualification	Designation	contact no.
16	Revati Sanjay Pawar	revatipawar98@gmail.com	Data science	M. Sc (CS) & PGP Data Science and ML	Faculty	8308694560
MKSSS Nagpur & Ratnagiri ; Cummins & Nursing college						
17	Rashmi Deshpande	rashmi.deshpande@cumminscollege.edu.in	Cummins college of engineering Pune	Post Graduation	Faculty	9822695556
18	VAISHALI SUNIL TAYADE	vaishalisuniltayade@gmail.com	GMCSSH Nagpur	M.Sc. Nursing, Ph D Scholar	PhD schooler	8378823126
19	Ms. Smita Moon	smita71239@gmail.com	MKSSS Sitabai Nargundkar College Of Nursing For	MSC Nursing	Faculty	9637657616
20	Asst. Prof. Ketan Arun Pathare	ketan4edu@gmail.com	Maharshi Karve Mahila Mahavidyalay Ratnagiri	MCA	Faculty	7057806336
21	ANAND SUBHASCHANDRA	anand.deshkar@cumminscollege.edu.in	CCOEW NAGPUR	M tech , Phd persuing	Faculty	9552047776
MKSSS AIT Centre for skill development						
22	Varshhaa Rokaade	varshhaa.7@gmail.com	SNDT Women's University, Department of English,	M.Phil, PhD Pursuing	PhD schooler	9822656412
Other institutes in Pune: Online						
23	Megha Bhagawan Kawale	meghbkawale@gmail.com	SADHU VASWANI COLLEGE OF NURSING	PhD. Scholar	PhD schooler	9082897448
24	Shubhangidevi H. Gawade	gawade.shubhangi157@gmail.com	Smt.Kashibai Navale Medical College and General Hospital,	M.Sc. Medical Biochemistry	PhD schooler	9860434998

25	Mr. Rahul Datta Jadhav	dsrahul2811@gmail.com	PES's, Modern College of Arts, Science and Commerce (M. Com, NET	PhD schooler	8308826210
26	Meenakshi K	meenu79@gmail.com	Tehmi Grant Institute of Nursing Education Pune	M.Sc Nursing	PhD schooler	9822697896
27	FARHEEN B MUJAWAR	farheenmujawar15@gmail.com	SKNMC&GH PUNE	MSc Medical Biochemistry	Faculty	9096014158
28	Ar. Neha Masalekar	ar neham14@gmail.com	Smt kashibai Navale college of Architecture	M Arch Landscape Architecture	PhD schooler	9421019230
29	Mrs. Reena Uday Chavan	r8888848393@gmail.com	MAEER'S Vishwaraj Institute of Nursing	MSc Nursing (OBG)	Faculty	8888848393
30	Ms. Jaya Prashantrao Deshmukh	jayaapardeshi@gmail.com	MAEER'S Vishwaraj Institute of Nursing	MSc Nursing (CHN)	Faculty	7666652859
31	Dr.Shubhangi Mahesh Gaikwad	gaikwadshubhangi123@gmail.com	Bharati Vidyapeeth (Deemed to be university) College of	PhD	Faculty	9766257824
32	Dr Agnes Arun	agnesarun@gmail.com	Tehmi Grant Institute of Nursing Education	PhD Nursing	Faculty	9922883100
33	Mrs. Pramila Amol Nikalje	pramilaashinde777@gmail.com	Vishwaraj Institute of Nursing	M.Sc Nursing	Faculty	7058127375
34	Neeta Vinod Ambore	neeta.ambore@gmail.com	Maharashtra Institute of Mental health, Pune	Msc nursing	PhD schooler	7083779315
35	Hemlata Thopte	hemalata.thopte@gmail.com	Sadhu Vaswani college of Nursing	M.sc Nursing	PhD schooler	9075623450
36	Gayatri Mahajan	gayatriarchi@gmail.com	Symbiosis school of Architecture Urban	M Arch	PG Students	8554075577
37	Vandana Agnihotri	vandu.agnihotri@yahoo.com	College of Nursing AFMC pune	PhD Nursing	Administrator	9527312846

Other institutes in MAHARASHTRA : Online

Sr.No.	Name of participants	e-mail adress	Name of institute	Qualification	Designation	contact no.
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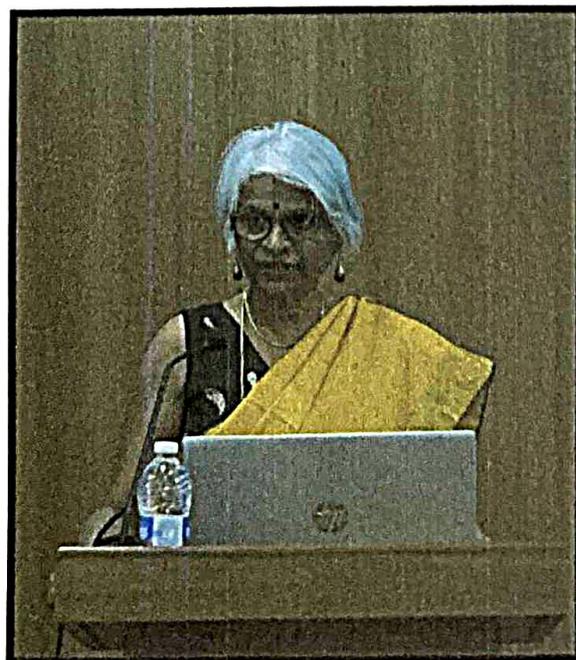
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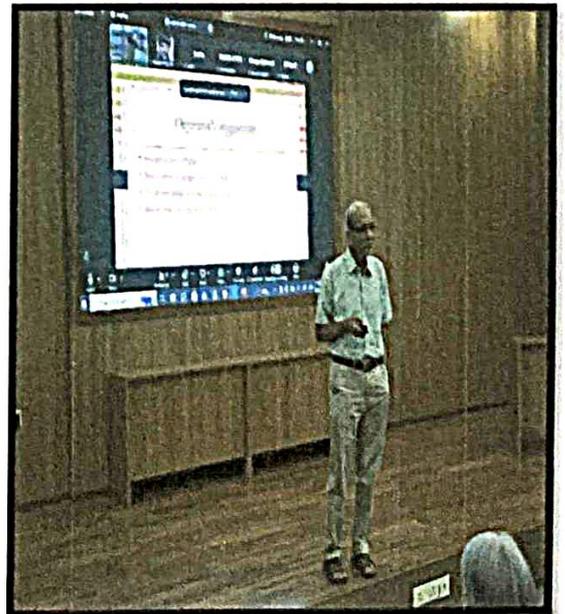
Other institutes OUT OF MAHARASHTRA : Online

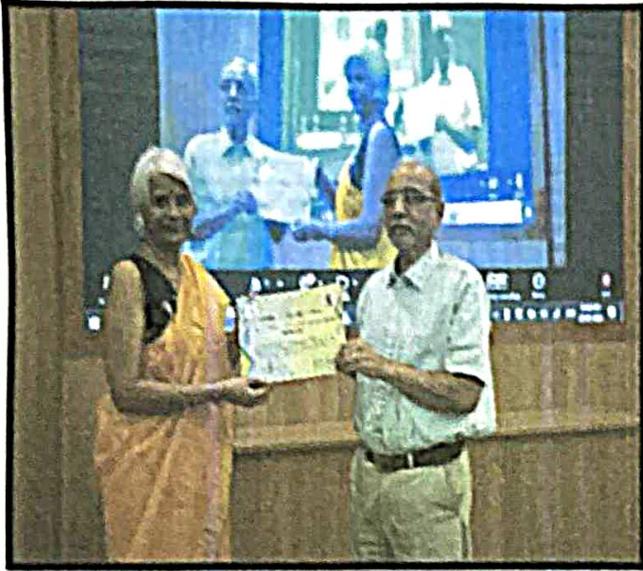
Sr.No.	Name of participants	e-mail address	Name of institute	Qualification	Designation	contact no.
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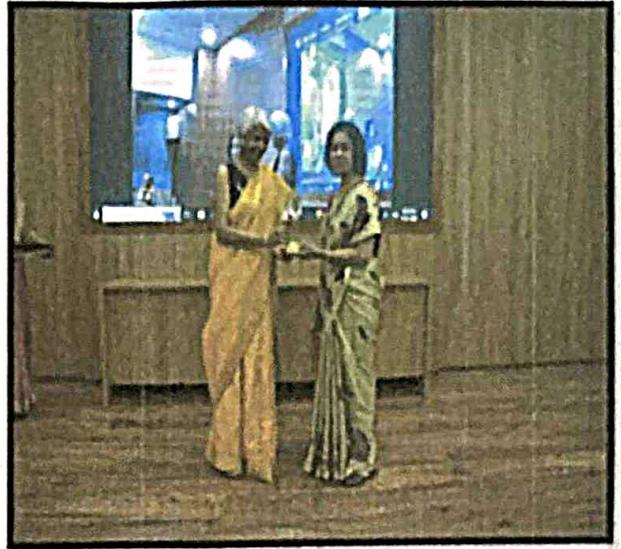
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DAY 1- REGISTRATION, INAUGURATION FOLLOWED BY SESSIONS

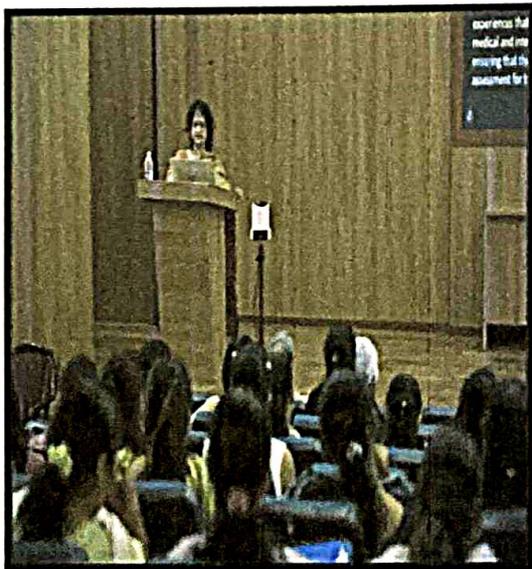


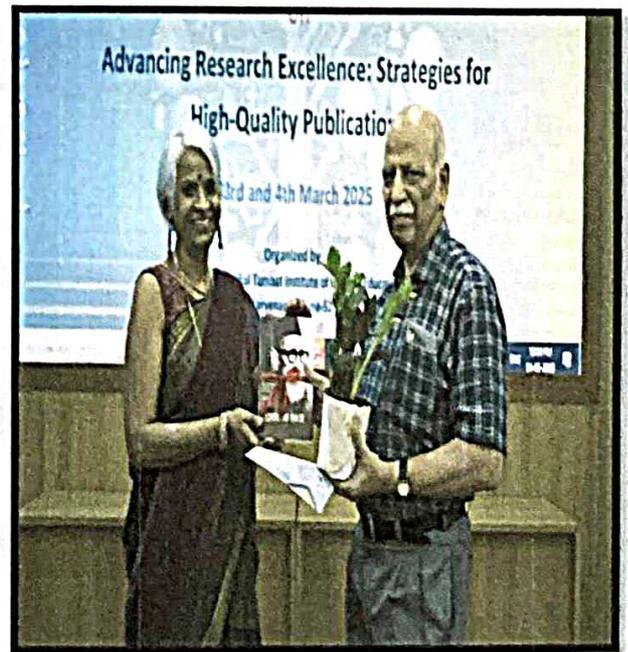


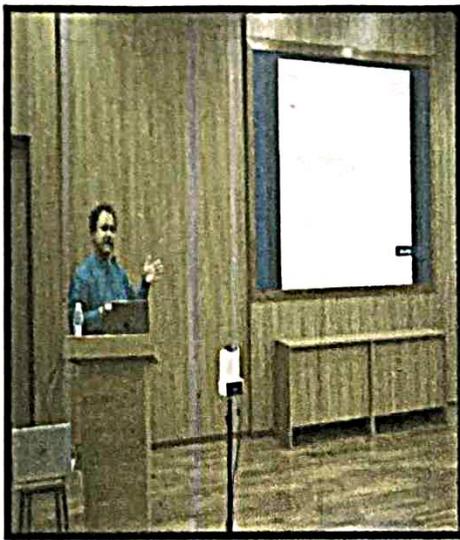
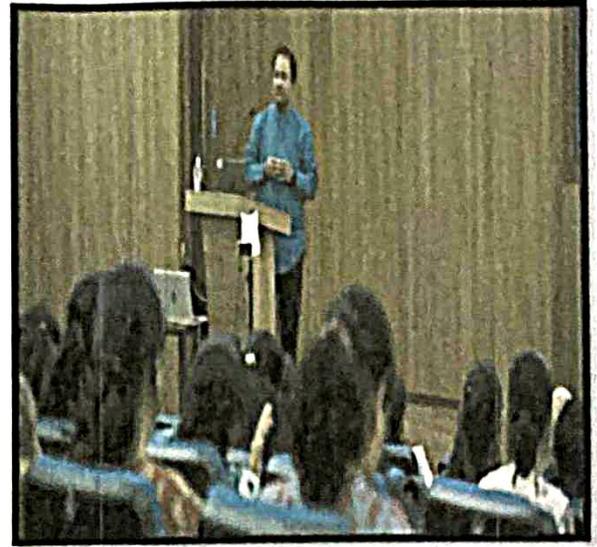




SESSIONS OF DAY 2







VALEDICTORY SESSION





RECEIVING FEEDBACK FROM DELEGATES



DISTRIBUTION OF CERTIFICATES



**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.**

**REPORT ON
BASIC COUNSELLING TRAINING ON
CONSTRUCTIVE LEADERSHIP FOR
AN INCLUSIVE ENVIRONMENT**

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 411052.**

**BASIC STUDENT COUNSELLING TRAINING
CONSTRUCTIVE LEADERSHIP FOR AN INCLUSIVE ENVIRONMENT**

Date- April 2025

Time- 3:00 to 6:00 pm

Venue- Conference room, MKSSSBTINE

Counselling is a professional, collaborative process that empowers individuals to achieve mental, emotional, and psychological well-being. Counselling training is the structured education and practical experience provided to individuals aspiring to become counsellors or enhance their interpersonal skills. This training encompasses various theoretical approaches, ethical guidelines, and practical techniques aimed at understanding and supporting people through personal challenges and life transitions. The goal of student counselling training is to equip individuals with the skills needed to support others and to foster self-awareness, empathy, and effective communication. Hence, the sessions were organized by the mental health nursing department under the guidance of Principal Madam Dr Meena Ganapathy.

First session conducted by Principal Madam with an introduction to the theme. Madam focused on the need for students, which is essential in today's educational system, where academic pressure, emotional stress, peer pressure, and life transitions deeply impact students' mental and emotional well-being. Madam further explored that counselling training for teachers can support students effectively, creating a healthier, more supportive learning environment. Counsellors can identify early signs of distress and intervene before problems escalate. Counsellors are equipped to deal with students from diverse backgrounds, including those facing socio-economic challenges, identity issues, or trauma, fostering inclusivity and safety. Students learn to manage emotions, build healthy relationships, boost self-confidence, develop decision-making skills, and develop conflict-resolution skills.

The second session was on counselling styles and techniques- listening by Mrs Bijayalakshmi Devi. She introduced the overall approach or method a counsellor uses, such as:

- **Humanistic (Person-centered) Counselling** – Focuses on empathy, unconditional positive regard, and active listening.
- **Cognitive-Behavioral Therapy (CBT)** – Structured and goal-oriented, focusing on thoughts and behaviors.
- **Psychodynamic Counselling** – Explores unconscious patterns and past experiences.
- **Solution-Focused Brief Therapy (SFBT)** – Concentrates on solutions rather than problems, using goal-directed conversation.

Madam further discussed that Listening is a Core Counselling Technique. Each style integrates listening as a fundamental technique. Listening in counselling is not just about hearing words—it's about being fully present and understanding the client's message on multiple levels: emotionally, mentally, and non-verbally. She discussed in detail the types of listening in counselling:

1. **Active Listening:** The counsellor fully concentrates, responds, and remembers what the client is saying. It involves: eye contact, nodding, verbal affirmations like “I see,” “Go on...”, summarizing, and paraphrasing to confirm understanding
2. **Reflective Listening:** Involves repeating or paraphrasing the client's words to show understanding and encourage deeper expression.
3. **Empathic Listening:** Going beyond words to understand the client's emotions and point of view, without judgment.

The third session was on Stages of Counselling by Mrs Bijayalakshmi Devi, which typically follows a structured process divided into 3 stages to ensure effective support and progress for the client. Hands on training with practice sessions were included in pairs.

1. Initial Stage (Rapport Building & Assessment)

- Establish trust and a safe environment
- Clarify the counselling process and confidentiality
- Gather basic information and understand the client's concerns
- Set initial goals

2. Middle Stage (Working Phase)

- Explore issues in depth
- Apply relevant counselling techniques or interventions
- Encourage self-reflection and emotional expression
- Work toward goals, problem-solving, or behavior change

3. Final Stage (Termination & Follow-up)

- Review progress and highlight growth
- Discuss remaining concerns or questions
- Prepare for the end of counselling
- Offer referrals or follow-up if needed

Mrs Bijayalakshmi Devi discussed different approaches that offer unique perspectives and techniques, depending on the client's needs and the counsellor's training.

1. Person-Centered (Humanistic) Approach

- Developed by Carl Rogers
- Focuses on empathy, unconditional positive regard, and congruence
- Believes in the client's capacity for self-healing and growth

2. Cognitive-Behavioral Therapy (CBT)

- Focuses on identifying and changing negative thought patterns and behaviors
- Structured, goal-oriented, and often short-term
- Effective for anxiety, depression, and stress-related issues

3. Psychodynamic Approach

- Based on Freud's theories
- Explores unconscious conflicts, early childhood experiences, and emotional patterns
- Aims for deep self-awareness and resolution of inner conflicts

4. Solution-Focused Brief Therapy (SFBT)

- Emphasizes strengths and solutions rather than problems
- Focuses on the present and future, not the past
- Useful for short-term, goal-driven counselling

5. Behavioural Approach

- Based on learning theories (e.g., classical and operant conditioning)
- Focuses on changing harmful behaviors through reinforcement and modeling

The fourth session was on Dos and Don'ts of Counselling by Mrs Shital Padalkar. She explained in detail, as listen actively, maintain confidentiality, show empathy and respect, be non-judgmental, build trust and rapport, stay professional and ethical, encourage self-exploration, be culturally sensitive, be honest and transparent, know your limits, referral, documentation, etc. Regarding don'ts, she informed that don't interrupt or dominate, don't judge or criticize, don't make assumptions, don't offer quick fixes or advice, don't cross professional boundaries, don't

disregard emotions, don't rush the process, don't breach confidentiality, don't pretend to know everything, don't ignore non-verbal cues.

The last session on Counselling – Goal setting, Intervention, confrontation, Evaluation, and Termination by Mrs Bijayalakshmi Devi. Madam discussed that goal setting is the process of identifying and defining clear, measurable objectives that the client hopes to achieve through the counselling process. The goal should provide focus, motivation, accountability, empowerment, measure progress, and further add the steps in goal setting. She has given practical experience by giving scenarios. She concluded that using the SMART framework and regularly reviewing goals, student can make measurable steps toward change and improvement.

In counseling intervention, Mrs Bijayalakshmi Devi refers to the strategies and techniques a counsellor uses to help students overcome challenges or achieve personal goals. She discussed about types of intervention- counsellor-centered, client-centered, and eclectic. She added regarding the selection of the intervention. She made faculty experience grounding and interoception. She also added confrontation as a therapeutic technique used carefully and constructively to help clients face discrepancies in their thoughts, feelings, or behaviors. It's about gently challenging the client to increase self-awareness and promote personal growth.

Mrs Bijayalakshmi Devi discussed in brief about psychological first aid as an immediate, supportive intervention for people affected by disaster, trauma, or crises. Its purpose is to reduce initial distress, promote a sense of safety, control and calm, and help individuals begin to recover from a traumatic event through social connection and hopeful.

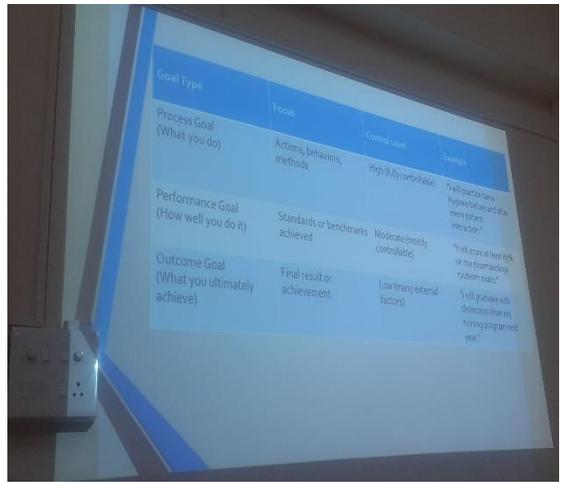
She further informed about Termination and follow-up of counselling as the process of concluding the therapeutic relationship between the counsellor and the client, once the goals of the counselling process have been met, or for other reasons. Proper termination is essential for ensuring the client's well-being and for providing closure and continuity as they transition out of the therapeutic setting. She added on indicators and the process of termination. Principal Madam concluded the session with positive feedback from participants.




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PHOTOS OF STUDENT COUNSELLING SESSION





[Signature]
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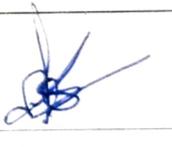
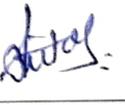
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Karvenagar, Pune

BASIC COUNSELLING TRAINING ON
CONSTRUCTIVE LEADERSHIP FOR AN INCLUSIVE ENVIRONMENT

Attendance of the resource person

Time: 03:00 -05:00 pm

Venue: Conference room, MKSSS BTINE, Pune

Sr. No.	Date	Session on	Name of the Teacher	Designation	Signature of the faculty
1	05/04/2025	Introduction to the theme	Dr. Meena Ganapathy	Principal cum Professor	
2	08/04/2025	Introduction to counselling styles and techniques- Listening	Mrs. L.Bijayalakshmi	Professor	
3	11/04/2025	Stages of counselling and approaches	Mrs. L.Bijayalakshmi	Professor	
4	15/04/2025	Dos and Don'ts of Counselling	Mrs. Shital Padalkar	Lecturer	
5	23/04/2025	Counselling – Goal setting, Intervention, Evaluation, and Termination	Mrs. L.Bijayalakshmi	Professor	


Sign of Principal
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Smt. Bakul Tambat Institute of
Nursing Education
Karvenagar, Pune-411052.

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Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune

BASIC COUNSELLING TRAINING ON
CONSTRUCTIVE LEADERSHIP FOR AN INCLUSIVE ENVIRONMENT

Attendance of faculty

Time: 03:00 -05:00 pm

Venue: Conference room, MKSSS BTINE, Pune

Sr. No.	Name of the Teacher	Designation	Signature of the faculty				
			05/04/25	08/04/25	11/04/25	15/04/25	23/04/25
1	Dr. Meena Ganapathy	Principal cum Professor					
2	Mrs. L. Bijyalakshmi	Professor					
3	Mrs. Nupoor Bhambid	Professor					
4	Ms. Lisham Smita Devi	Associate Professor					
5	Mrs. Jyoti Karande	Associate Professor					
6	Mrs. Ujwala Jadhav	Lecturer					
7	Mrs. Ashwini Sutar	Lecturer					
8	Mrs. Dipali Awate	Lecturer					
9	Mrs. Shital Padalkar	Lecturer					
10	Ms Ashwini Bhosale	Clinical Instructor					
11	Ms. Avantika Anturkar	Clinical Instructor					
12	Ms. Shital Patil	Clinical Instructor					

Sign of Principal

PRINCIPAL
Maharshi Karve Stree Shikshan Samstha,
Smt. Bakul Tambat Institute of
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Karvenagar, Pune-411052.

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune – 411052.**

Faculty Development Program

on

Neuro Linguistic Programming





Committed to developing "Conscientious, Confident & Caring quality nursing professionals"
MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S

Smt. Bakul Tambat Institute of Nursing Education

(Affiliated to MSBNE, MNC, MUHS & INC, NAAC Accredited)



Reg. No. ~~352~~ BTINE/2025

Date: 19/07/2025

To,

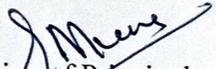
All faculty and staff,

MKSSSBTINE, Pune-52

This is to inform you that, there will be Nursing Faculty Development Program on "Neuro-Linguistic Programming (NLP)" in our institute. This program will be for duration of 15 days i.e. 21st to 25th July 2025 and 28th to 1st August 2025 from 11:00 AM to 02:00 PM at MKSSSBTINE, MPH Ground floor Pune-52.

The said venue are booked for the same. Detail program timing and responsibilities are attached for your reference. All concern faculty and staffs are requested to support and take part in timely manner in the program actively.

Kindly acknowledge and do the needful.


Sign of Principal
PRINCIPAL

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Nursing Education
Karvenagar, Pune-411052.

**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune – 411052.**

Report on FDP on NLP 2025

Dates: 21st July to 1st August 2025

Time: 11 am to 2 pm

Mode: Offline

Duration: 30 hrs.

Aim: To equip the participants with practical NLP tools and techniques to enhance emotional well-being, communication, classroom management, and leadership capacity - both in personal and professional contexts.

Objectives:

1. Introduce core concepts of NLP and how they apply to teaching, healthcare, and personal life.
2. Equip faculty with effective tools to manage emotions, influence behaviour positively, and enhance communication with students, peers, and patients.
3. Foster a culture of goal-oriented, reflective, and empathetic leadership in nursing education.

Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education,
Karvenagar, Pune – 411052.

Report on FDP on NLP 2025

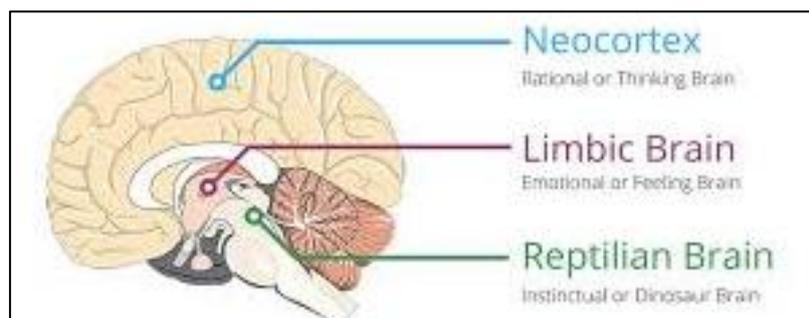
Introduction:

Our institute, MKSSS BTINE, has arranged a 30-hour Faculty Development Programme (FDP) on Neuro-Linguistic Programming (NLP) foundation course in collaboration with MKSSS Baya Karve Women's Study and Research Centre. Neuro-Linguistic Programming (NLP) is a set of techniques and theories that explores the connection between how the mind (neuro), language (linguistic), and behavior (programming) influence each other. Developed in the 1970s, NLP aims to understand and modify patterns of thought and behavior to achieve specific goals, improve communication, and facilitate personal development. It's a controversial field with varying degrees of acceptance, but it's widely applied in areas like communication, personal development, and even therapy.

Day 1:

The day started at 11 a.m. with a 30-minute NLP pre-test. Mrs. Swati Upadhe, Director of Prerana-Ek Kalamancha and Founder & Chief Coach of Path-Pilot, welcomed all participants and gave brief introductions. She opened the session by explaining the brain's structure and its three main parts:

- **Reptilian Brain (Primal/Basal Ganglia):**
Controls essential survival functions like breathing, heart rate, body temperature, balance, and fight-or-flight responses. It is the oldest part of the brain.
- **Limbic System (Paleomammalian Brain):**
Governs emotions, memory, and social behaviors such as fear, anxiety, bonding, and nurturing. It evolved with early mammals.
- **Neocortex (Cortex/Thinking Cap):**
Responsible for higher-order thinking, including abstract thought, language, reasoning, planning, and complex problem-solving. It is the most recently evolved and highly developed in humans.



Mrs. Upadhe emphasized the brain's plasticity, explaining that "**what you use gets stronger, what you don't use gets weaker.**" She introduced neural pathways as networks of connected neurons that carry information between brain and body, highlighting how these pathways strengthen, weaken, or reroute based on experience, learning, or injury.

The day's focus was on how NLP techniques can be applied in both personal and professional settings. The session ended at 2 p.m.

Day 2:

The session resumed at 11 a.m. with a continuation of brain-related topics, emphasizing key characteristics:

- The brain is the body's hardware.
- It operates based on self-concept.
- It governs thinking, movement, balance, and coordination.
- Neural pathways are hardwired, making old habits difficult to change but new ones easier to form.
- The brain responds dynamically to the mind and seeks continual stimulation.

Mrs. Upadhe then introduced the **principles of the unconscious mind**, explaining it:

- Stores memories.
- Follows orders literally.
- Requires repetition to form habits.
- Responds to symbols and associations.
- Provides answers but takes everything personally.
- Cannot process the word "NO."
- Works predominantly through images.
- Is the domain of emotions.
- Does not distinguish between imagination and reality.
- Holds vast energy and power.
- Regulates body functions.

The session then transitioned to an overview of **Neuro-Linguistic Programming (NLP)**:

- **Neuro:** Pertains to the nervous system and neurological responses, where thoughts and experiences trigger chemical and state changes in the body.
- **Linguistic:** Language is the medium through which we describe and create our experiences.
- **Programming:** Refers to our automatic, learned behavioral patterns which can be consciously changed.

Mrs. Upadhe detailed the origins of NLP, crediting **Richard Bandler and John Grinder**, who developed NLP in the 1970s by modeling successful therapists' communication and behavioral patterns, including those of Fritz Perls. The session concluded at 2 p.m.

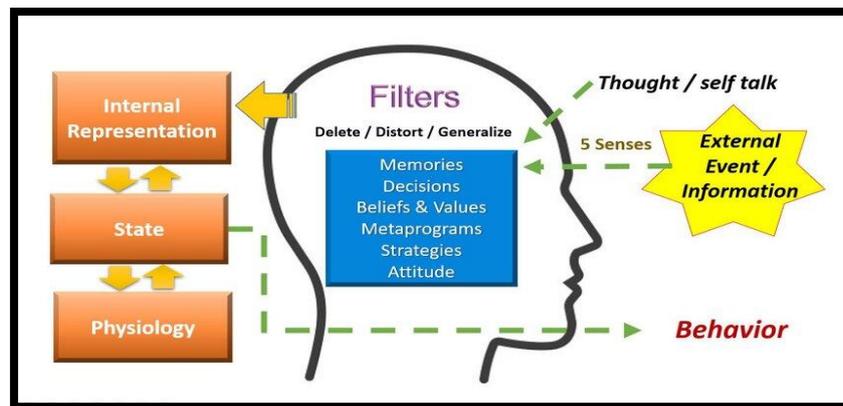
Day 3:

Mrs. Swati Upadhe discussed the **NLP Communication Model**, explaining how people perceive and respond to the world differently. Communication starts with an external event, but everyone filters this through their own **beliefs, values, memories, attitudes, and culture**.

This filtering process involves:

- **Deleting** some information,
- **Distorting** other parts, and
- **Generalizing** based on past experiences.

These filters create an **internal representation**—a personal mental image, sound, or feeling about the event—which influences emotional and physiological states. For example, the same event might excite one person but cause anxiety in another. Our internal state then shapes our behavior, including our words, body language, and actions.



The key insight: **We respond not to reality itself, but to our internal “map” of reality.** As Alfred Korzybski said, “the map is not the territory.” Recognizing this helps improve communication by appreciating that everyone interprets experiences differently. In NLP, understanding these processes enables better rapport-building and facilitates positive change.

Mrs. Upadhe also covered two core NLP principles:

1. **Cause and Effect:**

Understanding and influencing communication and beliefs by identifying linguistic patterns linking events or thoughts to outcomes. This empowers individuals to take responsibility for their experiences (being “cause”) instead of feeling controlled by circumstances (being “effect”).

2. **Limitation/Necessities to Possibilities:**

Transforming limiting beliefs and negative patterns (“necessities”) into empowering goals and positive behaviors (“possibilities”).

Day 4:

The session began with “**How to Build Rapport.**” Mrs. Upadhe defined **rapport** in NLP as a relationship based on trust, harmony, and mutual understanding. Rapport is built by **matching and mirroring** the other person’s verbal and non-verbal cues—including their choice of words, tone, body language, and sensory-related language (e.g., words related to seeing, hearing, or feeling). This alignment fosters connection by entering the other person’s “world” and speaking their language.

She then introduced **Representational Systems** in NLP—how individuals process and store information through their senses:

- **Visual:** Seeing
- **Auditory:** Hearing
- **Kinesthetic:** Feeling, touch, emotion
- **Olfactory:** Smell (lesser extent)
- **Gustatory:** Taste (lesser extent)
- **Auditory Digital:** Logical self-talk and abstract thinking

Each person has a dominant representational system, reflected in their word choices (predicates), eye movements, body language, and breathing. Recognizing someone’s dominant system can significantly improve communication and help establish deeper rapport.

Day 5:

Mrs. Swati explained that in NLP, PRS is the sensory modality a person naturally uses most to process information and communicate. This includes:

- **Visual:** Prefers images and visual details.
- **Auditory:** Prefers sounds and auditory cues.
- **Kinesthetic:** Prefers physical sensations, feelings, and touch.
- **Auditory Digital (AD):** Prefers internal self-talk, logic, and reasoning.

Tips for Feedback - Receiver:

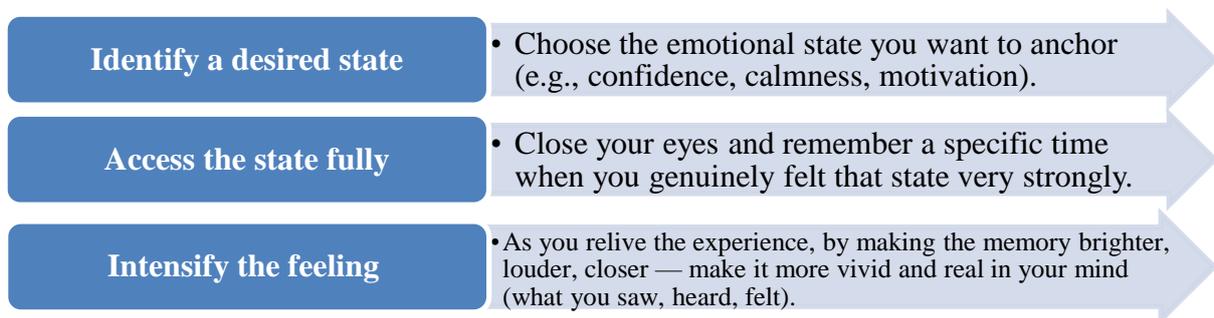
1. Be positive
2. Listen carefully
3. Clarify and check understanding
4. Consult others if needed
5. Implement feedback
6. Explore options
7. Be grateful

Activity:

Participants were divided into groups to list academic goals for students, including mission achievement, happiness, good NAAC results, department quality, alumni engagement, staff satisfaction, and 100% results.

Day 7:

Mrs. Swati explained that **anchoring** in NLP is the process of linking a specific stimulus (the anchor) to an emotional state so that the stimulus can later trigger that state automatically. Anchors can be positive or negative and may be external (like a sound or touch) or internal (a thought or feeling). While we create anchors unconsciously, NLP teaches how to create and use them deliberately.



Keys to Strong Anchors:

1. **Intensity of Experience:** Stronger emotional states form stronger anchors.
2. **Uniqueness:** Anchors must be distinct and specific.
3. **Timing:** Apply the anchor at the peak emotional moment.
4. **Repetition:** Reinforcing the anchor by repeating it embeds it in the nervous system.

Assignment:

Identify positive and negative anchors in your own life.

Neurological Levels (Dilts Model):

Mrs. Swati introduced Robert Dilts' framework for understanding change and behavior through a hierarchy of levels:



- **Environment:** External surroundings affecting you.
- **Behavior:** Your actions and reactions.
- **Capabilities:** Skills you develop to improve behavior.
- **Beliefs & Values:** Internal motivators or limitations.
- **Identity:** Your sense of self, powerful enough to transform all other levels.
- **Mission:** Connection to a larger purpose beyond yourself.

Assignment:

Apply these levels to analyze a specific real-life problem.

Day 8: Milton Model:

Mrs. Swati explained this NLP language model, based on hypnotic language patterns of Milton Erickson, which influences indirectly by bypassing the conscious mind to reach the unconscious mind, facilitating change and rapport.

Key Milton Model Language Patterns:

1. Mind reading
2. Lost performative
3. Cause and effect
4. Complex equivalence
5. Presuppositions
6. Universal quantifier
7. Modal operator
8. Double binds
9. Tag questions
10. Lack of referentials
11. Unspecified verbs
12. Nominalizations
13. Comparative deletion
14. Pacing current experience
15. Conversational postulates

Assignment:

Use these patterns to:

- Motivate students
- Inspire patients
- Advertise a journal

Meta Programs:

Mrs. Swati explained that Meta Programs are deep, unconscious mental filters shaping how we think, decide, and behave. They govern *how* we think rather than *what* we think and are crucial in communication, coaching, therapy, leadership, and team building.

Common Meta Programs:

- Introvert vs. Extrovert
- Thinker vs. Feeler
- Sensor vs. Intuitor
- Judger vs. Perceiver
- Toward vs. Away From

Importance:

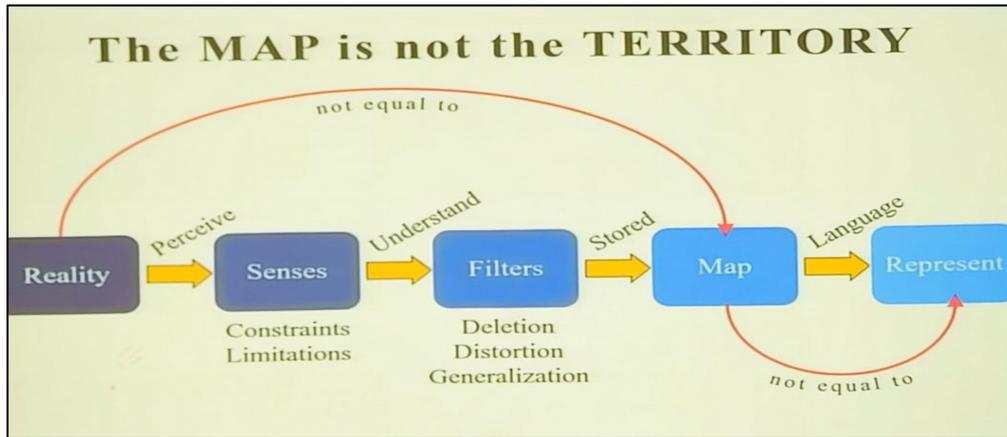
Understanding meta programs increases self-awareness, improves communication, strengthens relationships, and allows behavioral flexibility.

Activity:

Design a teaching class that caters to students with varying meta programs.

Day 9: Meta Programs:

- Mrs. Swati explained unconscious filters guiding how people think, decide, and behave (e.g., Internal vs External Check, Global vs Specific, Sameness vs Difference, etc.).

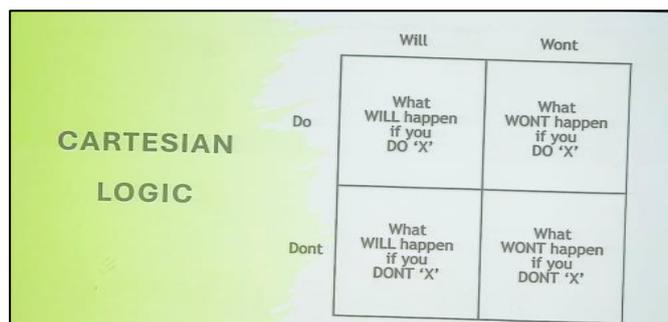


Activity: Groups planned a vacation, cookery show, and festival based on meta programs.

- **Prime Concern:** Dominant motivation behind behavior with three stages—Start (begin new), Change (modify), Stop (release).
- **Start-Change-Stop Model:**
 - Start: Activate new behaviors (Visualization, Goal Setting)
 - Change: Modify beliefs/behaviors (Reframing, Timeline Therapy)
 - Stop: Let go of limiting patterns (Parts Integration, EFT)
- **Meta Model:** Language patterns to clarify vague or limiting statements by addressing Deletion, Generalization, and Distortion.

Day 10:

- Mrs. Swati explained **Descartes' Four Rules for Decision-Making:**
 1. Evidence—Base decisions on clear facts.
 2. Analysis—Break problems into parts.
 3. Order—Solve from simple to complex.
 4. Review—Check thoroughly for completeness.
- **Cartesian Logic:** Logical, analytical method for problem-solving and decision-making.



A **post-test** was conducted to assess the learning outcomes of the FDP. The test consisted of MCQs, Rating scale and short-answer questions focusing on core NLP concepts, and applications covered during the sessions. The results will indicate a significant improvement in participants' understanding compared to the pre-test, reflecting the effectiveness of the training.

Feedback was collected from participants was overwhelmingly positive, confirming the FDP's success in enhancing faculty knowledge and skills in NLP.

Valedictory session:

The valedictory session marked the successful conclusion of the NLP. Mrs. Swati Upadhye expressed her gratitude towards all participants for their enthusiasm and active engagement throughout the program. The session highlighted key takeaways from the FDP, emphasizing the growing importance of NLP in academic. Certificates of participation were distributed, and participants were encouraged to apply the knowledge gained in their respective fields.




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**Maharshi Karve Stree Shikshan Samstha's
Smt. Bakul Tambat Institute of Nursing Education
Karvenagar, Pune 52**

**FDP on Neuro Linguistic Programming
Attendance of faculty**

DATE: 21/07/2025 to 01/08/2025

TIME: 11 am to 2 pm

VENUE: Multi-purpose hall, MKSSS BTINE

Sr. No.	Name of the Teacher	Designation	Signature of the Faculty		
			21/07/2025	22/07/2025	23/07/2025
1	Dr. Meena Ganapathy	Principal cum Professor			
2	Mrs. L. Bijayalakshmi Devi.	Professor			
3	Mrs. Nupoor Bhambid	Professor			
4	Ms. Lisham Smita	Associate Professor			
5	Mrs. Jyoti Karande	Associate Professor			
6	Mrs. Ujwala Jadhav	Assist Professor			
7	Mrs. Deepali Shinde	Assist Professor			
8	Mrs. Ashwini Sutar	Assist Professor			
9	Mrs. Dipali Awate	Assist Professor			
10	Mrs. Shital Padalkar	Assist Professor			
11	Ms. Ashwini Bhosale	Assist Professor			
12	Mrs. Mangal Temgire	Clinical Instructor			
13	Ms. Avantika Anturkar	Clinical Instructor			
14	Ms. Ashwini Lande	Clinical Instructor			
15	Ms. Rupali Dhume	Clinical Instructor			
16	Ms. Shital Patil	Clinical Instructor			
17	Ms. Rau Sangave	Clinical Instructor			
18	Ms. Amruta Phale	Clinical Instructor			
19	Ms. Renuka Nagwanshi	Clinical Instructor			
20	Ms. Dhanashree Patil	Clinical Instructor			


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			24/07/2025	25/07/2025	28/07/2025
1	Dr. Meena Ganapathy	Principal cum Professor			
2	Mrs. L. Bijayalakshmi Devi.	Professor			
3	Mrs. Nupoor Bhambid	Professor			
4	Ms. Lisham Smita	Associate Professor			
5	Mrs. Jyoti Karande	Associate Professor			
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FACULTY DEVELOPMENT PROGRAM ON NEURO LINGUISTIC PROGRAM

Day-1 (21/07/2025)



Day -2 (22/07/2025)



Day3-(23/07/2025)



Day 4-(24/07/2025)



Day 5-(25/07/2025)



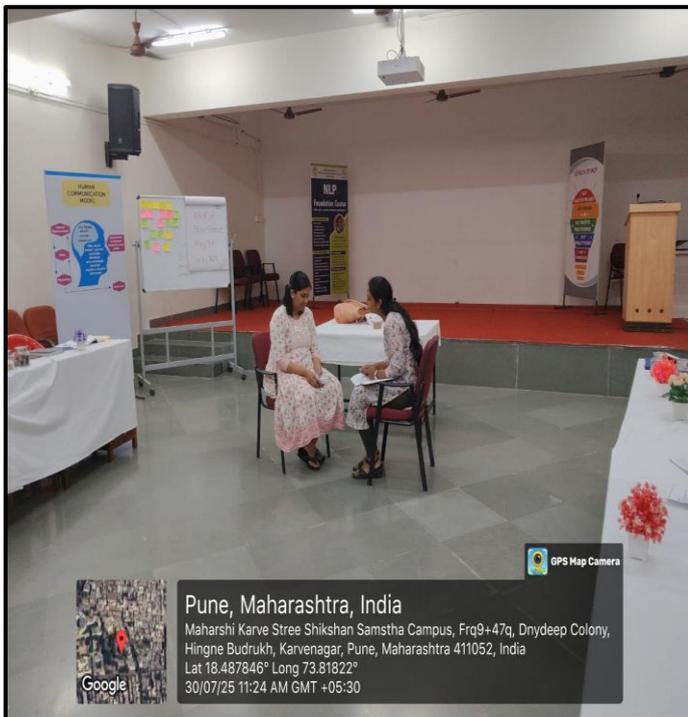
Day-6 (28/07/2025)



Day-7 (29/07/2025)



Day-8 (30/07/2025)



Day 9-(31/07/2025)



Pune, Maharashtra, India
 Frq9+689, Dnydeep Colony, Hingne Budruk, Karvenagar, Pune, Maharashtra 411052, India
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 31/07/25 11:25 AM GMT +05:30

Pune, Maharashtra, India
 Maharshi Karve Stree Shikshan Samstha Campus, Frq9+47q, Dnydeep Colony, Hingne Budruk, Karvenagar, Pune, Maharashtra 411052, India
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Day-10 (1/08/2025)



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Day-11 (05/08/2025)



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